

# Wrexham University Academic Timetables

## Module timetable - Health, Wellbeing and the Body (Wk 9, wk starting 29/09/2025)

|                        | 08:00AM | 09:00AM                                                                                                                                                                               | 10:00AM | 11:00AM | 12:00PM | 01:00PM | 02:00PM | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|------------------------|---------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| Mo<br>29/09/2025       |         |                                                                                                                                                                                       |         |         |         |         |         |         |         |         |         |         |         |
| Tu<br>30/09/2025       |         |                                                                                                                                                                                       |         |         |         |         |         |         |         |         |         |         |         |
| We<br>01/10/2025       |         |                                                                                                                                                                                       |         |         |         |         |         |         |         |         |         |         |         |
| Thursday<br>02/10/2025 |         | <div> Workshop (attendance required), 09:30AM-11:30AM, Wk 9<br/> Module: HLT427 (Health, Wellbeing and the Body)<br/> Staff: Hewins, Catherine<br/> Room: <a href="#">C112</a> </div> |         |         |         |         |         |         |         |         |         |         |         |
| Fri<br>03/10/2025      |         |                                                                                                                                                                                       |         |         |         |         |         |         |         |         |         |         |         |
| Sat<br>04/10/2025      |         |                                                                                                                                                                                       |         |         |         |         |         |         |         |         |         |         |         |
| Su<br>05/10/2025       |         |                                                                                                                                                                                       |         |         |         |         |         |         |         |         |         |         |         |

# Wrexham University Academic Timetables

## Module timetable - Health, Wellbeing and the Body (Wk 10, wk starting 06/10/2025)

|                        | 08:00AM | 09:00AM                                                                                                                                                                                                    | 10:00AM | 11:00AM | 12:00PM | 01:00PM | 02:00PM | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|------------------------|---------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| Mo<br>06/10/2025       |         |                                                                                                                                                                                                            |         |         |         |         |         |         |         |         |         |         |         |
| Tu<br>07/10/2025       |         |                                                                                                                                                                                                            |         |         |         |         |         |         |         |         |         |         |         |
| We<br>08/10/2025       |         |                                                                                                                                                                                                            |         |         |         |         |         |         |         |         |         |         |         |
| Thursday<br>09/10/2025 |         | <div>Workshop (attendance required), 09:30AM-11:30AM, Wk 10</div> <div>Module: HLT427<br/>(Health, Wellbeing and the Body)</div> <div>Staff: Hewins, Catherine</div> <div>Room: <a href="#">C112</a></div> |         |         |         |         |         |         |         |         |         |         |         |
| Fri<br>10/10/2025      |         |                                                                                                                                                                                                            |         |         |         |         |         |         |         |         |         |         |         |
| Sat<br>11/10/2025      |         |                                                                                                                                                                                                            |         |         |         |         |         |         |         |         |         |         |         |
| Su<br>12/10/2025       |         |                                                                                                                                                                                                            |         |         |         |         |         |         |         |         |         |         |         |

# Wrexham University Academic Timetables

## Module timetable - Health, Wellbeing and the Body (Wk 11, wk starting 13/10/2025)

|                        | 08:00AM | 09:00AM                                                                                                                                                                                                 | 10:00AM | 11:00AM | 12:00PM | 01:00PM | 02:00PM | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|------------------------|---------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| Mo<br>13/10/2025       |         |                                                                                                                                                                                                         |         |         |         |         |         |         |         |         |         |         |         |
| Tu<br>14/10/2025       |         |                                                                                                                                                                                                         |         |         |         |         |         |         |         |         |         |         |         |
| We<br>15/10/2025       |         |                                                                                                                                                                                                         |         |         |         |         |         |         |         |         |         |         |         |
| Thursday<br>16/10/2025 |         | <div> <p>Workshop (attendance required), 09:30AM-11:30AM, Wk 11</p> <p>Module: HLT427<br/>(Health, Wellbeing and the Body)</p> <p>Staff: Hewins, Catherine</p> <p>Room: <a href="#">C112</a></p> </div> |         |         |         |         |         |         |         |         |         |         |         |
| Fri<br>17/10/2025      |         |                                                                                                                                                                                                         |         |         |         |         |         |         |         |         |         |         |         |
| Sat<br>18/10/2025      |         |                                                                                                                                                                                                         |         |         |         |         |         |         |         |         |         |         |         |
| Su<br>19/10/2025       |         |                                                                                                                                                                                                         |         |         |         |         |         |         |         |         |         |         |         |

