

# Wrexham University Academic Timetables

## Group timetable - MSc Strength and Conditioning - Full Time (Wk 7, wk starting 15/09/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 15/09/2025		Welcome week commences on Monday 22nd September 2025 (Week 8) Induction, Wk 7											
Tu 16/09/2025													
We 17/09/2025													
Th 18/09/2025													
Fri 19/09/2025													
Sat 20/09/2025													
Su 21/09/2025													

**Wrexham University Academic Timetables**  
**Group timetable - MSc Strength and Conditioning - Full Time (Wk 8, wk starting 22/09/2025)**

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 22/09/2025				VC Welcome address to PG students Induction, Wk 8  Room: William Aston Hall	Seminar, Wk 8  Module: SIR701 (Placement) Staff: O'Donnell, Victoria Room: K216	Planetary Adventures Induction, Wk 8  Staff: Batty, Chelsea; Ferrari, Julian; Harper, Ed; Hilton, Sara; Hughes, Chris; Hughes, Jonathan; King, Tom; Lewis1, Richard Room: Sports Centre (Hockey Pitch)		ID Card Collection/ enrolment Induction, 03:00PM-03:30PM, Wk 8  Staff: Ferrari, Julian Room: Edward Lloyd Centre					

# Wrexham University Academic Timetables

## Group timetable - MSc Strength and Conditioning - Full Time (Wk 8, wk starting 22/09/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Tuesday 23/09/2025			<div>Health &amp; Safety/ Library &amp; Study Skills Online Induction, Wk 8</div> <div>https://wxmuni.short.gy/healthsafetylibrary</div>			<div>Welsh language opportunities at Wrexham University/ Cyfleon Cymraeg ym Mhrifysgol Wrecsam Online Induction, Wk 8</div> <div>https://wxmuni.short.gy/welshlanguage</div>	<div>Student &amp; Campus Life Online Induction, Wk 8</div> <div>https://wxmuni.short.gy/studentcampuslife</div>	<div>Consent Training Mandatory Training, Wk 8</div>					
						<div>Introduction to Gym &amp; EF Qualification Induction, 01:30PM-02:30PM, Wk 8</div> <div>Staff: Arczewski, Amadeusz ; Hughes, Jonathan</div> <div>Room: M101 (Sports Lab)</div>	<div>Health Screening Induction, 02:30PM-03:30PM, Wk 8</div> <div>Staff: Arczewski, Amadeusz ; Batty, Chelsea; Lewis1, Richard</div> <div>Room: M101 (Sports Lab)</div>	<div>Lab Induction Induction, 03:30PM-04:30PM, Wk 8</div> <div>Staff: Arczewski, Amadeusz ; Batty, Chelsea; Lewis1, Richard</div> <div>Room: M101 (Sports Lab)</div>					

**Wrexham University Academic Timetables**  
**Group timetable - MSc Strength and Conditioning - Full Time (Wk 8, wk starting 22/09/2025)**

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Wednesday 24/09/2025							Student Union talk Online Induction, 02:30PM-03:00PM, Wk 8  <a href="https://wxuni.short.gy/studentunion">https://wxuni.short.gy/studentunion</a>						
Thursday 25/09/2025				Fresher's Festival General University Event (optional), Wk 8 Room: Sport Centre (Hall)									

**Wrexham University Academic Timetables**  
**Group timetable - MSc Strength and Conditioning - Full Time (Wk 8, wk starting 22/09/2025)**

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Friday 26/09/2025			Being Prepared for Your Studies - refer to Moodle Directed Study, 10:30AM-11:30AM, Wk 8										
Sat 27/09/2025													
Su 28/09/2025													

# Wrexham University Academic Timetables

## Group timetable - MSc Strength and Conditioning - Full Time (Wk 9, wk starting 29/09/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 29/09/2025		Seminar, Wk 9 Module: <a href="#">SIR704 (Applied Strength &amp; Conditioning Principles 1 – Performance Measurement)</a> Staff: Arczewski, Amadeusz; Harper, Ed Room: <a href="#">K - Biomechanics Lab</a>					Lecture, Wk 9 Module: <a href="#">SPT701 (Dissertation)</a> Staff: Lewis1, Richard Room: <a href="#">Colliers Park</a>						
Tuesday 30/09/2025			Seminar, Wk 9 Module: <a href="#">SIR703 (Coaching &amp; Professional Practice)</a> Staff: Arczewski, Amadeusz; Harper, Ed Room: <a href="#">K - Biomechanics Lab</a>			Lecture, Wk 9 Module: <a href="#">SPT702 (Research Practice and Examination in Sport &amp; Exercise Science)</a> Staff: Lewis1, Richard Room: <a href="#">K04 - Teams Meeting Room</a>							
Wed 01/10/2025			Self-Directed Study, Wk 9 Module: Self Directed Study			Self-Directed Study, Wk 9 Module: Self Directed Study							
Thu 02/10/2025			Self-Directed Study, Wk 9 Module: Self Directed Study			Self-Directed Study, Wk 9 Module: Self Directed Study							
Friday 03/10/2025			Self-Directed Study, Wk 9 Module: Self Directed Study			Self-Directed Study, Wk 9 Module: Self Directed Study							
Sat 04/10/2025													
Su 05/10/2025													

# Wrexham University Academic Timetables

## Group timetable - MSc Strength and Conditioning - Full Time (Wk 10, wk starting 06/10/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 06/10/2025		Seminar, Wk 10 Module: <a href="#">SIR704 (Applied Strength &amp; Conditioning Principles 1 – Performance Measurement)</a> Staff: Arczewski, Amadeusz; Harper, Ed Room: <a href="#">K - Biomechanics Lab</a>					Lecture, Wk 10 Module: <a href="#">SPT701 (Dissertation)</a> Staff: Lewis1, Richard Room: <a href="#">Colliers Park</a>						
Tuesday 07/10/2025			Seminar, Wk 10 Module: <a href="#">SIR703 (Coaching &amp; Professional Practice)</a> Staff: Arczewski, Amadeusz; Harper, Ed Room: <a href="#">K - Biomechanics Lab</a>			Lecture, Wk 10 Module: <a href="#">SPT702 (Research Practice and Examination in Sport &amp; Exercise Science)</a> Staff: Lewis1, Richard Room: <a href="#">K04 - Teams Meeting Room</a>							
We 08/10/2025			Self-Directed Study, Wk 10 Module: Self Directed Study			Self-Directed Study, Wk 10 Module: Self Directed Study							
Thu 09/10/2025			Self-Directed Study, Wk 10 Module: Self Directed Study			Self-Directed Study, Wk 10 Module: Self Directed Study							
Fri 10/10/2025			Self-Directed Study, Wk 10 Module: Self Directed Study			Self-Directed Study, Wk 10 Module: Self Directed Study							
Sat 11/10/2025													
Su 12/10/2025													

