

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Sports and Exercise Science - Year 2 - Full Time (Wk 8, wk starting 21/09/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 21/09/2026				Welcome Back Induction, Wk 8 Staff: Batty, Chelsea Room: B103		Planetary Adventures to deliver team building session Induction, Wk 8 Staff: Hughes, Jonathan Room: Sports Centre (Hockey Pitch)							
Tu 22/09/2026													
We 23/09/2026													
Thu 24/09/2026				Freshers Fair General University Event (optional), Wk 8 Room: Sport Centre (Hall)									
Fri 25/09/2026													
Sat 26/09/2026													
Su 27/09/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Sports and Exercise Science - Year 2 - Full Time (Wk 9, wk starting 28/09/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 28/09/2026		Self-Directed Study, Wk 9 Module: Self Directed Study				Self-Directed Study, Wk 9 Module: Self Directed Study							
Tuesday 29/09/2026		Lecture, Wk 9 Module: SPT525 (Applying Principles of Sport Psychology) Staff: King, Tom Room: Colliers Park				Lecture, Wk 9 Module: SPT549 (Tomorrow's Practitioner: The Sport and Exercise Industry) Staff: Ferrari, Julian Room: Colliers Park	Seminar, Wk 9 Module: SPT549 (Tomorrow's Practitioner: The Sport and Exercise Industry) Staff: Ferrari, Julian Room: Colliers Park						
Wed 30/09/2026		Self-Directed Study, Wk 9 Module: Self Directed Study											
Thu 01/10/2026		Self-Directed Study, Wk 9 Module: Self Directed Study				Self-Directed Study, Wk 9 Module: Self Directed Study							
Fri 02/10/2026		Self-Directed Study, Wk 9 Module: Self Directed Study				Self-Directed Study, Wk 9 Module: Self Directed Study							
Sat 03/10/2026													
Su 04/10/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Sports and Exercise Science - Year 2 - Full Time (Wk 10, wk starting 05/10/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 05/10/2026		Self-Directed Study, Wk 10 Module: Self Directed Study				Self-Directed Study, Wk 10 Module: Self Directed Study							
Tuesday 06/10/2026		Lecture, Wk 10 Module: SPT525 (Applying Principles of Sport Psychology) Staff: King, Tom Room: Colliers Park				Lecture, Wk 10 Module: SPT549 (Tomorrow's Practitioner: The Sport and Exercise Industry) Staff: Lewis1, Richard Room: Colliers Park	Seminar, Wk 10 Module: SPT549 (Tomorrow's Practitioner: The Sport and Exercise Industry) Staff: Lewis1, Richard Room: Colliers Park						
Wed 07/10/2026		Self-Directed Study, Wk 10 Module: Self Directed Study											
Thu 08/10/2026		Self-Directed Study, Wk 10 Module: Self Directed Study				Self-Directed Study, Wk 10 Module: Self Directed Study							
Fri 09/10/2026		Self-Directed Study, Wk 10 Module: Self Directed Study				Self-Directed Study, Wk 10 Module: Self Directed Study							
Sat 10/10/2026													
Su 11/10/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Sports and Exercise Science - Year 2 - Full Time (Wk 11, wk starting 12/10/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 12/10/2026		Self-Directed Study, Wk 11 Module: Self Directed Study				Self-Directed Study, Wk 11 Module: Self Directed Study							
Tuesday 13/10/2026		Lecture, Wk 11 Module: SPT525 (Applying Principles of Sport Psychology) Staff: King, Tom Room: Colliers Park				Lecture, Wk 11 Module: SPT549 (Tomorrow's Practitioner: The Sport and Exercise Industry) Staff: Hughes, Jonathan Room: Colliers Park	Seminar, Wk 11 Module: SPT549 (Tomorrow's Practitioner: The Sport and Exercise Industry) Staff: Hughes, Jonathan Room: Colliers Park						
Wed 14/10/2026		Self-Directed Study, Wk 11 Module: Self Directed Study											
Thu 15/10/2026		Self-Directed Study, Wk 11 Module: Self Directed Study				Self-Directed Study, Wk 11 Module: Self Directed Study							
Fri 16/10/2026		Self-Directed Study, Wk 11 Module: Self Directed Study				Self-Directed Study, Wk 11 Module: Self Directed Study							
Sat 17/10/2026													
Su 18/10/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Sports and Exercise Science - Year 2 - Full Time (Wk 12, wk starting 19/10/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 19/10/2026		Self-Directed Study, Wk 12 Module: Self Directed Study				Self-Directed Study, Wk 12 Module: Self Directed Study							
Tuesday 20/10/2026		Lecture, Wk 12 Module: SPT525 (Applying Principles of Sport Psychology) Staff: King, Tom Room: Colliers Park				Lecture, Wk 12 Module: SPT549 (Tomorrow's Practitioner: The Sport and Exercise Industry) Staff: Hughes, Chris Room: Colliers Park	Seminar, Wk 12 Module: SPT549 (Tomorrow's Practitioner: The Sport and Exercise Industry) Staff: Hughes, Chris Room: Colliers Park						
