

# Wrexham University Academic Timetables

## Module timetable - Foundations of Anatomy and Exercise Physiology (Wk 9, wk starting 29/09/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 29/09/2025		Lecture, Wk 9  Modules: SES406 (Foundatio ns of Anatomy and Exercise Physiology ); SPT414 (Introducti on to Anatomy and Physiology ) Staff: Lewis1, Richard Room: K201											
Tu 30/09/2025													
We 01/10/2025													
Th 02/10/2025													
Fri 03/10/2025													
Sat 04/10/2025													
Su 05/10/2025													

# Wrexham University Academic Timetables

## Module timetable - Foundations of Anatomy and Exercise Physiology (Wk 10, wk starting 06/10/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 06/10/2025		Lecture, Wk 10 Modules: <a href="#">FAW423</a> (Introduction to Sport Science in Football); <a href="#">SES406</a> (Foundations of Anatomy and Exercise Physiology); <a href="#">SPC406</a> (The Physiology of Human Movement); <a href="#">SPT414</a> (Introduction to Anatomy and Physiology) Staff: Lewis1, Richard Room: <a href="#">K201</a>	Practical, Wk 10 Modules: <a href="#">SES406</a> (Foundations of Anatomy and Exercise Physiology); <a href="#">SPC406</a> (The Physiology of Human Movement); <a href="#">SPT414</a> (Introduction to Anatomy and Physiology) Staff: Arczewski, Amadeusz; Lewis1, Richard Room: <a href="#">M101 (Sports Lab)</a>										
Tu 07/10/2025													
We 08/10/2025													
Th 09/10/2025													
Fri 10/10/2025													
Sat 11/10/2025													
Su 12/10/2025													

# Wrexham University Academic Timetables

## Module timetable - Foundations of Anatomy and Exercise Physiology (Wk 11, wk starting 13/10/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 13/10/2025		Lecture, Wk 11 Modules: <a href="#">FAW423 (Introduction to Sport Science in Football)</a> ; <a href="#">SES406 (Foundations of Anatomy and Exercise Physiology)</a> ; <a href="#">SPC406 (The Physiology of Human Movement)</a> ; <a href="#">SPT414 (Introduction to Anatomy and Physiology)</a> Staff: Lewis1, Richard Room: <a href="#">K201</a>	Practical, Wk 11 Modules: <a href="#">FAW423 (Introduction to Sport Science in Football)</a> ; <a href="#">SES406 (Foundations of Anatomy and Exercise Physiology)</a> ; <a href="#">SPC406 (The Physiology of Human Movement)</a> ; <a href="#">SPT414 (Introduction to Anatomy and Physiology)</a> Staff: Arczewski, Amadeusz; Lewis1, Richard Room: <a href="#">K - Biomechanics Lab</a>										
Tu 14/10/2025													
We 15/10/2025													
Th 16/10/2025													
Fri 17/10/2025													
Sat 18/10/2025													
Su 19/10/2025													

# Wrexham University Academic Timetables

## Module timetable - Foundations of Anatomy and Exercise Physiology (Wk 12, wk starting 20/10/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 20/10/2025		Lecture, Wk 12 Modules: FAW423 (Introduction to Sport Science in Football) SES406 (Foundations of Anatomy and Exercise Physiology); SPC406 (The Physiology of Human Movement) SPT414 (Introduction to Anatomy and Physiology) Staff: Lewis1, Richard Room: K201											
Tu 21/10/2025													
We 22/10/2025													
Th 23/10/2025													
Fri 24/10/2025													
Sat 25/10/2025													
Su 26/10/2025													

# Wrexham University Academic Timetables

## Module timetable - Foundations of Anatomy and Exercise Physiology (Wk 14, wk starting 03/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 03/11/2025		Lecture, Wk 14 Modules: <a href="#">FAW423 (Introduction to Sport Science in Football)</a> ; <a href="#">SES406 (Foundations of Anatomy and Exercise Physiology)</a> ; <a href="#">SPC406 (The Physiology of Human Movement)</a> ; <a href="#">SPT414 (Introduction to Anatomy and Physiology)</a> Staff: Lewis1, Richard Room: <a href="#">K201</a>	Practical, Wk 14 Modules: <a href="#">FAW423 (Introduction to Sport Science in Football)</a> ; <a href="#">SES406 (Foundations of Anatomy and Exercise Physiology)</a> ; <a href="#">SPC406 (The Physiology of Human Movement)</a> ; <a href="#">SPT414 (Introduction to Anatomy and Physiology)</a> Staff: Lewis1, Richard Room: Sports Centre (Hockey Pitch)										
Tu 04/11/2025													
We 05/11/2025													
Th 06/11/2025													
Fri 07/11/2025													
Sat 08/11/2025													
Su 09/11/2025													

