## Wrexham University Academic Timetables Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 7, wk starting 15/09/2025)

|                       | 08:00AM | 09:00AM                   | 10:00AM             | 11:00AM     | 12:00PM     | 01:00PM     | 02:00PM     | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|-----------------------|---------|---------------------------|---------------------|-------------|-------------|-------------|-------------|---------|---------|---------|---------|---------|---------|
| Mo<br>15/09/2025      |         | Welcome w<br>Induction, \ | veek commer<br>Wk 7 | nces on Mon | day 22nd Se | eptember 20 | 25 (Week 8) |         |         |         |         |         |         |
| <b>Tu</b>             |         |                           |                     |             |             |             |             |         |         |         |         |         |         |
| We 17/09/2025         |         |                           |                     |             |             |             |             |         |         |         |         |         |         |
| <b>Th</b>             |         |                           |                     |             |             |             |             |         |         |         |         |         |         |
| <b>Fri</b> 19/09/2025 |         |                           |                     |             |             |             |             |         |         |         |         |         |         |
| <b>Sat</b> 20/09/2025 |         |                           |                     |             |             |             |             |         |         |         |         |         |         |
| <b>Su</b> 21/09/2025  |         |                           |                     |             |             |             |             |         |         |         |         |         |         |

#### Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 8, wk starting 22/09/2025)

|                      | 08:00AM | 09:00AM   | 10:00AM  | 11:00AM   | 12:00PM | 01:00PM   | 02:00PM   | 03:00PM   | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|----------------------|---------|---|--|---|---------|---|---|---|---------|---------|---------|---------|---------|
| Monday<br>22/09/2025 |         | Welcome Induction, Wk 8 Staff: Ferrari, Julian Room: B108 | VC Welcome address to UG students Induction, Wk 8 Room: William Aston Hall | Introduction to programme Induction, Wk 8 Staff: King, Tom Room: B123 |         | Planetary A<br>Induction,<br>Staff: Batty<br>Ferrari, Juli<br>Ed; Hilton, S<br>Hughes, Cl<br>Jonathan; I<br>Lewis1, Ric<br>Room: Spo<br>(Hockey Pir | Wk 8  Chelsea; Ian; Harper, Sara; Iris; Hughes, King, Tom; Irishard Irts Centre | ID Car d Coll ecti on/ enro Ime nt Indu ctio n, 03: 00P M- 03: 30P M, W k 8 Staf f: Ferr ari, Juli an Roo m: Edw ard Llwy d Cen tre |         |         |         |         |         |

#### Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 8, wk starting 22/09/2025)

|                       | 08:00AM | 09:00AM | 10:00AM | 11:00AM  | 12:00PM  | 01:00PM  | 02:00PM  | 03:00PM   | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|-----------------------|---------|---------|---------|--|--|--|--|---|---------|---------|---------|---------|---------|
| Tuesday<br>23/09/2025 |         |         | Safety/ | Programm e Housekee ping / Handbook Induction, Wk 8 Staff: Arczewski, Amadeusz ; King, Tom Room: M101 (Sports Lab) | Mod<br>Stari<br>Indu<br>12:3<br>01:3<br>Wk<br>Staf<br>Arcz | t<br>ction,<br>0PM-<br>0PM,<br>8<br>f:<br>ewski,<br>ideusz<br>g,<br>n<br>m:<br>1 | Student & Campus Life Online Induction, Wk 8 https://wxmuni.short.gy/studentcampuslife | Consent<br>Training<br>Mandatory<br>Training,<br>Wk 8 |         |         |         |         |         |

#### Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 8, wk starting 22/09/2025)

|                       | 08:00AM | 09:00AM | 10:00AM | 11:00AM | 12:00PM | 01:00PM                            | 02:00PM   | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|-----------------------|---------|---------|---------|---------|---------|------------------------------------|---|---------|---------|---------|---------|---------|---------|
| Tuesday<br>23/09/2025 |         |         |         |         |         | n to<br>& EF<br>Qual<br>on<br>Indu | ificati<br>ction,<br>0PM-<br>0PM,                           |         |         |         |         |         |         |
| Tue<br>23/0           |         |         |         |         |         | Ama<br>; Huų<br>Jona<br>Rooi       | ewski,<br>deusz<br>ghes,<br>ithan<br>m: <u>K -</u><br>necha |         |         |         |         |         |         |

## Wrexham University Academic Timetables Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 8, wk starting 22/09/2025)

|                         | 08:00AM | 09:00AM | 10:00AM | 11:00AM | 12:00PM                                   | 01:00PM | 02:00PM  | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|-------------------------|---------|---------|---------|---------|---|---------|--|---------|---------|---------|---------|---------|---------|
| Wednesday<br>24/09/2025 |         |         |         |         |   |         | Stu dent Uni on talk Onli ne Indu ctio n, 02: 30P M-03: 00P M, W k 8 http s:// wx mun i. shor t.gy/ stud entu nion |         |         |         |         |         |         |
| <b>Thu</b> 25/09/2025   |         |         |         |         | estival<br>iversity Even<br>rt Centre (Ha |         | Vk 8   |         |         |         |         |         |         |

## Wrexham University Academic Timetables Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 8, wk starting 22/09/2025)

|                       | 08:00AM | 09:00AM | 10:00AM  | 11:00AM                         | 12:00PM | 01:00PM | 02:00PM | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|-----------------------|---------|---------|--|---------------------------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| Friday<br>26/09/2025  |         |         | Being<br>Prepa<br>for Yo<br>Studi<br>refer<br>Mood<br>Direct<br>Study<br>30AN<br>30AN<br>8 | ared our es - to lle ted /, 10: |         |         |         |         |         |         |         |         |         |
| <b>Sat</b> 27/09/2025 |         |         |  |                                 |         |         |         |         |         |         |         |         |         |
| <b>Su</b> 28/09/2025  |         |         |  |                                 |         |         |         |         |         |         |         |         |         |

## Wrexham University Academic Timetables Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 9, wk starting 29/09/2025)

|                          | 08:00AM | 09:00AM  | 10:00AM   | 11:00AM | 12:00PM | 01:00PM  | 02:00PM                                  | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|--------------------------|---------|--|---|---------|---------|--|--|---------|---------|---------|---------|---------|---------|
| Monday<br>29/09/2025     |         | Lecture, Wk 9 Modules: SES406 (Foundations of Anatomy and Exercise Physiology) SPT414 (Introduction to Anatomy and Physiology) Staff: Lewis1, Richard Room: K201 | Self-Directed S<br>Module: Self Dir                             |         |         | Self-Directed S<br>Module: Self Dir  |  |         |         |         |         |         |         |
| <b>Tu</b> 30/09/2025     |         |  | Self-Directed S<br>Module: Self Dir                             |         |         | Self-Directed S<br>Module: Self Dir  |  |         |         |         |         |         |         |
| We                       |         |  | Self-Directed S<br>Module: Self Dir                             |         |         |  |  |         |         |         |         |         |         |
| Thursday<br>02/10/2025   |         |  | Self-Directed S<br>Module: Self Dir                             |         |         | Lecture, Wk 9 Module: SPT4' Discovery within Sciences) Staff: Ferrari, Ji Chris; Lewis1, I Room: C18 Lea | n the Sport<br>ulian; Hughes,<br>Richard |         |         |         |         |         |         |
| <b>Friday</b> 03/10/2025 |         | Module<br>Staff: \   | e, 09:30AM-12:30<br>e: NAD402 (Introd<br>Wild, Zowie<br>: CIB18 |         | n)_     | Self-Directed S<br>Module: Self Dir  |  |         |         |         |         |         |         |
| <b>Sat</b> 04/10/2025    |         |  |   |         |         |  |  |         |         |         |         |         |         |
| <b>Su</b>                |         |  |   |         |         |  |  |         |         |         |         |         |         |