# Wrexham University Academic Timetables

## Group timetable - MSc Strength and Conditioning - Full Time (Wk 11, wk starting 13/10/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 13/10/2025		Seminar, Wk 11 Module: <a href="#">SIR704 (Applied Strength &amp; Conditioning Principles 1 – Performance Measurement)</a> Staff: Arczewski, Amadeusz; Harper, Ed Room: <a href="#">M101 (Sports Lab)</a>					Lecture, Wk 11 Module: <a href="#">SPT701 (Dissertation)</a> Staff: Lewis1, Richard Room: <a href="#">Colliers Park</a>						
Tuesday 14/10/2025			Seminar, Wk 11 Module: <a href="#">SIR703 (Coaching &amp; Professional Practice)</a> Staff: Arczewski, Amadeusz; Harper, Ed Room: <a href="#">K - Biomechanics Lab</a>				Lecture, Wk 11 Module: <a href="#">SPT702 (Research Practice and Examination in Sport &amp; Exercise Science)</a> Staff: Lewis1, Richard Room: <a href="#">K04 - Teams Meeting Room</a>						
Wed 15/10/2025			Self-Directed Study, Wk 11 Module: Self Directed Study				Self-Directed Study, Wk 11 Module: Self Directed Study						
Thu 16/10/2025			Self-Directed Study, Wk 11 Module: Self Directed Study				Self-Directed Study, Wk 11 Module: Self Directed Study						
Friday 17/10/2025			Self-Directed Study, Wk 11 Module: Self Directed Study				Self-Directed Study, Wk 11 Module: Self Directed Study						
Sat 18/10/2025													
Su 19/10/2025													



# Wrexham University Academic Timetables

## Group timetable - MSc Strength and Conditioning - Full Time (Wk 12, wk starting 20/10/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 20/10/2025		Seminar, Wk 12 Module: <a href="#">SIR704 (Applied Strength &amp; Conditioning Principles 1 – Performance Measurement)</a> Staff: Arczewski, Amadeusz; Harper, Ed Room: <a href="#">K - Biomechanics Lab</a>					Lecture, Wk 12 Module: <a href="#">SPT701 (Dissertation)</a> Staff: Lewis1, Richard Room: <a href="#">Colliers Park</a>						
Tuesday 21/10/2025			Seminar, Wk 12 Module: <a href="#">SIR703 (Coaching &amp; Professional Practice)</a> Staff: Arczewski, Amadeusz; Harper, Ed Room: <a href="#">K - Biomechanics Lab</a>			Lecture, Wk 12 Module: <a href="#">SPT702 (Research Practice and Examination in Sport &amp; Exercise Science)</a> Staff: Hughes, Jonathan Room: <a href="#">K04 - Teams Meeting Room</a>							
We 22/10/2025			Self-Directed Study, Wk 12 Module: Self Directed Study			Self-Directed Study, Wk 12 Module: Self Directed Study							
Thu 23/10/2025			Self-Directed Study, Wk 12 Module: Self Directed Study			Self-Directed Study, Wk 12 Module: Self Directed Study							
Fri 24/10/2025			Self-Directed Study, Wk 12 Module: Self Directed Study			Self-Directed Study, Wk 12 Module: Self Directed Study							
Sat 25/10/2025													
Su 26/10/2025													

# Wrexham University Academic Timetables

## Group timetable - MSc Strength and Conditioning - Full Time (Wk 13, wk starting 27/10/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 27/10/2025			Self-Directed Study, Wk 13 Module: Self Directed Study			Self-Directed Study, Wk 13 Module: Self Directed Study							
Tuesday 28/10/2025			Self-Directed Study, Wk 13 Module: Self Directed Study			Self-Directed Study, Wk 13 Module: Self Directed Study							
Wed 29/10/2025			Self-Directed Study, Wk 13 Module: Self Directed Study			Self-Directed Study, Wk 13 Module: Self Directed Study							
Thu 30/10/2025			Self-Directed Study, Wk 13 Module: Self Directed Study			Self-Directed Study, Wk 13 Module: Self Directed Study							
Friday 31/10/2025			Self-Directed Study, Wk 13 Module: Self Directed Study			Self-Directed Study, Wk 13 Module: Self Directed Study							
Sat 01/11/2025													
Su 02/11/2025													

# Wrexham University Academic Timetables

## Group timetable - MSc Strength and Conditioning - Full Time (Wk 14, wk starting 03/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 03/11/2025		Seminar, Wk 14 Module: <a href="#">SIR704 (Applied Strength &amp; Conditioning Principles 1 – Performance Measurement)</a> Staff: Arczewski, Amadeusz; Harper, Ed Room: <a href="#">K - Biomechanics Lab</a>					Lecture, Wk 14 Module: <a href="#">SPT701 (Dissertation)</a> Staff: Hughes, Jonathan Room: <a href="#">Colliers Park</a>						
Tuesday 04/11/2025			Seminar, Wk 14 Module: <a href="#">SIR703 (Coaching &amp; Professional Practice)</a> Staff: Arczewski, Amadeusz; Harper, Ed Room: <a href="#">K - Biomechanics Lab</a>			Lecture, Wk 14 Module: <a href="#">SPT702 (Research Practice and Examination in Sport &amp; Exercise Science)</a> Staff: Ferrari, Julian Room: <a href="#">K04 - Teams Meeting Room</a>							
We 05/11/2025			Self-Directed Study, Wk 14 Module: Self Directed Study			Self-Directed Study, Wk 14 Module: Self Directed Study							
Thu 06/11/2025			Self-Directed Study, Wk 14 Module: Self Directed Study			Self-Directed Study, Wk 14 Module: Self Directed Study							
Fri 07/11/2025			Self-Directed Study, Wk 14 Module: Self Directed Study			Self-Directed Study, Wk 14 Module: Self Directed Study							
Sat 08/11/2025													
Su 09/11/2025													