# Wrexham University Academic Timetables

## Module timetable - Health, Wellbeing and the Body (Wk 12, wk starting 20/10/2025)

|                        | 08:00AM | 09:00AM                                                                                                                                                                                | 10:00AM | 11:00AM | 12:00PM | 01:00PM | 02:00PM | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|------------------------|---------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| Mo<br>20/10/2025       |         |                                                                                                                                                                                        |         |         |         |         |         |         |         |         |         |         |         |
| Tu<br>21/10/2025       |         |                                                                                                                                                                                        |         |         |         |         |         |         |         |         |         |         |         |
| We<br>22/10/2025       |         |                                                                                                                                                                                        |         |         |         |         |         |         |         |         |         |         |         |
| Thursday<br>23/10/2025 |         | <div> Workshop (attendance required), 09:30AM-11:30AM, Wk 12<br/> Module: HLT427 (Health, Wellbeing and the Body)<br/> Staff: Hewins, Catherine<br/> Room: <a href="#">C112</a> </div> |         |         |         |         |         |         |         |         |         |         |         |
| Fri<br>24/10/2025      |         |                                                                                                                                                                                        |         |         |         |         |         |         |         |         |         |         |         |
| Sat<br>25/10/2025      |         |                                                                                                                                                                                        |         |         |         |         |         |         |         |         |         |         |         |
| Su<br>26/10/2025       |         |                                                                                                                                                                                        |         |         |         |         |         |         |         |         |         |         |         |

# Wrexham University Academic Timetables

## Module timetable - Health, Wellbeing and the Body (Wk 14, wk starting 03/11/2025)

|                        | 08:00AM | 09:00AM                                                                                                                                                                                | 10:00AM | 11:00AM | 12:00PM | 01:00PM | 02:00PM | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|------------------------|---------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| Mo<br>03/11/2025       |         |                                                                                                                                                                                        |         |         |         |         |         |         |         |         |         |         |         |
| Tu<br>04/11/2025       |         |                                                                                                                                                                                        |         |         |         |         |         |         |         |         |         |         |         |
| We<br>05/11/2025       |         |                                                                                                                                                                                        |         |         |         |         |         |         |         |         |         |         |         |
| Thursday<br>06/11/2025 |         | <div> Workshop (attendance required), 09:30AM-11:30AM, Wk 14<br/> Module: HLT427 (Health, Wellbeing and the Body)<br/> Staff: Hewins, Catherine<br/> Room: <a href="#">C112</a> </div> |         |         |         |         |         |         |         |         |         |         |         |
| Fri<br>07/11/2025      |         |                                                                                                                                                                                        |         |         |         |         |         |         |         |         |         |         |         |
| Sat<br>08/11/2025      |         |                                                                                                                                                                                        |         |         |         |         |         |         |         |         |         |         |         |
| Su<br>09/11/2025       |         |                                                                                                                                                                                        |         |         |         |         |         |         |         |         |         |         |         |

