

Wrexham University Academic Timetables

Room timetable - M101 (Sports Lab) (Wk 8, wk starting 22/09/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 22/09/2025					<div> Welcome Back Induction, 11:30AM- 12:30PM, Wk 8 Staff: Arczewski, Amadeusz ; King, Tom Room: M101 (Sports Lab) </div>								
					<div> Welcome to the Masters Induction, Wk 8 Staff: Arczewski, Amadeusz ; Batty, Chelsea; Ferrari, Julian Room: M101 (Sports Lab) </div>								

Wrexham University Academic Timetables

Room timetable - M101 (Sports Lab) (Wk 8, wk starting 22/09/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Tuesday 23/09/2025				<div>Programme Housekeeping / Handbook Induction, Wk 8</div> <div>Staff: Arczewski, Amadeusz ; King, Tom</div> <div>Room: M101 (Sports Lab)</div>	<div>Induction Module Start Induction, 12:30PM-01:30PM, Wk 8</div> <div>Staff: Arczewski, Amadeusz ; King, Tom</div> <div>Room: M101 (Sports Lab)</div>	<div>Introduction to Gym & EF Qualification Induction, 01:30PM-02:30PM, Wk 8</div> <div>Staff: Arczewski, Amadeusz ; Hughes, Jonathan</div> <div>Room: M101 (Sports Lab)</div>	<div>Health Screening Induction, 02:30PM-03:30PM, Wk 8</div> <div>Staff: Arczewski, Amadeusz ; Batty, Chelsea; Lewis1, Richard</div> <div>Room: M101 (Sports Lab)</div>	<div>Lab Induction Induction, 03:30PM-04:30PM, Wk 8</div> <div>Staff: Arczewski, Amadeusz ; Batty, Chelsea; Lewis1, Richard</div> <div>Room: M101 (Sports Lab)</div>					
Wednesday 24/09/2025					<div>Health Screening Induction, Wk 8</div> <div>Staff: Arczewski, Amadeusz ; Batty, Chelsea; Lewis1, Richard</div> <div>Room: M101 (Sports Lab)</div>	<div>Lab Inductions Induction, Wk 8</div> <div>Staff: Arczewski, Amadeusz ; Batty, Chelsea; Lewis1, Richard</div> <div>Room: M101 (Sports Lab)</div>							

Wrexham University Academic Timetables
Room timetable - M101 (Sports Lab) (Wk 8, wk starting 22/09/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Thursday 25/09/2025				Health Screening Induction, Wk 8 Staff: Arczewski, Amadeusz ; Batty, Chelsea; Lewis1, Richard Room: M101 (Sports Lab)	Lab Indu ctio ns Indu ctio n, 12: 00P M- 12: 30P M, Wk 8 Staff: Arcz ews ki, Am ade usz; Batt y, Che lsea ; Lew is1, Rich ard Roo m: M10 1 (Sp orts Lab)	Health Screening Induction, 12:30PM- 01:30PM, Wk 8 Staff: Arczewski, Amadeusz ; Batty, Chelsea; Lewis1, Richard Room: M101 (Sports Lab)	Lab Indu ctio ns Indu ctio n, 01: 30P M- 02: 00P M, Wk 8 Staff: Arcz ews ki, Am ade usz; Batt y, Che lsea ; Lew is1, Rich ard Roo m: M10 1 (Sp orts Lab)						

Wrexham University Academic Timetables

Room timetable - M101 (Sports Lab) (Wk 8, wk starting 22/09/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Fri 26/09/2025													
Sat 27/09/2025													
Su 28/09/2025													

Wrexham University Academic Timetables

Room timetable - M101 (Sports Lab) (Wk 10, wk starting 06/10/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 06/10/2025			Practical, Wk 10 Modules: SES406 (Foundations of Anatomy and Exercise Physiology), SPC406 (The Physiology of Human Movement) SPT414 (Introduction to Anatomy and Physiology) Staff: Arczewski, Amadeusz; Lewis1, Richard Room: M101 (Sports Lab)										
Tu 07/10/2025													
We 08/10/2025													
Thursday 09/10/2025			Practical, 11:00AM-12:30PM, Wk 10 Modules: FAW514 (Football Science: The Physical Performance of Players), SPT524 (Physiological Responses to Training and Testing) Staff: Arczewski, Amadeusz; Lewis1, Richard Room: M101 (Sports Lab)										
Friday 10/10/2025			FAW514 - VO2MAX testing Ad-Hoc Room Booking (Non Teaching), 10:30AM-12:00PM, Wk 10 Staff: Arczewski, Amadeusz; Batty, Chelsea; Hilton, Sara Room: M101 (Sports Lab)										
Sat 11/10/2025													
Su 12/10/2025													

