

Wrexham University Academic Timetables
Module timetable - Foundations of Health and Wellbeing (Wk 14, wk starting 03/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 03/11/2025		<div>Pre Session reading Directed Study, 09:00AM-09:30AM, Wk 14</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>	<div>Directed Study, 09:30AM-12:00PM, Wk 14</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>			<div>Directed Study, Wk 14</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>	<div>Directed Study, 01:00PM-03:30PM, Wk 14</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>						

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	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Tuesday 04/11/2025		Pre Session reading Directed Study, 09:00AM-09:30AM, Wk 14 Module: NUR419 (Foundations of Health and Wellbeing)	Online Lecture (Nursing), 09:30AM-12:00PM, Wk 14 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Moss, Julie			Lecture, Wk 14 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Obeng, Stephen Room: B21 Lecture Theatre							
			Lecture, 09:30AM-12:00PM, Wk 14 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Obeng, Stephen Room: B21 Lecture Theatre			Online Lecture (Nursing), 01:00PM-03:30PM, Wk 14 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna							

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	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Wednesday 05/11/2025		<div>Pre Ses sion read ing Dire cted Stu dy, 09: 00A M- 09: 30A M, Wk 14</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>	<div>Lecture, 09:30AM-12:00PM, Wk 14</div> <div>Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna Room: St.Asaph Board Room</div> <div>Online Lecture (Nursing), 09:30AM-12:00PM, Wk 14</div> <div>Module: NUR419 (Foundations of Health and Wellbeing) Staff: Obeng, Stephen</div>			<div>Online Lecture (Nursing), Wk 14</div> <div>Module: NUR419 (Foundations of Health and Wellbeing) Staff: Obeng, Stephen</div> <div>Lecture, 01:00PM-03:30PM, Wk 14</div> <div>Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna Room: St.Asaph Board Room</div>							
Thursday 06/11/2025			<div>Directed Study, 09:30AM-12:00PM, Wk 14</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>			<div>Directed Study, 01:00PM-03:30PM, Wk 14</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>							

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	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Thursday 06/11/2025		Pre Ses sion read ing Dire cted Stu dy, 09: 00A M- 09: 30A M, Wk 14	Lecture, 09:30AM-12:00PM, Wk 14 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Obeng, Stephen Room: C18 Lecture Theatre			Lecture, Wk 14 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Obeng, Stephen Room: C124 Lecture Theatre							
Friday 07/11/2025			Directed Study, 09:30AM-12: 00PM, Wk 14 Module: NUR419 (Foundations of Health and Wellbeing)			Directed Study, Wk 14 Module: NUR419 (Foundations of Health and Wellbeing)							

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Module timetable - Foundations of Health and Wellbeing (Wk 14, wk starting 03/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Friday 07/11/2025		<div>Pre Session reading Directed Study, 09:00AM-09:30AM, Wk 14</div> <div>Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna Room: St.Asaph Board Room</div>				<div>Lecture, 01:00PM-03:30PM, Wk 14</div> <div>Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna Room: St.Asaph Board Room</div>							
Sat 08/11/2025													
Su 09/11/2025													

Wrexham University Academic Timetables
Module timetable - Foundations of Health and Wellbeing (Wk 15, wk starting 10/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 10/11/2025		<div>Pre Session reading Directed Study, 09:00AM-09:30AM, Wk 15</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>	<div>Directed Study, 09:30AM-12:00PM, Wk 15</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>			<div>Directed Study, Wk 15</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>	<div>Directed Study, 01:00PM-03:30PM, Wk 15</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>						

Wrexham University Academic Timetables
Module timetable - Foundations of Health and Wellbeing (Wk 15, wk starting 10/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Tuesday 11/11/2025		Pre Session reading Directed Study, 09:00AM-09:30AM, Wk 15 Module: NUR419 (Foundations of Health and Wellbeing)	Online Lecture (Nursing), 09:30AM-12:00PM, Wk 15 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna			Lecture, Wk 15 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Obeng, Stephen Room: B21 Lecture Theatre							
			Lecture, 09:30AM-12:00PM, Wk 15 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Obeng, Stephen Room: B21 Lecture Theatre			Online Lecture (Nursing), 01:00PM-03:30PM, Wk 15 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna							

Wrexham University Academic Timetables

Module timetable - Foundations of Health and Wellbeing (Wk 15, wk starting 10/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Wednesday 12/11/2025		<div>Pre Ses sion read ing Dire cted Stu dy, 09: 00A M- 09: 30A M, Wk 15</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>	<div>Lecture, 09:30AM-12:00PM, Wk 15</div> <div>Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna Room: St.Asaph Board Room</div> <div>Online Lecture (Nursing), 09:30AM-12:00PM, Wk 15</div> <div>Module: NUR419 (Foundations of Health and Wellbeing) Staff: Obeng, Stephen</div>			<div>Online Lecture (Nursing), Wk 15</div> <div>Module: NUR419 (Foundations of Health and Wellbeing) Staff: Obeng, Stephen</div> <div>Lecture, 01:00PM-03:30PM, Wk 15</div> <div>Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna Rooms: St.Asaph Board Room, St.Asaph Classrooms</div>							
Thursday 13/11/2025			<div>Directed Study, 09:30AM-12:00PM, Wk 15</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>			<div>Directed Study, 01:00PM-03:30PM, Wk 15</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>							

