

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 7, wk starting 15/09/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 15/09/2025		Welcome week commences on Monday 22nd September 2025 (Week 8) Induction, Wk 7											
Tu 16/09/2025													
We 17/09/2025													
Th 18/09/2025													
Fri 19/09/2025													
Sat 20/09/2025													
Su 21/09/2025													

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 8, wk starting 22/09/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 22/09/2025				VC Welcome address to PG students Induction, Wk 8 Room: William Aston Hall	Welcome to the Masters Induction, Wk 8 Staff: Arczewski, Amadeusz ; Batty, Chelsea; Ferrari, Julian Room: M101 (Sports Lab)	Planetary Adventures Induction, Wk 8 Staff: Batty, Chelsea; Ferrari, Julian; Harper, Ed; Hilton, Sara; Hughes, Chris; Hughes, Jonathan; King, Tom; Lewis1, Richard Room: Sports Centre (Hockey Pitch)		ID Car d Coll ecti on/ enro lme nt Indu ctio n, 03: 00P M- 03: 30P M, Wk 8 Staf f: Ferr ari, Juli an Roo m: Edw ard Llwy d Cen tre					

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 8, wk starting 22/09/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Tuesday 23/09/2025			Health & Safety/ Library & Study Skills Online Induction, Wk 8 https://wxmuni.short.gy/healthsafetylibrary			Welsh language opportunities at Wrexham University/ Cyfleon Cymraeg ym Mhrifysgol Wrecsam Online Induction, Wk 8 https://wxmuni.short.gy/welshlanguage	Student & Campus Life Online Induction, Wk 8 https://wxmuni.short.gy/studentcampuslife	Consent Training Mandatory Training, Wk 8					
						Introduction to Gym & EF Qualification Induction, 01:30PM-02:30PM, Wk 8 Staff: Arczewski, Amadeusz; Hughes, Jonathan Room: M101 (Sports Lab)	Health Screening Induction, 02:30PM-03:30PM, Wk 8 Staff: Arczewski, Amadeusz; Batty, Chelsea; Lewis1, Richard Room: M101 (Sports Lab)	Lab Induction Induction, 03:30PM-04:30PM, Wk 8 Staff: Arczewski, Amadeusz; Batty, Chelsea; Lewis1, Richard Room: M101 (Sports Lab)					

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 8, wk starting 22/09/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Wednesday 24/09/2025							Stu dent Uni on talk Onli ne Indu ctio n, 02: 30P M- 03: 00P M, Wk 8 https://wxmuni.short.gy/studentunion						
Thu 25/09/2025				Fresher's Festival General University Event (optional), Wk 8 Room: Sport Centre (Hall)									

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 8, wk starting 22/09/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Friday 26/09/2025			Being Prepared for Your Studies - refer to Moodle Directed Study, 10:30AM-11:30AM, Wk 8										
Sat 27/09/2025													
Su 28/09/2025													

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 9, wk starting 29/09/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 29/09/2025		Seminar, Wk 9 Module: SIR704 (Applied Strength & Conditioning Principles 1 – Performance Measurement) Staff: Arczewski, Amadeusz; Harper, Ed Room: K - Biomechanics Lab		Self-Directed Study, Wk 9 Module: Self Directed Study			Lecture, Wk 9 Module: SPT701 (Dissertation) Staff: Lewis1, Richard Room: Colliers Park						
Tuesday 30/09/2025			Self-Directed Study, Wk 9 Module: Self Directed Study			Lecture, Wk 9 Module: SPT702 (Research Practice and Examination in Sport & Exercise Science) Staff: Lewis1, Richard Room: K04 - Teams Meeting Room							
We 01/10/2025			Self-Directed Study, Wk 9 Module: Self Directed Study										
Thursday 02/10/2025			Seminar, Wk 9 Module: SPT706 (Entrepreneurship in Sport) Staff: TBA Room: K013 - Teams Meeting Room			Self-Directed Study, Wk 9 Module: Self Directed Study		Seminar, Wk 9 Module: SPT704 (Psychological Provision in Sport and Exercise) Staff: King, Tom Room: Colliers Park					
Friday 03/10/2025			Seminar, Wk 9 Module: SPT705 (Effective Leadership in Sport and Exercise Science) Staff: Hilton, Sara Room: Colliers Park			Self-Directed Study, Wk 9 Module: Self Directed Study							
Sat 04/10/2025													
Su 05/10/2025													

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 10, wk starting 06/10/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 06/10/2025		Seminar, Wk 10 Module: SIR704 (Applied Strength & Conditioning Principles 1 – Performance Measurement) Staff: Arczewski, Amadeusz; Harper, Ed Room: K - Biomechanics Lab		Self-Directed Study, Wk 10 Module: Self Directed Study			Lecture, Wk 10 Module: SPT701 (Dissertation) Staff: Lewis1, Richard Room: Colliers Park						
Tuesday 07/10/2025			Self-Directed Study, Wk 10 Module: Self Directed Study			Lecture, Wk 10 Module: SPT702 (Research Practice and Examination in Sport & Exercise Science) Staff: Lewis1, Richard Room: K04 - Teams Meeting Room							
We 08/10/2025			Self-Directed Study, Wk 10 Module: Self Directed Study										
Thursday 09/10/2025			Seminar, Wk 10 Module: SPT706 (Entrepreneurship in Sport) Staff: TBA Room: K013 - Teams Meeting Room			Self-Directed Study, Wk 10 Module: Self Directed Study		Seminar, Wk 10 Module: SPT704 (Psychological Provision in Sport and Exercise) Staff: King, Tom Room: Colliers Park					
Friday 10/10/2025			Seminar, Wk 10 Module: SPT705 (Effective Leadership in Sport and Exercise Science) Staff: Hilton, Sara Room: Colliers Park			Self-Directed Study, Wk 10 Module: Self Directed Study							
Sat 11/10/2025													
Su 12/10/2025													