Wrexham University Academic Timetables
Room timetable - M101 (Sports Lab) (Wk 11, wk starting 13/10/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 13/10/2025		Seminar, Wk 11 Module: <u>SIR704</u> (<u>Applied Strength & Conditioning Principles</u> <u>1 – Performance Measurement</u>) Staff: Arczewski, Amadeusz; Harper, Ed Room: M101 (Sports Lab)											
Tu 14/10/2025													
We 15/10/2025													
Th 16/10/2025													
Fri 17/10/2025													
Sat 18/10/2025													
Su 19/10/2025													

Wrexham University Academic Timetables

Room timetable - M101 (Sports Lab) (Wk 12, wk starting 20/10/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 20/10/2025													
Tu 21/10/2025													
Wed 22/10/2025		<div>Sports Discovery Day Ad-Hoc Room Booking (Non Teaching), 09:30AM-01:00PM, Wk 12 Rooms: K - Biomechanics Lab; K201 K210; M101 (Sports Lab); M201</div>											
Thursday 23/10/2025				<div>Practical, 11:00AM-12:30PM, Wk 12 Module: SPT524 (Physiological Responses to Training and Testing) Staff: Arczewski, Amadeusz; Batty, Chelsea Room: M101 (Sports Lab)</div>									
Fri 24/10/2025													
Sat 25/10/2025													
Su 26/10/2025													

Wrexham University Academic Timetables
Room timetable - M101 (Sports Lab) (Wk 14, wk starting 03/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 03/11/2025													
Tu 04/11/2025													
We 05/11/2025													
Thursday 06/11/2025				<div> <div>Practical, 11:00AM-12:30PM, Wk 14</div> <div>Module: SPT524 (Physiological Responses to Training and Testing)</div> <div>Staff: Arczewski, Amadeusz; Batty, Chelsea</div> <div>Room: M101 (Sports Lab)</div> </div>									
Fri 07/11/2025													
Sat 08/11/2025													
Su 09/11/2025													

Wrexham University Academic Timetables

Room timetable - M101 (Sports Lab) (Wk 15, wk starting 10/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 10/11/2025													
Tuesday 11/11/2025						<div>Group 1 Practical, 01:00PM-02:30PM, Wk 15 Module: NAD403 (Human Anatomy and Physiology) Staff: Arczewski, Amadeusz; Davies, Vicky Room: M101 (Sports Lab)</div>	<div>Group 2 Practical, 02:30PM-04:00PM, Wk 15 Module: NAD403 (Human Anatomy and Physiology) Staff: Arczewski, Amadeusz; Davies, Vicky Room: M101 (Sports Lab)</div>						
We 12/11/2025													
Thursday 13/11/2025				<div>Practical, Wk 15 Module: SPT524 (Physiological Responses to Training and Testing) Staff: Arczewski, Amadeusz; Batty, Chelsea Room: M101 (Sports Lab)</div>									
Friday 14/11/2025						<div>Group 1 Practical, 01:00PM-02:30PM, Wk 15 Module: NAD402 (Introduction to Nutrition) Staff: Arczewski, Amadeusz; Wild, Zowie Room: M101 (Sports Lab)</div>	<div>Group 2 Practical, 02:30PM-04:00PM, Wk 15 Module: NAD402 (Introduction to Nutrition) Staff: Arczewski, Amadeusz; Wild, Zowie Room: M101 (Sports Lab)</div>						
Sat 15/11/2025													
Su 16/11/2025													

Wrexham University Academic Timetables
Room timetable - M101 (Sports Lab) (Wk 16, wk starting 17/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 17/11/2025			Practical, Wk 16 Modules: SES406 (Foundations of Anatomy and Exercise Physiology) ; SPC406 (The Physiology of Human Movement) ; SPT414 (Introduction to Anatomy and Physiology) Staff: Arczewski, Amadeusz; Lewis1, Richard Room: M101 (Sports Lab)										
Tu 18/11/2025													
We 19/11/2025													
Thursday 20/11/2025			Practical, 09:30AM-12:30PM, Wk 16 Module: SPT524 (Physiological Responses to Training and Testing) Staff: Arczewski, Amadeusz; Batty, Chelsea Room: M101 (Sports Lab)										
Fri 21/11/2025													
Sat 22/11/2025													
Su 23/11/2025													