Wed 21/10/2026		Self-Directed Study, Wk 12 Module: Self Directed Study											
Thu 22/10/2026		Self-Directed Study, Wk 12 Module: Self Directed Study				Self-Directed Study, Wk 12 Module: Self Directed Study							
Fri 23/10/2026		Self-Directed Study, Wk 12 Module: Self Directed Study				Self-Directed Study, Wk 12 Module: Self Directed Study							
Sat 24/10/2026													
Su 25/10/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Sports and Exercise Science - Year 2 - Full Time (Wk 13, wk starting 26/10/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 26/10/2026		Self-Directed Study, Wk 13 Module: Self Directed Study				Self-Directed Study, Wk 13 Module: Self Directed Study							
Tue 27/10/2026		Self-Directed Study, Wk 13 Module: Self Directed Study				Self-Directed Study, Wk 13 Module: Self Directed Study							
Wed 28/10/2026		Self-Directed Study, Wk 13 Module: Self Directed Study											
Thu 29/10/2026		Self-Directed Study, Wk 13 Module: Self Directed Study				Self-Directed Study, Wk 13 Module: Self Directed Study							
Fri 30/10/2026		Self-Directed Study, Wk 13 Module: Self Directed Study				Self-Directed Study, Wk 13 Module: Self Directed Study							
Sat 31/10/2026													
Su 01/11/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Sports and Exercise Science - Year 2 - Full Time (Wk 14, wk starting 02/11/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 02/11/2026		Self-Directed Study, Wk 14 Module: Self Directed Study				Self-Directed Study, Wk 14 Module: Self Directed Study							
Tuesday 03/11/2026		Lecture, Wk 14 Module: <u>SPT525 (Applying Principles of Sport Psychology)</u> Staff: King, Tom Room: Colliers Park				Lecture, Wk 14 Module: <u>SPT549 (Tomorrow's Practitioner: The Sport and Exercise Industry)</u> Staff: Ferrari, Julian Room: Colliers Park	Seminar, Wk 14 Module: <u>SPT549 (Tomorrow's Practitioner: The Sport and Exercise Industry)</u> Staff: Ferrari, Julian Room: Colliers Park						
Wed 04/11/2026		Self-Directed Study, Wk 14 Module: Self Directed Study											
Thu 05/11/2026		Self-Directed Study, Wk 14 Module: Self Directed Study				Self-Directed Study, Wk 14 Module: Self Directed Study							
Fri 06/11/2026		Self-Directed Study, Wk 14 Module: Self Directed Study				Self-Directed Study, Wk 14 Module: Self Directed Study							
Sat 07/11/2026													
Su 08/11/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Sports and Exercise Science - Year 2 - Full Time (Wk 15, wk starting 09/11/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 09/11/2026		Self-Directed Study, Wk 15 Module: Self Directed Study				Self-Directed Study, Wk 15 Module: Self Directed Study							
Tuesday 10/11/2026		Lecture, Wk 15 Module: SPT525 (Applying Principles of Sport Psychology) Staff: King, Tom Room: Colliers Park				Lecture, Wk 15 Module: SPT549 (Tomorrow's Practitioner: The Sport and Exercise Industry) Staff: Batty, Chelsea Room: Colliers Park	Seminar, Wk 15 Module: SPT549 (Tomorrow's Practitioner: The Sport and Exercise Industry) Staff: Batty, Chelsea Room: Colliers Park						
Wed 11/11/2026		Self-Directed Study, Wk 15 Module: Self Directed Study											
Thu 12/11/2026		Self-Directed Study, Wk 15 Module: Self Directed Study				Self-Directed Study, Wk 15 Module: Self Directed Study							
Fri 13/11/2026		Self-Directed Study, Wk 15 Module: Self Directed Study				Self-Directed Study, Wk 15 Module: Self Directed Study							
Sat 14/11/2026													
Su 15/11/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Sports and Exercise Science - Year 2 - Full Time (Wk 16, wk starting 16/11/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 16/11/2026		Self-Directed Study, Wk 16 Module: Self Directed Study				Self-Directed Study, Wk 16 Module: Self Directed Study							
Tuesday 17/11/2026		Lecture, Wk 16 Module: SPT525 (Applying Principles of Sport Psychology) Staff: King, Tom Room: Colliers Park				Lecture, Wk 16 Module: SPT549 (Tomorrow's Practitioner: The Sport and Exercise Industry) Staff: King, Tom Room: Colliers Park	Seminar, Wk 16 Module: SPT549 (Tomorrow's Practitioner: The Sport and Exercise Industry) Staff: King, Tom Room: Colliers Park						
Wed 18/11/2026		Self-Directed Study, Wk 16 Module: Self Directed Study											
Thu 19/11/2026		Self-Directed Study, Wk 16 Module: Self Directed Study				Self-Directed Study, Wk 16 Module: Self Directed Study							
Fri 20/11/2026		Self-Directed Study, Wk 16 Module: Self Directed Study				Self-Directed Study, Wk 16 Module: Self Directed Study							
Sat 21/11/2026													