# Wrexham University Academic Timetables

## Group timetable - MSc Strength and Conditioning - Full Time (Wk 15, wk starting 10/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 10/11/2025		Seminar, Wk 15 Module: <a href="#">SIR704 (Applied Strength &amp; Conditioning Principles 1 – Performance Measurement)</a> Staff: Arczewski, Amadeusz; Harper, Ed Room: <a href="#">K - Biomechanics Lab</a>			Seminar, Wk 15 Module: <a href="#">SIR701 (Placement)</a> Staff: O'Donnell, Victoria Room: <a href="#">K216</a>	Self-Directed Study, Wk 15 Module: Self Directed Study							
Tuesday 11/11/2025			Seminar, Wk 15 Module: <a href="#">SIR703 (Coaching &amp; Professional Practice)</a> Staff: Arczewski, Amadeusz; Harper, Ed Room: <a href="#">K - Biomechanics Lab</a>			Lecture, Wk 15 Module: <a href="#">SPT702 (Research Practice and Examination in Sport &amp; Exercise Science)</a> Staff: Lewis1, Richard Room: <a href="#">M306</a>							
We 12/11/2025			Self-Directed Study, Wk 15 Module: Self Directed Study			Self-Directed Study, Wk 15 Module: Self Directed Study							
Thu 13/11/2025			Self-Directed Study, Wk 15 Module: Self Directed Study			Self-Directed Study, Wk 15 Module: Self Directed Study							
Fri 14/11/2025			Self-Directed Study, Wk 15 Module: Self Directed Study			Self-Directed Study, Wk 15 Module: Self Directed Study							
Sat 15/11/2025													
Su 16/11/2025													

# Wrexham University Academic Timetables

## Group timetable - MSc Strength and Conditioning - Full Time (Wk 16, wk starting 17/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 17/11/2025		Seminar, Wk 16 Module: <a href="#">SIR704 (Applied Strength &amp; Conditioning Principles 1 – Performance Measurement)</a> Staff: Arczewski, Amadeusz Harper, Ed Room: <a href="#">K - Biomechanics Lab</a>			Seminar, Wk 16 Module: <a href="#">SIR701 (Placement)</a> Staff: O'Donnell, Victoria Room: <a href="#">K216</a>		Lecture, Wk 16 Module: <a href="#">SPT701 (Dissertation)</a> Staff: Batty, Chelsea Room: <a href="#">Colliers Park</a>						
Tuesday 18/11/2025			Seminar, Wk 16 Module: <a href="#">SIR703 (Coaching &amp; Professional Practice)</a> Staff: Arczewski, Amadeusz Harper, Ed Room: <a href="#">K - Biomechanics Lab</a>			Lecture, Wk 16 Module: <a href="#">SPT702 (Research Practice and Examination in Sport &amp; Exercise Science)</a> Staff: Lewis1, Richard Room: <a href="#">M306</a>							
We 19/11/2025			Self-Directed Study, Wk 16 Module: Self Directed Study			Self-Directed Study, Wk 16 Module: Self Directed Study							
Thu 20/11/2025			Self-Directed Study, Wk 16 Module: Self Directed Study			Self-Directed Study, Wk 16 Module: Self Directed Study							
Fri 21/11/2025			Self-Directed Study, Wk 16 Module: Self Directed Study			Self-Directed Study, Wk 16 Module: Self Directed Study							
Sat 22/11/2025													
Su 23/11/2025													

# Wrexham University Academic Timetables

## Group timetable - MSc Strength and Conditioning - Full Time (Wk 17, wk starting 24/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 24/11/2025		Seminar, Wk 17 Module: <a href="#">SIR704 (Applied Strength &amp; Conditioning Principles 1 – Performance Measurement)</a> Staff: Arczewski, Amadeusz; Harper, Ed Room: <a href="#">K - Biomechanics Lab</a>					Lecture, Wk 17 Module: <a href="#">SPT701 (Dissertation)</a> Staff: Batty, Chelsea Room: <a href="#">Colliers Park</a>						
Tuesday 25/11/2025			Seminar, Wk 17 Module: <a href="#">SIR703 (Coaching &amp; Professional Practice)</a> Staff: Arczewski, Amadeusz; Harper, Ed Room: <a href="#">K - Biomechanics Lab</a>				Lecture, Wk 17 Module: <a href="#">SPT702 (Research Practice and Examination in Sport &amp; Exercise Science)</a> Staff: Lewis1, Richard Room: <a href="#">L101 (PC Room)</a>						
We 26/11/2025			Self-Directed Study, Wk 17 Module: Self Directed Study				Self-Directed Study, Wk 17 Module: Self Directed Study						
Thu 27/11/2025			Self-Directed Study, Wk 17 Module: Self Directed Study				Self-Directed Study, Wk 17 Module: Self Directed Study						
Fri 28/11/2025			Self-Directed Study, Wk 17 Module: Self Directed Study				Self-Directed Study, Wk 17 Module: Self Directed Study						
Sat 29/11/2025													
Su 30/11/2025													