Wrexham University Academic Timetables

Room timetable - M101 (Sports Lab) (Wk 17, wk starting 24/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 24/11/2025			Practical, Wk 17 Modules: SES406 (Foundations of Anatomy and Exercise Physiology) SPT414 (Introduction to Anatomy and Physiology) Staff: Arczewski, Amadeusz; Lewis1, Richard Room: M101 (Sports Lab)										
Tu 25/11/2025													
We 26/11/2025													
Th 27/11/2025													
Friday 28/11/2025						Group 1 In-Class Assessments, 01:00PM-02:30PM, Wk 17 Module: NAD402 (Introduction to Nutrition) Staff: Arczewski, Amadeusz; Wild, Zowie Room: M101 (Sports Lab)		Group 2 In-Class Assessments, 02:30PM-04:00PM, Wk 17 Module: NAD402 (Introduction to Nutrition) Staff: Arczewski, Amadeusz; Wild, Zowie Room: M101 (Sports Lab)					
Sat 29/11/2025													
Su 30/11/2025													

Wrexham University Academic Timetables
Room timetable - M101 (Sports Lab) (Wk 19, wk starting 08/12/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 08/12/2025			Practical, Wk 19 Modules: SES406 (Foundations of Anatomy and Exercise Physiology) ; SPT414 (Introduction to Anatomy and Physiology) Staff: Arczewski, Amadeusz; Lewis1, Richard Room: M101 (Sports Lab)										
Tu 09/12/2025													
We 10/12/2025													
Th 11/12/2025													
Fri 12/12/2025													
Sat 13/12/2025													
Su 14/12/2025													

Wrexham University Academic Timetables

Room timetable - M101 (Sports Lab) (Wk 21, wk starting 22/12/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 22/12/2025													
Tu 23/12/2025													
We 24/12/2025													
Th 25/12/2025	University is closed, Wk 21												
Fri 26/12/2025	University is closed, Wk 21												
Sat 27/12/2025	University is closed, Wk 21												
Su 28/12/2025	University is closed, Wk 21												

Wrexham University Academic Timetables

Room timetable - M101 (Sports Lab) (Wk 22, wk starting 29/12/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 29/12/2025	University is closed, Wk 22												
Tu 30/12/2025	University is closed, Wk 22												
We 31/12/2025	University is closed, Wk 22												
Th 01/01/2026	University is closed, Wk 22												
Fri 02/01/2026													
Sat 03/01/2026													
Su 04/01/2026													

Wrexham University Academic Timetables
Room timetable - M101 (Sports Lab) (Wk 23, wk starting 05/01/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 05/01/2026			Practical, Wk 23 Modules: SES406 (Foundations of Anatomy and Exercise Physiology) SPT414 (Introduction to Anatomy and Physiology) Staff: Arczewski, Amadeusz; Lewis1, Richard Room: M101 (Sports Lab)										
Tu 06/01/2026													
We 07/01/2026													
Th 08/01/2026													
Friday 09/01/2026						Group 1 Practical, 01:00PM-02:30PM, Wk 23 Module: NAD402 (Introduction to Nutrition) Staff: Arczewski, Amadeusz; Wild, Zowie Room: M101 (Sports Lab)		Group 2 Practical, 02:30PM-04:00PM, Wk 23 Module: NAD402 (Introduction to Nutrition) Staff: Arczewski, Amadeusz; Wild, Zowie Room: M101 (Sports Lab)					
Sat 10/01/2026													
Su 11/01/2026													

Wrexham University Academic Timetables
Room timetable - M101 (Sports Lab) (Wk 24, wk starting 12/01/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 12/01/2026			Practical, Wk 24 Modules: SES406 (Foundations of Anatomy and Exercise Physiology) ; SPT414 (Introduction to Anatomy and Physiology) Staff: Arczewski, Amadeusz; Lewis1, Richard Room: M101 (Sports Lab)										
Tu 13/01/2026													
We 14/01/2026													
Thursday 15/01/2026			Practical, 09:30AM-12:30PM, Wk 24 Module: SPT524 (Physiological Responses to Training and Testing) Staff: Arczewski, Amadeusz; Batty, Chelsea Room: M101 (Sports Lab)										
Fri 16/01/2026													
Sat 17/01/2026													
Su 18/01/2026													