# Wrexham University Academic Timetables

## Module timetable - Foundations of Anatomy and Exercise Physiology (Wk 15, wk starting 10/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 10/11/2025		Lecture, Wk 15 Modules: <a href="#">FAW423 (Introduction to Sport Science in Football)</a> ; <a href="#">SES406 (Foundations of Anatomy and Exercise Physiology)</a> ; <a href="#">SPC406 (The Physiology of Human Movement)</a> ; <a href="#">SPT414 (Introduction to Anatomy and Physiology)</a> Staff: Lewis1, Richard Room: <a href="#">K201</a>	Practical, Wk 15 Modules: <a href="#">FAW423 (Introduction to Sport Science in Football)</a> ; <a href="#">SES406 (Foundations of Anatomy and Exercise Physiology)</a> ; <a href="#">SPC406 (The Physiology of Human Movement)</a> ; <a href="#">SPT414 (Introduction to Anatomy and Physiology)</a> Staff: Lewis1, Richard Room: Sports Centre (Hockey Pitch)										
Tu 11/11/2025													
We 12/11/2025													
Th 13/11/2025													
Fri 14/11/2025													
Sat 15/11/2025													
Su 16/11/2025													

# Wrexham University Academic Timetables

## Module timetable - Foundations of Anatomy and Exercise Physiology (Wk 16, wk starting 17/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 17/11/2025		Lecture, Wk 16 Modules: <a href="#">FAW423</a> (Introduction to Sport Science in Football); <a href="#">SES406</a> (Foundations of Anatomy and Exercise Physiology); <a href="#">SPC406</a> (The Physiology of Human Movement); <a href="#">SPT414</a> (Introduction to Anatomy and Physiology) Staff: Lewis1, Richard Room: <a href="#">K201</a>	Practical, Wk 16 Modules: <a href="#">SES406</a> (Foundations of Anatomy and Exercise Physiology); <a href="#">SPC406</a> (The Physiology of Human Movement); <a href="#">SPT414</a> (Introduction to Anatomy and Physiology) Staff: <a href="#">Arczewski, Amadeusz</a> ; <a href="#">Lewis1, Richard</a> Room: <a href="#">M101 (Sports Lab)</a>										
Tu 18/11/2025													
We 19/11/2025													
Th 20/11/2025													
Fri 21/11/2025													
Sat 22/11/2025													
Su 23/11/2025													

# Wrexham University Academic Timetables

## Module timetable - Foundations of Anatomy and Exercise Physiology (Wk 17, wk starting 24/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 24/11/2025		Lecture, Wk 17  Modules: SES406 (Foundatio ns of Anatomy and Exercise Physiology); SPT414 (Introductio n to Anatomy and Physiology) Staff: Davies, Vicky; Nyambayo, Isabella Room: K201	Practical, Wk 17  Modules: SES406 (Foundations of Anatomy and Exercise Physiology); SPT414 (Introduction to Anatomy and Physiology) Staff: Arczewski, Amadeusz; Lewis1, Richard Room: M101 (Sports Lab)										
Tu 25/11/2025													
We 26/11/2025													
Th 27/11/2025													
Fri 28/11/2025													
Sat 29/11/2025													
Su 30/11/2025													

# Wrexham University Academic Timetables

## Module timetable - Foundations of Anatomy and Exercise Physiology (Wk 18, wk starting 01/12/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 01/12/2025		Lecture, Wk 18  Modules: SES406 (Foundatio ns of Anatomy and Exercise Physiology ); SPT414 (Introducti on to Anatomy and Physiology ) Staff: Lewis1, Richard Room: K201	Practical, Wk 18  Modules: <u>FAW423</u> ( <u>Introduction to Sport</u> <u>Science in Football</u> ) SES406 (Foundations of Anatomy and Exercise Physiology); <u>SPT414 (Introduction to</u> <u>Anatomy and</u> <u>Physiology)</u> Staff: Lewis1, Richard Room: Sports Centre (Hockey Pitch)										
Tu 02/12/2025													
We 03/12/2025													
Th 04/12/2025													
Fri 05/12/2025													
Sat 06/12/2025													
Su 07/12/2025													

