	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 03/11/2025		Ses sion read ing Dire cted Stu dy, 09: Mod	ected Study, 09 PM, Wk 14 dule: NUR419 undations of H libeing) ected Study, 09 PM, Wk 14 dule: NUR419 undations of H libeing)	lealth and 0:30AM-12:		Module: NU (Foundation and Wellber Directed St 30PM, Wk Module: NU	ns of Health eing) udy, 01:00PM 14 JR419 ns of Health a						

	08:00AM	09:00AN	M 10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Tuesday 04/11/2025		Ses sion read ing Dire cted Stu dy, 09: 00A M-09: 30A S	Online Lecture (N 0AM-12:00PM, 'Online Lecture, NUR419 Foundations of Hamiltonian	Wk 14 lealth and -12:00PM, lealth and		00PM-03:3 Module: NU	JR419 ns of Health eing) ng, Stephen Lecture ture (Nursing) 60PM, Wk 14 JR419 ns of Health a						

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Wednesday 05/11/2025		Ses sion read ing Dire cted Stu dy, 09: 30A Moo (Fou Well)	ture, 09:30AM 14 Jule: NUR419 undations of H Ibeing) f: Houlden, D m: St.Asaph ne Lecture (N M-12:00PM, Jule: NUR419 undations of H Ibeing) f: Obeng, Ste	dealth and onna Board Room lursing), 09: Wk 14		, Wk 14 Module: NL (Foundation and Wellbe Staff: Oben Lecture, 01 Wk 14 Module: NL (Foundation Wellbeing) Staff: Hould	ns of Health ling) g, Stephen :00PM-03:30F JR419 ns of Health a	nd					
Thursday 06/11/2025		00P Mod (Fou	cted Study, 09 M, Wk 14 lule: NUR419 undations of H lbeing)			30PM, Wk Module: NU							

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Thursday 06/11/2025		Ses Wk sion read ing Wel Dire Staf	ure, 09:30AM 14 ule: NUR419 indations of F Ibeing) f: Obeng, Ste m: C18 Lectu	lealth and		and Wellbe	JR419 ns of Health eing) ng, Stephen						
Friday 07/11/2025		00P Mod (Fou	cted Study, 09 M, Wk 14 ule: NUR419 Indations of H			Module: NU	ns of Health						

08:00AM	09:00AM 10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Friday 07/11/2025	Pre Ses sion read ing Dire cted Stu dy, 09: 00A M- 09: 30A M, W k 14 Mod ule: NUR419 (Foundations of House of House of House of House of House of Health and Well bein g)	Health and		Wk 14 Module: Nt (Foundatio Wellbeing) Staff: Houle	ns of Health a	ınd					
Sat 08/11/2025											
Su 09/11/2025											

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 10/11/2025		Ses sion read ing Dire cted Stu dy, 09: 000 (Fo	ected Study, 09 PM, Wk 15 dule: NUR419 undations of H Ilbeing) ected Study, 09 PM, Wk 15 dule: NUR419 undations of H Ilbeing)	Health and 9:30AM-12:		Module: NU (Foundationand Wellber Directed St 30PM, Wk Module: NU	ns of Health eing) udy, 01:00PM 15 JR419 ns of Health a						

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Tuesday 11/11/2025		Ses sion read ing Dire cted Stu dy, 09: 00A M-09: 30A Staf	ne Lecture (N.M-12:00PM, V.M-12:00PM, V.M-12:00PM, V.M-12:00PM, V.M-12:00PM, V.M-13:00PM, V.M-15:00PM, V.M-15	ealth and onna -12:00PM, ealth and onen		and Wellbe Staff: Ober Room: <u>B21</u> <u>Theatre</u> Online Lec 00PM-03:3 Module: NU (Foundatio Wellbeing)	JR419 ns of Health eing) ng, Stephen Lecture ture (Nursing) 80PM, Wk 15 JR419 ns of Health a						