Wrexham University Academic Timetables

Room timetable - M101 (Sports Lab) (Wk 26, wk starting 26/01/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 26/01/2026													
Tu 27/01/2026													
We 28/01/2026													
Thursday 29/01/2026						<div> <div>Practical, Wk 26</div> <div>Module: SPT628 (Physiology in Extreme Environments)</div> <div>Staff: Arczewski, Amadeusz; Lewis1, Richard</div> <div>Room: M101 (Sports Lab)</div> </div>							
Fri 30/01/2026													
Sat 31/01/2026													
Su 01/02/2026													

Wrexham University Academic Timetables
Room timetable - M101 (Sports Lab) (Wk 27, wk starting 02/02/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 02/02/2026													
Tu 03/02/2026													
We 04/02/2026													
Thursday 05/02/2026						Practical, Wk 27 Module: <u>SPT628 (Physiology in Extreme Environments)</u> Staff: Arczewski, Amadeusz; Lewis1, Richard Room: M101 (Sports Lab)							
Fri 06/02/2026													
Sat 07/02/2026													
Su 08/02/2026													

Wrexham University Academic Timetables

Room timetable - M101 (Sports Lab) (Wk 28, wk starting 09/02/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 09/02/2026													
Tu 10/02/2026													
We 11/02/2026													
Thursday 12/02/2026						Practical, Wk 28 Module: SPT628 (Physiology in Extreme Environments) Staff: Arczewski, Amadeusz; Batty, Chelsea; Lewis1, Richard Room: M101 (Sports Lab)							
Fri 13/02/2026													
Sat 14/02/2026													
Su 15/02/2026													

Wrexham University Academic Timetables
Room timetable - M101 (Sports Lab) (Wk 29, wk starting 16/02/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 16/02/2026						Practical, Wk 29 Module: SPT707 (Strength Training Exercise Physiology Principles) Staff: Arczewski, Amadeusz; Lewis1, Richard Rooms: K - Biomechanics Lab ; M101 (Sports Lab)							
Tuesday 17/02/2026		Practical, Wk 29 Module: SPT707 (Strength Training Exercise Physiology Principles) Staff: Arczewski, Amadeusz; Lewis1, Richard Room: M101 (Sports Lab)											
We 18/02/2026													
Th 19/02/2026													
Fri 20/02/2026													
Sat 21/02/2026													
Su 22/02/2026													

Wrexham University Academic Timetables

Room timetable - M101 (Sports Lab) (Wk 30, wk starting 23/02/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 23/02/2026													
Tu 24/02/2026													
We 25/02/2026													
Thursday 26/02/2026						Practical, Wk 30 Module: SPT628 (Physiology in Extreme Environments) Staff: Arczewski, Amadeusz; Lewis1, Richard Room: M101 (Sports Lab)							
Fri 27/02/2026													
Sat 28/02/2026													
Su 01/03/2026													

Wrexham University Academic Timetables

Room timetable - M101 (Sports Lab) (Wk 31, wk starting 02/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 02/03/2026													
Tu 03/03/2026													
We 04/03/2026													
Thursday 05/03/2026						Practical, Wk 31 Module: <u>SPT628 (Physiology in Extreme Environments)</u> Staff: Arczewski, Amadeusz; Lewis1, Richard Room: M101 (Sports Lab)							
Fri 06/03/2026													
Sat 07/03/2026													
Su 08/03/2026													

Wrexham University Academic Timetables

Room timetable - M101 (Sports Lab) (Wk 32, wk starting 09/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 09/03/2026													
Tu 10/03/2026													
We 11/03/2026													
Thursday 12/03/2026						Practical, Wk 32 Module: <u>SPT628 (Physiology in Extreme Environments)</u> Staff: Arczewski, Amadeusz; Batty, Chelsea; Lewis1, Richard Room: M101 (Sports Lab)							
Fri 13/03/2026													
Sat 14/03/2026													
Su 15/03/2026													