Su 22/11/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Sports and Exercise Science - Year 2 - Full Time (Wk 17, wk starting 23/11/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 23/11/2026		Self-Directed Study, Wk 17 Module: Self Directed Study				Self-Directed Study, Wk 17 Module: Self Directed Study							
Tuesday 24/11/2026		Lecture, Wk 17 Module: <u>SPT525 (Applying Principles of Sport Psychology)</u> Staff: Hilton, Sara Room: Colliers Park				Lecture, Wk 17 Module: <u>SPT549 (Tomorrow's Practitioner: The Sport and Exercise Industry)</u> Staff: Lewis1, Richard Room: Colliers Park	Seminar, Wk 17 Module: <u>SPT549 (Tomorrow's Practitioner: The Sport and Exercise Industry)</u> Staff: Lewis1, Richard Room: Colliers Park						
Wed 25/11/2026		Self-Directed Study, Wk 17 Module: Self Directed Study											
Thu 26/11/2026		Self-Directed Study, Wk 17 Module: Self Directed Study				Self-Directed Study, Wk 17 Module: Self Directed Study							
Fri 27/11/2026		Self-Directed Study, Wk 17 Module: Self Directed Study				Self-Directed Study, Wk 17 Module: Self Directed Study							
Sat 28/11/2026													
Su 29/11/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Sports and Exercise Science - Year 2 - Full Time (Wk 18, wk starting 30/11/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 30/11/2026		Self-Directed Study, Wk 18 Module: Self Directed Study				Self-Directed Study, Wk 18 Module: Self Directed Study							
Tuesday 01/12/2026		Tutorials, Wk 18 Module: SPT525 (Applying Principles of Sport Psychology) Staff: King, Tom Room: Colliers Park				Lecture, Wk 18 Module: SPT549 (Tomorrow's Practitioner: The Sport and Exercise Industry) Staff: Ferrari, Julian Room: Colliers Park	Seminar, Wk 18 Module: SPT549 (Tomorrow's Practitioner: The Sport and Exercise Industry) Staff: Ferrari, Julian Room: Colliers Park						
Wed 02/12/2026		Self-Directed Study, Wk 18 Module: Self Directed Study											
Thu 03/12/2026		Self-Directed Study, Wk 18 Module: Self Directed Study				Self-Directed Study, Wk 18 Module: Self Directed Study							
Fri 04/12/2026		Self-Directed Study, Wk 18 Module: Self Directed Study				Self-Directed Study, Wk 18 Module: Self Directed Study							
Sat 05/12/2026													
Su 06/12/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Sports and Exercise Science - Year 2 - Full Time (Wk 19, wk starting 07/12/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 07/12/2026		Self-Directed Study, Wk 19 Module: Self Directed Study				Self-Directed Study, Wk 19 Module: Self Directed Study							
Tuesday 08/12/2026		In-Class Assessments, Wk 19 Module: <u>SPT525 (Applying Principles of Sport Psychology)</u> Staff: King, Tom Room: Colliers Park				Online Tutorials, Wk 19 Module: <u>SPT549 (Tomorrow's Practitioner: The Sport and Exercise Industry)</u> Staff: Batty, Chelsea; Ferrari, Julian; Hilton, Sara; Hughes, Chris; Hughes, Jonathan; King, Tom; Lewis1, Richard							
Wed 09/12/2026		Self-Directed Study, Wk 19 Module: Self Directed Study											
Thu 10/12/2026		Self-Directed Study, Wk 19 Module: Self Directed Study				Self-Directed Study, Wk 19 Module: Self Directed Study							
Fri 11/12/2026		Self-Directed Study, Wk 19 Module: Self Directed Study				Self-Directed Study, Wk 19 Module: Self Directed Study							
Sat 12/12/2026													
Su 13/12/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Sports and Exercise Science - Year 2 - Full Time (Wk 21, wk starting 21/12/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 21/12/2026													
Tu 22/12/2026													
We 23/12/2026													
Th 24/12/2026					University is closed, Wk 21								
Fri 25/12/2026	Bank Holiday University is closed, Wk 21												
Sat 26/12/2026	University is closed, Wk 21												
Su 27/12/2026	University is closed, Wk 21												

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Sports and Exercise Science - Year 2 - Full Time (Wk 22, wk starting 28/12/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 28/12/2026	Bank Holiday University is closed, Wk 22												
Tu 29/12/2026	University is closed, Wk 22												
We 30/12/2026	University is closed, Wk 22												
Th 31/12/2026	University is closed, Wk 22												
Fri 01/01/2027	Bank Holiday University is closed, Wk 22												
Sat 02/01/2027	University is closed, Wk 22												
Su 03/01/2027	University is closed, Wk 22												

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Sports and Exercise Science - Year 2 - Full Time (Wk 23, wk starting 04/01/2027)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 04/01/2027		Self-Directed Study, Wk 23 Module: Self Directed Study				Self-Directed Study, Wk 23 Module: Self Directed Study							