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Wednesday 12/11/2025		Ses sion read ing Dire cted Stu dy, 09: 30A Moo (Fou Well)	ture, 09:30AM 15 Jule: NUR419 undations of H Ibeing) f: Houlden, Dom: St.Asaph om: St.Asaph ne Lecture (N M-12:00PM, Jule: NUR419 undations of H Ibeing) f: Obeng, Ste	dealth and onna Board Room lursing), 09: Wk 15		, Wk 15 Module: NL (Foundation and Wellbe Staff: Oben Lecture, 01 Wk 15 Module: NL (Foundation Wellbeing) Staff: Hould Rooms: St.	ns of Health ling) g, Stephen :00PM-03:30F JR419 ns of Health a	nd					
Thursday 13/11/2025		00P Mod (Fou	cted Study, 09 M, Wk 15 Jule: NUR419 undations of H Ibeing)			30PM, Wk Module: NU							

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Thursday 13/11/2025		Ses Wk sion read ing Well Dire Staff	ure, 09:30AM 15 ule: NUR419 indations of Hibeing) f: Obeng, Ste m: C18 Lectu	lealth and		and Wellbe	JR419 ns of Health eing) ng, Stephen						
Friday 14/11/2025		00P Mod (Fou	cted Study, 09 M, Wk 15 ule: NUR419 Indations of H			Module: NU	ns of Health						

08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Friday 14/11/2025	Ses sion read ing Dire Staf	ture, 09:30AM 15 Jule: NUR419 undations of H Ibeing) f: Houlden, Dom: St.Asaph E	ealth and		Wk 15 Module: NU (Foundation Wellbeing) Staff: Hould	ns of Health a	nd					
Sat 15/11/2025												
Su 16/1/2025												

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 17/11/2025		Ses sion read ing Dire cted Stu dy, 09: Mod	cted Study, 09 M, Wk 16 dule: NUR419 undations of H libeing) ected Study, 09 M, Wk 16 dule: NUR419 undations of H libeing)	lealth and 9:30AM-12:		Module: NU (Foundationand Wellber Directed St 30PM, Wk Module: NU	ns of Health eing) udy, 01:00PM 16 JR419 ns of Health a						

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Tuesday 18/11/2025		Ses sion read ing Dire cted Stu dy, 09: 00A M-09: Staf	ne Lecture (N.M-12:00PM, M-12:00PM, Mule: NUR419 undations of H Ibeing) if: Moss, Julie ture, 09:30AM 16 dule: NUR419 undations of H Ibeing) if: Obeng, Stepm: B21 Lecture	ealth and -12:00PM, ealth and		and Wellbe Staff: Ober Room: <u>B21</u> <u>Theatre</u> Online Lec 00PM-03:3 Module: NU	JR419 ns of Health eing) ng, Stephen Lecture ture (Nursing) 50PM, Wk 16 JR419 ns of Health a						

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Wednesday 19/11/2025		Ses sion read ing Dire cted Stu dy, 09: 00A M-09: 30.4	cture, 09:30AM 16 dule: NUR419 pundations of Hellbeing) aff: Houlden, Dom: St.Asaph line Lecture (NAM-12:00PM, dule: NUR419 pundations of Hellbeing) aff: Obeng, Ste	dealth and onna Board Room lursing), 09: Wk 16		, Wk 16 Module: NL (Foundation and Wellbe Staff: Oben Lecture, 01 Wk 16 Module: NL (Foundation Wellbeing) Staff: Hould	ns of Health eing) g, Stephen :00PM-03:30 JR419 ns of Health a	PM,					
Thursday 20/11/2025						30PM, Wk Module: NL	JR419 ns of Health a						

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Thursday 20/11/2025		Ses sion read ing Dire Staf	ture, 09:30AM 16 dule: NUR419 undations of H Ibeing) f: Obeng, Ste m: C18 Lectu	lealth and		Lecture, W Module: NL (Foundation and Wellbe Staff: Oben Room: C12 Theatre	JR419 ns of Health eing) g, Stephen						
Friday 21/11/2025		00P Mod (Fou	cted Study, 09 M, Wk 16 Jule: NUR419 undations of F Ibeing)			Directed Study, Wk 16 Module: NUR419 (Foundations of Health and Wellbeing)							

08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Friday 21/11/2025	Ses 00P sion Mod	ected Study, 09 M, Wk 16 dule: NUR419 undations of H libeing)			30PM, Wk Module: NU	JR419 ns of Health a						
Sat												
Su 23/1/2025												