## Wrexham University Academic Timetables Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 10, wk starting 06/10/2025)

| 08:00AM               | 09:00AM  | 10:00AM  | 11:00AM  | 12:00PM | 01:00PM   | 02:00PM                        | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|-----------------------|--|--|--|---------|---|--------------------------------|---------|---------|---------|---------|---------|---------|
| Monday<br>06/10/2025  | Lecture, Wk 10 Modules: FAW423 (Introduction to Sport Science in Football) SES406 (Foundations of Anatomy and Exercise Physiology) SPC406 (The Physiology of Human Movement) SPT414 (Introduction to Anatomy and Physiology) Staff: Lewis1, Richard Room: K201 | Modules: SES40   | 6 (Foundations of<br>tercise Physiology<br>hysiology of<br>ent) SPT414<br>Anatomy and<br>, Amadeusz; |         | Self-Directed St<br>Module: Self Dir  | -                              |         |         |         |         |         |         |
| <b>Tu</b>             |  | Self-Directed St<br>Module: Self Dir                                   |  |         | Self-Directed St<br>Module: Self Dir  | -                              |         |         |         |         |         |         |
| We 08/10/2025         |  | Self-Directed St<br>Module: Self Dir                                   |  |         |   |                                |         |         |         |         |         |         |
| Thursday 09/10/2025   |  | Self-Directed St<br>Module: Self Dir                                   |  |         | Lecture, Wk 10 Module: SPT417 Discovery within Sciences) Staff: Ferrari, Ju Chris; Lewis1, R Room: C18 Lect | the Sport lian; Hughes, ichard |         |         |         |         |         |         |
| Friday<br>10/10/2025  | Module<br>Staff: \   | e, 09:30AM-12:30F<br>e: NAD402 (Introdu<br>Wild, Zowie<br><u>CIB18</u> |  |         | Self-Directed St<br>Module: Self Dir  | -                              |         |         |         |         |         |         |
| <b>Sat</b> 11/10/2025 |  |  |  |         |   |                                |         |         |         |         |         |         |
| Su<br>12/10/2025      |  |  |  |         |   |                                |         |         |         |         |         |         |

## Wrexham University Academic Timetables Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 11, wk starting 13/10/2025)

|                          | 08:00AM | 09:00AM  | 10:00AM   | 11:00AM  | 12:00PM | 01:00PM   | 02:00PM   | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|--------------------------|---------|--|---|--|---------|---|---|---------|---------|---------|---------|---------|---------|
| Monday<br>13/10/2025     |         | Lecture, Wk 11 Modules: FAW423 (Introduction to Sport Science in Football) SES406 (Foundations of Anatomy and Exercise Physiology) SPC406 (The Physiology of Human Movement) SPT414 (Introduction to Anatomy and Physiology) Staff: Lewis1, Richard Room: K201 | Sport Science in  | 23 (Introduction to<br>Football)<br>ations of Anatomy<br>ysiology)<br>nysiology of<br>nt) SPT414<br>Anatomy and<br>Amadeusz; |         | Self-Directed S<br>Module: Self Di  | -   |         |         |         |         |         |         |
| <b>Tu</b>                |         |  | Self-Directed Stu<br>Module: Self Dire  |  |         | Self-Directed Si<br>Module: Self Di   | -   |         |         |         |         |         |         |
| <b>We</b>                |         |  | Self-Directed Stu<br>Module: Self Dire  |  |         |   |   |         |         |         |         |         |         |
| Thursday<br>16/10/2025   |         |  | Self-Directed Str<br>Module: Self Dire  |  |         | Lecture, Wk 11 Module: SPT41 Discovery within Sciences) Staff: Ferrari, Ju Chris; Lewis1, F Room: C18 Lec | 7 (Academic<br>n the Sport<br>ulian; Hughes,<br>Richard |         |         |         |         |         |         |
| <b>Friday</b> 17/10/2025 |         | Module   | 19, 09:30AM-12:30P<br>: NAD402 (Introduction)<br>: NAD402 (Introduction)<br>: NAD402 (Introduction)<br>: NAD402 (Introduction)<br>: NAD402 (Introduction) |  |         | Self-Directed S<br>Module: Self Di  | -   |         |         |         |         |         |         |
| <b>Sat</b> 18/10/2025    |         |  |   |  |         |   |   |         |         |         |         |         |         |
| <b>Su</b>                |         |  |   |  |         |   |   |         |         |         |         |         |         |

## Wrexham University Academic Timetables Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 12, wk starting 20/10/2025)

| 08:00AM                | 09:00AM  | 10:00AM   | 11:00AM | 12:00PM | 01:00PM   | 02:00PM                        | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|------------------------|--|---|---------|---------|---|--------------------------------|---------|---------|---------|---------|---------|---------|
| Monday<br>20/10/2025   | Lecture, Wk 12 Modules: FAW423 (Introduction to Sport Science in Football) SES406 (Foundations of Anatomy and Exercise Physiology) SPC406 (The Physiology of Human Movement) SPT414 (Introduction to Anatomy and Physiology) Staff: Lewis1, Richard Room: K201 | Self-Directed Str<br>Module: Self Dir                           |         |         | Self-Directed St<br>Module: Self Dir  |                                |         |         |         |         |         |         |
| <b>Tu</b> 21/10/2025   |  | Self-Directed Str<br>Module: Self Directed Str                  |         |         | Self-Directed St<br>Module: Self Dir  |                                |         |         |         |         |         |         |
| We 22/10/2025          |  | Self-Directed Str<br>Module: Self Directed Str                  | -       |         |   |                                |         |         |         |         |         |         |
| Thursday<br>23/10/2025 |  | Self-Directed St<br>Module: Self Dir                            | -       |         | Lecture, Wk 12 Module: SPT417 Discovery within Sciences) Staff: Ferrari, Ju Chris; Lewis1, R Room: C18 Lect | the Sport lian; Hughes, ichard |         |         |         |         |         |         |
| Friday<br>24/10/2025   | Module<br>Staff: \   | 9, 09:30AM-12:30F<br>9: NAD402 (Introdu<br>Wild, Zowie<br>CIB18 |         |         | Self-Directed St<br>Module: Self Dir  | -                              |         |         |         |         |         |         |
| Sat 25/10/2025         |  |   |         |         |   |                                |         |         |         |         |         |         |
| Su<br>28/10/2025       |  |   |         |         |   |                                |         |         |         |         |         |         |