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 11, wk starting 13/10/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 13/10/2025		Seminar, Wk 11 Module: SIR704 (Applied Strength & Conditioning Principles 1 – Performance Measurement) Staff: Arczewski, Amadeusz; Harper, Ed Room: M101 (Sports Lab)		Self-Directed Study, Wk 11 Module: Self Directed Study			Lecture, Wk 11 Module: SPT701 (Dissertation) Staff: Lewis1, Richard Room: Colliers Park						
Tuesday 14/10/2025			Self-Directed Study, Wk 11 Module: Self Directed Study			Lecture, Wk 11 Module: SPT702 (Research Practice and Examination in Sport & Exercise Science) Staff: Lewis1, Richard Room: K04 - Teams Meeting Room							
We 15/10/2025			Self-Directed Study, Wk 11 Module: Self Directed Study										
Thursday 16/10/2025			Seminar, Wk 11 Module: SPT706 (Entrepreneurship in Sport) Staff: TBA Room: K013 - Teams Meeting Room			Self-Directed Study, Wk 11 Module: Self Directed Study		Seminar, Wk 11 Module: SPT704 (Psychological Provision in Sport and Exercise) Staff: King, Tom Room: Colliers Park					
Friday 17/10/2025			Seminar, Wk 11 Module: SPT705 (Effective Leadership in Sport and Exercise Science) Staff: Hilton, Sara Room: Colliers Park			Self-Directed Study, Wk 11 Module: Self Directed Study							
Sat 18/10/2025													
Su 19/10/2025													

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 12, wk starting 20/10/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 20/10/2025		Seminar, Wk 12 Module: SIR704 (Applied Strength & Conditioning Principles 1 – Performance Measurement) Staff: Arczewski, Amadeusz; Harper, Ed Room: K - Biomechanics Lab		Self-Directed Study, Wk 12 Module: Self Directed Study			Lecture, Wk 12 Module: SPT701 (Dissertation) Staff: Lewis1, Richard Room: Colliers Park						
Tuesday 21/10/2025			Self-Directed Study, Wk 12 Module: Self Directed Study			Lecture, Wk 12 Module: SPT702 (Research Practice and Examination in Sport & Exercise Science) Staff: Hughes, Jonathan Room: K04 - Teams Meeting Room							
We 22/10/2025			Self-Directed Study, Wk 12 Module: Self Directed Study										
Thursday 23/10/2025			Seminar, Wk 12 Module: SPT706 (Entrepreneurship in Sport) Staff: TBA Room: K013 - Teams Meeting Room			Self-Directed Study, Wk 12 Module: Self Directed Study		Seminar, Wk 12 Module: SPT704 (Psychological Provision in Sport and Exercise) Staff: King, Tom Room: Colliers Park					
Friday 24/10/2025			Seminar, Wk 12 Module: SPT705 (Effective Leadership in Sport and Exercise Science) Staff: Hilton, Sara Room: Colliers Park			Self-Directed Study, Wk 12 Module: Self Directed Study							
Sat 25/10/2025													
Su 26/10/2025													

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 13, wk starting 27/10/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 27/10/2025			Self-Directed Study, Wk 13 Module: Self Directed Study			Self-Directed Study, Wk 13 Module: Self Directed Study							
Tuesday 28/10/2025			Self-Directed Study, Wk 13 Module: Self Directed Study			Self-Directed Study, Wk 13 Module: Self Directed Study							
Wed 29/10/2025			Self-Directed Study, Wk 13 Module: Self Directed Study										
Thu 30/10/2025			Self-Directed Study, Wk 13 Module: Self Directed Study			Self-Directed Study, Wk 13 Module: Self Directed Study							
Friday 31/10/2025			Self-Directed Study, Wk 13 Module: Self Directed Study			Self-Directed Study, Wk 13 Module: Self Directed Study							
Sat 01/11/2025													
Su 02/11/2025													

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 14, wk starting 03/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 03/11/2025		Seminar, Wk 14 Module: SIR704 (Applied Strength & Conditioning Principles 1 – Performance Measurement) Staff: Arczewski, Amadeusz; Harper, Ed Room: K - Biomechanics Lab		Self-Directed Study, Wk 14 Module: Self Directed Study			Lecture, Wk 14 Module: SPT701 (Dissertation) Staff: Hughes, Jonathan Room: Colliers Park						
Tuesday 04/11/2025			Self-Directed Study, Wk 14 Module: Self Directed Study			Lecture, Wk 14 Module: SPT702 (Research Practice and Examination in Sport & Exercise Science) Staff: Ferrari, Julian Room: K04 - Teams Meeting Room							
We 05/11/2025			Self-Directed Study, Wk 14 Module: Self Directed Study										
Thursday 06/11/2025			Seminar, Wk 14 Module: SPT706 (Entrepreneurship in Sport) Staff: TBA Room: K013 - Teams Meeting Room			Self-Directed Study, Wk 14 Module: Self Directed Study		Seminar, Wk 14 Module: SPT704 (Psychological Provision in Sport and Exercise) Staff: King, Tom Room: Colliers Park					
Friday 07/11/2025			Seminar, Wk 14 Module: SPT705 (Effective Leadership in Sport and Exercise Science) Staff: Hilton, Sara Room: Colliers Park			Self-Directed Study, Wk 14 Module: Self Directed Study							
Sat 08/11/2025													
Su 09/11/2025													