Wrexham University Academic Timetables
Module timetable - Foundations of Health and Wellbeing (Wk 15, wk starting 10/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Thursday 13/11/2025		Pre Ses sion read ing Dire cted Stu dy, 09: 00A M- 09: 30A M, Wk 15	Lecture, 09:30AM-12:00PM, Wk 15 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Obeng, Stephen Room: C18 Lecture Theatre			Lecture, Wk 15 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Obeng, Stephen Room: C124 Lecture Theatre							
Friday 14/11/2025			Directed Study, 09:30AM-12: 00PM, Wk 15 Module: NUR419 (Foundations of Health and Wellbeing)			Directed Study, Wk 15 Module: NUR419 (Foundations of Health and Wellbeing)							

Wrexham University Academic Timetables
Module timetable - Foundations of Health and Wellbeing (Wk 15, wk starting 10/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Friday 14/11/2025		<div>Pre Session reading Directed Study, 09:00AM-09:30AM, Wk 15</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div> <div>Staff: Houlden, Donna</div> <div>Room: St.Asaph Board Room</div>	Lecture, 09:30AM-12:00PM, Wk 15			<div>Lecture, 01:00PM-03:30PM, Wk 15</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div> <div>Staff: Houlden, Donna</div> <div>Room: St.Asaph Board Room</div>							
Sat 15/11/2025													
Su 16/11/2025													

Wrexham University Academic Timetables
Module timetable - Foundations of Health and Wellbeing (Wk 16, wk starting 17/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 17/11/2025		<div>Pre Session reading Directed Study, 09:00AM-09:30AM, Wk 16</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>	<div>Directed Study, 09:30AM-12:00PM, Wk 16</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>			<div>Directed Study, Wk 16</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>	<div>Directed Study, 01:00PM-03:30PM, Wk 16</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>						

Wrexham University Academic Timetables
Module timetable - Foundations of Health and Wellbeing (Wk 16, wk starting 17/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Tuesday 18/11/2025		Pre Ses sion read ing Dire cted Stu dy, 09: 00A M- 09: 30A M, Wk 16	Online Lecture (Nursing), 09:30AM-12:00PM, Wk 16 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Moss, Julie			Lecture, Wk 16 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Obeng, Stephen Room: B21 Lecture Theatre							
			Lecture, 09:30AM-12:00PM, Wk 16 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Obeng, Stephen Room: B21 Lecture Theatre			Online Lecture (Nursing), 01:00PM-03:30PM, Wk 16 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Moss, Julie							
		Module: NUR419 (Foundations of Health and Wellbeing)											

Wrexham University Academic Timetables

Module timetable - Foundations of Health and Wellbeing (Wk 16, wk starting 17/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Wednesday 19/11/2025		<div>Pre Ses sion read ing Dire cted Stu dy, 09: 00A M- 09: 30A M, Wk 16</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>	<div>Lecture, 09:30AM-12:00PM, Wk 16</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div> <div>Staff: Houlden, Donna</div> <div>Room: St.Asaph Board Room</div>			<div>Online Lecture (Nursing), Wk 16</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div> <div>Staff: Obeng, Stephen</div>							
		<div>Module: NUR419 (Foundations of Health and Wellbeing)</div>	<div>Online Lecture (Nursing), 09:30AM-12:00PM, Wk 16</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div> <div>Staff: Obeng, Stephen</div>			<div>Lecture, 01:00PM-03:30PM, Wk 16</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div> <div>Staff: Houlden, Donna</div> <div>Room: St.Asaph Board Room</div>							
Thursday 20/11/2025			<div>Directed Study, 09:30AM-12:00PM, Wk 16</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>			<div>Directed Study, 01:00PM-03:30PM, Wk 16</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>							

Wrexham University Academic Timetables
Module timetable - Foundations of Health and Wellbeing (Wk 16, wk starting 17/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Thursday 20/11/2025		Pre Ses sion read ing Dire cted Stu dy, 09: 00A M- 09: 30A M, Wk 16	Lecture, 09:30AM-12:00PM, Wk 16 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Obeng, Stephen Room: C18 Lecture Theatre			Lecture, Wk 16 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Obeng, Stephen Room: C124 Lecture Theatre							
Friday 21/11/2025			Directed Study, 09:30AM-12: 00PM, Wk 16 Module: NUR419 (Foundations of Health and Wellbeing)			Directed Study, Wk 16 Module: NUR419 (Foundations of Health and Wellbeing)							

Wrexham University Academic Timetables
Module timetable - Foundations of Health and Wellbeing (Wk 16, wk starting 17/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Friday 21/11/2025		Pre Ses sion read ing Dire cted Stu dy, 09: 00A M- 09: 30A M, Wk 16 Mod ule: NU R41 9 (Fo und atio ns of Hea lth and Well bein g)	Directed Study, 09:30AM-12:00PM, Wk 16 Module: NUR419 (Foundations of Health and Wellbeing)			Directed Study, 01:00PM-03:30PM, Wk 16 Module: NUR419 (Foundations of Health and Wellbeing)							
Sat 22/11/2025													
Su 23/11/2025													