# Wrexham University Academic Timetables

## Module timetable - Health, Wellbeing and the Body (Wk 15, wk starting 10/11/2025)

|                        | 08:00AM | 09:00AM                                                                                                                                                                                | 10:00AM | 11:00AM | 12:00PM | 01:00PM | 02:00PM | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|------------------------|---------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| Mo<br>10/11/2025       |         |                                                                                                                                                                                        |         |         |         |         |         |         |         |         |         |         |         |
| Tu<br>11/11/2025       |         |                                                                                                                                                                                        |         |         |         |         |         |         |         |         |         |         |         |
| We<br>12/11/2025       |         |                                                                                                                                                                                        |         |         |         |         |         |         |         |         |         |         |         |
| Thursday<br>13/11/2025 |         | <div> Workshop (attendance required), 09:30AM-11:30AM, Wk 15<br/> Module: HLT427 (Health, Wellbeing and the Body)<br/> Staff: Hewins, Catherine<br/> Room: <a href="#">C112</a> </div> |         |         |         |         |         |         |         |         |         |         |         |
| Fri<br>14/11/2025      |         |                                                                                                                                                                                        |         |         |         |         |         |         |         |         |         |         |         |
| Sat<br>15/11/2025      |         |                                                                                                                                                                                        |         |         |         |         |         |         |         |         |         |         |         |
| Su<br>16/11/2025       |         |                                                                                                                                                                                        |         |         |         |         |         |         |         |         |         |         |         |

# Wrexham University Academic Timetables

## Module timetable - Health, Wellbeing and the Body (Wk 16, wk starting 17/11/2025)

|                        | 08:00AM | 09:00AM                                                                                                                                                                                | 10:00AM | 11:00AM | 12:00PM | 01:00PM | 02:00PM | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|------------------------|---------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| Mo<br>17/11/2025       |         |                                                                                                                                                                                        |         |         |         |         |         |         |         |         |         |         |         |
| Tu<br>18/11/2025       |         |                                                                                                                                                                                        |         |         |         |         |         |         |         |         |         |         |         |
| We<br>19/11/2025       |         |                                                                                                                                                                                        |         |         |         |         |         |         |         |         |         |         |         |
| Thursday<br>20/11/2025 |         | <div> Workshop (attendance required), 09:30AM-11:30AM, Wk 16<br/> Module: HLT427 (Health, Wellbeing and the Body)<br/> Staff: Hewins, Catherine<br/> Room: <a href="#">C112</a> </div> |         |         |         |         |         |         |         |         |         |         |         |
| Fri<br>21/11/2025      |         |                                                                                                                                                                                        |         |         |         |         |         |         |         |         |         |         |         |
| Sat<br>22/11/2025      |         |                                                                                                                                                                                        |         |         |         |         |         |         |         |         |         |         |         |
| Su<br>23/11/2025       |         |                                                                                                                                                                                        |         |         |         |         |         |         |         |         |         |         |         |

# Wrexham University Academic Timetables

## Module timetable - Health, Wellbeing and the Body (Wk 17, wk starting 24/11/2025)

|                        | 08:00AM | 09:00AM                                                                                                                                                             | 10:00AM | 11:00AM | 12:00PM | 01:00PM | 02:00PM | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|------------------------|---------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| Mo<br>24/11/2025       |         |                                                                                                                                                                     |         |         |         |         |         |         |         |         |         |         |         |
| Tu<br>25/11/2025       |         |                                                                                                                                                                     |         |         |         |         |         |         |         |         |         |         |         |
| We<br>26/11/2025       |         |                                                                                                                                                                     |         |         |         |         |         |         |         |         |         |         |         |
| Thursday<br>27/11/2025 |         | Workshop (attendance required), 09:30AM-11:30AM, Wk 17<br>Module: HLT427 (Health, Wellbeing and the Body)<br>Staff: Hewins, Catherine<br>Room: <a href="#">C112</a> |         |         |         |         |         |         |         |         |         |         |         |
| Fri<br>28/11/2025      |         |                                                                                                                                                                     |         |         |         |         |         |         |         |         |         |         |         |
| Sat<br>29/11/2025      |         |                                                                                                                                                                     |         |         |         |         |         |         |         |         |         |         |         |
| Su<br>30/11/2025       |         |                                                                                                                                                                     |         |         |         |         |         |         |         |         |         |         |         |