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 15, wk starting 10/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 10/11/2025		Seminar, Wk 15 Module: SIR704 (Applied Strength & Conditioning Principles 1 – Performance Measurement) Staff: Arczewski, Amadeusz; Harper, Ed Room: K - Biomechanics Lab				Self-Directed Study, Wk 15 Module: Self Directed Study							
Tuesday 11/11/2025			Self-Directed Study, Wk 15 Module: Self Directed Study			Lecture, Wk 15 Module: SPT702 (Research Practice and Examination in Sport & Exercise Science) Staff: Lewis1, Richard Room: M306							
We 12/11/2025			Self-Directed Study, Wk 15 Module: Self Directed Study										
Thursday 13/11/2025			Seminar, Wk 15 Module: SPT706 (Entrepreneurship in Sport) Staff: TBA Room: K013 - Teams Meeting Room			Self-Directed Study, Wk 15 Module: Self Directed Study		Seminar, Wk 15 Module: SPT704 (Psychological Provision in Sport and Exercise) Staff: King, Tom Room: Colliers Park					
Friday 14/11/2025			Seminar, Wk 15 Module: SPT705 (Effective Leadership in Sport and Exercise Science) Staff: Hilton, Sara Room: Colliers Park			Self-Directed Study, Wk 15 Module: Self Directed Study							
Sat 15/11/2025													
Su 16/11/2025													

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 16, wk starting 17/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 17/11/2025		Seminar, Wk 16 Module: SIR704 (Applied Strength & Conditioning Principles 1 – Performance Measurement) Staff: Arczewski, Amadeusz; Harper, Ed Room: K - Biomechanics Lab		Self-Directed Study, Wk 16 Module: Self Directed Study			Lecture, Wk 16 Module: SPT701 (Dissertation) Staff: Batty, Chelsea Room: Colliers Park						
Tuesday 18/11/2025			Self-Directed Study, Wk 16 Module: Self Directed Study			Lecture, Wk 16 Module: SPT702 (Research Practice and Examination in Sport & Exercise Science) Staff: Lewis1, Richard Room: M306							
We 19/11/2025			Self-Directed Study, Wk 16 Module: Self Directed Study										
Thursday 20/11/2025			Seminar, Wk 16 Module: SPT706 (Entrepreneurship in Sport) Staff: TBA Room: K013 - Teams Meeting Room			Self-Directed Study, Wk 16 Module: Self Directed Study		Seminar, Wk 16 Module: SPT704 (Psychological Provision in Sport and Exercise) Staff: King, Tom Room: Colliers Park					
Friday 21/11/2025			Seminar, Wk 16 Module: SPT705 (Effective Leadership in Sport and Exercise Science) Staff: Hilton, Sara Room: Colliers Park			Self-Directed Study, Wk 16 Module: Self Directed Study							
Sat 22/11/2025													
Su 23/11/2025													

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 17, wk starting 24/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 24/11/2025		Seminar, Wk 17 Module: SIR704 (Applied Strength & Conditioning Principles 1 – Performance Measurement) Staff: Arczewski, Amadeusz; Harper, Ed Room: K - Biomechanics Lab		Self-Directed Study, Wk 17 Module: Self Directed Study			Lecture, Wk 17 Module: SPT701 (Dissertation) Staff: Batty, Chelsea Room: Colliers Park						
Tuesday 25/11/2025			Self-Directed Study, Wk 17 Module: Self Directed Study			Lecture, Wk 17 Module: SPT702 (Research Practice and Examination in Sport & Exercise Science) Staff: Lewis1, Richard Room: L101 (PC Room)							
We 26/11/2025			Self-Directed Study, Wk 17 Module: Self Directed Study										
Thursday 27/11/2025			Seminar, Wk 17 Module: SPT706 (Entrepreneurship in Sport) Staff: TBA Room: K013 - Teams Meeting Room			Self-Directed Study, Wk 17 Module: Self Directed Study		Seminar, Wk 17 Module: SPT704 (Psychological Provision in Sport and Exercise) Staff: King, Tom Room: Colliers Park					
Friday 28/11/2025			Seminar, Wk 17 Module: SPT705 (Effective Leadership in Sport and Exercise Science) Staff: Hilton, Sara Room: Colliers Park			Self-Directed Study, Wk 17 Module: Self Directed Study							
Sat 29/11/2025													
Su 30/11/2025													