# Wrexham University Academic Timetables

## Group timetable - MSc Strength and Conditioning - Full Time (Wk 18, wk starting 01/12/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 01/12/2025		Seminar, Wk 18 Module: <a href="#">SIR704 (Applied Strength &amp; Conditioning Principles 1 – Performance Measurement)</a> Staff: Arczewski, Amadeusz; Harper, Ed Room: <a href="#">K - Biomechanics Lab</a>				Self-Directed Study, Wk 18 Module: Self Directed Study							
Tuesday 02/12/2025			Seminar, Wk 18 Module: <a href="#">SIR703 (Coaching &amp; Professional Practice)</a> Staff: Arczewski, Amadeusz; Harper, Ed Room: <a href="#">K - Biomechanics Lab</a>			Lecture, Wk 18 Module: <a href="#">SPT702 (Research Practice and Examination in Sport &amp; Exercise Science)</a> Staff: Lewis1, Richard Room: <a href="#">K04 - Teams Meeting Room</a>							
We 03/12/2025			Self-Directed Study, Wk 18 Module: Self Directed Study			Self-Directed Study, Wk 18 Module: Self Directed Study							
Thu 04/12/2025			Self-Directed Study, Wk 18 Module: Self Directed Study			Self-Directed Study, Wk 18 Module: Self Directed Study							
Fri 05/12/2025			Self-Directed Study, Wk 18 Module: Self Directed Study			Self-Directed Study, Wk 18 Module: Self Directed Study							
Sat 06/12/2025													
Su 07/12/2025													

# Wrexham University Academic Timetables

## Group timetable - MSc Strength and Conditioning - Full Time (Wk 19, wk starting 08/12/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 08/12/2025		Seminar, Wk 19 Module: <a href="#">SIR704 (Applied Strength &amp; Conditioning Principles 1 – Performance Measurement)</a> Staff: Arczewski, Amadeusz; Harper, Ed Room: <a href="#">K - Biomechanics Lab</a>			Seminar, Wk 19 Module: <a href="#">SIR701 (Placement)</a> Staff: O'Donnell, Victoria Room: <a href="#">K216</a>	Self-Directed Study, Wk 19 Module: Self Directed Study							
Tuesday 09/12/2025			Seminar, Wk 19 Module: <a href="#">SIR703 (Coaching &amp; Professional Practice)</a> Staff: Arczewski, Amadeusz; Harper, Ed Room: <a href="#">K - Biomechanics Lab</a>			Lecture, Wk 19 Module: <a href="#">SPT702 (Research Practice and Examination in Sport &amp; Exercise Science)</a> Staff: Lewis1, Richard Room: <a href="#">K04 - Teams Meeting Room</a>							
We 10/12/2025			Self-Directed Study, Wk 19 Module: Self Directed Study			Self-Directed Study, Wk 19 Module: Self Directed Study							
Thu 11/12/2025			Self-Directed Study, Wk 19 Module: Self Directed Study			Self-Directed Study, Wk 19 Module: Self Directed Study							
Fri 12/12/2025			Self-Directed Study, Wk 19 Module: Self Directed Study			Self-Directed Study, Wk 19 Module: Self Directed Study							
Sat 13/12/2025													
Su 14/12/2025													



**Wrexham University Academic Timetables**  
**Group timetable - MSc Strength and Conditioning - Full Time (Wk 21, wk starting 22/12/2025)**

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 22/12/2025													
Tu 23/12/2025													
We 24/12/2025													
Th 25/12/2025	University is closed, Wk 21												
Fri 26/12/2025	University is closed, Wk 21												
Sat 27/12/2025	University is closed, Wk 21												
Su 28/12/2025	University is closed, Wk 21												

**Wrexham University Academic Timetables**  
**Group timetable - MSc Strength and Conditioning - Full Time (Wk 22, wk starting 29/12/2025)**

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
<b>Mo</b> 29/12/2025	University is closed, Wk 22												
<b>Tu</b> 30/12/2025	University is closed, Wk 22												
<b>We</b> 31/12/2025	University is closed, Wk 22												
<b>Th</b> 01/01/2026	University is closed, Wk 22												
<b>Fri</b> 02/01/2026													
<b>Sat</b> 03/01/2026													
<b>Su</b> 04/01/2026													

# Wrexham University Academic Timetables

## Group timetable - MSc Strength and Conditioning - Full Time (Wk 23, wk starting 05/01/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 05/01/2026		Seminar, Wk 23 Module: <a href="#">SIR704 (Applied Strength &amp; Conditioning Principles 1 – Performance Measurement)</a> Staff: Arczewski, Amadeusz; Harper, Ed Room: <a href="#">K - Biomechanics Lab</a>			Seminar, Wk 23 Module: <a href="#">SIR701 (Placement)</a> Staff: O'Donnell, Victoria Room: <a href="#">K216</a>	Self-Directed Study, Wk 23 Module: Self Directed Study							
Tuesday 06/01/2026			Seminar, Wk 23 Module: <a href="#">SIR703 (Coaching &amp; Professional Practice)</a> Staff: Arczewski, Amadeusz; Harper, Ed Room: <a href="#">K - Biomechanics Lab</a>			Lecture, Wk 23 Module: <a href="#">SPT702 (Research Practice and Examination in Sport &amp; Exercise Science)</a> Staff: Batty, Chelsea Room: <a href="#">K04 - Teams Meeting Room</a>							
We 07/01/2026			Self-Directed Study, Wk 23 Module: Self Directed Study			Self-Directed Study, Wk 23 Module: Self Directed Study							
Thu 08/01/2026			Self-Directed Study, Wk 23 Module: Self Directed Study			Self-Directed Study, Wk 23 Module: Self Directed Study							
Fri 09/01/2026			Self-Directed Study, Wk 23 Module: Self Directed Study			Self-Directed Study, Wk 23 Module: Self Directed Study							
Sat 10/01/2026													
Su 11/01/2026													