# Wrexham University Academic Timetables

## Module timetable - Health, Wellbeing and the Body (Wk 18, wk starting 01/12/2025)

|                        | 08:00AM | 09:00AM                                                                                                                                                                                        | 10:00AM | 11:00AM | 12:00PM | 01:00PM | 02:00PM | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|------------------------|---------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| Mo<br>01/12/2025       |         |                                                                                                                                                                                                |         |         |         |         |         |         |         |         |         |         |         |
| Tu<br>02/12/2025       |         |                                                                                                                                                                                                |         |         |         |         |         |         |         |         |         |         |         |
| We<br>03/12/2025       |         |                                                                                                                                                                                                |         |         |         |         |         |         |         |         |         |         |         |
| Thursday<br>04/12/2025 |         | <div> <p>Workshop (attendance required), 09:30AM-11:30AM, Wk 18</p> <p>Module: HLT427<br/>(Health, Wellbeing and the Body)</p> <p>Staff: Hewins, Catherine</p> <p>Room: <u>C112</u></p> </div> |         |         |         |         |         |         |         |         |         |         |         |
| Fri<br>05/12/2025      |         |                                                                                                                                                                                                |         |         |         |         |         |         |         |         |         |         |         |
| Sat<br>06/12/2025      |         |                                                                                                                                                                                                |         |         |         |         |         |         |         |         |         |         |         |
| Su<br>07/12/2025       |         |                                                                                                                                                                                                |         |         |         |         |         |         |         |         |         |         |         |

# Wrexham University Academic Timetables

## Module timetable - Health, Wellbeing and the Body (Wk 19, wk starting 08/12/2025)

|                        | 08:00AM | 09:00AM                                                                                                                                                                                | 10:00AM | 11:00AM | 12:00PM | 01:00PM | 02:00PM | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|------------------------|---------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| Mo<br>08/12/2025       |         |                                                                                                                                                                                        |         |         |         |         |         |         |         |         |         |         |         |
| Tu<br>09/12/2025       |         |                                                                                                                                                                                        |         |         |         |         |         |         |         |         |         |         |         |
| We<br>10/12/2025       |         |                                                                                                                                                                                        |         |         |         |         |         |         |         |         |         |         |         |
| Thursday<br>11/12/2025 |         | <div> Workshop (attendance required), 09:30AM-11:30AM, Wk 19<br/> Module: HLT427 (Health, Wellbeing and the Body)<br/> Staff: Hewins, Catherine<br/> Room: <a href="#">C112</a> </div> |         |         |         |         |         |         |         |         |         |         |         |
| Fri<br>12/12/2025      |         |                                                                                                                                                                                        |         |         |         |         |         |         |         |         |         |         |         |
| Sat<br>13/12/2025      |         |                                                                                                                                                                                        |         |         |         |         |         |         |         |         |         |         |         |
| Su<br>14/12/2025       |         |                                                                                                                                                                                        |         |         |         |         |         |         |         |         |         |         |         |

# Wrexham University Academic Timetables

## Module timetable - Health, Wellbeing and the Body (Wk 21, wk starting 22/12/2025)

|                   | 08:00AM                     | 09:00AM | 10:00AM | 11:00AM | 12:00PM | 01:00PM | 02:00PM | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|-------------------|-----------------------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| Mo<br>22/12/2025  |                             |         |         |         |         |         |         |         |         |         |         |         |         |
| Tu<br>23/12/2025  |                             |         |         |         |         |         |         |         |         |         |         |         |         |
| We<br>24/12/2025  |                             |         |         |         |         |         |         |         |         |         |         |         |         |
| Th<br>25/12/2025  | University is closed, Wk 21 |         |         |         |         |         |         |         |         |         |         |         |         |
| Fri<br>26/12/2025 | University is closed, Wk 21 |         |         |         |         |         |         |         |         |         |         |         |         |
| Sat<br>27/12/2025 | University is closed, Wk 21 |         |         |         |         |         |         |         |         |         |         |         |         |
| Su<br>28/12/2025  | University is closed, Wk 21 |         |         |         |         |         |         |         |         |         |         |         |         |