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 18, wk starting 01/12/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 01/12/2025		Seminar, Wk 18 Module: SIR704 (Applied Strength & Conditioning Principles 1 – Performance Measurement) Staff: Arczewski, Amadeusz; Harper, Ed Room: K - Biomechanics Lab				Self-Directed Study, Wk 18 Module: Self Directed Study							
Tuesday 02/12/2025			Self-Directed Study, Wk 18 Module: Self Directed Study			Lecture, Wk 18 Module: SPT702 (Research Practice and Examination in Sport & Exercise Science) Staff: Lewis1, Richard Room: K04 - Teams Meeting Room							
We 03/12/2025			Self-Directed Study, Wk 18 Module: Self Directed Study										
Thursday 04/12/2025			Seminar, Wk 18 Module: SPT706 (Entrepreneurship in Sport) Staff: TBA Room: K013 - Teams Meeting Room			Self-Directed Study, Wk 18 Module: Self Directed Study		Seminar, Wk 18 Module: SPT704 (Psychological Provision in Sport and Exercise) Staff: King, Tom Room: Colliers Park					
Friday 05/12/2025			Seminar, Wk 18 Module: SPT705 (Effective Leadership in Sport and Exercise Science) Staff: Hilton, Sara Room: Colliers Park			Self-Directed Study, Wk 18 Module: Self Directed Study							
Sat 06/12/2025													
Su 07/12/2025													

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 19, wk starting 08/12/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 08/12/2025		Seminar, Wk 19 Module: SIR704 (Applied Strength & Conditioning Principles 1 – Performance Measurement) Staff: Arczewski, Amadeusz; Harper, Ed Room: K - Biomechanics Lab				Self-Directed Study, Wk 19 Module: Self Directed Study							
Tuesday 09/12/2025			Self-Directed Study, Wk 19 Module: Self Directed Study			Lecture, Wk 19 Module: SPT702 (Research Practice and Examination in Sport & Exercise Science) Staff: Lewis1, Richard Room: K04 - Teams Meeting Room							
We 10/12/2025			Self-Directed Study, Wk 19 Module: Self Directed Study										
Thursday 11/12/2025			Seminar, Wk 19 Module: SPT706 (Entrepreneurship in Sport) Staff: TBA Room: K013 - Teams Meeting Room			Self-Directed Study, Wk 19 Module: Self Directed Study		Seminar, Wk 19 Module: SPT704 (Psychological Provision in Sport and Exercise) Staff: King, Tom Room: Colliers Park					
Friday 12/12/2025			Seminar, Wk 19 Module: SPT705 (Effective Leadership in Sport and Exercise Science) Staff: Hilton, Sara Room: Colliers Park			Self-Directed Study, Wk 19 Module: Self Directed Study							
Sat 13/12/2025													
Su 14/12/2025													

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 21, wk starting 22/12/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 22/12/2025													
Tu 23/12/2025													
We 24/12/2025													
Th 25/12/2025	University is closed, Wk 21												
Fri 26/12/2025	University is closed, Wk 21												
Sat 27/12/2025	University is closed, Wk 21												
Su 28/12/2025	University is closed, Wk 21												

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 22, wk starting 29/12/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 29/12/2025	University is closed, Wk 22												
Tu 30/12/2025	University is closed, Wk 22												
We 31/12/2025	University is closed, Wk 22												
Th 01/01/2026	University is closed, Wk 22												
Fri 02/01/2026													
Sat 03/01/2026													
Su 04/01/2026													

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 23, wk starting 05/01/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 05/01/2026		Seminar, Wk 23 Module: SIR704 (Applied Strength & Conditioning Principles 1 – Performance Measurement) Staff: Arczewski, Amadeusz; Harper, Ed Room: K - Biomechanics Lab				Self-Directed Study, Wk 23 Module: Self Directed Study							
Tuesday 06/01/2026			Self-Directed Study, Wk 23 Module: Self Directed Study			Lecture, Wk 23 Module: SPT702 (Research Practice and Examination in Sport & Exercise Science) Staff: Batty, Chelsea Room: K04 - Teams Meeting Room							
We 07/01/2026			Self-Directed Study, Wk 23 Module: Self Directed Study										
Thursday 08/01/2026			Seminar, Wk 23 Module: SPT706 (Entrepreneurship in Sport) Staff: TBA Room: K013 - Teams Meeting Room			Self-Directed Study, Wk 23 Module: Self Directed Study		Seminar, Wk 23 Module: SPT704 (Psychological Provision in Sport and Exercise) Staff: King, Tom Room: Colliers Park					
Friday 09/01/2026			Self-Directed Study, Wk 23 Module: SPT705 (Effective Leadership in Sport and Exercise Science)			Self-Directed Study, Wk 23 Module: Self Directed Study							
Sat 10/01/2026													
Su 11/01/2026													

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 24, wk starting 12/01/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 12/01/2026		Seminar, Wk 24 Module: SIR704 (Applied Strength & Conditioning Principles 1 – Performance Measurement) Staff: Arczewski, Amadeusz; Harper, Ed Room: K - Biomechanics Lab		Self-Directed Study, Wk 24 Module: Self Directed Study			Online Tutorials, Wk 24 Module: SPT701 (Dissertation) Staff: Batty, Chelsea; Hughes, Jonathan; Lewis1, Richard Room: Colliers Park						
Tue 13/01/2026			Self-Directed Study, Wk 24 Module: Self Directed Study			Self-Directed Study, Wk 24 Module: Self Directed Study							
We 14/01/2026			Self-Directed Study, Wk 24 Module: Self Directed Study										
Thursday 15/01/2026			Seminar, Wk 24 Module: SPT706 (Entrepreneurship in Sport) Staff: TBA Room: K013 - Teams Meeting Room			Self-Directed Study, Wk 24 Module: Self Directed Study		Online Tutorials, Wk 24 Module: SPT704 (Psychological Provision in Sport and Exercise) Staff: King, Tom					
Friday 16/01/2026			Self-Directed Study, Wk 24 Module: SPT705 (Effective Leadership in Sport and Exercise Science)			Self-Directed Study, Wk 24 Module: Self Directed Study							
Sat 17/01/2026													
Su 18/01/2026													