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 4/11/2025		Wellbeing) Staff: Obeng, Staff: Obeng, Staff: Please and tim	Room; L203 PC F	Room; M306 your room numbe		and time Exam, 01:00PM Module: NUR41 and Wellbeing) Staff: Houlden, I	h Library, St.Asaph	Health					
Mo 24/1		Module and We Staff: H Rooms	:: NUR419 (Found bellbeing) loulden, Donna : St.Asaph Library oh small study roo	ations of Health St.Asaph Office 2		Staff: Obeng, St	9 (Foundations of I ephen Room; L203 PC R		eing)				
Tuesday 25/11/2025		Wellbeing) Staff: Obeng, St	9 (Foundations of ephen Room; CIB111 PC			Module: NUR41 and Wellbeing) Exam, Wk 17	01:00PM-03:30PM 9 (Foundations of I	Health]			
		Directe Module	ment Preparation d Study, 09:30AM :: NUR419 (Found ellbeing)			Module: NUR41 Staff: Obeng, St Rooms: B12 PC		Health and Wellbe	eing)				
Wed 26/11/2025		Directe Module	ment Preparation d Study, 09:30AM :: NUR419 (Found ellbeing)			3.	paration 01:00PM-03:30PM 9 (Foundations of I	•					
Thu 27/11/2025		Directe Module	ment Preparation d Study, 09:30AM :: NUR419 (Found ellbeing)				paration 01:00PM-03:30PM 9 (Foundations of I						
Friday 28/11/2025		Directe Module	ment Preparation d Study, 09:30AM :: NUR419 (Found ellbeing)			•	paration 01:00PM-03:30PM 9 (Foundations of I						
Sat 29/11/2025													
Su 30/11/2025													

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 01/12/2025		Module	ed Study, 09:30AM- e: NUR419 (Founda ellbeing)				01:00PM-03:30PM 19 (Foundations of F	•					
Tuesday 02/12/2025		Module and Windows Directe Module	ed Study, 09:30AM- e: NUR419 (Founda ellbeing) ed Study, 09:30AM- e: NUR419 (Founda ellbeing)	ations of Health 12:00PM, Wk 18		Health and Wel	l9 (Foundations of						
Wednesday 03/12/2025		Module and W Staff: I Room: Online 00PM, Module and W	e, 09:30AM-12:00P e: NUR419 (Founda ellbeing) louiden, Donna St.Asaph Board Ro Lecture (Nursing), Wk 18 e: NUR419 (Founda ellbeing) Dbeng, Stephen	oom 09:30AM-12:		Module: NUR41 and Wellbeing) Staff: Houlden, Room: St.Asapt Online Lecture 30PM, Wk 18	n Board Room (Nursing), 01:00PM	-03:					
Thursday 04/12/2025		Module and Windows Directe Module	d Study, 09:30AM- e: NUR419 (Founda ellbeing) d Study, 09:30AM- e: NUR419 (Founda ellbeing)	ations of Health 12:00PM, Wk 18		Health and Wel	l9 (Foundations of						
Friday 05/12/2025		Module and Wi Lecture Module and Wi Staff: h	ed Study, 09:30AM- e: NUR419 (Founda ellbeing) e, 09:30AM-12:00P e: NUR419 (Founda ellbeing) Houlden, Donna St.Asaph Board Ro	M, Wk 18		Portfolio Review Lecture, 01:00F	9 (Foundations of Ibeing) w with Academic As PM-03:30PM, Wk 18 19 (Foundations of H	3					
Sat 06/12/2025													
Su													

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
5		00P Mod (Fou	cted Study, 09 M, Wk 19 lule: NUR419 undations of H lbeing)			Module: NU	ns of Health eing)						
Monday 08/12/2025			cal Skills ctical, 09:30AN 19	М-12:00РМ,		_	1:00PM-03:30	PM,					
N 08		(Fou Wel Staf Roo	lule: NUR419 undations of H Ibeing) f: Houlden, Do ms: <u>St.Asaph</u> saph Room 2	onna Room 28		(Foundation Wellbeing) Staff: Hould	ns of Health a den, Donna Asaph Room						
Tuesday 19/12/2025		with ensu Dire 00P Mod (Fou	ase make an a your Persona ure your Epad cted Study, 09 M, Wk 19 lule: NUR419 undations of H lbeing)	l Tutor and is up to date 0:30AM-12:		and Wellber Staff: Ober Room: <u>B21</u> <u>Theatre</u>	JR419 ns of Health eing) ng, Stephen	ment					
Tue		Wk Mod (Fou Wel Staf	ture, 09:30AM 19 Jule: NUR419 undations of H Ibeing) f: Obeng, Stel m: <u>B21 Lectur</u>	lealth and		with your P ensure you Directed St 30PM, Wk Module: NU	ersonal Tutor r Epad is up to udy, 01:00PM 19 JR419 ns of Health a	and o date -03:					