Wrexham University Academic Timetables

Module timetable - Foundations of Health and Wellbeing (Wk 17, wk starting 24/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 24/11/2025		<div>Exam, Wk 17</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div> <div>Staff: Obeng, Stephen</div> <div>Rooms: B12 PC Room; L203 PC Room; M306</div>				<div>Please check moodle for your room number and time</div> <div>Exam, 01:00PM-03:30PM, Wk 17</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div> <div>Staff: Houlden, Donna</div> <div>Rooms: St.Asaph Library; St.Asaph Office 2; St.Asaph small study room</div>							
		<div>Please check moodle for your room number and time</div> <div>Exam, 09:30AM-12:00PM, Wk 17</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div> <div>Staff: Houlden, Donna</div> <div>Rooms: St.Asaph Library; St.Asaph Office 2; St.Asaph small study room</div>				<div>Exam, Wk 17</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div> <div>Staff: Obeng, Stephen</div> <div>Rooms: B12 PC Room; L203 PC Room; M306</div>							
Tuesday 25/11/2025		<div>Exam, Wk 17</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div> <div>Staff: Obeng, Stephen</div> <div>Rooms: B12 PC Room; CIB111 PC Room; L204 (Games); M306</div>				<div>Assignment Preparation</div> <div>Directed Study, 01:00PM-03:30PM, Wk 17</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>							
		<div>Assignment Preparation</div> <div>Directed Study, 09:30AM-12:00PM, Wk 17</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>				<div>Exam, Wk 17</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div> <div>Staff: Obeng, Stephen</div> <div>Rooms: B12 PC Room; M306</div>							
Wed 26/11/2025		<div>Assignment Preparation</div> <div>Directed Study, 09:30AM-12:00PM, Wk 17</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>				<div>Assignment Preparation</div> <div>Directed Study, 01:00PM-03:30PM, Wk 17</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>							
Thu 27/11/2025		<div>Assignment Preparation</div> <div>Directed Study, 09:30AM-12:00PM, Wk 17</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>				<div>Assignment Preparation</div> <div>Directed Study, 01:00PM-03:30PM, Wk 17</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>							
Friday 28/11/2025		<div>Assignment Preparation</div> <div>Directed Study, 09:30AM-12:00PM, Wk 17</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>				<div>Assignment Preparation</div> <div>Directed Study, 01:00PM-03:30PM, Wk 17</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>							
Sat 29/11/2025													
Su 30/11/2025													

Wrexham University Academic Timetables

Module timetable - Foundations of Health and Wellbeing (Wk 18, wk starting 01/12/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 01/12/2025			Directed Study, 09:30AM-12:00PM, Wk 18 Module: NUR419 (Foundations of Health and Wellbeing)			Directed Study, 01:00PM-03:30PM, Wk 18 Module: NUR419 (Foundations of Health and Wellbeing)							
Tuesday 02/12/2025			Directed Study, 09:30AM-12:00PM, Wk 18 Module: NUR419 (Foundations of Health and Wellbeing)			Directed Study, Wk 18 Module: NUR419 (Foundations of Health and Wellbeing)							
			Directed Study, 09:30AM-12:00PM, Wk 18 Module: NUR419 (Foundations of Health and Wellbeing)			Directed Study, 01:00PM-03:30PM, Wk 18 Module: NUR419 (Foundations of Health and Wellbeing)							
Wednesday 03/12/2025			Lecture, 09:30AM-12:00PM, Wk 18 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna Room: St.Asaph Board Room			Lecture, 01:00PM-03:30PM, Wk 18 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna Room: St.Asaph Board Room							
			Online Lecture (Nursing), 09:30AM-12:00PM, Wk 18 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Obeng, Stephen			Online Lecture (Nursing), 01:00PM-03:30PM, Wk 18 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Luty, Rachel							
Thursday 04/12/2025			Directed Study, 09:30AM-12:00PM, Wk 18 Module: NUR419 (Foundations of Health and Wellbeing)			Directed Study, Wk 18 Module: NUR419 (Foundations of Health and Wellbeing)							
			Directed Study, 09:30AM-12:00PM, Wk 18 Module: NUR419 (Foundations of Health and Wellbeing)			Directed Study, 01:00PM-03:30PM, Wk 18 Module: NUR419 (Foundations of Health and Wellbeing)							
Friday 05/12/2025			Directed Study, 09:30AM-12:00PM, Wk 18 Module: NUR419 (Foundations of Health and Wellbeing)			Directed Study, Wk 18 Module: NUR419 (Foundations of Health and Wellbeing)							
			Lecture, 09:30AM-12:00PM, Wk 18 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna Room: St.Asaph Board Room			Portfolio Review with Academic Assessor Lecture, 01:00PM-03:30PM, Wk 18 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna Room: St.Asaph Board Room							
Sat 06/12/2025													
Su 07/12/2025													