# Wrexham University Academic Timetables

## Module timetable - Foundations of Anatomy and Exercise Physiology (Wk 19, wk starting 08/12/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 08/12/2025		Lecture, Wk 19  Modules: SES406 (Foundatio ns of Anatomy and Exercise Physiology ); SPT414 (Introducti on to Anatomy and Physiology ) Staff: Lewis1, Richard Room: K201	Practical, Wk 19  Modules: SES406 (Foundations of Anatomy and Exercise Physiology); SPT414 (Introduction to Anatomy and Physiology) Staff: Arczewski, Amadeusz; Lewis1, Richard Room: M101 (Sports Lab)										
Tu 09/12/2025													
We 10/12/2025													
Th 11/12/2025													
Fri 12/12/2025													
Sat 13/12/2025													
Su 14/12/2025													

# Wrexham University Academic Timetables

## Module timetable - Foundations of Anatomy and Exercise Physiology (Wk 21, wk starting 22/12/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 22/12/2025													
Tu 23/12/2025													
We 24/12/2025													
Th 25/12/2025	University is closed, Wk 21												
Fri 26/12/2025	University is closed, Wk 21												
Sat 27/12/2025	University is closed, Wk 21												
Su 28/12/2025	University is closed, Wk 21												

# Wrexham University Academic Timetables

## Module timetable - Foundations of Anatomy and Exercise Physiology (Wk 22, wk starting 29/12/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 29/12/2025	University is closed, Wk 22												
Tu 30/12/2025	University is closed, Wk 22												
We 31/12/2025	University is closed, Wk 22												
Th 01/01/2026	University is closed, Wk 22												
Fri 02/01/2026													
Sat 03/01/2026													
Su 04/01/2026													

# Wrexham University Academic Timetables

## Module timetable - Foundations of Anatomy and Exercise Physiology (Wk 23, wk starting 05/01/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 05/01/2026		Lecture, Wk 23 Modules: <a href="#">FAW423</a> (Introduction to Sport Science in Football); <a href="#">SES406</a> (Foundations of Anatomy and Exercise Physiology); <a href="#">SPT414</a> (Introduction to Anatomy and Physiology) Staff: Lewis1, Richard Room: <a href="#">K201</a>	Practical, Wk 23 Modules: <a href="#">SES406</a> (Foundations of Anatomy and Exercise Physiology); <a href="#">SPT414</a> (Introduction to Anatomy and Physiology) Staff: Arczewski, Amadeusz Lewis1, Richard Room: <a href="#">M101 (Sports Lab)</a>										
Tu 06/01/2026													
We 07/01/2026													
Th 08/01/2026													
Fri 09/01/2026													
Sat 10/01/2026													
Su 11/01/2026													

# Wrexham University Academic Timetables

## Module timetable - Foundations of Anatomy and Exercise Physiology (Wk 24, wk starting 12/01/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 12/01/2026		Lecture, Wk 24 Modules: <a href="#">FAW423</a> (Introduction to Sport Science in Football); <a href="#">SES406</a> (Foundations of Anatomy and Exercise Physiology); <a href="#">SPT414</a> (Introduction to Anatomy and Physiology) Staff: Lewis1, Richard Room: <a href="#">K201</a>	Practical, Wk 24 Modules: <a href="#">SES406</a> (Foundations of Anatomy and Exercise Physiology); <a href="#">SPT414</a> (Introduction to Anatomy and Physiology) Staff: Arczewski, Amadeusz Lewis1, Richard Room: <a href="#">M101 (Sports Lab)</a>										
Tu 13/01/2026													
We 14/01/2026													
Th 15/01/2026													
Fri 16/01/2026													
Sat 17/01/2026													
Su 18/01/2026													

# Wrexham University Academic Timetables

## Module timetable - Foundations of Anatomy and Exercise Physiology (Wk 26, wk starting 26/01/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 26/01/2026		In-Class Assessments, 09:30AM-11:30AM, Wk 26  Module: SES406 (Foundations of Anatomy and Exercise Physiology) Staff: Lewis1, Richard Room: L101 (PC Room)											
Tu 27/01/2026													
We 28/01/2026													
Th 29/01/2026													
Fri 30/01/2026													
Sat 31/01/2026													
Su 01/02/2026													