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 25, wk starting 19/01/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 19/01/2026			Self-Directed Study, Wk 25 Module: Self Directed Study			Self-Directed Study, Wk 25 Module: Self Directed Study							
Tuesday 20/01/2026			Self-Directed Study, Wk 25 Module: Self Directed Study			Self-Directed Study, Wk 25 Module: Self Directed Study							
Wed 21/01/2026			Self-Directed Study, Wk 25 Module: Self Directed Study										
Thursday 22/01/2026			Self-Directed Study, Wk 25 Module: Self Directed Study			Self-Directed Study, Wk 25 Module: Self Directed Study	Online Tutorials, Wk 25 Module: <u>SPT704 (Psychological Provision in Sport and Exercise)</u> Staff: King, Tom						
Friday 23/01/2026			Self-Directed Study, Wk 25 Module: Self Directed Study			Self-Directed Study, Wk 25 Module: Self Directed Study							
Sat 24/01/2026													
Su 25/01/2026													

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 26, wk starting 26/01/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 26/01/2026		<div>Seminar, Wk 26 Module: SIR705 (Applied Strength & Conditioning Principles 2 – Programme Design & Implementation) Staff: Arczewski, Amadeusz; Harper, Ed Room: K - Biomechanics Lab</div>				<div>Self-Directed Study, Wk 26 Module: Self Directed Study</div>							
Tuesday 27/01/2026			<div>Seminar, Wk 26 Module: SES703 (Performance Biomechanics) Staff: Ferrari, Julian Room: K013 - Teams Meeting Room</div>			<div>Self-Directed Study, Wk 26 Module: Self Directed Study</div>							
We 28/01/2026			<div>Self-Directed Study, Wk 26 Module: Self Directed Study</div>										
Thursday 29/01/2026			<div>Lecture, 10:00AM-11:30AM, Wk 26 Module: SPT707 (Strength Training Exercise Physiology Principles) Staff: Lewis1, Richard Room: K04 - Teams Meeting Room</div>			<div>Self-Directed Study, Wk 26 Module: Self Directed Study</div>							
Friday 30/01/2026			<div>Self-Directed Study, Wk 26 Module: SPT705 (Effective Leadership in Sport and Exercise Science)</div>			<div>Self-Directed Study, Wk 26 Module: Self Directed Study</div>							
Sat 31/01/2026													
Su 01/02/2026													

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 27, wk starting 02/02/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 02/02/2026		<div>Seminar, Wk 27 Module: SIR705 (Applied Strength & Conditioning Principles 2 – Programme Design & Implementation) Staff: Arczewski, Amadeusz; Harper, Ed Room: K - Biomechanics Lab</div>				<div>Self-Directed Study, Wk 27 Module: Self Directed Study</div>							
Tuesday 03/02/2026			<div>Seminar, Wk 27 Module: SES703 (Performance Biomechanics) Staff: Ferrari, Julian Room: K013 - Teams Meeting Room</div>			<div>Self-Directed Study, Wk 27 Module: Self Directed Study</div>							
We 04/02/2026			<div>Self-Directed Study, Wk 27 Module: Self Directed Study</div>										
Thursday 05/02/2026			<div>Lecture, 10:00AM-11:30AM, Wk 27 Module: SPT707 (Strength Training Exercise Physiology Principles) Staff: Lewis1, Richard Room: K04 - Teams Meeting Room</div>			<div>Self-Directed Study, Wk 27 Module: Self Directed Study</div>							
Friday 06/02/2026			<div>Seminar, Wk 27 Module: SPT705 (Effective Leadership in Sport and Exercise Science) Staff: Hilton, Sara Room: Colliers Park</div>			<div>Self-Directed Study, Wk 27 Module: Self Directed Study</div>							
Sat 07/02/2026													
Su 08/02/2026													

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 28, wk starting 09/02/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 09/02/2026		Seminar, Wk 28 Module: SIR705 (Applied Strength & Conditioning Principles 2 – Programme Design & Implementation) Staff: Arczewski, Amadeusz; Harper, Ed Room: K - Biomechanics Lab				Self-Directed Study, Wk 28 Module: Self Directed Study							
Tuesday 10/02/2026			Practical, Wk 28 Module: SES703 (Performance Biomechanics) Staff: Arczewski, Amadeusz; Ferrari, Julian Room: K - Biomechanics Lab			Self-Directed Study, Wk 28 Module: Self Directed Study							
Wed 11/02/2026			Practical, Wk 28 Module: SES703 (Performance Biomechanics) Staff: Arczewski, Amadeusz; Ferrari, Julian Room: K - Biomechanics Lab										
Thursday 12/02/2026			Lecture, 10:00AM-11:30AM, Wk 28 Module: SPT707 (Strength Training Exercise Physiology Principles) Staff: Lewis1, Richard Room: K04 - Teams Meeting Room			Self-Directed Study, Wk 28 Module: Self Directed Study							
Friday 13/02/2026			Seminar, Wk 28 Module: SPT705 (Effective Leadership in Sport and Exercise Science) Staff: Hilton, Sara Room: Colliers Park			Self-Directed Study, Wk 28 Module: Self Directed Study							
Sat 14/02/2026													
Su 15/02/2026													