## Wrexham University Academic Timetables Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 13, wk starting 27/10/2025)

|                       | 08:00AM | 09:00AM | 10:00AM                                   | 11:00AM        | 12:00PM | 01:00PM                                  | 02:00PM       | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|-----------------------|---------|---------|---|----------------|---------|--|---------------|---------|---------|---------|---------|---------|---------|
| Monday<br>27/10/2025  |         |         | Self-Directe<br>13<br>Module: Se<br>Study | ed Study, What |         | Self-Direct<br>13<br>Module: Se<br>Study | ed Study, Wix |         |         |         |         |         |         |
| Tuesday 28/10/2025    |         |         | Self-Directe<br>13<br>Module: Se<br>Study | ed Study, What |         | Self-Direct<br>13<br>Module: Se<br>Study | ed Study, Wix |         |         |         |         |         |         |
| Wed<br>29/10/2025     |         |         | Self-Directe<br>13<br>Module: Se<br>Study | ed Study, What |         |  |               |         |         |         |         |         |         |
| Thu<br>30/10/2025     |         |         | Self-Directe<br>13<br>Module: Se<br>Study | ed Study, What |         | Self-Direct<br>13<br>Module: Se<br>Study | ed Study, Wix |         |         |         |         |         |         |
| Friday<br>31/10/2025  |         |         | Self-Directe<br>13<br>Module: Se<br>Study | ed Study, What |         | Self-Direct<br>13<br>Module: Se<br>Study | ed Study, Wi  |         |         |         |         |         |         |
| <b>Sat</b> 01/11/2025 |         |         |   |                |         |  |               |         |         |         |         |         |         |
| <b>Su</b>             |         |         |   |                |         |  |               |         |         |         |         |         |         |

## Wrexham University Academic Timetables Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 14, wk starting 03/11/2025)

|                          | 08:00AM | 09:00AM  | 10:00AM  | 11:00AM  | 12:00PM | 01:00PM   | 02:00PM                                | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|--------------------------|---------|--|--|--|---------|---|--|---------|---------|---------|---------|---------|---------|
| Monday<br>03/11/2025     |         | Lecture, Wk 14 Modules: FAW423 (Introduction to Sport Science in Football) SES406 (Foundations of Anatomy and Exercise Physiology) SPC406 (The Physiology of Human Movement) SPT414 (Introduction to Anatomy and Physiology) Staff: Lewis1, Richard Room: K201 | Sport Science in   | 23 (Introduction to<br>Football)<br>ations of Anatomy<br>ysiology)<br>nysiology of<br>nt) SPT414<br>Anatomy and<br>chard |         | Self-Directed St<br>Module: Self Dir  |  |         |         |         |         |         |         |
| <b>Tu</b>                |         |  | Self-Directed Stu<br>Module: Self Dire                                       | •  |         | Self-Directed St<br>Module: Self Dir  | •                                      |         |         |         |         |         |         |
| We 05/11/2025            |         |  | Self-Directed Stu<br>Module: Self Dire                                       |  |         |   |  |         |         |         |         |         |         |
| Thursday<br>06/11/2025   |         |  | Self-Directed Str<br>Module: Self Dire                                       | -  |         | Lecture, Wk 14 Module: SPT41: Discovery within Sciences) Staff: Ferrari, Ju Chris; Lewis1, F Room: C18 Lect | the Sport<br>llian; Hughes,<br>Richard |         |         |         |         |         |         |
| <b>Friday</b> 07/11/2025 |         | Module   | , 09:30AM-12:30P<br>: <u>NAD402 (Introduc</u><br>/ild, Zowie<br><u>CIB18</u> |  |         | Self-Directed St<br>Module: Self Dir  |  |         |         |         |         |         |         |
| <b>Sat</b> 08/11/2025    |         |  |  |  |         |   |  |         |         |         |         |         |         |
| <b>Su</b> 09/11/2025     |         |  |  |  |         |   |  |         |         |         |         |         |         |

#### Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 15, wk starting 10/11/2025)

|                       | 08:00AM | 09:00AM   | 10:00AM  | 11:00AM  | 12:00PM | 01:00PM                            | 02:00PM        | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|-----------------------|---------|---|--|--|---------|------------------------------------|----------------|---------|---------|---------|---------|---------|---------|
| Monday<br>10/11/2025  |         | Lecture, Wk 15  Modules: FAW423 (Introduction to Sport Science in Football) SES406 (Foundations of Anatomy and Exercise Physiology); SPC406 (The Physiology of Human Movement); SPT414 (Introduction to Anatomy and Physiology) Staff: Lewis1, Richard Room: K201 | Practical, Modules: E (Introduction Science in SES406 (Foof Anatomy Exercise Preserving Movement (Introduction Anatomy and Physiology) Staff: Lewis Room: Spot (Hockey Preserving Anatomy Preserving Anatomy Anatomy Staff: Lewis Room: Spot (Hockey Preserving Anatomy Preserving Anatomy Ana | AW423 on to Sport Football) oundations v and nysiology) he of Human c) SPT414 on to nd st, Richard orts Centre |         | Self-Directed 15 Module: Se Study  | ed Study, What |         |         |         |         |         |         |
| Tuesday<br>11/11/2025 |         |   | Self-Director<br>15<br>Module: Se<br>Study   | ed Study, Wh   |         | Self-Directed 15  Module: Se Study | ed Study, With |         |         |         |         |         |         |

## Wrexham University Academic Timetables Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 15, wk starting 10/11/2025)

|                        | 08:00AM | 09:00AM                                | 10:00AM                                      | 11:00AM   | 12:00PM | 01:00PM   | 02:00PM   | 03:00PM  | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|------------------------|---------|--|--|---|---------|---|---|--|---------|---------|---------|---------|---------|
| Wed<br>2/11/2025       |         |  | 15   | ed Study, WI                                    |         |   |   |  |         |         |         |         |         |
| W 12/1                 |         |  | Module: Se<br>Study                          | If Directed                                     |         |   |   |  |         |         |         |         |         |
| Thursday<br>13/11/2025 |         |  | Self-Directed<br>15<br>Module: Se<br>Study   | ed Study, Wh                                    |         | Lecture, W Module: SP (Academic I within the S Sciences) Staff: Ferral Hughes, Ch Richard Room: C18 Theatre                   | T417<br>Discovery<br>port<br>ri, Julian;<br>ris; Lewis1,                |  |         |         |         |         |         |
| Friday<br>14/11/2025   |         | Modu<br><u>Nutrit</u><br>Staff<br>Roor | ule: <u>NAD402</u><br>tion)<br>: Wild, Zowie | M-12:30PM, V<br>(Introduction<br>09 - Dietetics |         | Group 1 Practical, 01 00PM-02:30 Wk 15 Module: NA (Introduction Nutrition) Staff: Arcze Amadeusz; Zowie Room: M10 (Sports Lab | DPM, 30PM<br>Wk D402 Mode (Intro Nutri wski, Staff Wild, Ama Zowi 1 Roo | tical, 02:<br>M-04:00PM,<br>15<br>ule: <u>NAD402</u><br>oduction to<br>tion)<br>: Arczewski,<br>deusz; Wild, |         |         |         |         |         |
| <b>Sat</b> 15/11/2025  |         |  |  |   |         |   |   |  |         |         |         |         |         |
| <b>Su</b>              |         |  |  |   |         |   |   |  |         |         |         |         |         |