Tuesday 05/01/2027		Lecture, Wk 23 Module: <u>SPT525 (Applying Principles of Sport Psychology)</u> Staff: Hilton, Sara Room: Colliers Park				Placement, Wk 23 Module: <u>SPT549 (Tomorrow's Practitioner: The Sport and Exercise Industry)</u> Staff: Ferrari, Julian							
Wed 06/01/2027		Self-Directed Study, Wk 23 Module: Self Directed Study											
Thu 07/01/2027		Self-Directed Study, Wk 23 Module: Self Directed Study				Self-Directed Study, Wk 23 Module: Self Directed Study							
Fri 08/01/2027		Self-Directed Study, Wk 23 Module: Self Directed Study				Self-Directed Study, Wk 23 Module: Self Directed Study							
Sat 09/01/2027													
Su 10/01/2027													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Sports and Exercise Science - Year 2 - Full Time (Wk 24, wk starting 11/01/2027)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 11/01/2027		Self-Directed Study, Wk 24 Module: Self Directed Study				Self-Directed Study, Wk 24 Module: Self Directed Study							
Tuesday 12/01/2027		Lecture, Wk 24 Module: <u>SPT525 (Applying Principles of Sport Psychology)</u> Staff: King, Tom Room: Colliers Park				Placement, Wk 24 Module: <u>SPT549 (Tomorrow's Practitioner: The Sport and Exercise Industry)</u> Staff: Ferrari, Julian							
Wed 13/01/2027		Self-Directed Study, Wk 24 Module: Self Directed Study											
Thu 14/01/2027		Self-Directed Study, Wk 24 Module: Self Directed Study				Self-Directed Study, Wk 24 Module: Self Directed Study							
Fri 15/01/2027		Self-Directed Study, Wk 24 Module: Self Directed Study				Self-Directed Study, Wk 24 Module: Self Directed Study							
Sat 16/01/2027													
Su 17/01/2027													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Sports and Exercise Science - Year 2 - Full Time (Wk 25, wk starting 18/01/2027)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 18/01/2027		Self-Directed Study, Wk 25 Module: Self Directed Study				Self-Directed Study, Wk 25 Module: Self Directed Study							
Tuesday 19/01/2027		Tutorials, Wk 25 Module: <u>SPT525 (Applying Principles of Sport Psychology)</u> Staff: King, Tom Room: Colliers Park				Placement, Wk 25 Module: <u>SPT549 (Tomorrow's Practitioner: The Sport and Exercise Industry)</u> Staff: Ferrari, Julian							
Wed 20/01/2027		Self-Directed Study, Wk 25 Module: Self Directed Study											
Thu 21/01/2027		Self-Directed Study, Wk 25 Module: Self Directed Study				Self-Directed Study, Wk 25 Module: Self Directed Study							
Fri 22/01/2027		Self-Directed Study, Wk 25 Module: Self Directed Study				Self-Directed Study, Wk 25 Module: Self Directed Study							
Sat 23/01/2027													
Su 24/01/2027													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Sports and Exercise Science - Year 2 - Full Time (Wk 26, wk starting 25/01/2027)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 25/01/2027		Self-Directed Study, Wk 26 Module: Self Directed Study				Self-Directed Study, Wk 26 Module: Self Directed Study							
Tuesday 26/01/2027		Lecture, Wk 26 Module: <u>SES506 (Physiological Responses to Training & Testing)</u> Staff: Lewis1, Richard Room: K01				Online Tutorials, Wk 26 Module: <u>SPT549 (Tomorrow's Practitioner: The Sport and Exercise Industry)</u> Staff: Batty, Chelsea; Ferrari, Julian; Hughes, Chris; Hughes, Jonathan; King, Tom; Lewis1, Richard							
		Lecture, Wk 26 Modules: <u>SES505 (Fitness and Conditioning Methods In Practice)</u> <u>SPT547 (Fitness & Conditioning Methods in Practice)</u> Staff: Hughes, Jonathan Room: <u>S01 - Biomechanics Lab</u>											
Wed 27/01/2027		Self-Directed Study, Wk 26 Module: Self Directed Study											
Thursday 28/01/2027		Lecture, Wk 26 Module: <u>SES504 (Effective Movement in the Applied World)</u> Staff: Ferrari, Julian Room: Colliers Park				Lecture, Wk 26 Modules: <u>SPT523 (Academic Discovery - Building Strong Research Ideas)</u> <u>SPT548 (Sport Research Methodologies: From Theory to Practice)</u> Staff: Batty, Chelsea Room: B125							

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Sports and Exercise Science - Year 2 - Full Time (Wk 26, wk starting 25/01/2027)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Thursday 28/01/2027								Seminar, Wk 26 Modules: SPT523 (Academic Discovery - Building Strong Research Ideas) SPT548 (Sport Research Methodolo gies: From Theory to Practice) Staff: Batty Chelsea; Ferrari, Julian; Hilton, Sara; Hughes, Jonathan; King, Tom; Lewis1, Richard Room: B125					
Fri 29/01/2027		Self-Directed Study, Wk 26 Module: Self Directed Study				Self-Directed Study, Wk 26 Module: Self Directed Study							
Sat 30/01/2027													