# Wrexham University Academic Timetables

## Group timetable - MSc Strength and Conditioning - Full Time (Wk 24, wk starting 12/01/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 12/01/2026		Seminar, Wk 24 Module: <a href="#">SIR704 (Applied Strength &amp; Conditioning Principles 1 – Performance Measurement)</a> Staff: Arczewski, Amadeusz; Harper, Ed Room: <a href="#">K - Biomechanics Lab</a>			Seminar, Wk 24 Module: <a href="#">SIR701 (Placement)</a> Staff: O'Donnell, Victoria Room: <a href="#">K216</a>		Online Tutorials, Wk 24 Module: <a href="#">SPT701 (Dissertation)</a> Staff: Batty, Chelsea; Hughes, Jonathan; Lewis1, Richard Room: <a href="#">Colliers Park</a>						
Tuesday 13/01/2026			Seminar, Wk 24 Module: <a href="#">SIR703 (Coaching &amp; Professional Practice)</a> Staff: Arczewski, Amadeusz; Harper, Ed Room: <a href="#">K - Biomechanics Lab</a>			Self-Directed Study, Wk 24 Module: Self Directed Study							
We 14/01/2026			Self-Directed Study, Wk 24 Module: Self Directed Study			Self-Directed Study, Wk 24 Module: Self Directed Study							
Thu 15/01/2026			Self-Directed Study, Wk 24 Module: Self Directed Study			Self-Directed Study, Wk 24 Module: Self Directed Study							
Fri 16/01/2026			Self-Directed Study, Wk 24 Module: Self Directed Study			Self-Directed Study, Wk 24 Module: Self Directed Study							
Sat 17/01/2026													
Su 18/01/2026													

# Wrexham University Academic Timetables

## Group timetable - MSc Strength and Conditioning - Full Time (Wk 25, wk starting 19/01/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 19/01/2026			Self-Directed Study, Wk 25 Module: Self Directed Study			Self-Directed Study, Wk 25 Module: Self Directed Study							
Tuesday 20/01/2026			Self-Directed Study, Wk 25 Module: Self Directed Study			Self-Directed Study, Wk 25 Module: Self Directed Study							
Wed 21/01/2026			Self-Directed Study, Wk 25 Module: Self Directed Study			Self-Directed Study, Wk 25 Module: Self Directed Study							
Thu 22/01/2026			Self-Directed Study, Wk 25 Module: Self Directed Study			Self-Directed Study, Wk 25 Module: Self Directed Study							
Friday 23/01/2026			Self-Directed Study, Wk 25 Module: Self Directed Study			Self-Directed Study, Wk 25 Module: Self Directed Study							
Sat 24/01/2026													
Su 25/01/2026													

# Wrexham University Academic Timetables

## Group timetable - MSc Strength and Conditioning - Full Time (Wk 26, wk starting 26/01/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 26/01/2026		Seminar, Wk 26 Module: <a href="#">SIR705 (Applied Strength &amp; Conditioning Principles 2 – Programme Design &amp; Implementation)</a> Staff: Arczewski, Amadeusz Harper, Ed Room: <a href="#">K - Biomechanics Lab</a>			Seminar, Wk 26 Module: <a href="#">SIR702 (Data Management &amp; Handling)</a> Staff: Harper, Ed Room: <a href="#">L203 PC Room</a>								
Tue 27/01/2026			Self-Directed Study, Wk 26 Module: Self Directed Study			Self-Directed Study, Wk 26 Module: Self Directed Study							
We 28/01/2026			Self-Directed Study, Wk 26 Module: Self Directed Study			Self-Directed Study, Wk 26 Module: Self Directed Study							
Thursday 29/01/2026			Lecture, 10:00AM-11:30AM, Wk 26 Module: <a href="#">SPT707 (Strength Training Exercise Physiology Principles)</a> Staff: Lewis1, Richard Room: <a href="#">K04 - Teams Meeting Room</a>			Self-Directed Study, Wk 26 Module: Self Directed Study							
Fri 30/01/2026			Self-Directed Study, Wk 26 Module: Self Directed Study			Self-Directed Study, Wk 26 Module: Self Directed Study							
Sat 31/01/2026													
Su 01/02/2026													

# Wrexham University Academic Timetables

## Group timetable - MSc Strength and Conditioning - Full Time (Wk 27, wk starting 02/02/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 02/02/2026		Seminar, Wk 27 Module: <a href="#">SIR705 (Applied Strength &amp; Conditioning Principles 2 – Programme Design &amp; Implementation)</a> Staff: Arczewski, Amadeusz Harper, Ed Room: <a href="#">K - Biomechanics Lab</a>			Seminar, Wk 27 Module: <a href="#">SIR702 (Data Management &amp; Handling)</a> Staff: Harper, Ed Room: <a href="#">L203 PC Room</a>								
Tue 03/02/2026			Self-Directed Study, Wk 27 Module: Self Directed Study			Self-Directed Study, Wk 27 Module: Self Directed Study							
We 04/02/2026			Self-Directed Study, Wk 27 Module: Self Directed Study			Self-Directed Study, Wk 27 Module: Self Directed Study							
Thursday 05/02/2026			Lecture, 10:00AM-11:30AM, Wk 27 Module: <a href="#">SPT707 (Strength Training Exercise Physiology Principles)</a> Staff: Lewis1, Richard Room: <a href="#">K04 - Teams Meeting Room</a>			Self-Directed Study, Wk 27 Module: Self Directed Study							
Fri 06/02/2026			Self-Directed Study, Wk 27 Module: Self Directed Study			Self-Directed Study, Wk 27 Module: Self Directed Study							
Sat 07/02/2026													
Su 08/02/2026													

# Wrexham University Academic Timetables

## Group timetable - MSc Strength and Conditioning - Full Time (Wk 28, wk starting 09/02/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 09/02/2026		Seminar, Wk 28 Module: <a href="#">SIR705 (Applied Strength &amp; Conditioning Principles 2 – Programme Design &amp; Implementation)</a> Staff: Arczewski, Amadeusz Harper, Ed Room: <a href="#">K - Biomechanics Lab</a>			Seminar, Wk 28 Module: <a href="#">SIR702 (Data Management &amp; Handling)</a> Staff: Harper, Ed Room: <a href="#">L203 PC Room</a>								
Tue 10/02/2026			Self-Directed Study, Wk 28 Module: Self Directed Study			Self-Directed Study, Wk 28 Module: Self Directed Study							
We 11/02/2026			Self-Directed Study, Wk 28 Module: Self Directed Study			Self-Directed Study, Wk 28 Module: Self Directed Study							
Thursday 12/02/2026			Lecture, 10:00AM-11:30AM, Wk 28 Module: <a href="#">SPT707 (Strength Training Exercise Physiology Principles)</a> Staff: Lewis1, Richard Room: <a href="#">K04 - Teams Meeting Room</a>			Self-Directed Study, Wk 28 Module: Self Directed Study							
Fri 13/02/2026			Self-Directed Study, Wk 28 Module: Self Directed Study			Self-Directed Study, Wk 28 Module: Self Directed Study							
Sat 14/02/2026													
Su 15/02/2026													