## Wrexham University Academic Timetables Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 16, wk starting 17/11/2025)

|                          | 08:00AM | 09:00AM  | 10:00AM   | 11:00AM   | 12:00PM | 01:00PM   | 02:00PM     | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|--------------------------|---------|--|---|---|---------|---|-------------|---------|---------|---------|---------|---------|---------|
| Monday<br>17/11/2025     |         | Lecture, Wk 16 Modules: FAW423 (Introduction to Sport Science in Football) SES406 (Foundations of Anatomy and Exercise Physiology) SPC406 (The Physiology of Human Movement) SPT414 (Introduction to Anatomy and Physiology) Staff: Lewis1, Richard Room: K201 | Practical, Wk 16 Modules: SES40 Anatomy and Ex SPC406 (The PI Human Moveme (Introduction to A Physiology) Staff: Arczewski Lewis1, Richard Room: M101 (Sg | 6 (Foundations of<br>ercise Physiology)<br>nysiology of<br>nt) SPT414<br>Anatomy and<br>Amadeusz; |         | Self-Directed S<br>Module: Self Di  | -           |         |         |         |         |         |         |
| <b>Tu</b>                |         |  | Self-Directed Str<br>Module: Self Dire  |   |         | Self-Directed S<br>Module: Self Di  |             |         |         |         |         |         |         |
| <b>We</b> 19/11/2025     |         |  | Self-Directed Str<br>Module: Self Dire  |   |         |   |             |         |         |         |         |         |         |
| Thu<br>20/11/2025        |         |  | Self-Directed Str<br>Module: Self Directed Str  |   |         | Asynchronous I<br>(engagement m<br>Module: <u>SPT41</u><br><u>Discovery within</u><br><u>Sciences</u> )<br>Staff: Ferrari, Ju | n the Sport |         |         |         |         |         |         |
| <b>Friday</b> 21/11/2025 |         | Module<br>Staff: V   | 9, 09:30AM-12:30P<br>:: NAD402 (Introduction)<br>Vild, Zowie<br>B121 PC Room (C   | ction to Nutrition)   |         | Self-Directed S<br>Module: Self Di  |             |         |         |         |         |         |         |
| <b>Sat</b> 22/11/2025    |         |  |   |   |         |   |             |         |         |         |         |         |         |
| <b>Su</b> 23/11/2025     |         |  |   |   |         |   |             |         |         |         |         |         |         |

## Wrexham University Academic Timetables Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 17, wk starting 24/11/2025)

|                       | 08:00AM | 09:00AM   | 10:00AM   | 11:00AM  | 12:00PM | 01:00PM  | 02:00PM   | 03:00PM  | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|-----------------------|---------|---|---|--|---------|--|---|--|---------|---------|---------|---------|---------|
| Monday<br>24/11/2025  |         | Lecture, Wk 17 Modules: SES406 (Foundations of Anatomy and Exercise Physiology) SPT414 (Introduction to Anatomy and Physiology) Staff: Davies, Vicky; Nyambayo, Isabella Room: K201 | Practical, Wk 17 Modules: SES40 Anatomy and Ex SPT414 (Introdu and Physiology) Staff: Arczewski, Lewis1, Richard Room: M101 (Sp | 6 (Foundations of<br>ercise Physiology)<br>ction to Anatomy<br>Amadeusz; |         | Self-Directed St<br>Module: Self Dir   |   |  |         |         |         |         |         |
| <b>Tu</b>             |         |   | Self-Directed Stu<br>Module: Self Dire  |  |         | Self-Directed St<br>Module: Self Dir   |   |  |         |         |         |         |         |
| <b>We</b> 26/11/2025  |         |   | Self-Directed Stu<br>Module: Self Dire  | -  |         |  |   |  |         |         |         |         |         |
| Thu 27/11/2025        |         |   | Self-Directed Stu<br>Module: Self Dire  |  |         | Asynchronous Ir<br>(engagement m<br>Module: <u>SPT417</u><br><u>Discovery within</u><br><u>Sciences</u> )<br>Staff: Ferrari, Ju                    | the Sport   |  |         |         |         |         |         |
| Friday<br>28/11/2025  |         | Module  | , 09:30AM-12:30P<br>: NAD402 (Introduc<br>Vild, Zowie<br>CIB18  |  |         | Group 1<br>In-Class Assess<br>01:00PM-02:30F<br>17<br>Module: NAD402<br>(Introduction to I<br>Staff: Arczewski<br>Amadeusz; Wild<br>Room: M101 (St | PM, Wk 02:30Pl<br>17 Module<br>Nutrition)<br>1, Staff: A<br>1, Zowie Amadei | s Assessments,<br>M-04:00PM, Wk<br>: NAD402<br>ction to Nutrition)<br>rczewski,<br>usz; Wild, Zowie<br>M101 (Sports Lab) |         |         |         |         |         |
| <b>Sat</b> 29/11/2025 |         |   |   |  |         |  |   |  |         |         |         |         |         |
| <b>Su</b> 30/11/2025  |         |   |   |  |         |  |   |  |         |         |         |         |         |

## Wrexham University Academic Timetables Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 18, wk starting 01/12/2025)

|                          | 08:00AM | 09:00AM  | 10:00AM   | 11:00AM  | 12:00PM  | 01:00PM  | 02:00PM                                      | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|--------------------------|---------|--|---|--|----------|--|--|---------|---------|---------|---------|---------|---------|
| Monday<br>01/12/2025     |         | Lecture, Wk 18  Modules: SES406 (Foundation s of Anatomy and Exercise Physiology) SPT414 (Introduction to Anatomy and Physiology) Staff: Lewis1 Richard Room: K201 | Practical, Wk Modules: FAV (Introduction to Science in Forestand Four Anatomy and Physiology); Staff: Lewis 1, Room: Sports (Hockey Pitch | V423 to Sport otball) indations of Exercise SPT414 to Anatomy ty) Richard Centre |          |  | d Study, Wk 18<br>Directed Study             |         |         |         |         |         |         |
| <b>Tue</b> 02/12/2025    |         |  |   | Study, Wk 18<br>Directed Study   |          |  | Study, Wk 18<br>Directed Study               |         |         |         |         |         |         |
| <b>We</b> 03/12/2025     |         |  |   | Study, Wk 18<br>Directed Study   |          |  |  |         |         |         |         |         |         |
| <b>Thu</b> 04/12/2025    |         |  |   | Study, Wk 18<br>Directed Study   |          | Directed Stu<br>Module: <u>SPT</u><br><u>Discovery wi</u><br><u>Sciences</u> ) | dy, Wk 18<br>417 (Academic<br>thin the Sport |         |         |         |         |         |         |
| <b>Friday</b> 05/12/2025 |         | Modul<br>Staff:  | re, 09:30AM-12<br>e: NAD402 (Intr<br>Wild, Zowie<br>: CIB18   | :30PM, Wk 18<br>roduction to Nut   | trition) |  | Study, Wk 18<br>Directed Study               |         |         |         |         |         |         |
| <b>Sat</b> 06/12/2025    |         |  |   |  |          |  |  |         |         |         |         |         |         |
| <b>Su</b>                |         |  |   |  |          |  |  |         |         |         |         |         |         |