Su 31/01/2027													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Sports and Exercise Science - Year 2 - Full Time (Wk 27, wk starting 01/02/2027)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 01/02/2027		Self-Directed Study, Wk 27 Module: Self Directed Study				Self-Directed Study, Wk 27 Module: Self Directed Study							
Tuesday 02/02/2027		Lecture, Wk 27 Modules: FAW517 (Football Science: Optimising Player Performance); SES506 (Physiological Responses to Training & Testing) Staff: Lewis1, Richard Room: K01	Practical, Wk 27 Modules: FAW517 (Football Science: Optimising Player Performance); SES506 (Physiological Responses to Training & Testing) Staff: Arczewski, Amadeusz, Lewis1, Richard Room: M101			Placement, Wk 27 Module: SPT549 (Tomorrow's Practitioner: The Sport and Exercise Industry) Staff: Ferrari, Julian							
We 03/02/2027		Self-Directed Study, Wk 27 Module: Self Directed Study											
Thursday 04/02/2027		Lecture, Wk 27 Module: SES504 (Effective Movement in the Applied World) Staff: Ferrari, Julian Room: Colliers Park				Lecture, Wk 27 Modules: SPT523 (Academic Discovery - Building Strong Research Ideas); SPT548 (Sport Research Methodologies: From Theory to Practice) Staff: Lewis1, Richard Room: B125							
Fri 05/02/2027		Self-Directed Study, Wk 27 Module: Self Directed Study				Self-Directed Study, Wk 27 Module: Self Directed Study							
Sat 06/02/2027													
Su 07/02/2027													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Sports and Exercise Science - Year 2 - Full Time (Wk 28, wk starting 08/02/2027)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 08/02/2027		Self-Directed Study, Wk 28 Module: Self Directed Study				Self-Directed Study, Wk 28 Module: Self Directed Study							
Tue 09/02/2027		Self-Directed Study, Wk 28 Module: Self Directed Study				Self-Directed Study, Wk 28 Module: Self Directed Study							
Wed 10/02/2027		Self-Directed Study, Wk 28 Module: Self Directed Study											
Thu 11/02/2027		Self-Directed Study, Wk 28 Module: Self Directed Study				Self-Directed Study, Wk 28 Module: Self Directed Study							
Fri 12/02/2027		Self-Directed Study, Wk 28 Module: Self Directed Study				Self-Directed Study, Wk 28 Module: Self Directed Study							
Sat 13/02/2027													
Su 14/02/2027													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Sports and Exercise Science - Year 2 - Full Time (Wk 29, wk starting 15/02/2027)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 15/02/2027		Self-Directed Study, Wk 29 Module: Self Directed Study				Self-Directed Study, Wk 29 Module: Self Directed Study							
Tuesday 16/02/2027		Lecture, Wk 29 Modules: FAW517 (Football Science: Optimising Player Performance); SES506 (Physiological Responses to Training & Testing) Staff: Lewis1, Richard Room: K01	Practical, Wk 29 Modules: FAW517 (Football Science: Optimising Player Performance); SES506 (Physiological Responses to Training & Testing) Staff: Lewis1, Richard Room: Sports Centre (Hockey Pitch)			Placement, Wk 29 Module: SPT549 (Tomorrow's Practitioner: The Sport and Exercise Industry) Staff: Ferrari, Julian							
We 17/02/2027		Self-Directed Study, Wk 29 Module: Self Directed Study											
Thursday 18/02/2027		Lecture, Wk 29 Module: SES504 (Effective Movement in the Applied World) Staff: Ferrari, Julian Room: Colliers Park				Lecture, Wk 29 Modules: SPT523 (Academic Discovery - Building Strong Research Ideas); SPT548 (Sport Research Methodologies: From Theory to Practice) Staff: King, Tom Room: B125							
Fri 19/02/2027		Self-Directed Study, Wk 29 Module: Self Directed Study				Self-Directed Study, Wk 29 Module: Self Directed Study							
Sat 20/02/2027													
Su 21/02/2027													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Sports and Exercise Science - Year 2 - Full Time (Wk 30, wk starting 22/02/2027)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 22/02/2027		Self-Directed Study, Wk 30 Module: Self Directed Study				Self-Directed Study, Wk 30 Module: Self Directed Study							
Tuesday 23/02/2027		Lecture, Wk 30 Modules: FAW517 (Football Science: Optimising Player Performance); SES506 (Physiological Responses to Training & Testing) Staff: Lewis1, Richard Room: K01	Practical, Wk 30 Modules: FAW517 (Football Science: Optimising Player Performance); SES506 (Physiological Responses to Training & Testing) Staff: Arczewski, Amadeusz; Lewis1, Richard Room: M101			Placement, Wk 30 Module: SPT549 (Tomorrow's Practitioner: The Sport and Exercise Industry) Staff: Ferrari, Julian							
We 24/02/2027			Self-Directed Study, Wk 30 Module: Self Directed Study										