Wrexham University Academic Timetables
Module timetable - Foundations of Health and Wellbeing (Wk 19, wk starting 08/12/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 08/12/2025			<div>Directed Study, 09:30AM-12:00PM, Wk 19</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>			<div>Directed Study, Wk 19</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>							
			<div>Clinical Skills Practical, 09:30AM-12:00PM, Wk 19</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div> <div>Staff: Houlden, Donna</div> <div>Rooms: St.Asaph Room 28 St.Asaph Room 29</div>			<div>Clinical Skills Practical, 01:00PM-03:30PM, Wk 19</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div> <div>Staff: Houlden, Donna</div> <div>Rooms: St.Asaph Room 28 St.Asaph Room 29</div>							
Tuesday 09/12/2025			<div>Please make an appointment with your Personal Tutor and ensure your Epad is up to date</div> <div>Directed Study, 09:30AM-12:00PM, Wk 19</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>			<div>Lecture, Wk 19</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div> <div>Staff: Obeng, Stephen</div> <div>Room: B21 Lecture Theatre</div>							
			<div>Lecture, 09:30AM-12:00PM, Wk 19</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div> <div>Staff: Obeng, Stephen</div> <div>Room: B21 Lecture Theatre</div>			<div>Please make an appointment with your Personal Tutor and ensure your Epad is up to date</div> <div>Directed Study, 01:00PM-03:30PM, Wk 19</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>							

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Module timetable - Foundations of Health and Wellbeing (Wk 19, wk starting 08/12/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Wednesday 10/12/2025			<p>Please make an appointment with your Personal Tutor and ensure your Epad is up to date Directed Study, 09:30AM-12:00PM, Wk 19</p> <p>Module: NUR419 (Foundations of Health and Wellbeing)</p>			<p>Portfolio review with Academic Assessor Tutorials, Wk 19</p> <p>Module: NUR419 (Foundations of Health and Wellbeing)</p> <p>Please make sure you have made an appointment with your Personal Tutor</p>							
			<p>Portfolio review with Academic Assessor Tutorials, 09:30AM-12:00PM, Wk 19</p> <p>Module: NUR419 (Foundations of Health and Wellbeing)</p> <p>Please make sure you have made an appointment with your Personal Tutor</p>			<p>Please make an appointment with your Personal Tutor and ensure your Epad is up to date Directed Study, 01:00PM-03:30PM, Wk 19</p> <p>Module: NUR419 (Foundations of Health and Wellbeing)</p>							
Thursday 11/12/2025			<p>Please make an appointment with your Personal Tutor and ensure your Epad is up to date Directed Study, 09:30AM-12:00PM, Wk 19</p> <p>Module: NUR419 (Foundations of Health and Wellbeing)</p>			<p>Portfolio review with Academic Assessor Tutorials, Wk 19</p> <p>Module: NUR419 (Foundations of Health and Wellbeing)</p> <p>Please make sure you have made an appointment with your Personal Tutor</p>							

Wrexham University Academic Timetables

Module timetable - Foundations of Health and Wellbeing (Wk 19, wk starting 08/12/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Thursday 11/12/2025			Portfolio review with Academic Assessor Tutorials, 09:30AM-12:00PM, Wk 19 Module: NUR419 (Foundations of Health and Wellbeing) <i>Please make sure you have made an appointment with your Personal Tutor</i>			Please make an appointment with your Personal Tutor and ensure your Epad is up to date Directed Study, 01:00PM-03:30PM, Wk 19 Module: NUR419 (Foundations of Health and Wellbeing)							
Friday 12/12/2025			Portfolio review with Academic Assessor Tutorials, 09:30AM-12:00PM, Wk 19 Module: NUR419 (Foundations of Health and Wellbeing) <i>Please make sure you have made an appointment with your Personal Tutor</i>			Portfolio review with Academic Assessor Tutorials, Wk 19 Module: NUR419 (Foundations of Health and Wellbeing) <i>Please make sure you have made an appointment with your Personal Tutor</i>							
			Preparation for Practice (Christmas Jumpers) Lecture, 09:30AM-12:00PM, Wk 19 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna Room: St.Asaph Board Room			Preparation for Practice (Christmas Jumpers/ christmas quiz) Lecture, 01:00PM-03:30PM, Wk 19 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna Room: St.Asaph Board Room							
Sat 13/12/2025													
Su 14/12/2025													

Wrexham University Academic Timetables

Module timetable - Foundations of Health and Wellbeing (Wk 21, wk starting 22/12/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 22/12/2025													
Tu 23/12/2025													
We 24/12/2025													
Th 25/12/2025	University is closed, Wk 21												
Fri 26/12/2025	University is closed, Wk 21												
Sat 27/12/2025	University is closed, Wk 21												
Su 28/12/2025	University is closed, Wk 21												

Wrexham University Academic Timetables

Module timetable - Foundations of Health and Wellbeing (Wk 22, wk starting 29/12/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 29/12/2025	University is closed, Wk 22												
Tu 30/12/2025	University is closed, Wk 22												
We 31/12/2025	University is closed, Wk 22												
Th 01/01/2026	University is closed, Wk 22												
Fri 02/01/2026													
Sat 03/01/2026													
Su 04/01/2026													