## Wrexham University Academic Timetables Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 19, wk starting 08/12/2025)

|                        | 08:00AM | 09:00AM   | 10:00AM  | 11:00AM  | 12:00PM   | 01:00PM   | 02:00PM  | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|------------------------|---------|---|--|--|-----------|---|--|---------|---------|---------|---------|---------|---------|
| Monday<br>08/12/2025   |         | Lecture, Wk 19 Modules: SES406 (Foundations of Anatomy and Exercise Physiology) SPT414 (Introduction to Anatomy and Physiology) Staff: Lewis1, Richard Room: K201 | Practical, Wk Modules: SES (Foundations of Exercise Physic (Introduction to Physiology) Staff: Arczewsk Lewis1, Richar Room: M101 (s | 406<br>f Anatomy and<br>blogy) ; SPT414<br>Anatomy and<br>ki, Amadeusz;<br>d |           | Self-Directed S<br>Module: Self Dir   | •  |         |         |         |         |         |         |
| <b>Tu</b>              |         |   | Self-Directed S<br>Module: Self Di   |  |           | Self-Directed S<br>Module: Self Dir   | •  |         |         |         |         |         |         |
| We 10/12/2025          |         |   | Self-Directed S<br>Module: Self Di   |  |           |   |  |         |         |         |         |         |         |
| Thursday<br>11/12/2025 |         |   | Self-Directed S<br>Module: Self Di   |  |           | Lecture, Wk 19 Module: SPT4* Discovery within Sciences) Staff: Ferrari, Ji Chris; Lewis1, I Room: C18 Lee | 17 (Academic<br>n the Sport<br>ulian; Hughes,<br>Richard |         |         |         |         |         |         |
| Friday<br>12/12/2025   |         | Module<br>Staff: \  | e, 09:30AM-12:30<br>e: <u>NAD402 (Intro</u><br>Wild, Zowie<br><u>CIB18</u>   | DPM, Wk 19<br>duction to Nutrition   | <u>n)</u> | Self-Directed S Module: Self Dir  | •  |         |         |         |         |         |         |
| <b>Sat</b> 13/12/2025  |         |   |  |  |           |   |  |         |         |         |         |         |         |
| <b>Su</b>              |         |   |  |  |           |   |  |         |         |         |         |         |         |

## Wrexham University Academic Timetables Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 21, wk starting 22/12/2025)

|                         | 08:00AM       | 09:00AM      | 10:00AM | 11:00AM | 12:00PM | 01:00PM | 02:00PM  | 03:00PM | 04:00PM | 05:00PM  | 06:00PM | 07:00PM  | 08:00PM |
|-------------------------|---------------|--------------|---------|---------|---------|---------|----------|---------|---------|----------|---------|----------|---------|
| <b>Mo</b> 22/12/2025    |               |              |         |         |         |         |          |         |         |          |         |          |         |
| <b>Tu</b> 23/12/2025    |               |              |         |         |         |         |          |         |         |          |         |          |         |
| <b>We</b> 24/12/2025    |               |              |         |         |         |         |          |         |         |          |         |          |         |
| <b>Th</b>               | University is | s closed, Wk | 21      |         |         |         | 1        |         | 1       | 1        | 1       | 1        |         |
| <b>Fri</b> 26/12/2025 2 | University is | s closed, Wk | 21      |         |         |         | <u> </u> |         |         | <u> </u> |         | <u> </u> |         |
|                         |               |              |         |         |         |         |          |         |         |          |         |          |         |
| Sat                     | University is | s closed, Wk | 21      |         |         |         |          |         |         |          |         |          |         |
| 27/7                    |               |              |         |         |         |         |          |         |         |          |         |          |         |
| <b>Su</b>               | University is | s closed, Wk | 21      |         |         |         |          |         |         |          |         |          |         |
| 28/:                    |               |              |         |         |         |         |          |         |         |          |         |          |         |

#### Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 22, wk starting 29/12/2025)

|                       | 08:00AM       | 09:00AM      | 10:00AM | 11:00AM | 12:00PM | 01:00PM | 02:00PM | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|-----------------------|---------------|--------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| <b>Mo</b> 29/12/2025  | University is | s closed, Wk | 22      |         |         |         |         |         |         |         |         |         |         |
| 7 59                  |               |              |         |         |         |         |         |         |         |         |         |         |         |
| <b>Tu</b>             | University is | s closed, Wk | 22      |         |         |         |         |         |         |         |         |         |         |
|                       |               |              |         |         |         |         |         |         |         |         |         |         |         |
| <b>We</b> 31/12/2025  | University is | s closed, Wk | 22      |         |         |         |         |         |         |         |         |         |         |
| 31/7                  |               |              |         |         |         |         |         |         |         |         |         |         |         |
| <b>Th</b>             | University is | s closed, Wk | 22      |         |         |         |         |         |         | '       | ,       |         |         |
| 01%                   |               |              |         |         |         |         |         |         |         |         |         |         |         |
| <b>Fri</b> 02/01/2026 |               |              |         |         |         |         |         |         |         |         |         |         |         |
| <b>Sat</b> 03/01/2026 |               |              |         |         |         |         |         |         |         |         |         |         |         |
| <b>Su</b>             |               |              |         |         |         |         |         |         |         |         |         |         |         |

## Wrexham University Academic Timetables Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 23, wk starting 05/01/2026)

|                       | 08:00AM | 09:00AM  | 10:00AM  | 11:00AM  | 12:00PM | 01:00PM  | 02:00PM                                    | 03:00PM         | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|-----------------------|---------|--|--|--|---------|--|--|-----------------|---------|---------|---------|---------|---------|
| Monday<br>05/01/2026  |         | Lecture, Wk 23 Modules: FAW423 (Introduction to Sport Science in Football) SES406 (Foundations of Anatomy and Exercise Physiology) SPT414 (Introduction to Anatomy and Physiology) Staff: Lewis1, Richard Room: K201 | Anatomy and Ex   | 06 (Foundations of<br>cercise Physiology<br>action to Anatomy<br>, Amadeusz; |         | Self-Directed Stu<br>Module: Self Dire   |  |                 |         |         |         |         |         |
| <b>Tu</b>             |         |  | Self-Directed St<br>Module: Self Dir                           | -  |         | Self-Directed Stu<br>Module: Self Dire   | -  |                 |         |         |         |         |         |
| <b>We</b>             |         |  | Self-Directed St<br>Module: Self Dir                           |  |         |  |  |                 |         |         |         |         |         |
| <b>Thu</b> 08/01/2026 |         |  | Self-Directed St<br>Module: Self Dir                           |  |         | Online Tutorials,<br>Module: SPT417<br>Discovery within<br>Sciences)<br>Staff: Ferrari, Jul  | (Academic<br>the Sport                     |                 |         |         |         |         |         |
| Friday<br>09/01/2026  |         | Module   | t, 09:30AM-12:30F<br>: NAD402 (Introdu<br>Vild, Zowie<br>CIB18 |  |         | Group 1<br>Practical, 01:00F<br>30PM, Wk 23<br>Module: NAD402<br>(Introduction to N<br>Staff: Arczewski,<br>Amadeusz; Wild<br>Room: M101 (Sp | 00PM, Module (Introdustrition) Xamie Amade | al, 02:30PM-04: |         |         |         |         |         |
| <b>Sat</b> 10/01/2026 |         |  |  |  |         |  |  |                 |         |         |         |         |         |
| <b>Su</b>             |         |  |  |  |         |  |  |                 |         |         |         |         |         |

#### Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 24, wk starting 12/01/2026)

|                          | 08:00AM | 09:00AM   | 10:00AM   | 11:00AM  | 12:00PM   | 01:00PM  | 02:00PM                                    | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|--------------------------|---------|---|---|--|-----------|--|--|---------|---------|---------|---------|---------|---------|
| Monday<br>12/01/2026     |         | Lecture, Wk 24  Modules: FAW423 (Introduction to Sport Science in Football) SES406 (Foundations of Anatomy and Exercise Physiology) SPT414 (Introduction to Anatomy and Physiology) Staff: Lewis1, Richard Room: K201 | Practical, Wk 2 Modules: SES4 (Foundations of Exercise Physic (Introduction to Physiology) Staff: Arczewsk Lewis1, Richard Room: M101 (\$ | in the state of th |           | Self-Directed S<br>Module: Self Dir  |  |         |         |         |         |         |         |
| <b>Tu</b>                |         |   | Self-Directed S<br>Module: Self Dir   |  |           | Self-Directed S<br>Module: Self Dir  |  |         |         |         |         |         |         |
| <b>We</b> 14/01/2026     |         |   | Self-Directed S<br>Module: Self Dir   | •  |           |  |  |         |         |         |         |         |         |
| Thursday<br>15/01/2026   |         |   | Self-Directed S<br>Module: Self Dir   |  |           | Online Tutorial: Module: SPT4: Discovery withi Sciences) Staff: Ferrari, Ji Chris; Lewis1, | 7 (Academic<br>the Sport<br>ulian; Hughes, |         |         |         |         |         |         |
| <b>Friday</b> 16/01/2026 |         | Module<br>Staff: V  | e, 09:30AM-12:30<br>e: NAD402 (Introd<br>Wild, Zowie<br>: CIB18   |  | <u>n)</u> | Self-Directed S<br>Module: Self Dir  |  |         |         |         |         |         |         |
| <b>Sat</b> 17/01/2026    |         |   |   |  |           |  |  |         |         |         |         |         |         |
| <b>Su</b>                |         |   |   |  |           |  |  |         |         |         |         |         |         |