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 29, wk starting 16/02/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 16/02/2026		<div>Practical, Wk 29</div> <div>Module: SIR705 (Applied Strength & Conditioning Principles 2 – Programme Design & Implementation)</div> <div>Staff: Arczewski, Amadeusz; Harper, Ed; Lewis1, Richard</div> <div>Room: K - Biomechanics Lab</div>				<div>Practical, Wk 29</div> <div>Module: SPT707 (Strength Training Exercise Physiology Principles)</div> <div>Staff: Arczewski, Amadeusz; Lewis1, Richard</div> <div>Rooms: K - Biomechanics Lab; M101 (Sports Lab)</div>							
Tuesday 17/02/2026		<div>Practical, Wk 29</div> <div>Module: SPT707 (Strength Training Exercise Physiology Principles)</div> <div>Staff: Arczewski, Amadeusz; Lewis1, Richard</div> <div>Room: M101 (Sports Lab)</div>				<div>Practical, Wk 29</div> <div>Module: SPT707 (Strength Training Exercise Physiology Principles)</div> <div>Staff: Arczewski, Amadeusz; Lewis1, Richard</div> <div>Room: K - Biomechanics Lab</div>							
Wednesday 18/02/2026		<div>Practical, Wk 29</div> <div>Module: SES703 (Performance Biomechanics)</div> <div>Staff: Arczewski, Amadeusz; Ferrari, Julian</div> <div>Room: K - Biomechanics Lab</div>				<div>Practical, Wk 29</div> <div>Module: SES703 (Performance Biomechanics)</div> <div>Staff: Arczewski, Amadeusz; Ferrari, Julian</div> <div>Room: K - Biomechanics Lab</div>							
Thu 19/02/2026			<div>Self-Directed Study, Wk 29</div> <div>Module: Self Directed Study</div>			<div>Self-Directed Study, Wk 29</div> <div>Module: Self Directed Study</div>							
Friday 20/02/2026			<div>Self-Directed Study, Wk 29</div> <div>Module: Self Directed Study</div>			<div>Self-Directed Study, Wk 29</div> <div>Module: Self Directed Study</div>							
Sat 21/02/2026													
Su 22/02/2026													

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 30, wk starting 23/02/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 23/02/2026		<div>Seminar, Wk 30 Module: SIR705 (Applied Strength & Conditioning Principles 2 – Programme Design & Implementation) Staff: Arczewski, Amadeusz; Harper, Ed Room: K - Biomechanics Lab</div>				<div>Self-Directed Study, Wk 30 Module: Self Directed Study</div>							
Tuesday 24/02/2026			<div>Seminar, Wk 30 Module: SES703 (Performance Biomechanics) Staff: Ferrari, Julian Room: K013 - Teams Meeting Room</div>			<div>Lecture, Wk 30 Module: SPT702 (Research Practice and Examination in Sport & Exercise Science) Staff: Lewis1, Richard Room: K04 - Teams Meeting Room</div>		<div>Self-Directed Study, Wk 30 Module: Self Directed Study</div>					
We 25/02/2026			<div>Self-Directed Study, Wk 30 Module: Self Directed Study</div>										
Thursday 26/02/2026			<div>Lecture, 10:00AM-11:30AM, Wk 30 Module: SPT707 (Strength Training Exercise Physiology Principles) Staff: Lewis1, Richard Room: K04 - Teams Meeting Room</div>			<div>Self-Directed Study, Wk 30 Module: Self Directed Study</div>							
Friday 27/02/2026			<div>Seminar, Wk 30 Module: SPT705 (Effective Leadership in Sport and Exercise Science) Staff: Hilton, Sara Room: Colliers Park</div>			<div>Self-Directed Study, Wk 30 Module: Self Directed Study</div>							
Sat 28/02/2026													
Su 01/03/2026													

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 31, wk starting 02/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 02/03/2026		Seminar, Wk 31 Module: SIR705 (Applied Strength & Conditioning Principles 2 – Programme Design & Implementation) Staff: Arczewski, Amadeusz; Harper, Ed Room: K - Biomechanics Lab				Self-Directed Study, Wk 31 Module: Self Directed Study							
Tuesday 03/03/2026			Self-Directed Study, Wk 31 Module: Self Directed Study			Practical, Wk 31 Module: SES703 (Performance Biomechanics) Staff: Arczewski, Amadeusz; Ferrari, Julian Room: K - Biomechanics Lab		Self-Directed Study, Wk 31 Module: Self Directed Study					
Wed 04/03/2026			Practical, Wk 31 Module: SES703 (Performance Biomechanics) Staff: Arczewski, Amadeusz; Ferrari, Julian Room: K - Biomechanics Lab										
Thursday 05/03/2026			Lecture, 10:00AM-11:30AM, Wk 31 Module: SPT707 (Strength Training Exercise Physiology Principles) Staff: Lewis1, Richard Room: K04 - Teams Meeting Room			Self-Directed Study, Wk 31 Module: Self Directed Study							
Friday 06/03/2026			Seminar, Wk 31 Module: SPT705 (Effective Leadership in Sport and Exercise Science) Staff: Hilton, Sara Room: Colliers Park			Self-Directed Study, Wk 31 Module: Self Directed Study							
Sat 07/03/2026													
Su 08/03/2026													