Wrexham University Academic Timetables

Module timetable - Foundations of Health and Wellbeing (Wk 27, wk starting 02/02/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 02/02/2026													
Tu 03/02/2026													
We 04/02/2026													
Th 05/02/2026													
Friday 06/02/2026		<div>Exam, 09:30AM-12:30PM, Wk 27</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div> <div>Staff: Luty, Rachel</div> <div>Room: B12 PC Room</div>											
Sat 07/02/2026													
Su 08/02/2026													

Wrexham University Academic Timetables
Module timetable - Foundations of Health and Wellbeing (Wk 30, wk starting 23/02/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 23/02/2026			Directed Study, 09:30AM-12:00PM, Wk 30 Module: NUR419 (Foundations of Health and Wellbeing)			Directed Study, 01:00PM-03:30PM, Wk 30 Module: NUR419 (Foundations of Health and Wellbeing)							
Tuesday 24/02/2026			Lecture, 09:30AM-12:00PM, Wk 30 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna Lecture, 09:30AM-12:00PM, Wk 30 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Luty, Rachel Room: B18 Lecture Theatre			Lecture, 01:00PM-03:30PM, Wk 30 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna Lecture, 01:00PM-03:30PM, Wk 30 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Luty, Rachel Room: B18 Lecture Theatre							
Wednesday 25/02/2026			Online Lecture (Nursing), 09:30AM-12:00PM, Wk 30 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna Online Lecture (Nursing), 09:30AM-12:00PM, Wk 30 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Luty, Rachel			Directed Study, 01:00PM-03:30PM, Wk 30 Module: NUR419 (Foundations of Health and Wellbeing) Online Lecture (Nursing), 01:00PM-03:30PM, Wk 30 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna							

Wrexham University Academic Timetables

Module timetable - Foundations of Health and Wellbeing (Wk 30, wk starting 23/02/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Thursday 26/02/2026		<div>Lecture, 09:30AM-12:00PM, Wk 30</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div> <div>Staff: Houlden, Donna</div>				<div>Lecture, 01:00PM-03:30PM, Wk 30</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div> <div>Staff: Houlden, Donna</div>							
		<div>Lecture, 09:30AM-12:00PM, Wk 30</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div> <div>Staff: Luty, Rachel</div> <div>Room: Nick Whitehead Lecture Theatre</div>				<div>Lecture, 01:00PM-03:30PM, Wk 30</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div> <div>Staff: Luty, Rachel</div> <div>Room: Nick Whitehead Lecture Theatre</div>							
Friday 27/02/2026		<div>Directed Study, 09:30AM-12:00PM, Wk 30</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>				<div>Directed Study, 01:00PM-03:30PM, Wk 30</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>							
		<div>Directed Study, 09:30AM-12:00PM, Wk 30</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>				<div>Directed Study, 01:00PM-03:30PM, Wk 30</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>							
Sat 28/02/2026													
Su 01/03/2026													

Wrexham University Academic Timetables
Module timetable - Foundations of Health and Wellbeing (Wk 31, wk starting 02/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 02/03/2026			Directed Study, 09:30AM-12:00PM, Wk 31 Module: NUR419 (Foundations of Health and Wellbeing)			Directed Study, 01:00PM-03:30PM, Wk 31 Module: NUR419 (Foundations of Health and Wellbeing)							
Tuesday 03/03/2026			Lecture, 09:30AM-12:00PM, Wk 31 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna Lecture, 09:30AM-12:00PM, Wk 31 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Luty, Rachel Room: B18 Lecture Theatre			Lecture, 01:00PM-03:30PM, Wk 31 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna Lecture, 01:00PM-03:30PM, Wk 31 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Luty, Rachel Room: B18 Lecture Theatre							
Wednesday 04/03/2026			Online Lecture (Nursing), 09:30AM-12:00PM, Wk 31 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Luty, Rachel Online Lecture (Nursing), 09:30AM-12:00PM, Wk 31 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Moss, Julie			Directed Study, 01:00PM-03:30PM, Wk 31 Module: NUR419 (Foundations of Health and Wellbeing) Online Lecture (Nursing), 01:00PM-03:30PM, Wk 31 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna							

Wrexham University Academic Timetables

Module timetable - Foundations of Health and Wellbeing (Wk 31, wk starting 02/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Thursday 05/03/2026			<p>Lecture, 09:30AM-12:00PM, Wk 31</p> <p>Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna</p>			<p>Lecture, 01:00PM-03:30PM, Wk 31</p> <p>Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna; Hughes, Cerys</p>							
			<p>Lecture, 09:30AM-12:00PM, Wk 31</p> <p>Module: NUR419 (Foundations of Health and Wellbeing) Staff: Luty, Rachel Room: Nick Whitehead Lecture Theatre</p>			<p>Lecture, 01:00PM-03:30PM, Wk 31</p> <p>Module: NUR419 (Foundations of Health and Wellbeing) Staff: Luty, Rachel Room: Nick Whitehead Lecture Theatre</p>							
Friday 06/03/2026			<p>Directed Study, 09:30AM-12:00PM, Wk 31</p> <p>Module: NUR419 (Foundations of Health and Wellbeing)</p>			<p>Directed Study, 01:00PM-03:30PM, Wk 31</p> <p>Module: NUR419 (Foundations of Health and Wellbeing)</p>							
			<p>Directed Study, 09:30AM-12:00PM, Wk 31</p> <p>Module: NUR419 (Foundations of Health and Wellbeing)</p>			<p>Directed Study, 01:00PM-03:30PM, Wk 31</p> <p>Module: NUR419 (Foundations of Health and Wellbeing)</p>							
Sat 07/03/2026													
Su 08/03/2026													