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Wednesday 10/12/2025		with ensu Direct 00Pl Mod (Fou Well Asset Tuto Wk Mod (Fou Well Plea	se make an a your Persona ire your Epad cted Study, 09 M, Wk 19 ule: NUR419 indations of H being) folio review with essor rials, 09:30AM 19 ule: NUR419 indations of H being) se make sure e an appointm	I Tutor and is up to date 9:30AM-12: ealth and th Academic M-12:00PM, ealth and		and Wellber Please male appointmer Personal To Please male with your Perso	Assessor Wk 19 JR419 ns of Health eing) ke sure you an nt with your utor ke an appoint ersonal Tutor r Epad is up to udy, 01:00PM	and o date -03:					
Thursday 11/12/2025		Plea with ensu Direc 00Pl Mod (Fou	se make an a your Persona ire your Epad cted Study, 09 M, Wk 19 ule: NUR419 ndations of H being)	appointment I Tutor and is up to date :30AM-12:		Wellbeing) Portfolio rev Academic A Tutorials, V Module: NL (Foundation and Wellbein Please male have made appointment Personal To	Assessor Wk 19 JR419 ns of Health eing) ke sure you an nt with your						

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Thursday 11/12/2025		Ass Tuto Wk Mod (Fou Wel Plea mad	folio review wessor orials, 09:30AN 19 lule: NUR419 undations of H lbeing) ase make sure le an appointmer Personal Tui	M-12:00PM, lealth and e you have nent with		with your P ensure you Directed St 30PM, Wk Module: NU	JR419 ns of Health a	and o date I-03:					
Friday 12/12/2025		Assi Tuto Wk Mod (Fou Wel Plea mad your Prep (Chi Lect Wk Mod (Fou Wel Staf	lule: NUR419 Indations of H Ibeing) Isse make sure Is an appoint The Personal Tut Deration for Pr Tristmas Jump Ture, 09:30AM	M-12:00PM, lealth and e you have nent with tor ractice ters) -12:00PM, lealth and		and Wellber Please many have made appointment Personal T Preparation (Christmas christmas chris	Assessor Wk 19 JR419 ns of Health eing) ke sure you an nt with your intor n for Practice s Jumpers/ quiz) :00PM-03:30 JR419 ns of Health a	ınd					
Sat 13/12/2025													
Su													

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 22/12/2025													
Tu 23/12/2025													
We 24/12/2025													
Th	University is	s closed, Wk	21				1		1	1	1	1	
Fri 26/12/2025 2	University is	s closed, Wk	21				<u> </u>					<u> </u>	
Sat	University is	s closed, Wk	21										
27/7													
Su	University is	s closed, Wk	21										
28/:													

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 29/12/2025	University is	s closed, Wk	22	1		1	1	1	1	1			
	University is	s closed, Wk	22										
30													
We 31/12/2025	University is	s closed, Wk	22										
Th 101/01/2026 31.	University is	s closed, Wk	22										
Fri 02/01/2026 0													
Sat 03/01/2026													
Su 04/01/2026													

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo													
Tu													
We													
Th 05/02/2026													
Friday 06/02/2026		Modu Healt		12:30PM, Wk (Foundations eing)									
Sat													
Su 08/02/2026													