## Wrexham University Academic Timetables Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 25, wk starting 19/01/2026)

|                        | 08:00AM | 09:00AM | 10:00AM                                    | 11:00AM       | 12:00PM | 01:00PM   | 02:00PM  | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|------------------------|---------|---------|--|---------------|---------|---|--|---------|---------|---------|---------|---------|---------|
| Monday<br>19/01/2026   |         |         | Self-Directe<br>25<br>Module: Sel<br>Study | ed Study, Wk  |         | Self-Direct<br>25<br>Module: Se<br>Study  | ed Study, Wk   |         |         |         |         |         |         |
| Tuesday<br>20/01/2026  |         |         | Self-Directe<br>25<br>Module: Sel<br>Study | ed Study, Wk  |         | Self-Direct<br>25<br>Module: Se<br>Study  | ed Study, Wk   |         |         |         |         |         |         |
| Wed<br>21/01/2026      |         |         | Self-Directe<br>25<br>Module: Sel<br>Study | ed Study, Wi  |         |   |  |         |         |         |         |         |         |
| Thursday<br>22/01/2026 |         |         | Self-Directe<br>25<br>Module: Sel<br>Study | ed Study, Wix |         | Lecture, W Module: SF (Academic within the S Sciences) Staff: Ferra Hughes, C Richard Room: C18 Theatre | PT417<br>Discovery<br>Sport<br>ari, Julian;<br>hris; Lewis1, |         |         |         |         |         |         |
| Friday 23/01/2026      |         |         | Self-Directe<br>25<br>Module: Sel<br>Study | ed Study, Wk  |         | Self-Direct<br>25<br>Module: Se<br>Study  | ed Study, Wh   |         |         |         |         |         |         |
| <b>Sat</b> 24/01/2026  |         |         |  |               |         |   |  |         |         |         |         |         |         |
| <b>Su</b> 25/01/2026   |         |         |  |               |         |   |  |         |         |         |         |         |         |

## Wrexham University Academic Timetables Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 26, wk starting 26/01/2026)

|                         | 08:00AM | 09:00AM                                 | 10:00AM   | 11:00AM  | 12:00PM | 01:00PM   | 02:00PM                            | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|-------------------------|---------|---|---|--|---------|---|------------------------------------|---------|---------|---------|---------|---------|---------|
| Monday<br>26/01/2026    |         | 30AM<br>Modul<br>(Foundand E:<br>Staff: | ss Assessmen<br>-11:30AM, Wk<br>e: <u>SES406</u><br>dations of Anat<br>xercise Physiol<br>Lewis1, Richar<br>: <u>L101 (PC Roc</u> | omy<br>ogy)  |         | Lecture, Wk : Module: SES4<br>(Mechanisms<br>Human Move<br>Staff: Ferrari,<br>Room: B114  | 1 <u>04</u><br>to Explain<br>ment) |         |         |         |         |         |         |
| Tuesday<br>27/01/2026   |         |   | Lecture, Wk Modules: SES and Condition SPT445 (Fith Conditioning Staff: Hughes Room: C118   | S405 (Fitness<br>ning in Sport)<br>ess and<br>for Sport) |         |   | Study, Wk 26<br>Directed Study     |         |         |         |         |         |         |
| <b>We</b> 28/01/2026    |         |   |   | Study, Wk 26<br>Directed Study                           |         |   |                                    |         |         |         |         |         |         |
| Thursday<br>29/01/2026  |         |   | Lecture, Wk<br>Module: SPT-<br>Behaviour in<br>Staff: King, T<br>Room: K214   | 418 (Human<br>Sport)                                     |         | Online Test,<br>Wk 26<br>Module:<br>SPT417<br>(Academic<br>Discovery<br>within the<br>Sport<br>Sciences)<br>Staff: Ferrari<br>Julian;<br>Hughes,<br>Chris |                                    |         |         |         |         |         |         |
| <b>Fri</b> 30/01/2026   |         |   |   | Study, Wk 26<br>Directed Study                           |         |   | Study, Wk 26<br>Directed Study     |         |         |         |         |         |         |
| <b>Sat</b> 31/01/2026   |         |   |   |  |         |   |                                    |         |         |         |         |         |         |
| <b>Su</b><br>01/02/2026 |         |   |   |  |         |   |                                    |         |         |         |         |         |         |

## Wrexham University Academic Timetables Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 27, wk starting 02/02/2026)

|                        | 08:00AM | 09:00AM | 10:00AM   | 11:00AM  | 12:00PM | 01:00PM   | 02:00PM   | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|------------------------|---------|---------|---|--|---------|---|---|---------|---------|---------|---------|---------|---------|
| Monday<br>02/02/2026   |         |         |   | Study, Wk 27<br>Directed Study                                       |         | Lecture, Wk 2<br>Module: <u>SES4</u><br>( <u>Mechanisms</u><br><u>Human Mover</u><br>Staff: Ferrari,<br>Room: <u>B114</u> | <u>104</u><br>to Explain<br>ment)                       |         |         |         |         |         |         |
| Tuesday<br>03/02/2026  |         |         | Lecture, Wk 2 Modules: SES and Condition SPT445 (Fitne Conditioning f Staff: Hughes Room: Collier | 6405 (Fitness<br>ing in Sport)<br>ess and<br>or Sport)<br>, Jonathan |         |   | Study, Wk 27<br>Directed Study                          |         |         |         |         |         |         |
| <b>We</b> 04/02/2026   |         |         | Self-Directed<br>Module: Self I   | Study, Wk 27<br>Directed Study                                       |         |   |   |         |         |         |         |         |         |
| Thursday<br>05/02/2026 |         |         | Lecture, Wk 2<br>Module: SPT2<br>Behaviour in 9<br>Staff: King, To<br>Room: K214                  | 118 (Human<br>Sport)   |         | Lecture, Wk 2 Module: SPT4 Discovery with Sciences) Staff: Ferrari, Hughes, Chris Richard Room: C18 Le                    | 117 (Academic<br>nin the Sport<br>Julian;<br>s; Lewis1, |         |         |         |         |         |         |
| <b>Fri</b> 06/02/2026  |         |         |   | Study, Wk 27<br>Directed Study                                       |         |   | Study, Wk 27<br>Directed Study                          |         |         |         |         |         |         |
| <b>Sat</b> 07/02/2026  |         |         |   |  |         |   |   |         |         |         |         |         |         |
| <b>Su</b>              |         |         |   |  |         |   |   |         |         |         |         |         |         |