Wrexham University Academic Timetables
Module timetable - Foundations of Health and Wellbeing (Wk 32, wk starting 09/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 09/03/2026			Directed Study, 09:30AM-12:00PM, Wk 32 Module: NUR419 (Foundations of Health and Wellbeing)			Directed Study, 01:00PM-03:30PM, Wk 32 Module: NUR419 (Foundations of Health and Wellbeing)							
Tuesday 10/03/2026			Lecture, 09:30AM-12:00PM, Wk 32 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna Lecture, 09:30AM-12:00PM, Wk 32 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Luty, Rachel Room: B18 Lecture Theatre			Lecture, 01:00PM-03:30PM, Wk 32 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna Lecture, 01:00PM-03:30PM, Wk 32 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Luty, Rachel Room: B18 Lecture Theatre							
Wednesday 11/03/2026			Online Lecture (Nursing), 09:30AM-12:00PM, Wk 32 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna Online Lecture (Nursing), 09:30AM-12:00PM, Wk 32 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Luty, Rachel			Directed Study, 01:00PM-03:30PM, Wk 32 Module: NUR419 (Foundations of Health and Wellbeing) Online Lecture (Nursing), 01:00PM-03:30PM, Wk 32 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna							

Wrexham University Academic Timetables

Module timetable - Foundations of Health and Wellbeing (Wk 32, wk starting 09/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Thursday 12/03/2026		<div>Lecture, 09:30AM-12:00PM, Wk 32</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div> <div>Staff: Houlden, Donna</div>				<div>Lecture, 01:00PM-03:30PM, Wk 32</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div> <div>Staff: Houlden, Donna</div>							
		<div>Lecture, 09:30AM-12:00PM, Wk 32</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div> <div>Staff: Luty, Rachel</div> <div>Room: Nick Whitehead Lecture Theatre</div>				<div>Lecture, 01:00PM-03:30PM, Wk 32</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div> <div>Staff: Luty, Rachel</div> <div>Room: Nick Whitehead Lecture Theatre</div>							
Friday 13/03/2026		<div>Directed Study, 09:30AM-12:00PM, Wk 32</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>				<div>Directed Study, 01:00PM-03:30PM, Wk 32</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>							
		<div>Directed Study, 09:30AM-12:00PM, Wk 32</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>				<div>Directed Study, 01:00PM-03:30PM, Wk 32</div> <div>Module: NUR419 (Foundations of Health and Wellbeing)</div>							
Sat 14/03/2026													
Su 15/03/2026													

Wrexham University Academic Timetables
Module timetable - Foundations of Health and Wellbeing (Wk 33, wk starting 16/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 16/03/2026			Directed Study, 09:30AM-12:00PM, Wk 33 Module: NUR419 (Foundations of Health and Wellbeing)			Directed Study, 01:00PM-03:30PM, Wk 33 Module: NUR419 (Foundations of Health and Wellbeing)							
Tuesday 17/03/2026			Lecture, 09:30AM-12:00PM, Wk 33 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna Lecture, 09:30AM-12:00PM, Wk 33 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Luty, Rachel Room: B18 Lecture Theatre			Lecture, 01:00PM-03:30PM, Wk 33 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna Lecture, 01:00PM-03:30PM, Wk 33 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Luty, Rachel Room: B18 Lecture Theatre							
Wednesday 18/03/2026			Online Lecture (Nursing), 09:30AM-12:00PM, Wk 33 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Luty, Rachel Online Lecture (Nursing), 09:30AM-12:00PM, Wk 33 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Moss, Julie			Directed Study, 01:00PM-03:30PM, Wk 33 Module: NUR419 (Foundations of Health and Wellbeing) Online Lecture (Nursing), 01:00PM-03:30PM, Wk 33 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Moss, Julie							