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 23/02/2026		00PM Modu (Four	ted Study, 09 M, Wk 30 ule: NUR419 ndations of Foeing)			30PM, Wk Module: NU	JR419 ns of Health a						
Tuesday 24/02/2026		Wk 3 Modu (Four Wellt Staff: Lectu Wk 3 Modu (Four Wellt Staff:	ule: NUR419 ndations of Foeing) Houlden, Dure, 09:30AM	lealth and onna		Wk 30 Module: NL (Foundation Wellbeing) Staff: Hould Lecture, 01 Wk 30 Module: NL (Foundation Wellbeing) Staff: Luty,	ns of Health a den, Donna :00PM-03:30 JR419 ns of Health a	PM,					
Wednesday 25/02/2026		30AM Modu (Four Wellk Staff: Onlin 30AM Modu (Four Wellk	le Lecture (N M-12:00PM, ule: NUR419 ndations of Foeing) Houlden, D le Lecture (N M-12:00PM, ule: NUR419 ndations of Foeing) Luty, Rache	Wk 30 dealth and onna dursing), 09: Wk 30 dealth and		30PM, Wk Module: NL (Foundation Wellbeing) Online Lect 00PM-03:3 Module: NL	JR419 as of Health a ture (Nursing OPM, Wk 30 JR419 as of Health a	nd), 01:					

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
sday /2026		Wk : Modu (Fou Well Staff	ule: NUR419 ndations of H being) : Houlden, Do	ealth and onna		Wk 30 Module: NL (Foundation Wellbeing) Staff: Hould	ns of Health a den, Donna	nd					
Thursday 26/02/2026	00PM, Wk 30			ealth and		Wk 30 Module: NU (Foundation Wellbeing) Staff: Luty,	ns of Health a Rachel <u>K Whitehea</u> d						
Friday 27/02/2026		Wellbeing) Staff: Luty, Rachel Room: Nick Whitehead Lecture Theatre Directed Study, 09:30AM-12				30PM, Wk Module: NL (Foundation Wellbeing) Directed St 30PM, Wk Module: NL	JR419 ns of Health a udy, 01:00PM 30 JR419 ns of Health a	nd -03:					
Sat 28/02/2026													
Su													

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 02/03/2026		00PM Modu (Four	ted Study, 09 M, Wk 31 ule: NUR419 ndations of Foeing)			30PM, Wk Module: NU	JR419 ns of Health a						
Tuesday 03/03/2026		Wk 3 Modu (Four Wellt Staff: Lectu Wk 3 Modu (Four Wellt Staff:	ule: NUR419 ndations of Foeing) Houlden, D ure, 09:30AM 31 ule: NUR419 ndations of Foeing) Luty, Rache	lealth and onna		Wk 31 Module: NL (Foundation Wellbeing) Staff: Hould Lecture, 01 Wk 31 Module: NL (Foundation Wellbeing) Staff: Luty,	den, Donna :00PM-03:30 JR419 ns of Health a	PM,					
Wednesday 04/03/2026	Online Lecture (Nursing), (30AM-12:00PM, Wk 31 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Luty, Rachel Online Lecture (Nursing), (30AM-12:00PM, Wk 31 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Moss, Julie					30PM, Wk Module: NL (Foundation Wellbeing) Online Lect 00PM-03:3 Module: NL	JR419 as of Health a ure (Nursing) 0PM, Wk 31 JR419 as of Health a	and), 01:					

08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Thursday 05/03/2026	Wk 3 Modu (Four Wellt Staff: Lectu Wk 3 Modu (Four Wellt Staff: Roon	ule: NUR419 Indations of Hoeing) Houlden, Double, 09:30AM 31 Ille: NUR419 Indations of Hoeing) Luty, Rachen: Nick White	ealth and onna -12:00PM, ealth and		Wk 31 Module: NU (Foundation Wellbeing) Staff: Hould Hughes, Co Lecture, 01 Wk 31 Module: NU (Foundation Wellbeing) Staff: Luty,	ns of Health a den, Donna; erys ::00PM-03:30 JR419 ns of Health a Rachel k Whitehead	PM,					
Friday 06/03/2026	Room: Nick Whitehead Lecture Theatre Directed Study, 09:30AM-12 00PM, Wk 31				30PM, Wk Module: Nt (Foundation Wellbeing) Directed St 30PM, Wk Module: Nt	JR419 ns of Health a dudy, 01:00PM 31 JR419 ns of Health a	-03:					
Sat												
Su 08/03/2026												