# Wrexham University Academic Timetables

## Group timetable - MSc Strength and Conditioning - Full Time (Wk 29, wk starting 16/02/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 16/02/2026		<div>Practical, Wk 29</div> <div>Module: <a href="#">SIR705 (Applied Strength &amp; Conditioning Principles 2 – Programme Design &amp; Implementation)</a></div> <div>Staff: Arczewski, Amadeusz; Harper, Ed; Lewis1, Richard</div> <div>Room: <a href="#">K - Biomechanics Lab</a></div>				<div>Practical, Wk 29</div> <div>Module: <a href="#">SPT707 (Strength Training Exercise Physiology Principles)</a></div> <div>Staff: Arczewski, Amadeusz; Lewis1, Richard</div> <div>Rooms: <a href="#">K - Biomechanics Lab</a>; <a href="#">M101 (Sports Lab)</a></div>							
Tuesday 17/02/2026		<div>Practical, Wk 29</div> <div>Module: <a href="#">SPT707 (Strength Training Exercise Physiology Principles)</a></div> <div>Staff: Arczewski, Amadeusz; Lewis1, Richard</div> <div>Room: <a href="#">M101 (Sports Lab)</a></div>				<div>Practical, Wk 29</div> <div>Module: <a href="#">SPT707 (Strength Training Exercise Physiology Principles)</a></div> <div>Staff: Arczewski, Amadeusz; Lewis1, Richard</div> <div>Room: <a href="#">K - Biomechanics Lab</a></div>							
Wed 18/02/2026			<div>Self-Directed Study, Wk 29</div> <div>Module: Self Directed Study</div>			<div>Self-Directed Study, Wk 29</div> <div>Module: Self Directed Study</div>							
Thu 19/02/2026			<div>Self-Directed Study, Wk 29</div> <div>Module: Self Directed Study</div>			<div>Self-Directed Study, Wk 29</div> <div>Module: Self Directed Study</div>							
Friday 20/02/2026			<div>Self-Directed Study, Wk 29</div> <div>Module: Self Directed Study</div>			<div>Self-Directed Study, Wk 29</div> <div>Module: Self Directed Study</div>							
Sat 21/02/2026													
Su 22/02/2026													

# Wrexham University Academic Timetables

## Group timetable - MSc Strength and Conditioning - Full Time (Wk 30, wk starting 23/02/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 23/02/2026		<div>Seminar, Wk 30 Module: <a href="#">SIR705 (Applied Strength &amp; Conditioning Principles 2 – Programme Design &amp; Implementation)</a> Staff: Arczewski, Amadeusz Harper, Ed Room: <a href="#">K - Biomechanics Lab</a></div>			<div>Seminar, Wk 30 Module: <a href="#">SIR702 (Data Management &amp; Handling)</a> Staff: Harper, Ed Room: <a href="#">L203 PC Room</a></div>								
Tuesday 24/02/2026			<div>Self-Directed Study, Wk 30 Module: Self Directed Study</div>			<div>Lecture, Wk 30 Module: <a href="#">SPT702 (Research Practice and Examination in Sport &amp; Exercise Science)</a> Staff: Lewis1, Richard Room: <a href="#">K04 - Teams Meeting Room</a></div>							
We 25/02/2026			<div>Self-Directed Study, Wk 30 Module: Self Directed Study</div>			<div>Self-Directed Study, Wk 30 Module: Self Directed Study</div>							
Thursday 26/02/2026			<div>Lecture, 10:00AM-11:30AM, Wk 30 Module: <a href="#">SPT707 (Strength Training Exercise Physiology Principles)</a> Staff: Lewis1, Richard Room: <a href="#">K04 - Teams Meeting Room</a></div>			<div>Self-Directed Study, Wk 30 Module: Self Directed Study</div>							
Fri 27/02/2026			<div>Self-Directed Study, Wk 30 Module: Self Directed Study</div>			<div>Self-Directed Study, Wk 30 Module: Self Directed Study</div>							
Sat 28/02/2026													
Su 01/03/2026													

# Wrexham University Academic Timetables

## Group timetable - MSc Strength and Conditioning - Full Time (Wk 31, wk starting 02/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 02/03/2026		Seminar, Wk 31 Module: <a href="#">SIR705 (Applied Strength &amp; Conditioning Principles 2 – Programme Design &amp; Implementation)</a> Staff: Arczewski, Amadeusz Harper, Ed Room: <a href="#">K - Biomechanics Lab</a>			Seminar, Wk 31 Module: <a href="#">SIR702 (Data Management &amp; Handling)</a> Staff: Harper, Ed Room: <a href="#">L203 PC Room</a>								
Tue 03/03/2026			Self-Directed Study, Wk 31 Module: Self Directed Study			Self-Directed Study, Wk 31 Module: Self Directed Study							
We 04/03/2026			Self-Directed Study, Wk 31 Module: Self Directed Study			Self-Directed Study, Wk 31 Module: Self Directed Study							
Thursday 05/03/2026			Lecture, 10:00AM-11:30AM, Wk 31 Module: <a href="#">SPT707 (Strength Training Exercise Physiology Principles)</a> Staff: Lewis1, Richard Room: <a href="#">K04 - Teams Meeting Room</a>			Self-Directed Study, Wk 31 Module: Self Directed Study							
Fri 06/03/2026			Self-Directed Study, Wk 31 Module: Self Directed Study			Self-Directed Study, Wk 31 Module: Self Directed Study							
Sat 07/03/2026													
Su 08/03/2026													