Wrexham University Academic Timetables

Module timetable - Foundations of Health and Wellbeing (Wk 33, wk starting 16/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Thursday 19/03/2026		<p>Lecture, 09:30AM-12:00PM, Wk 33</p> <p>Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna</p>				<p>Lecture, 01:00PM-03:30PM, Wk 33</p> <p>Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna; Quilter, Mark</p>							
		<p>Lecture, 09:30AM-12:00PM, Wk 33</p> <p>Module: NUR419 (Foundations of Health and Wellbeing) Staff: Luty, Rachel Room: Nick Whitehead Lecture Theatre</p>				<p>Lecture, 01:00PM-03:30PM, Wk 33</p> <p>Module: NUR419 (Foundations of Health and Wellbeing) Staff: Luty, Rachel Room: Nick Whitehead Lecture Theatre</p>							
Friday 20/03/2026		<p>Directed Study, 09:30AM-12:00PM, Wk 33</p> <p>Module: NUR419 (Foundations of Health and Wellbeing)</p>				<p>Directed Study, 01:00PM-03:30PM, Wk 33</p> <p>Module: NUR419 (Foundations of Health and Wellbeing)</p>							
		<p>Directed Study, 09:30AM-12:00PM, Wk 33</p> <p>Module: NUR419 (Foundations of Health and Wellbeing)</p>				<p>Directed Study, 01:00PM-03:30PM, Wk 33</p> <p>Module: NUR419 (Foundations of Health and Wellbeing)</p>							
Sat 21/03/2026													
Su 22/03/2026													

Wrexham University Academic Timetables

Module timetable - Foundations of Health and Wellbeing (Wk 34, wk starting 23/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 23/03/2026													
Tuesday 24/03/2026			Lecture, 09:30AM-12:00PM, Wk 34 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Luty, Rachel Room: B18 Lecture Theatre			Lecture, 01:00PM-03:30PM, Wk 34 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Luty, Rachel Room: B18 Lecture Theatre							
Wednesday 25/03/2026			Online Lecture (Nursing), 09:30AM-12:00PM, Wk 34 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Luty, Rachel			Directed Study, 01:00PM-03:30PM, Wk 34 Module: NUR419 (Foundations of Health and Wellbeing)							
Thursday 26/03/2026			Lecture, 09:30AM-12:00PM, Wk 34 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Luty, Rachel Room: Nick Whitehead Lecture Theatre			Lecture, 01:00PM-03:30PM, Wk 34 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Luty, Rachel Room: Nick Whitehead Lecture Theatre							
Friday 27/03/2026			Directed Study, 09:30AM-12:00PM, Wk 34 Module: NUR419 (Foundations of Health and Wellbeing)			Directed Study, 01:00PM-03:30PM, Wk 34 Module: NUR419 (Foundations of Health and Wellbeing)							
Sat 28/03/2026													
Su 29/03/2026													

Wrexham University Academic Timetables

Module timetable - Foundations of Health and Wellbeing (Wk 35, wk starting 30/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 30/03/2026													
Tu 31/03/2026													
We 01/04/2026													
Th 02/04/2026													
Fri 03/04/2026	Bank Holiday University is closed, Wk 35												
Sat 04/04/2026	University is closed, Wk 35												
Su 05/04/2026	University is closed, Wk 35												

Wrexham University Academic Timetables
Module timetable - Foundations of Health and Wellbeing (Wk 36, wk starting 06/04/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 06/04/2026	Bank Holiday University is closed, Wk 36												
Tu 07/04/2026	University is closed, Wk 36												
We 08/04/2026													
Th 09/04/2026													
Fri 10/04/2026													
Sat 11/04/2026													
Su 12/04/2026													

Wrexham University Academic Timetables
Module timetable - Foundations of Health and Wellbeing (Wk 40, wk starting 04/05/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 04/05/2026	Bank Holiday University is closed, Wk 40												
Tu 05/05/2026													
We 06/05/2026													
Th 07/05/2026													
Fri 08/05/2026													
Sat 09/05/2026													
Su 10/05/2026													

Wrexham University Academic Timetables

Module timetable - Foundations of Health and Wellbeing (Wk 41, wk starting 11/05/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 11/05/2026			Directed Study, 09:30AM-12:00PM, Wk 41 Module: NUR419 (Foundations of Health and Wellbeing)			Directed Study, 01:00PM-03:30PM, Wk 41 Module: NUR419 (Foundations of Health and Wellbeing)							
Tuesday 12/05/2026			Exam, 09:30AM-12:00PM, Wk 41 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna			Exam, 01:00PM-03:30PM, Wk 41 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna							
Wednesday 13/05/2026			Exam, 09:30AM-12:00PM, Wk 41 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna			Exam, 01:00PM-03:30PM, Wk 41 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna							
Thursday 14/05/2026			Exam, 09:30AM-12:00PM, Wk 41 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna			Exam, 01:00PM-03:30PM, Wk 41 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna							
Fri 15/05/2026													
Sat 16/05/2026													
Su 17/05/2026													

Wrexham University Academic Timetables

Module timetable - Foundations of Health and Wellbeing (Wk 42, wk starting 18/05/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 18/05/2026			Directed Study, 09:30AM-12:00PM, Wk 42 Module: NUR419 (Foundations of Health and Wellbeing)			Directed Study, 01:00PM-03:30PM, Wk 42 Module: NUR419 (Foundations of Health and Wellbeing)							
Tuesday 19/05/2026			Lecture, 09:30AM-12:00PM, Wk 42 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna			Lecture, 01:00PM-03:30PM, Wk 42 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna							
Wednesday 20/05/2026			Online Lecture (Nursing), 09:30AM-12:00PM, Wk 42 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna			Online Lecture (Nursing), 01:00PM-03:30PM, Wk 42 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna							
Thursday 21/05/2026			Lecture, 09:30AM-12:00PM, Wk 42 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna			Lecture, 01:00PM-03:30PM, Wk 42 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna							
Friday 22/05/2026						Directed Study, 01:00PM-03:30PM, Wk 42 Module: NUR419 (Foundations of Health and Wellbeing)							
Sat 23/05/2026													
Su 24/05/2026													