# Wrexham University Academic Timetables

## Module timetable - Foundations of Anatomy and Exercise Physiology (Wk 28, wk starting 09/02/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 09/02/2026		Lecture, Wk 28  Modules: <a href="#">FAW423 (Introduction to Sport Science in Football)</a> ; <a href="#">SES406 (Foundations of Anatomy and Exercise Physiology)</a> ; <a href="#">SPT414 (Introduction to Anatomy and Physiology)</a> Staff: Lewis1, Richard Room: <a href="#">K201</a>											
Tu 10/02/2026													
We 11/02/2026													
Th 12/02/2026													
Fri 13/02/2026													
Sat 14/02/2026													
Su 15/02/2026													

# Wrexham University Academic Timetables

## Module timetable - Foundations of Anatomy and Exercise Physiology (Wk 30, wk starting 23/02/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 23/02/2026		Asynchronous Independent Study (engagement monitored), Wk 30  Modules: FAW423 (Introduction to Sport Science in Football) SES406 (Foundations of Anatomy and Exercise Physiology) Staff: Lewis1, Richard	Online Tutorials, Wk 30 Module: SES406 (Foundations of Anatomy and Exercise Physiology)										
Tu 24/02/2026													
We 25/02/2026													
Th 26/02/2026													
Fri 27/02/2026													
Sat 28/02/2026													
Su 01/03/2026													

# Wrexham University Academic Timetables

## Module timetable - Foundations of Anatomy and Exercise Physiology (Wk 31, wk starting 02/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 02/03/2026		Asynchronous Independent Study (engagement monitored), Wk 31  Modules: <a href="#">FAW423 (Introduction to Sport Science in Football)</a> SES406 (Foundations of Anatomy and Exercise Physiology) Staff: Lewis1, Richard	Drop-in Session, Wk 31 Module: <a href="#">SES406 (Foundations of Anatomy and Exercise Physiology)</a> Staff: Lewis1, Richard Room: <a href="#">ELC Lecture Theatre A</a>										
Tu 03/03/2026													
We 04/03/2026													
Th 05/03/2026													
Fri 06/03/2026													
Sat 07/03/2026													
Su 08/03/2026													

# Wrexham University Academic Timetables

## Module timetable - Foundations of Anatomy and Exercise Physiology (Wk 35, wk starting 30/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 30/03/2026													
Tu 31/03/2026													
We 01/04/2026													
Th 02/04/2026													
Fri 03/04/2026	Bank Holiday University is closed, Wk 35												
Sat 04/04/2026	University is closed, Wk 35												
Su 05/04/2026	University is closed, Wk 35												

# Wrexham University Academic Timetables

## Module timetable - Foundations of Anatomy and Exercise Physiology (Wk 36, wk starting 06/04/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 06/04/2026	Bank Holiday University is closed, Wk 36												
Tu 07/04/2026	University is closed, Wk 36												
We 08/04/2026													
Th 09/04/2026													
Fri 10/04/2026													
Sat 11/04/2026													
Su 12/04/2026													

# Wrexham University Academic Timetables

## Module timetable - Foundations of Anatomy and Exercise Physiology (Wk 40, wk starting 04/05/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 04/05/2026	Bank Holiday University is closed, Wk 40												
Tu 05/05/2026													
We 06/05/2026													
Th 07/05/2026													
Fri 08/05/2026													
Sat 09/05/2026													
Su 10/05/2026													

# Wrexham University Academic Timetables

## Module timetable - Foundations of Anatomy and Exercise Physiology (Wk 43, wk starting 25/05/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 25/05/2026	Bank Holiday University is closed, Wk 43												
Tu 26/05/2026													
We 27/05/2026													
Th 28/05/2026													
Fri 29/05/2026													
Sat 30/05/2026													
Su 31/05/2026													

# Wrexham University Academic Timetables

## Module timetable - Foundations of Anatomy and Exercise Physiology (Wk 5, wk starting 31/08/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 31/08/2026	Bank Holiday University is closed, Wk 5												
Tu 01/09/2026													
We 02/09/2026													
Th 03/09/2026													
Fri 04/09/2026													
Sat 05/09/2026													
Su 06/09/2026													