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 32, wk starting 09/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 09/03/2026		Seminar, Wk 32 Module: SIR705 (Applied Strength & Conditioning Principles 2 – Programme Design & Implementation) Staff: Arczewski, Amadeusz; Harper, Ed Room: K - Biomechanics Lab				Self-Directed Study, Wk 32 Module: Self Directed Study							
Tuesday 10/03/2026			Seminar, Wk 32 Module: SES703 (Performance Biomechanics) Staff: Ferrari, Julian Room: B22			Self-Directed Study, Wk 32 Module: Self Directed Study							
We 11/03/2026			Self-Directed Study, Wk 32 Module: Self Directed Study										
Thursday 12/03/2026			Lecture, 10:00AM-11:30AM, Wk 32 Module: SPT707 (Strength Training Exercise Physiology Principles) Staff: Lewis1, Richard Room: K04 - Teams Meeting Room			Self-Directed Study, Wk 32 Module: Self Directed Study							
Friday 13/03/2026			Self-Directed Study, Wk 32 Module: SPT705 (Effective Leadership in Sport and Exercise Science)			Self-Directed Study, Wk 32 Module: Self Directed Study							
Sat 14/03/2026													
Su 15/03/2026													

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 33, wk starting 16/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 16/03/2026		<div>Seminar, Wk 33 Module: SIR705 (Applied Strength & Conditioning Principles 2 – Programme Design & Implementation) Staff: Arczewski, Amadeusz; Harper, Ed Room: K - Biomechanics Lab</div>				<div>Self-Directed Study, Wk 33 Module: Self Directed Study</div>							
Tue 17/03/2026			<div>Seminar, Wk 33 Module: SES703 (Performance Biomechanics) Staff: Ferrari, Julian Room: B12 PC Room</div>			<div>Online Tutorials, Wk 33 Module: SPT702 (Research Practice and Examination in Sport & Exercise Science) Staff: Lewis1, Richard</div>		<div>Self-Directed Study, Wk 33 Module: Self Directed Study</div>					
Wed 18/03/2026			<div>Practical, Wk 33 Module: SES703 (Performance Biomechanics) Staff: Arczewski, Amadeusz; Ferrari, Julian Room: K - Biomechanics Lab</div>										
Thursday 19/03/2026			<div>Lecture, 10:00AM-11:30AM, Wk 33 Module: SPT707 (Strength Training Exercise Physiology Principles) Staff: Lewis1, Richard Room: K04 - Teams Meeting Room</div>			<div>Self-Directed Study, Wk 33 Module: Self Directed Study</div>							
Friday 20/03/2026			<div>Self-Directed Study, Wk 33 Module: SPT705 (Effective Leadership in Sport and Exercise Science)</div>			<div>Self-Directed Study, Wk 33 Module: Self Directed Study</div>							
Sat 21/03/2026													
Su 22/03/2026													

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 34, wk starting 23/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 23/03/2026		Seminar, Wk 34 Module: SIR705 (Applied Strength & Conditioning Principles 2 – Programme Design & Implementation) Staff: Arczewski, Amadeusz; Harper, Ed Room: K - Biomechanics Lab				Self-Directed Study, Wk 34 Module: Self Directed Study							
Tuesday 24/03/2026			Self-Directed Study, Wk 34 Module: Self Directed Study			Seminar, Wk 34 Module: SES703 (Performance Biomechanics) Staff: Ferrari, Julian Room: K013 - Teams Meeting Room		Self-Directed Study, Wk 34 Module: Self Directed Study					
We 25/03/2026			Self-Directed Study, Wk 34 Module: Self Directed Study										
Thursday 26/03/2026			Lecture, 10:00AM-11:30AM, Wk 34 Module: SPT707 (Strength Training Exercise Physiology Principles) Staff: Lewis1, Richard Room: K04 - Teams Meeting Room			Self-Directed Study, Wk 34 Module: Self Directed Study							
Friday 27/03/2026			Presentation, Wk 34 Module: SPT705 (Effective Leadership in Sport and Exercise Science) Staff: Hilton, Sara Room: Colliers Park			Self-Directed Study, Wk 34 Module: Self Directed Study							
Sat 28/03/2026													
Su 29/03/2026													

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 35, wk starting 30/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 30/03/2026													
Tu 31/03/2026													
We 01/04/2026													
Th 02/04/2026													
Fri 03/04/2026	Bank Holiday University is closed, Wk 35												
Sat 04/04/2026	University is closed, Wk 35												
Su 05/04/2026	University is closed, Wk 35												

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 36, wk starting 06/04/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 06/04/2026	Bank Holiday University is closed, Wk 36												
Tu 07/04/2026	University is closed, Wk 36												
We 08/04/2026													
Th 09/04/2026													
Fri 10/04/2026													
Sat 11/04/2026													
Su 12/04/2026													