## Wrexham University Academic Timetables Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 28, wk starting 09/02/2026)

|                        | 08:00AM | 09:00AM  | 10:00AM  | 11:00AM            | 12:00PM | 01:00PM  | 02:00PM                         | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|------------------------|---------|--|--|--------------------|---------|--|---------------------------------|---------|---------|---------|---------|---------|---------|
| Monday<br>09/02/2026   |         | Anatomy and E  | 423 (Introduction<br>tball); SES406 (F<br>xercise Physiolog<br>Anatomy and Physiolog | v) ; SPT414        |         | Lecture, Wk 28 Module: SES40 (Mechanisms to Human Movem Staff: Ferrari, Ju Room: B114  | 0 <u>4</u><br>o Explain<br>ent) |         |         |         |         |         |         |
| Tuesday<br>10/02/2026  |         | Lecture, Wk 28  Modules: SES405 (Fitness and Conditioning in Sport) SPT445 (Fitness and Conditioning for Sport) Staff: Hughes, Jonathan Room: Colliers Park  Self-Directed Study, Wk 28  Module: Self Directed Study |  |                    |         | Self-Directed S<br>Module: Self Dir  |                                 |         |         |         |         |         |         |
| We                     |         |  |  |                    |         |  |                                 |         |         |         |         |         |         |
| Thursday<br>12/02/2026 |         |  | Lecture, Wk 28 Module: SPT4 Behaviour in S Staff: King, Tor Room: K214               | 18 (Human<br>port) |         | Lecture, Wk 28  Module: SPT417 (Academic Discovery within the Sport Sciences) Staff: Hughes, Chris Room: C18 Lecture Theatre |                                 |         |         |         |         |         |         |
| <b>Fri</b> 13/02/2026  |         |  | Self-Directed S<br>Module: Self Di   | -                  |         | Self-Directed S<br>Module: Self Dir  | -                               |         |         |         |         |         |         |
| <b>Sat</b> 14/02/2026  |         |  |  |                    |         |  |                                 |         |         |         |         |         |         |
| <b>Su</b>              |         |  |  |                    |         |  |                                 |         |         |         |         |         |         |

## Wrexham University Academic Timetables Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 29, wk starting 16/02/2026)

|                       | 08:00AM | 09:00AM | 10:00AM                                    | 11:00AM        | 12:00PM | 01:00PM                                   | 02:00PM      | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|-----------------------|---------|---------|--|----------------|---------|---|--------------|---------|---------|---------|---------|---------|---------|
| Monday<br>16/02/2026  |         |         | Self-Directe<br>29<br>Module: Sel<br>Study | ed Study, What |         | Self-Directo<br>29<br>Module: Se<br>Study | ed Study, Wk |         |         |         |         |         |         |
| Tuesday<br>17/02/2026 |         |         |  | ed Study, Wit  |         |   | ed Study, Wi |         |         |         |         |         |         |
| Wed<br>18/02/2026     |         |         | Self-Directe<br>29<br>Module: Sel<br>Study | ed Study, Wk   |         |   |              |         |         |         |         |         |         |
| Thu<br>19/02/2026     |         |         | Self-Directe<br>29<br>Module: Sel<br>Study | ed Study, Wit  |         | Self-Direct<br>29<br>Module: Se<br>Study  | ed Study, Wk |         |         |         |         |         |         |
| Friday<br>20/02/2026  |         |         | Self-Directe<br>29<br>Module: Sel<br>Study | ed Study, Wi   |         | Self-Direct<br>29<br>Module: Se<br>Study  | ed Study, Wk |         |         |         |         |         |         |
| <b>Sat</b> 21/02/2026 |         |         |  |                |         |   |              |         |         |         |         |         |         |
| <b>Su</b> 22/02/2026  |         |         |  |                |         |   |              |         |         |         |         |         |         |

## Wrexham University Academic Timetables Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 30, wk starting 23/02/2026)

|                        | 08:00AM | 09:00AM   | 10:00AM  | 11:00AM  | 12:00PM | 01:00PM   | 02:00PM                               | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|------------------------|---------|---|--|--|---------|---|---------------------------------------|---------|---------|---------|---------|---------|---------|
| Monday<br>23/02/2026   |         | Asynchronous Independent Study (engagement monitored), Wk 30 Modules: FAW423 (Introduction to Sport Science in Football) SES406 (Foundations of Anatomy and Exercise Physiology) Staff: Lewis1, Richard | Online Tutorials Module: SES406 Anatomy and Ex   | , Wk 30<br>6 (Foundations of<br>cercise Physiology   |         | Lecture, Wk 30 Module: SES404 Explain Human I Staff: Ferrari, Ju Room: B114                                 | Movement)                             |         |         |         |         |         |         |
| Tuesday<br>24/02/2026  |         |   | Lecture, Wk 30<br>Modules: SES4(<br>Conditioning in 3<br>(Fitness and Co<br>Sport)<br>Staff: Hughes, J<br>Room: Colliers F | Sport) SPT445  Inditioning for  Inditional specific speci |         | Self-Directed Str<br>Module: Self Directed Str  |                                       |         |         |         |         |         |         |
| <b>We</b> 25/02/2026   |         |   | Self-Directed St<br>Module: Self Dir   | -  |         |   |                                       |         |         |         |         |         |         |
| Thursday<br>26/02/2026 |         |   | Lecture, Wk 30<br>Module: SPT416<br>Behaviour in Sp<br>Staff: King, Tom<br>Room: K214                                      | ort)   |         | Lecture, Wk 30 Module: SPT417 Discovery within Sciences) Staff: Ferrari, Ju Chris; Lewis1, R Room: C18 Lect | the Sport<br>lian; Hughes,<br>lichard |         |         |         |         |         |         |
| Fri<br>27/02/2026      |         |   | Self-Directed St<br>Module: Self Dir   | -  |         | Self-Directed Str<br>Module: Self Dire  | -                                     |         |         |         |         |         |         |
| <b>Sat</b> 28/02/2026  |         |   |  |  |         |   |                                       |         |         |         |         |         |         |
| <b>Su</b>              |         |   |  |  |         |   |                                       |         |         |         |         |         |         |

## Wrexham University Academic Timetables Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 31, wk starting 02/03/2026)

|                        | 08:00AM | 09:00AM   | 10:00AM  | 11:00AM  | 12:00PM | 01:00PM   | 02:00PM                               | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|------------------------|---------|---|--|--|---------|---|---------------------------------------|---------|---------|---------|---------|---------|---------|
| Monday<br>02/03/2026   |         | Asynchronous Independent Study (engagement monitored), Wk 31 Modules: FAW423 (Introduction to Sport Science in Football) SES406 (Foundations of Anatomy and Exercise Physiology) Staff: Lewis1, Richard | Drop-in Session Module: SES406 Anatomy and E) Staff: Lewis1, R Room: ELC Lec                             | 6 (Foundations of<br>cercise Physiology<br>ichard  |         | Lecture, Wk 31 Module: SES404 Explain Human I Staff: Ferrari, Ju Room: B114                                 | (Mechanisms to<br>Movement)<br>lian   |         |         |         |         |         |         |
| Tuesday<br>03/03/2026  |         |   | Lecture, Wk 31 Modules: SES4( Conditioning in 3 (Fitness and Co Sport) Staff: Hughes, J Room: Colliers F | Sport) SPT445  Inditioning for  Inditional services on the services of the services of the services of the services on the services of the ser |         | Self-Directed Str<br>Module: Self Directed Str  |                                       |         |         |         |         |         |         |
| <b>We</b>              |         |   | Self-Directed St<br>Module: Self Dir   | -  |         |   |                                       |         |         |         |         |         |         |
| Thursday<br>05/03/2026 |         |   | Lecture, Wk 31<br>Module: SPT416<br>Behaviour in Sp<br>Staff: King, Tom<br>Room: K214                    | ort)   |         | Lecture, Wk 31 Module: SPT417 Discovery within Sciences) Staff: Ferrari, Ju Chris; Lewis1, R Room: C18 Lect | the Sport<br>lian; Hughes,<br>lichard |         |         |         |         |         |         |
| Fri<br>06/03/2026      |         |   | Self-Directed St<br>Module: Self Dir   | -  |         | Self-Directed Str<br>Module: Self Directed  | -                                     |         |         |         |         |         |         |
| <b>Sat</b> 07/03/2026  |         |   |  |  |         |   |                                       |         |         |         |         |         |         |
| <b>Su</b>              |         |   |  |  |         |   |                                       |         |         |         |         |         |         |