Wrexham University Academic Timetables

Room timetable - M101 (Sports Lab) (Wk 33, wk starting 16/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 16/03/2026													
Tu 17/03/2026													
We 18/03/2026													
Thursday 19/03/2026						Practical, Wk 33 Module: <u>SPT628 (Physiology in Extreme Environments)</u> Staff: Arczewski, Amadeusz; Lewis1, Richard Room: M101 (Sports Lab)							
Fri 20/03/2026													
Sat 21/03/2026													
Su 22/03/2026													

Wrexham University Academic Timetables

Room timetable - M101 (Sports Lab) (Wk 34, wk starting 23/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 23/03/2026													
Tu 24/03/2026													
We 25/03/2026													
Thursday 26/03/2026						Practical, Wk 34 Module: <u>SPT628 (Physiology in Extreme Environments)</u> Staff: Arczewski, Amadeusz; Batty, Chelsea; Lewis1, Richard Room: M101 (Sports Lab)							
Fri 27/03/2026													
Sat 28/03/2026													
Su 29/03/2026													

Wrexham University Academic Timetables

Room timetable - M101 (Sports Lab) (Wk 35, wk starting 30/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 30/03/2026													
Tu 31/03/2026													
We 01/04/2026													
Th 02/04/2026													
Fri 03/04/2026	Bank Holiday University is closed, Wk 35												
Sat 04/04/2026	University is closed, Wk 35												
Su 05/04/2026	University is closed, Wk 35												

Wrexham University Academic Timetables
Room timetable - M101 (Sports Lab) (Wk 36, wk starting 06/04/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 06/04/2026	Bank Holiday University is closed, Wk 36												
Tu 07/04/2026	University is closed, Wk 36												
We 08/04/2026													
Th 09/04/2026													
Fri 10/04/2026													
Sat 11/04/2026													
Su 12/04/2026													

Wrexham University Academic Timetables

Room timetable - M101 (Sports Lab) (Wk 37, wk starting 13/04/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 13/04/2026													
Tu 14/04/2026													
We 15/04/2026													
Thursday 16/04/2026						Practical, Wk 37 Module: SPT628 (Physiology in Extreme Environments) Staff: Arczewski, Amadeusz; Batty, Chelsea; Lewis1, Richard Room: M101 (Sports Lab)							
Fri 17/04/2026													
Sat 18/04/2026													
Su 19/04/2026													

Wrexham University Academic Timetables
Room timetable - M101 (Sports Lab) (Wk 38, wk starting 20/04/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 20/04/2026													
Tu 21/04/2026													
We 22/04/2026													
Thursday 23/04/2026						Practical, Wk 38 Module: <u>SPT628 (Physiology in Extreme Environments)</u> Staff: Arczewski, Amadeusz; Lewis1, Richard Room: M101 (Sports Lab)							
Fri 24/04/2026													
Sat 25/04/2026													
Su 26/04/2026													

Wrexham University Academic Timetables
Room timetable - M101 (Sports Lab) (Wk 39, wk starting 27/04/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 27/04/2026													
Tu 28/04/2026													
We 29/04/2026													
Thursday 30/04/2026						Practical Assessment, Wk 39 Module: SPT628 (Physiology in Extreme Environments) Staff: Arczewski, Amadeusz; Lewis1, Richard Room: M101 (Sports Lab)							
Fri 01/05/2026													
Sat 02/05/2026													
Su 03/05/2026													

Wrexham University Academic Timetables
Room timetable - M101 (Sports Lab) (Wk 40, wk starting 04/05/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 04/05/2026	Bank Holiday University is closed, Wk 40												
Tu 05/05/2026													
We 06/05/2026													
Th 07/05/2026													
Fri 08/05/2026													
Sat 09/05/2026													
Su 10/05/2026													

Wrexham University Academic Timetables
Room timetable - M101 (Sports Lab) (Wk 43, wk starting 25/05/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 25/05/2026	Bank Holiday University is closed, Wk 43												
Tu 26/05/2026													
We 27/05/2026													
Th 28/05/2026													
Fri 29/05/2026													
Sat 30/05/2026													
Su 31/05/2026													

Wrexham University Academic Timetables

Room timetable - M101 (Sports Lab) (Wk 5, wk starting 31/08/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 31/08/2026	Bank Holiday University is closed, Wk 5												
Tu 01/09/2026													
We 02/09/2026													
Th 03/09/2026													
Fri 04/09/2026													
Sat 05/09/2026													
Su 06/09/2026													