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 37, wk starting 13/04/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 13/04/2026		Seminar, Wk 37 Module: SIR705 (Applied Strength & Conditioning Principles 2 – Programme Design & Implementation) Staff: Arczewski, Amadeusz; Harper, Ed Room: K - Biomechanics Lab				Self-Directed Study, Wk 37 Module: Self Directed Study							
Tuesday 14/04/2026			Seminar, Wk 37 Module: SES703 (Performance Biomechanics) Staff: Ferrari, Julian Room: K013 - Teams Meeting Room			Self-Directed Study, Wk 37 Module: Self Directed Study							
We 15/04/2026			Self-Directed Study, Wk 37 Module: Self Directed Study										
Thursday 16/04/2026			Online Tutorials, 10:00AM-11:30AM, Wk 37 Module: SPT707 (Strength Training Exercise Physiology Principles) Staff: Lewis1, Richard			Self-Directed Study, Wk 37 Module: Self Directed Study							
Fri 17/04/2026			Self-Directed Study, Wk 37 Module: Self Directed Study			Self-Directed Study, Wk 37 Module: Self Directed Study							
Sat 18/04/2026													
Su 19/04/2026													

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 38, wk starting 20/04/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 20/04/2026		Seminar, Wk 38 Module: SIR705 (Applied Strength & Conditioning Principles 2 – Programme Design & Implementation) Staff: Arczewski, Amadeusz; Harper, Ed Room: K - Biomechanics Lab				Self-Directed Study, Wk 38 Module: Self Directed Study							
Tue 21/04/2026			Self-Directed Study, Wk 38 Module: Self Directed Study			Self-Directed Study, Wk 38 Module: Self Directed Study							
We 22/04/2026			Self-Directed Study, Wk 38 Module: Self Directed Study										
Thursday 23/04/2026			Online Tutorials, 10:00AM-11:30AM, Wk 38 Module: SPT707 (Strength Training Exercise Physiology Principles) Staff: Lewis1, Richard			Self-Directed Study, Wk 38 Module: Self Directed Study							
Fri 24/04/2026			Self-Directed Study, Wk 38 Module: Self Directed Study			Self-Directed Study, Wk 38 Module: Self Directed Study							
Sat 25/04/2026													
Su 26/04/2026													

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 39, wk starting 27/04/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 27/04/2026		<div>Seminar, Wk 39 Module: SIR705 (Applied Strength & Conditioning Principles 2 – Programme Design & Implementation) Staff: Arczewski, Amadeusz; Harper, Ed Room: K - Biomechanics Lab</div>				<div>Self-Directed Study, Wk 39 Module: Self Directed Study</div>							
Tuesday 28/04/2026			<div>Online Tutorials, Wk 39 Module: SES703 (Performance Biomechanics) Staff: Ferrari, Julian</div>			<div>Self-Directed Study, Wk 39 Module: Self Directed Study</div>							
Wed 29/04/2026	<div>Exam prep Practical, Wk 39 Module: SES703 (Performance Biomechanics) Staff: Arczewski, Amadeusz; Ferrari, Julian Room: K - Biomechanics Lab</div>												
Thursday 30/04/2026			<div>Online Tutorials, 10:00AM-11:30AM, Wk 39 Module: SPT707 (Strength Training Exercise Physiology Principles) Staff: Lewis1, Richard</div>			<div>Self-Directed Study, Wk 39 Module: Self Directed Study</div>							
Fri 01/05/2026			<div>Self-Directed Study, Wk 39 Module: Self Directed Study</div>			<div>Self-Directed Study, Wk 39 Module: Self Directed Study</div>							
Sat 02/05/2026													
Su 03/05/2026													

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 40, wk starting 04/05/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 04/05/2026	Bank Holiday University is closed, Wk 40												
Tuesday 05/05/2026			Self-Directed Study, Wk 40 Module: Self Directed Study			Self-Directed Study, Wk 40 Module: Self Directed Study							
Wed 06/05/2026			Self-Directed Study, Wk 40 Module: Self Directed Study										
Thu 07/05/2026			Self-Directed Study, Wk 40 Module: Self Directed Study			Self-Directed Study, Wk 40 Module: Self Directed Study							
Friday 08/05/2026			Self-Directed Study, Wk 40 Module: Self Directed Study			Self-Directed Study, Wk 40 Module: Self Directed Study							
Sat 09/05/2026													
Su 10/05/2026													

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 41, wk starting 11/05/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 11/05/2026			Self-Directed Study, Wk 41 Module: Self Directed Study			Self-Directed Study, Wk 41 Module: Self Directed Study							
Tuesday 12/05/2026			Self-Directed Study, Wk 41 Module: Self Directed Study			Self-Directed Study, Wk 41 Module: Self Directed Study							
Wed 13/05/2026			Self-Directed Study, Wk 41 Module: Self Directed Study										
Thu 14/05/2026			Self-Directed Study, Wk 41 Module: Self Directed Study			Self-Directed Study, Wk 41 Module: Self Directed Study							
Friday 15/05/2026			Self-Directed Study, Wk 41 Module: Self Directed Study			Self-Directed Study, Wk 41 Module: Self Directed Study							
Sat 16/05/2026													
Su 17/05/2026													

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 43, wk starting 25/05/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 25/05/2026	Bank Holiday University is closed, Wk 43												
Tu 26/05/2026													
We 27/05/2026													
Th 28/05/2026													
Fri 29/05/2026													
Sat 30/05/2026													
Su 31/05/2026													

Wrexham University Academic Timetables

Group timetable - MSc Sport & Exercise Sciences (Sport Performance Science) - Full Time (Wk 5, wk starting 31/08/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 31/08/2026	Bank Holiday University is closed, Wk 5												
Tu 01/09/2026													
We 02/09/2026													
Th 03/09/2026													
Fri 04/09/2026													
Sat 05/09/2026													
Su 06/09/2026													