# Wrexham University Academic Timetables

## Module timetable - Health, Wellbeing and the Body (Wk 22, wk starting 29/12/2025)

|                   | 08:00AM                     | 09:00AM | 10:00AM | 11:00AM | 12:00PM | 01:00PM | 02:00PM | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|-------------------|-----------------------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| Mo<br>29/12/2025  | University is closed, Wk 22 |         |         |         |         |         |         |         |         |         |         |         |         |
| Tu<br>30/12/2025  | University is closed, Wk 22 |         |         |         |         |         |         |         |         |         |         |         |         |
| We<br>31/12/2025  | University is closed, Wk 22 |         |         |         |         |         |         |         |         |         |         |         |         |
| Th<br>01/01/2026  | University is closed, Wk 22 |         |         |         |         |         |         |         |         |         |         |         |         |
| Fri<br>02/01/2026 |                             |         |         |         |         |         |         |         |         |         |         |         |         |
| Sat<br>03/01/2026 |                             |         |         |         |         |         |         |         |         |         |         |         |         |
| Su<br>04/01/2026  |                             |         |         |         |         |         |         |         |         |         |         |         |         |

# Wrexham University Academic Timetables

## Module timetable - Health, Wellbeing and the Body (Wk 25, wk starting 19/01/2026)

|                         | 08:00AM | 09:00AM | 10:00AM | 11:00AM | 12:00PM                                                                                                                                       | 01:00PM | 02:00PM | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|-------------------------|---------|---------|---------|---------|-----------------------------------------------------------------------------------------------------------------------------------------------|---------|---------|---------|---------|---------|---------|---------|---------|
| Mo<br>19/01/2026        |         |         |         |         |                                                                                                                                               |         |         |         |         |         |         |         |         |
| Tu<br>20/01/2026        |         |         |         |         |                                                                                                                                               |         |         |         |         |         |         |         |         |
| Wednesday<br>21/01/2026 |         |         |         |         | <div>Online Exam, 12:00PM-01:30PM, Wk 25</div> <div>Module: HLT427 (Health, Wellbeing and the Body)</div> <div>Staff: Hewins, Catherine</div> |         |         |         |         |         |         |         |         |
| Th<br>22/01/2026        |         |         |         |         |                                                                                                                                               |         |         |         |         |         |         |         |         |
| Fri<br>23/01/2026       |         |         |         |         |                                                                                                                                               |         |         |         |         |         |         |         |         |
| Sat<br>24/01/2026       |         |         |         |         |                                                                                                                                               |         |         |         |         |         |         |         |         |
| Su<br>25/01/2026        |         |         |         |         |                                                                                                                                               |         |         |         |         |         |         |         |         |

# Wrexham University Academic Timetables

## Module timetable - Health, Wellbeing and the Body (Wk 35, wk starting 30/03/2026)

|                   | 08:00AM                                     | 09:00AM | 10:00AM | 11:00AM | 12:00PM | 01:00PM | 02:00PM | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|-------------------|---------------------------------------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| Mo<br>30/03/2026  |                                             |         |         |         |         |         |         |         |         |         |         |         |         |
| Tu<br>31/03/2026  |                                             |         |         |         |         |         |         |         |         |         |         |         |         |
| We<br>01/04/2026  |                                             |         |         |         |         |         |         |         |         |         |         |         |         |
| Th<br>02/04/2026  |                                             |         |         |         |         |         |         |         |         |         |         |         |         |
| Fri<br>03/04/2026 | Bank Holiday<br>University is closed, Wk 35 |         |         |         |         |         |         |         |         |         |         |         |         |
| Sat<br>04/04/2026 | University is closed, Wk 35                 |         |         |         |         |         |         |         |         |         |         |         |         |
| Su<br>05/04/2026  | University is closed, Wk 35                 |         |         |         |         |         |         |         |         |         |         |         |         |