Thursday 25/02/2027		Lecture, Wk 30 Module: SES504 (Effective Movement in the Applied World) Staff: Ferrari, Julian Room: Colliers Park				Lecture, Wk 30 Modules: SPT523 (Academic Discovery - Building Strong Research Ideas); SPT548 (Sport Research Methodologies: From Theory to Practice) Staff: Hilton, Sara Room: B125		Seminar, Wk 30 Modules: SPT523 (Academic Discovery - Building Strong Research Ideas); SPT548 (Sport Research Methodologies: From Theory to Practice) Staff: Batty, Chelsea Room: B125					
Fri 26/02/2027		Self-Directed Study, Wk 30 Module: Self Directed Study				Self-Directed Study, Wk 30 Module: Self Directed Study							
Sat 27/02/2027													
Su 28/02/2027													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Sports and Exercise Science - Year 2 - Full Time (Wk 31, wk starting 01/03/2027)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 01/03/2027		Self-Directed Study, Wk 31 Module: Self Directed Study				Self-Directed Study, Wk 31 Module: Self Directed Study							
Tuesday 02/03/2027		Lecture, Wk 31 Modules: FAW517 (Football Science: Optimising Player Performance); SES506 (Physiological Responses to Training & Testing) Staff: Lewis1, Richard Room: K01	Practical, Wk 31 Modules: FAW517 (Football Science: Optimising Player Performance); SES506 (Physiological Responses to Training & Testing) Staff: Arczewski, Amadeusz; Lewis1, Richard Room: M101			Placement, Wk 31 Module: SPT549 (Tomorrow's Practitioner: The Sport and Exercise Industry) Staff: Ferrari, Julian							
We 03/03/2027			Self-Directed Study, Wk 31 Module: Self Directed Study										
Thursday 04/03/2027		Lecture, Wk 31 Module: SES504 (Effective Movement in the Applied World) Staff: Arczewski, Amadeusz; Ferrari, Julian Room: S01 - Biomechanics Lab				Lecture, Wk 31 Modules: SPT523 (Academic Discovery - Building Strong Research Ideas); SPT548 (Sport Research Methodologies: From Theory to Practice) Staff: Lewis1, Richard Room: B125		Seminar, Wk 31 Modules: SPT523 (Academic Discovery - Building Strong Research Ideas); SPT548 (Sport Research Methodologies: From Theory to Practice) Staff: Batty, Chelsea Room: B125					
Fri 05/03/2027		Self-Directed Study, Wk 31 Module: Self Directed Study				Self-Directed Study, Wk 31 Module: Self Directed Study							
Sat 06/03/2027													
Su 07/03/2027													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Sports and Exercise Science - Year 2 - Full Time (Wk 32, wk starting 08/03/2027)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 08/03/2027		Self-Directed Study, Wk 32 Module: Self Directed Study				Self-Directed Study, Wk 32 Module: Self Directed Study							
Tuesday 09/03/2027		Lecture, 09:00AM-10:30AM, Wk 32 Module: SES506 (Physiological Responses to Training & Testing) Staff: Lewis1, Richard Room: K107		Practical, 10:30AM-12:00PM, Wk 32 Module: SES506 (Physiological Responses to Training & Testing) Staff: Arczewski, Amadeusz; Lewis1, Richard Room: M101		Placement, Wk 32 Module: SPT549 (Tomorrow's Practitioner: The Sport and Exercise Industry) Staff: Ferrari, Julian							
Wed 10/03/2027		Self-Directed Study, Wk 32 Module: Self Directed Study											
Thursday 11/03/2027		Lecture, Wk 32 Module: SES504 (Effective Movement in the Applied World) Staff: Ferrari, Julian Room: Colliers Park				Lecture, Wk 32 Modules: SPT523 (Academic Discovery - Building Strong Research Ideas) SPT548 (Sport Research Methodologies: From Theory to Practice) Staff: Ferrari, Julian Room: B125							
Fri 12/03/2027		Self-Directed Study, Wk 32 Module: Self Directed Study				Self-Directed Study, Wk 32 Module: Self Directed Study							
Sat 13/03/2027													
Su 14/03/2027													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Sports and Exercise Science - Year 2 - Full Time (Wk 33, wk starting 15/03/2027)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 15/03/2027		Self-Directed Study, Wk 33 Module: Self Directed Study				Self-Directed Study, Wk 33 Module: Self Directed Study							
Tuesday 16/03/2027		Lecture, 09:00AM-10:30AM, Wk 33 Module: SES506 (Physiological Responses to Training & Testing) Staff: Lewis1, Richard Room: K107		Practical, 10:30AM-12:00PM, Wk 33 Module: SES506 (Physiological Responses to Training & Testing) Staff: Arczewski, Amadeusz; Lewis1, Richard Room: M101		Placement, Wk 33 Module: SPT549 (Tomorrow's Practitioner: The Sport and Exercise Industry) Staff: Ferrari, Julian							
We 17/03/2027		Self-Directed Study, Wk 33 Module: Self Directed Study											
Thursday 18/03/2027		Self-Directed Study, Wk 33 Module: Self Directed Study				Lecture, Wk 33 Modules: SPT523 (Academic Discovery - Building Strong Research Ideas) ; SPT548 (Sport Research Methodologies: From Theory to Practice) Staff: Hughes, Jonathan Room: B125		Seminar, Wk 33 Modules: SPT523 (Academic Discovery - Building Strong Research Ideas) ; SPT548 (Sport Research Methodologies: From Theory to Practice) Staff: Batty, Chelsea Room: B125					