# Wrexham University Academic Timetables

## Group timetable - MSc Strength and Conditioning - Full Time (Wk 32, wk starting 09/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 09/03/2026		Seminar, Wk 32 Module: <a href="#">SIR705 (Applied Strength &amp; Conditioning Principles 2 – Programme Design &amp; Implementation)</a> Staff: Arczewski, Amadeusz Harper, Ed Room: <a href="#">K - Biomechanics Lab</a>			Seminar, Wk 32 Module: <a href="#">SIR702 (Data Management &amp; Handling)</a> Staff: Harper, Ed Room: <a href="#">L203 PC Room</a>								
Tue 10/03/2026			Self-Directed Study, Wk 32 Module: Self Directed Study			Self-Directed Study, Wk 32 Module: Self Directed Study							
We 11/03/2026			Self-Directed Study, Wk 32 Module: Self Directed Study			Self-Directed Study, Wk 32 Module: Self Directed Study							
Thursday 12/03/2026			Lecture, 10:00AM-11:30AM, Wk 32 Module: <a href="#">SPT707 (Strength Training Exercise Physiology Principles)</a> Staff: Lewis1, Richard Room: <a href="#">K04 - Teams Meeting Room</a>			Self-Directed Study, Wk 32 Module: Self Directed Study							
Fri 13/03/2026			Self-Directed Study, Wk 32 Module: Self Directed Study			Self-Directed Study, Wk 32 Module: Self Directed Study							
Sat 14/03/2026													
Su 15/03/2026													

# Wrexham University Academic Timetables

## Group timetable - MSc Strength and Conditioning - Full Time (Wk 33, wk starting 16/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 16/03/2026		Seminar, Wk 33 Module: <a href="#">SIR705 (Applied Strength &amp; Conditioning Principles 2 – Programme Design &amp; Implementation)</a> Staff: Arczewski, Amadeusz Harper, Ed Room: <a href="#">K - Biomechanics Lab</a>			Seminar, Wk 33 Module: <a href="#">SIR702 (Data Management &amp; Handling)</a> Staff: Harper, Ed Room: <a href="#">L203 PC Room</a>								
Tue 17/03/2026			Self-Directed Study, Wk 33 Module: Self Directed Study										
We 18/03/2026			Self-Directed Study, Wk 33 Module: Self Directed Study			Self-Directed Study, Wk 33 Module: Self Directed Study							
Thursday 19/03/2026			Lecture, 10:00AM-11:30AM, Wk 33 Module: <a href="#">SPT707 (Strength Training Exercise Physiology Principles)</a> Staff: Lewis1, Richard Room: <a href="#">K04 - Teams Meeting Room</a>			Self-Directed Study, Wk 33 Module: Self Directed Study							
Fri 20/03/2026			Self-Directed Study, Wk 33 Module: Self Directed Study			Self-Directed Study, Wk 33 Module: Self Directed Study							
Sat 21/03/2026													
Su 22/03/2026													

# Wrexham University Academic Timetables

## Group timetable - MSc Strength and Conditioning - Full Time (Wk 34, wk starting 23/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 23/03/2026		Seminar, Wk 34 Module: <a href="#">SIR705 (Applied Strength &amp; Conditioning Principles 2 – Programme Design &amp; Implementation)</a> Staff: Arczewski, Amadeusz Harper, Ed Room: <a href="#">K - Biomechanics Lab</a>			Seminar, Wk 34 Module: <a href="#">SIR702 (Data Management &amp; Handling)</a> Staff: Harper, Ed Room: <a href="#">L203 PC Room</a>								
Tue 24/03/2026			Self-Directed Study, Wk 34 Module: Self Directed Study			Self-Directed Study, Wk 34 Module: Self Directed Study							
We 25/03/2026			Self-Directed Study, Wk 34 Module: Self Directed Study			Self-Directed Study, Wk 34 Module: Self Directed Study							
Thursday 26/03/2026			Lecture, 10:00AM-11:30AM, Wk 34 Module: <a href="#">SPT707 (Strength Training Exercise Physiology Principles)</a> Staff: Lewis1, Richard Room: <a href="#">K04 - Teams Meeting Room</a>			Self-Directed Study, Wk 34 Module: Self Directed Study							
Fri 27/03/2026			Self-Directed Study, Wk 34 Module: Self Directed Study			Self-Directed Study, Wk 34 Module: Self Directed Study							
Sat 28/03/2026													
Su 29/03/2026													

**Wrexham University Academic Timetables**  
**Group timetable - MSc Strength and Conditioning - Full Time (Wk 35, wk starting 30/03/2026)**

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 30/03/2026													
Tu 31/03/2026													
We 01/04/2026													
Th 02/04/2026													
Fri 03/04/2026	Bank Holiday University is closed, Wk 35												
Sat 04/04/2026	University is closed, Wk 35												
Su 05/04/2026	University is closed, Wk 35												

**Wrexham University Academic Timetables**  
**Group timetable - MSc Strength and Conditioning - Full Time (Wk 36, wk starting 06/04/2026)**

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 06/04/2026	Bank Holiday University is closed, Wk 36												
Tu 07/04/2026	University is closed, Wk 36												
We 08/04/2026													
Th 09/04/2026													
Fri 10/04/2026													
Sat 11/04/2026													
Su 12/04/2026													



# Wrexham University Academic Timetables

## Group timetable - MSc Strength and Conditioning - Full Time (Wk 37, wk starting 13/04/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 13/04/2026		Seminar, Wk 37 Module: <a href="#">SIR705 (Applied Strength &amp; Conditioning Principles 2 – Programme Design &amp; Implementation)</a> Staff: Arczewski, Amadeusz Harper, Ed Room: <a href="#">K - Biomechanics Lab</a>			Seminar, Wk 37 Module: <a href="#">SIR702 (Data Management &amp; Handling)</a> Staff: Harper, Ed Room: <a href="#">L203 PC Room</a>								
Tue 14/04/2026			Self-Directed Study, Wk 37 Module: Self Directed Study			Self-Directed Study, Wk 37 Module: Self Directed Study							
We 15/04/2026			Self-Directed Study, Wk 37 Module: Self Directed Study			Self-Directed Study, Wk 37 Module: Self Directed Study							
Thursday 16/04/2026			Online Tutorials, 10:00AM-11:30AM, Wk 37 Module: <a href="#">SPT707 (Strength Training Exercise Physiology Principles)</a> Staff: Lewis1, Richard			Self-Directed Study, Wk 37 Module: Self Directed Study							
Fri 17/04/2026			Self-Directed Study, Wk 37 Module: Self Directed Study			Self-Directed Study, Wk 37 Module: Self Directed Study							
Sat 18/04/2026													
Su 19/04/2026													