# Wrexham University Academic Timetables

## Module timetable - Health, Wellbeing and the Body (Wk 36, wk starting 06/04/2026)

|                   | 08:00AM                                     | 09:00AM | 10:00AM | 11:00AM | 12:00PM | 01:00PM | 02:00PM | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|-------------------|---------------------------------------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| Mo<br>06/04/2026  | Bank Holiday<br>University is closed, Wk 36 |         |         |         |         |         |         |         |         |         |         |         |         |
| Tu<br>07/04/2026  | University is closed, Wk 36                 |         |         |         |         |         |         |         |         |         |         |         |         |
| We<br>08/04/2026  |                                             |         |         |         |         |         |         |         |         |         |         |         |         |
| Th<br>09/04/2026  |                                             |         |         |         |         |         |         |         |         |         |         |         |         |
| Fri<br>10/04/2026 |                                             |         |         |         |         |         |         |         |         |         |         |         |         |
| Sat<br>11/04/2026 |                                             |         |         |         |         |         |         |         |         |         |         |         |         |
| Su<br>12/04/2026  |                                             |         |         |         |         |         |         |         |         |         |         |         |         |

**Wrexham University Academic Timetables**  
**Module timetable - Health, Wellbeing and the Body (Wk 40, wk starting 04/05/2026)**

|                   | 08:00AM                                     | 09:00AM | 10:00AM | 11:00AM | 12:00PM | 01:00PM | 02:00PM | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|-------------------|---------------------------------------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| Mo<br>04/05/2026  | Bank Holiday<br>University is closed, Wk 40 |         |         |         |         |         |         |         |         |         |         |         |         |
| Tu<br>05/05/2026  |                                             |         |         |         |         |         |         |         |         |         |         |         |         |
| We<br>06/05/2026  |                                             |         |         |         |         |         |         |         |         |         |         |         |         |
| Th<br>07/05/2026  |                                             |         |         |         |         |         |         |         |         |         |         |         |         |
| Fri<br>08/05/2026 |                                             |         |         |         |         |         |         |         |         |         |         |         |         |
| Sat<br>09/05/2026 |                                             |         |         |         |         |         |         |         |         |         |         |         |         |
| Su<br>10/05/2026  |                                             |         |         |         |         |         |         |         |         |         |         |         |         |

**Wrexham University Academic Timetables**  
**Module timetable - Health, Wellbeing and the Body (Wk 43, wk starting 25/05/2026)**

|                   | 08:00AM                                     | 09:00AM | 10:00AM | 11:00AM | 12:00PM | 01:00PM | 02:00PM | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|-------------------|---------------------------------------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| Mo<br>25/05/2026  | Bank Holiday<br>University is closed, Wk 43 |         |         |         |         |         |         |         |         |         |         |         |         |
| Tu<br>26/05/2026  |                                             |         |         |         |         |         |         |         |         |         |         |         |         |
| We<br>27/05/2026  |                                             |         |         |         |         |         |         |         |         |         |         |         |         |
| Th<br>28/05/2026  |                                             |         |         |         |         |         |         |         |         |         |         |         |         |
| Fri<br>29/05/2026 |                                             |         |         |         |         |         |         |         |         |         |         |         |         |
| Sat<br>30/05/2026 |                                             |         |         |         |         |         |         |         |         |         |         |         |         |
| Su<br>31/05/2026  |                                             |         |         |         |         |         |         |         |         |         |         |         |         |

# Wrexham University Academic Timetables

## Module timetable - Health, Wellbeing and the Body (Wk 5, wk starting 31/08/2026)

|                   | 08:00AM                                    | 09:00AM | 10:00AM | 11:00AM | 12:00PM | 01:00PM | 02:00PM | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|-------------------|--------------------------------------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| Mo<br>31/08/2026  | Bank Holiday<br>University is closed, Wk 5 |         |         |         |         |         |         |         |         |         |         |         |         |
| Tu<br>01/09/2026  |                                            |         |         |         |         |         |         |         |         |         |         |         |         |
| We<br>02/09/2026  |                                            |         |         |         |         |         |         |         |         |         |         |         |         |
| Th<br>03/09/2026  |                                            |         |         |         |         |         |         |         |         |         |         |         |         |
| Fri<br>04/09/2026 |                                            |         |         |         |         |         |         |         |         |         |         |         |         |
| Sat<br>05/09/2026 |                                            |         |         |         |         |         |         |         |         |         |         |         |         |
| Su<br>06/09/2026  |                                            |         |         |         |         |         |         |         |         |         |         |         |         |