Fri 19/03/2027		Self-Directed Study, Wk 33 Module: Self Directed Study				Self-Directed Study, Wk 33 Module: Self Directed Study							
Sat 20/03/2027													
Su 21/03/2027													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Sports and Exercise Science - Year 2 - Full Time (Wk 34, wk starting 22/03/2027)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 22/03/2027													
Tu 23/03/2027													
We 24/03/2027													
Th 25/03/2027													
Fri 26/03/2027	Bank Holiday University is closed, Wk 34												
Sat 27/03/2027	University is closed, Wk 34												
Su 28/03/2027	University is closed, Wk 34												

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Sports and Exercise Science - Year 2 - Full Time (Wk 35, wk starting 29/03/2027)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 29/03/2027	Bank Holiday University is closed, Wk 35												
Tu 30/03/2027	University is closed, Wk 35												
We 31/03/2027													
Th 01/04/2027													
Fri 02/04/2027													
Sat 03/04/2027													
Su 04/04/2027													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Sports and Exercise Science - Year 2 - Full Time (Wk 36, wk starting 05/04/2027)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 05/04/2027		Self-Directed Study, Wk 36 Module: Self Directed Study				Self-Directed Study, Wk 36 Module: Self Directed Study							
Tuesday 06/04/2027		Tutorials, Wk 36 Module: SES506 (Physiological Responses to Training & Testing) Staff: Lewis1, Richard Room: K01				Online Tutorials, Wk 36 Module: SPT549 (Tomorrow's Practitioner: The Sport and Exercise Industry) Staff: Batty, Chelsea; Ferrari, Julian; Hilton, Sara; Hughes, Chris; Hughes, Jonathan; Lewis1, Richard Online Tutorials, Wk 36 Modules: SES505 (Fitness and Conditioning Methods In Practice) SPT547 (Fitness & Conditioning Methods in Practice) Staff: Hughes, Jonathan							
We 07/04/2027		Self-Directed Study, Wk 36 Module: Self Directed Study											
Thursday 08/04/2027		Practical, Wk 36 Module: SES504 (Effective Movement in the Applied World) Staff: Arczewski, Amadeusz; Ferrari, Julian Room: S01 - Biomechanics Lab				Practical, Wk 36 Modules: SPT523 (Academic Discovery - Building Strong Research Ideas) SPT548 (Sport Research Methodologies: From Theory to Practice) Staff: Batty, Chelsea Room: L101 (PC Room)							
Fri 09/04/2027		Self-Directed Study, Wk 36 Module: Self Directed Study				Self-Directed Study, Wk 36 Module: Self Directed Study							
Sat 10/04/2027													
Su 11/04/2027													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Sports and Exercise Science - Year 2 - Full Time (Wk 37, wk starting 12/04/2027)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 12/04/2027		Self-Directed Study, Wk 37 Module: Self Directed Study				Self-Directed Study, Wk 37 Module: Self Directed Study							
Tuesday 13/04/2027		In-Class Assessments, 09:00AM-10:30AM, Wk 37 Module: SES506 (Physiological Responses to Training & Testing) Staff: Arczewski, Amadeusz; Lewis1, Richard Room: M101				Lecture, Wk 37 Modules: SES505 (Fitness and Conditioning Methods In Practice) SPT547 (Fitness & Conditioning Methods in Practice) Staff: Arczewski, Amadeusz; Hughes, Jonathan Rooms: M303 ; S01 - Biomechanics Lab							
Wed 14/04/2027		Self-Directed Study, Wk 37 Module: Self Directed Study											
Thursday 15/04/2027		Practical, Wk 37 Module: SES504 (Effective Movement in the Applied World) Staff: Ferrari, Julian Room: Colliers Park				Lecture, Wk 37 Modules: SPT523 (Academic Discovery - Building Strong Research Ideas) SPT548 (Sport Research Methodologies: From Theory to Practice) Staff: Batty, Chelsea Room: B125							
Fri 16/04/2027		Self-Directed Study, Wk 37 Module: Self Directed Study				Self-Directed Study, Wk 37 Module: Self Directed Study							
Sat 17/04/2027													
Su 18/04/2027													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Sports and Exercise Science - Year 2 - Full Time (Wk 38, wk starting 19/04/2027)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 19/04/2027		Self-Directed Study, Wk 38 Module: Self Directed Study				Self-Directed Study, Wk 38 Module: Self Directed Study							
Tuesday 20/04/2027		Lecture, 09:00AM-10:30AM, Wk 38 Module: SES506 (Physiological Responses to Training & Testing) Staff: Lewis1, Richard Room: K107				Lecture, Wk 38 Modules: SES505 (Fitness and Conditioning Methods In Practice) ; SPT547 (Fitness & Conditioning Methods in Practice) Staff: Arczewski, Amadeusz; Hughes, Jonathan Rooms: M303; S01 - Biomechanics Lab							