# Wrexham University Academic Timetables

## Group timetable - MSc Strength and Conditioning - Full Time (Wk 38, wk starting 20/04/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 20/04/2026		Seminar, Wk 38 Module: <a href="#">SIR705 (Applied Strength &amp; Conditioning Principles 2 – Programme Design &amp; Implementation)</a> Staff: Arczewski, Amadeusz Harper, Ed Room: <a href="#">K - Biomechanics Lab</a>			Seminar, Wk 38 Module: <a href="#">SIR702 (Data Management &amp; Handling)</a> Staff: Harper, Ed Room: <a href="#">L203 PC Room</a>								
Tue 21/04/2026			Self-Directed Study, Wk 38 Module: Self Directed Study			Self-Directed Study, Wk 38 Module: Self Directed Study							
We 22/04/2026			Self-Directed Study, Wk 38 Module: Self Directed Study			Self-Directed Study, Wk 38 Module: Self Directed Study							
Thursday 23/04/2026			Online Tutorials, 10:00AM-11:30AM, Wk 38 Module: <a href="#">SPT707 (Strength Training Exercise Physiology Principles)</a> Staff: Lewis1, Richard			Self-Directed Study, Wk 38 Module: Self Directed Study							
Fri 24/04/2026			Self-Directed Study, Wk 38 Module: Self Directed Study			Self-Directed Study, Wk 38 Module: Self Directed Study							
Sat 25/04/2026													
Su 26/04/2026													

# Wrexham University Academic Timetables

## Group timetable - MSc Strength and Conditioning - Full Time (Wk 39, wk starting 27/04/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 27/04/2026		Seminar, Wk 39 Module: <a href="#">SIR705 (Applied Strength &amp; Conditioning Principles 2 – Programme Design &amp; Implementation)</a> Staff: Arczewski, Amadeusz Harper, Ed Room: <a href="#">K - Biomechanics Lab</a>			Seminar, Wk 39 Module: <a href="#">SIR702 (Data Management &amp; Handling)</a> Staff: Harper, Ed Room: <a href="#">L203 PC Room</a>								
Tue 28/04/2026			Self-Directed Study, Wk 39 Module: Self Directed Study			Self-Directed Study, Wk 39 Module: Self Directed Study							
We 29/04/2026			Self-Directed Study, Wk 39 Module: Self Directed Study			Self-Directed Study, Wk 39 Module: Self Directed Study							
Thursday 30/04/2026			Online Tutorials, 10:00AM-11:30AM, Wk 39 Module: <a href="#">SPT707 (Strength Training Exercise Physiology Principles)</a> Staff: Lewis1, Richard			Self-Directed Study, Wk 39 Module: Self Directed Study							
Fri 01/05/2026			Self-Directed Study, Wk 39 Module: Self Directed Study			Self-Directed Study, Wk 39 Module: Self Directed Study							
Sat 02/05/2026													
Su 03/05/2026													

# Wrexham University Academic Timetables

## Group timetable - MSc Strength and Conditioning - Full Time (Wk 40, wk starting 04/05/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 04/05/2026	Bank Holiday University is closed, Wk 40												
Tuesday 05/05/2026			Self-Directed Study, Wk 40 Module: Self Directed Study			Self-Directed Study, Wk 40 Module: Self Directed Study							
Wed 06/05/2026			Self-Directed Study, Wk 40 Module: Self Directed Study			Self-Directed Study, Wk 40 Module: Self Directed Study							
Thu 07/05/2026			Self-Directed Study, Wk 40 Module: Self Directed Study			Self-Directed Study, Wk 40 Module: Self Directed Study							
Friday 08/05/2026			Self-Directed Study, Wk 40 Module: Self Directed Study			Self-Directed Study, Wk 40 Module: Self Directed Study							
Sat 09/05/2026													
Su 10/05/2026													

# Wrexham University Academic Timetables

## Group timetable - MSc Strength and Conditioning - Full Time (Wk 41, wk starting 11/05/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 11/05/2026			Self-Directed Study, Wk 41 Module: Self Directed Study			Self-Directed Study, Wk 41 Module: Self Directed Study							
Tuesday 12/05/2026			Self-Directed Study, Wk 41 Module: Self Directed Study			Self-Directed Study, Wk 41 Module: Self Directed Study							
Wed 13/05/2026			Self-Directed Study, Wk 41 Module: Self Directed Study			Self-Directed Study, Wk 41 Module: Self Directed Study							
Thu 14/05/2026			Self-Directed Study, Wk 41 Module: Self Directed Study			Self-Directed Study, Wk 41 Module: Self Directed Study							
Friday 15/05/2026			Self-Directed Study, Wk 41 Module: Self Directed Study			Self-Directed Study, Wk 41 Module: Self Directed Study							
Sat 16/05/2026													
Su 17/05/2026													

**Wrexham University Academic Timetables**  
**Group timetable - MSc Strength and Conditioning - Full Time (Wk 43, wk starting 25/05/2026)**

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 25/05/2026	Bank Holiday University is closed, Wk 43												
Tu 26/05/2026													
We 27/05/2026													
Th 28/05/2026													
Fri 29/05/2026													
Sat 30/05/2026													
Su 31/05/2026													

# Wrexham University Academic Timetables

## Group timetable - MSc Strength and Conditioning - Full Time (Wk 5, wk starting 31/08/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 31/08/2026	Bank Holiday University is closed, Wk 5												
Tu 01/09/2026													
We 02/09/2026													
Th 03/09/2026													
Fri 04/09/2026													
Sat 05/09/2026													
Su 06/09/2026													