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 09/03/2026		00PM Modu (Four	ted Study, 09 M, Wk 32 ule: NUR419 ndations of Hobeing)			30PM, Wk Module: NU	JR419 ns of Health a						
Tuesday 10/03/2026		Wk 3 Modu (Four Wellt Staff: Lectu Wk 3 Modu (Four Wellt Staff:	ule: NUR419 ndations of Hoeing) : Houlden, D ure, 09:30AM 32 ule: NUR419 ndations of Hoeing) : Luty, Rache	lealth and onna		Wk 32 Module: NL (Foundation Wellbeing) Staff: Hould Lecture, 01 Wk 32 Module: NL (Foundation Wellbeing) Staff: Luty,	ns of Health a den, Donna :00PM-03:30 JR419 ns of Health a	PM,					
Wednesday 11/03/2026	Online Lecture (Nursing), 0 30AM-12:00PM, Wk 32 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna Online Lecture (Nursing), 0 30AM-12:00PM, Wk 32 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Luty, Rachel					30PM, Wk Module: NL (Foundation Wellbeing) Online Lect 00PM-03:3 Module: NL	JR419 as of Health a ture (Nursing 0PM, Wk 32 JR419 as of Health a	and), 01:					

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Thursday 12/03/2026		Wk : Modu (Fou Well Staff	ule: NUR419 ndations of H being) : Houlden, Do ure, 09:30AM	ealth and onna		Wk 32 Module: NU (Foundation Wellbeing) Staff: Hould Lecture, 01	ns of Health a	nd					
Thu 12/0	Lecture, 09:30AM-12:00PM Wk 32 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Luty, Rachel Room: Nick Whitehead Lecture Theatre Directed Study, 09:30AM-1 00PM, Wk 32					Wellbeing) Staff: Luty,	ns of Health a Rachel <u>K Whitehea</u> d	nd					
Friday 13/03/2026		Staff: Luty, Rachel Room: Nick Whitehead Lecture Theatre Directed Study, 09:30AM-12				30PM, Wk Module: NU (Foundation Wellbeing)	JR419 ns of Health a udy, 01:00PM 32	nd					
Su Sat			ndations of H being)	ealth and		(Foundation Wellbeing)	ns of Health a	nd					

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 16/03/2026		00PM Modu (Four	ted Study, 09 M, Wk 33 ule: NUR419 ndations of Foeing)			30PM, Wk Module: NU	JR419 ns of Health a						
Tuesday 17/03/2026		Wk 3 Modu (Four Wellt Staff: Lectu Wk 3 Modu (Four Wellt Staff:	ule: NUR419 ndations of Foeing) Houlden, D ure, 09:30AM 33 ule: NUR419 ndations of Foeing) Luty, Rache	lealth and onna		Wk 33 Module: NL (Foundation Wellbeing) Staff: Hould Lecture, 01 Wk 33 Module: NL (Foundation Wellbeing) Staff: Luty,	ns of Health a den, Donna :00PM-03:30 JR419 ns of Health a	PM,					
Wednesday 18/03/2026	Wellbeing) Staff: Luty, Rachel Room: B18 Lecture Theatr Online Lecture (Nursing), 0 30AM-12:00PM, Wk 33 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Luty, Rachel Online Lecture (Nursing), 0 30AM-12:00PM, Wk 33 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Moss, Julie					30PM, Wk Module: NL (Foundation Wellbeing) Online Lect 00PM-03:3 Module: NL	JR419 as of Health a ture (Nursing OPM, Wk 33 JR419 as of Health a	nd), 01:					

0	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Thursday 19/03/2026		Wk Mod (Found) Wel Staf Lect Wk Mod (Found) Wel Staff Roo	ule: NUR419 indations of H lbeing) f: Houlden, Do ure, 09:30AM	ealth and onna -12:00PM, ealth and		Wk 33 Module: NL (Foundation Wellbeing) Staff: Hould Mark Lecture, 01 Wk 33 Module: NL (Foundation Wellbeing) Staff: Luty,	den, Donna; Commons of Health and the second	und Quilter PM,					
Friday 20/03/2026		00P Mod (Fou Wel Dire 00P Mod (Fou	cted Study, 09 M, Wk 33 ule: NUR419 Indations of H Ibeing) cted Study, 09 M, Wk 33 ule: NUR419 Indations of H Ibeing)	ealth and 0:30AM-12:		30PM, Wk Module: NL (Foundation Wellbeing) Directed Str 30PM, Wk Module: NL	JR419 ns of Health a udy, 01:00PM 33	-03:					
Sat 21/03/2026													
Su 22/03/2026													