We 21/04/2027		Self-Directed Study, Wk 38 Module: Self Directed Study											
Thursday 22/04/2027		Practical, Wk 38 Module: SES504 (Effective Movement in the Applied World) Staff: Ferrari, Julian Room: Colliers Park				Lecture, Wk 38 Modules: SPT523 (Academic Discovery - Building Strong Research Ideas) ; SPT548 (Sport Research Methodologies: From Theory to Practice) Staff: King, Tom Room: B125		Seminar, Wk 38 Modules: SPT523 (Academic Discovery - Building Strong Research Ideas) ; SPT548 (Sport Research Methodologies: From Theory to Practice) Staff: Batty, Chelsea Room: B125					
Fri 23/04/2027		Self-Directed Study, Wk 38 Module: Self Directed Study				Self-Directed Study, Wk 38 Module: Self Directed Study							
Sat 24/04/2027													
Su 25/04/2027													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Sports and Exercise Science - Year 2 - Full Time (Wk 39, wk starting 26/04/2027)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 26/04/2027		Self-Directed Study, Wk 39 Module: Self Directed Study				Self-Directed Study, Wk 39 Module: Self Directed Study							
Tuesday 27/04/2027		Lecture, 09:00AM-10:30AM, Wk 39 Module: SES506 (Physiological Responses to Training & Testing) Staff: Lewis1, Richard Room: K107				Self-Directed Study, Wk 39 Module: Self Directed Study							
Wed 28/04/2027		Self-Directed Study, Wk 39 Module: Self Directed Study											
Thursday 29/04/2027		Practical, Wk 39 Module: SES504 (Effective Movement in the Applied World) Staff: Ferrari, Julian Room: Colliers Park				Online Tutorials, Wk 39 Modules: SPT523 (Academic Discovery - Building Strong Research Ideas) SPT548 (Sport Research Methodologies: From Theory to Practice) Staff: Batty, Chelsea; Hilton, Sara; Hughes, Jonathan; King, Tom; Lewis1, Richard							
Fri 30/04/2027		Self-Directed Study, Wk 39 Module: Self Directed Study				Self-Directed Study, Wk 39 Module: Self Directed Study							
Sat 01/05/2027													
Su 02/05/2027													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Sports and Exercise Science - Year 2 - Full Time (Wk 40, wk starting 03/05/2027)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 03/05/2027	Bank Holiday University is closed, Wk 40												
Tuesday 04/05/2027		Tutorials, Wk 40 Module: SES506 (Physiological Responses to Training & Testing) Staff: Lewis1, Richard Room: MS Teams				Self-Directed Study, Wk 40 Module: Self Directed Study							
Wed 05/05/2027		Self-Directed Study, Wk 40 Module: Self Directed Study											
Thu 06/05/2027		Self-Directed Study, Wk 40 Module: Self Directed Study				Self-Directed Study, Wk 40 Module: Self Directed Study							
Fri 07/05/2027		Self-Directed Study, Wk 40 Module: Self Directed Study				Self-Directed Study, Wk 40 Module: Self Directed Study							
Sat 08/05/2027													
Su 09/05/2027													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Sports and Exercise Science - Year 2 - Full Time (Wk 41, wk starting 10/05/2027)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 10/05/2027		Self-Directed Study, Wk 41 Module: Self Directed Study				Self-Directed Study, Wk 41 Module: Self Directed Study							
Tuesday 11/05/2027		Tutorials, Wk 41 Module: SES506 (Physiological Responses to Training & Testing) Staff: Lewis1, Richard Room: MS Teams				Self-Directed Study, Wk 41 Module: Self Directed Study							
Wed 12/05/2027		Self-Directed Study, Wk 41 Module: Self Directed Study											
Thu 13/05/2027		Self-Directed Study, Wk 41 Module: Self Directed Study				Self-Directed Study, Wk 41 Module: Self Directed Study							
Fri 14/05/2027		Self-Directed Study, Wk 41 Module: Self Directed Study				Self-Directed Study, Wk 41 Module: Self Directed Study							
Sat 15/05/2027													
Su 16/05/2027													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Sports and Exercise Science - Year 2 - Full Time (Wk 44, wk starting 31/05/2027)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 31/05/2027	Bank Holiday University is closed, Wk 44												
Tu 01/06/2027													
We 02/06/2027													
Th 03/06/2027													
Fri 04/06/2027													
Sat 05/06/2027													
Su 06/06/2027													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Sports and Exercise Science - Year 2 - Full Time (Wk 5, wk starting 30/08/2027)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 30/08/2027	Bank Holiday University is closed, Wk 5												
Tu 31/08/2027													
We 01/09/2027													
Th 02/09/2027													
Fri 03/09/2027													
Sat 04/09/2027													
Su 05/09/2027													