Wrexham University Academic Timetables
Module timetable - Foundations of Health and Wellbeing (Wk 43, wk starting 25/05/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 25/05/2026	Bank Holiday University is closed, Wk 43												
Tu 26/05/2026													
We 27/05/2026													
Th 28/05/2026													
Fri 29/05/2026													
Sat 30/05/2026													
Su 31/05/2026													

Wrexham University Academic Timetables

Module timetable - Foundations of Health and Wellbeing (Wk 44, wk starting 01/06/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 01/06/2026													
Tuesday 02/06/2026			Lecture, 09:30AM-12:00PM, Wk 44 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Luty, Rachel Room: B18 Lecture Theatre			Lecture, 01:00PM-03:30PM, Wk 44 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Luty, Rachel Room: B18 Lecture Theatre							
Wednesday 03/06/2026			Online Lecture (Nursing), 09:30AM-12:00PM, Wk 44 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Luty, Rachel			Directed Study, 01:00PM-03:30PM, Wk 44 Module: NUR419 (Foundations of Health and Wellbeing)							
Thursday 04/06/2026			Lecture, 09:30AM-12:00PM, Wk 44 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Luty, Rachel Room: Nick Whitehead Lecture Theatre			Lecture, 01:00PM-03:30PM, Wk 44 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Luty, Rachel Room: Nick Whitehead Lecture Theatre							
Friday 05/06/2026			Directed Study, 09:30AM-12:00PM, Wk 44 Module: NUR419 (Foundations of Health and Wellbeing)			Directed Study, 01:00PM-03:30PM, Wk 44 Module: NUR419 (Foundations of Health and Wellbeing)							
Sat 06/06/2026													
Su 07/06/2026													

Wrexham University Academic Timetables

Module timetable - Foundations of Health and Wellbeing (Wk 52, wk starting 27/07/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 27/07/2026			Directed Study, 09:30AM-12:00PM, Wk 52 Module: NUR419 (Foundations of Health and Wellbeing)			Directed Study, 01:00PM-03:30PM, Wk 52 Module: NUR419 (Foundations of Health and Wellbeing)							
			Group 1 Lecture, 09:30AM-12:00PM, Wk 52 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna			Group 1 Lecture, 01:00PM-03:30PM, Wk 52 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna							
Tuesday 28/07/2026			Group 2 Lecture, 09:30AM-12:00PM, Wk 52 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna			Group 2 Lecture, 01:00PM-03:30PM, Wk 52 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna							
			Lecture, 09:30AM-12:00PM, Wk 52 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Luty, Rachel Room: B18 Lecture Theatre			Lecture, 01:00PM-03:30PM, Wk 52 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Luty, Rachel Room: B18 Lecture Theatre							
Wed 29/07/2026			Group 3 Lecture, 09:30AM-12:00PM, Wk 52 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna			Group 3 Lecture, 01:00PM-03:30PM, Wk 52 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna							
Thu 30/07/2026			Group 4 Lecture, 09:30AM-12:00PM, Wk 52 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna			Group 4 Lecture, 01:00PM-03:30PM, Wk 52 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna							
Friday 31/07/2026			Directed Study, 09:30AM-12:00PM, Wk 52 Module: NUR419 (Foundations of Health and Wellbeing)			Directed Study, 01:00PM-03:30PM, Wk 52 Module: NUR419 (Foundations of Health and Wellbeing)							
			Online Directed Study, 09:30AM-12:00PM, Wk 52 Module: NUR419 (Foundations of Health and Wellbeing)			Online Directed Study, 01:00PM-03:30PM, Wk 52 Module: NUR419 (Foundations of Health and Wellbeing)							
Sat 01/08/2026													
Su 02/08/2026													

Wrexham University Academic Timetables

Module timetable - Foundations of Health and Wellbeing (Wk 5, wk starting 31/08/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 31/08/2026	Bank Holiday University is closed, Wk 5												
Tuesday 01/09/2026		Lecture, 09:30AM-12:00PM, Wk 5 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Hughes, Cerys				Lecture, 01:00PM-03:30PM, Wk 5 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Hughes, Cerys							
Wednesday 02/09/2026		Online Lecture (Nursing), 09:30AM-12:00PM, Wk 5 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Hughes, Cerys				Online Lecture (Nursing), 01:00PM-03:30PM, Wk 5 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Hughes, Cerys							
Thursday 03/09/2026		Lecture, 09:30AM-12:00PM, Wk 5 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Hughes, Cerys				Lecture, 01:00PM-03:30PM, Wk 5 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Hughes, Cerys							
Fri 04/09/2026													
Sat 05/09/2026													
Su 06/09/2026													