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 23/03/2026													
Tuesday 24/03/2026		Wk Mode (Fou Well Staff	ure, 09:30AM 34 ule: NUR419 ndations of F being) :: Luty, Rache m: <u>B18 Lectu</u>	lealth and		Wk 34 Module: NU (Foundation Wellbeing) Staff: Luty,	ns of Health a	and					
Wednesday 25/03/2026		30AI Mod (Fou Well	being)	Wk 34		30PM, Wk Module: NU							
Thursday 26/03/2026	(Foundations of Health and Wellbeing) Staff: Luty, Rachel Lecture, 09:30AM-12:00Pf Wk 34 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Luty, Rachel Room: Nick Whitehead Lecture Theatre					Wk 34 Module: NU (Foundation Wellbeing) Staff: Luty,	ns of Health a Rachel Whitehead						
Friday 27/03/2026		00PI Modi (Fou				30PM, Wk Module: NU							
Sat 28/03/2026													
Su 29/03/2026													

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 30/03/2026													
Tu 31/03/2026													
We 01/04/2026													
Th 02/04/2026													
Fri 03/04/2026	Bank Holida University is	y s closed, Wk	35	1	'			'					
Sat 04/04/2026	University is	s closed, Wk	35	1		1			1	1	1	1	
Su 05/04/2026	University is	s closed, Wk	35										
05//													

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo	Bank Holida University i	ay s closed, Wk	36								1		
Tu	University i	s closed, Wk	36	I	I	1		1		1	1		
We 08/04/2026 0													
Th													
Fri 10/04/2026													
Sat 11/04/2026													
Su 12/04/2026													

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo	Bank Holida University is	y s closed, Wk	40										
Tu													
We 06/05/2026													
Th													
Fri 08/05/2026													
Sat 09/05/2026													
Su													

08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 1/05/2026	00P	cted Study, 09 M, Wk 41	:30AM-12:		30PM, Wk		-03:					
Mon 11/05,	(Fou	ule: NUR419 ndations of H being)	ealth and		Module: NU (Foundation Wellbeing)	JR419 ns of Health a	nd					
lay .026	Exai 41	m, 09:30AM-	12:00PM, W	<	Exam, 01:0	00PM-03:30P	M, W					
Tuesday 12/05/2026	Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna Exam, 09:30AM-12:00PM, W41				Module: NU (Foundation Wellbeing) Staff: Hould	ns of Health a	nd					
sday 026		m, 09:30AM-	12:00PM, W	<	Exam, 01:0	00PM-03:30P	M, W					
Wednesday 13/05/2026	(Fou Well	ule: NUR419 ndations of H being) : Houlden, Do			Module: NU (Foundation Wellbeing) Staff: Hould	ns of Health a	nd					
lay 026	Exai 41	m, 09:30AM-	12:00PM, W	<	Exam, 01:0	00PM-03:30P	M, W					
Thursday 14/05/2026	(Fou Well	ule: NUR419 ndations of H being) : Houlden, Do			Module: NU (Foundation Wellbeing) Staff: Hould	ns of Health a	nd					
Fri												
Sat 16/05/2026												
Su 17/05/2026												

08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 18/05/2026	00Pl Mod (Fou	cted Study, 09 M, Wk 42 ule: NUR419 ndations of H being)			30PM, Wk Module: NU	JR419 ns of Health a						
Tuesday 19/05/2026	Wk Mod (Fou Well	ure, 09:30AM 42 ule: NUR419 ndations of H being) : Houlden, Do	ealth and		Wk 42 Module: NU	ns of Health a						
Wednesday 20/05/2026	Online Lecture (Nursing), 09: 30AM-12:00PM, Wk 42 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna				00PM-03:3 Module: NU	ns of Health a						
Thursday 21/05/2026	Lecture, 09:30AM-12:00PM, Wk 42 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna				Wk 42 Module: NU	ns of Health a						
Friday 22/05/2026					30PM, Wk Module: NU	JR419 ns of Health a						
Sat												
Su 24/05/2026												

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 25/05/2026	Bank Holiday University is closed, Wk 43												
Tu 26/05/2026													
We 27/05/2026													
Th 28/05/2026													
Fri 29/05/2026													
Sat 30/05/2026													
Su 31/05/2026													

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo													
Tuesday 02/06/2026	Lecture, 09:30AM-12:00PM, Wk 44 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Luty, Rachel Room: B18 Lecture Theatre					Wk 44 Module: NU (Foundation Wellbeing) Staff: Luty,	ns of Health a	and					
Wednesday 03/06/2026		30AI Mod (Fou Well	ne Lecture (N M-12:00PM, ule: NUR419 ndations of H being) :: Luty, Rache	Wk 44		30PM, Wk Module: NU							
Thursday 04/06/2026		Wk Mod (Fou Well Staff Roo	ure, 09:30AM 44 ule: NUR419 ndations of H being) :: Luty, Rache m: <u>Nick Whit</u> ure Theatre	lealth and		Wk 44 Module: NU (Foundation Wellbeing) Staff: Luty,	ns of Health a Rachel Whitehead						
Friday 05/06/2026		00Pl Mod (Fou	cted Study, 09 M, Wk 44 ule: NUR419 ndations of F being)			30PM, Wk Module: NU							
Sat 06/06/2026													
Su 07/06/2026													

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
ay 2026		Modul	ed Study, 09:30AM e: NUR419 (Found 'ellbeing)			Directed Study, 01:00PM-03:30PM, Wk 52 Module: NUR419 (Foundations of Health and Wellbeing)							
Monday 27/07/2026		Modul and W	1 e, 09:30AM-12:00F e: NUR419 (Found 'ellbeing) Houlden, Donna			Group 1 Lecture, 01:00PM-03:30PM, Wk 52 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna							
Tuesday 28/07/2026		Modul and W	2 e, 09:30AM-12:00F e: NUR419 (Found 'ellbeing) Houlden, Donna			· ·	M-03:30PM, Wk 52 9 (Foundations of I						
Tue: 28/07		Modul and W Staff:	e, 09:30AM-12:00F e: NUR419 (Found (ellbeing) Luty, Rachel B18 Lecture Thea	ations of Health									
Wed 29/07/2026		Group 3 Lecture, 09:30AM-12:00PM, Wk 52 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna					M-03:30PM, Wk 52 9 (Foundations of I						
Thu 30/07/2026		Group 4 Lecture, 09:30AM-12:00PM, Wk 52 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Houlden, Donna					M-03:30PM, Wk 52 9 (Foundations of I Donna						
Friday 1/07/2026		Directed Study, 09:30AM-12:00PM, Wk 52 Module: NUR419 (Foundations of Health and Wellbeing)				Directed Study, 01:00PM-03:30PM, Wk 52 Module: NUR419 (Foundations of Health and Wellbeing) Online Directed Study, 01:00PM-03:30PM, Wk 52 Module: NUR419 (Foundations of Health and Wellbeing)							
Fric 31/07		Online Directed Study, 09:30AM-12:00PM, Wk 52 Module: NUR419 (Foundations of Health and Wellbeing)											
Sat 01/08/2026													
Su													

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 31/08/2026	Bank Holiday University is closed, Wk 5												
Tuesday 01/09/2026		Wk (Modu (Four Well)	Lecture, 09:30AM-12:00PM, Wk 5 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Hughes, Cerys				Lecture, 01:00PM-03:30PM, Wk 5 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Hughes, Cerys						
Wednesday 02/09/2026		30AM Modu (Four Well)	Online Lecture (Nursing), 09: 30AM-12:00PM, Wk 5 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Hughes, Cerys				ture (Nursing) 80PM, Wk 5 JR419 ns of Health a						
Thursday 03/09/2026		Wk (Modu (Four Well)	Lecture, 09:30AM-12:00PM, Wk 5 Module: NUR419 (Foundations of Health and Wellbeing) Staff: Hughes, Cerys				:00PM-03:30I JR419 ns of Health a les, Cerys						
Fri 04/09/2026													
Sat 05/09/2026													
Su													