## Wrexham University Academic Timetables Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 32, wk starting 09/03/2026)

|                        | 08:00AM | 09:00AM | 10:00AM   | 11:00AM   | 12:00PM | 01:00PM  | 02:00PM                                   | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|------------------------|---------|---------|---|---|---------|--|---|---------|---------|---------|---------|---------|---------|
| Monday<br>09/03/2026   |         |         |   | Study, Wk 32<br>Directed Study  |         | Lecture, Wk 3<br>Module: SES4<br>(Mechanisms<br>Human Mover<br>Staff: Ferrari,<br>Room: B114 | 1 <u>04</u><br>to Explain<br>nent)        |         |         |         |         |         |         |
| Tuesday<br>10/03/2026  |         |         | Lecture, Wk 3 Modules: SES and Condition SPT445 (Fitne Conditioning f Staff: Hughes Room: Collier | 6405 (Fitness<br>ing in Sport)<br>ess and<br>for Sport)<br>, Jonathan |         |  | Study, Wk 32<br>Directed Study            |         |         |         |         |         |         |
| We 11/03/2026          |         |         |   | Study, Wk 32<br>Directed Study  |         |  |   |         |         |         |         |         |         |
| Thursday<br>12/03/2026 |         |         | Lecture, Wk 3<br>Module: SPT2<br>Behaviour in 9<br>Staff: King, To<br>Room: K214                  | 118 (Human<br>Sport)  |         | Discovery with<br>Sciences)<br>Staff: Ferrari,<br>Hughes, Chris<br>Richard                   | 117 (Academic<br>hin the Sport<br>Julian; |         |         |         |         |         |         |
| <b>Fri</b> 13/03/2026  |         |         |   | Study, Wk 32<br>Directed Study  |         |  | Study, Wk 32<br>Directed Study            |         |         |         |         |         |         |
| <b>Sat</b> 14/03/2026  |         |         |   |   |         |  |   |         |         |         |         |         |         |
| <b>Su</b>              |         |         |   |   |         |  |   |         |         |         |         |         |         |

## Wrexham University Academic Timetables Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 33, wk starting 16/03/2026)

|                        | 08:00AM | 09:00AM | 10:00AM   | 11:00AM  | 12:00PM | 01:00PM   | 02:00PM                                    | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|------------------------|---------|---------|---|--|---------|---|--|---------|---------|---------|---------|---------|---------|
| Monday<br>16/03/2026   |         |         |   | Study, Wk 33<br>Directed Study                                       |         | Tutorials, WI<br>Module: <u>SES</u><br>( <u>Mechanisms</u><br><u>Human Move</u><br>Staff: Ferrari | 404<br>to Explain<br>ment)                 |         |         |         |         |         |         |
| Tuesday<br>17/03/2026  |         |         | Lecture, Wk 3 Modules: SES and Condition SPT445 (Fitne Conditioning f Staff: Hughes Room: Collier | 6405 (Fitness<br>ing in Sport)<br>ess and<br>or Sport)<br>, Jonathan |         |   | Study, Wk 33<br>Directed Study             |         |         |         |         |         |         |
| <b>We</b>              |         |         |   | Study, Wk 33<br>Directed Study                                       |         |   |  |         |         |         |         |         |         |
| Thursday<br>19/03/2026 |         |         | Lecture, Wk 3 Module: SPT4 Behaviour in 5 Staff: King, To Room: K214                              | 118 (Human<br>Sport)   |         | Discovery with Sciences Staff: Ferrari Hughes, Christichard                                       | 417 (Academic<br>thin the Sport<br>Julian; |         |         |         |         |         |         |
| <b>Fri</b> 20/03/2026  |         |         |   | Study, Wk 33<br>Directed Study                                       |         |   | Study, Wk 33<br>Directed Study             |         |         |         |         |         |         |
| <b>Sat</b> 21/03/2026  |         |         |   |  |         |   |  |         |         |         |         |         |         |
| <b>Su</b> 22/03/2026   |         |         |   |  |         |   |  |         |         |         |         |         |         |

## Wrexham University Academic Timetables Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 34, wk starting 23/03/2026)

|                        | 08:00AM | 09:00AM | 10:00AM   | 11:00AM  | 12:00PM | 01:00PM  | 02:00PM                                  | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|------------------------|---------|---------|---|--|---------|--|--|---------|---------|---------|---------|---------|---------|
| Monday<br>23/03/2026   |         |         |   | Study, Wk 34<br>Directed Study                                       |         | Lecture, Wk Module: SES (Mechanisms Human Move Staff: Ferrari Room: B114 | 404<br>to Explain<br>ment)               |         |         |         |         |         |         |
| Tuesday<br>24/03/2026  |         |         | Lecture, Wk 3 Modules: SES and Condition SPT445 (Fitne Conditioning f Staff: Hughes Room: Collier | 6405 (Fitness<br>ing in Sport)<br>ess and<br>or Sport)<br>, Jonathan |         |  | Study, Wk 34<br>Directed Study           |         |         |         |         |         |         |
| <b>We</b> 25/03/2026   |         |         |   | Study, Wk 34<br>Directed Study                                       |         |  |  |         |         |         |         |         |         |
| Thursday<br>26/03/2026 |         |         | Online Tutoria<br>Module: <u>SPT4</u><br><u>Behaviour in S</u><br>Staff: King, To                 | 118 (Human<br>Sport)   |         | Study (engag<br>monitored), \  | Wk 34<br>417 (Academic<br>thin the Sport |         |         |         |         |         |         |
| <b>Fri</b> 27/03/2026  |         |         |   | Study, Wk 34<br>Directed Study                                       |         |  | Study, Wk 34<br>Directed Study           |         |         |         |         |         |         |
| Sat                    |         |         |   |  |         |  |  |         |         |         |         |         |         |
| <b>Su</b> 29/03/2026   |         |         |   |  |         |  |  |         |         |         |         |         |         |

#### Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 35, wk starting 30/03/2026)

|                       | 08:00AM                      | 09:00AM            | 10:00AM | 11:00AM | 12:00PM | 01:00PM | 02:00PM | 03:00PM | 04:00PM | 05:00PM  | 06:00PM | 07:00PM | 08:00PM |
|-----------------------|------------------------------|--------------------|---------|---------|---------|---------|---------|---------|---------|----------|---------|---------|---------|
| Mo<br>30/03/2026      |                              |                    |         |         |         |         |         |         |         |          |         |         |         |
| <b>Tu</b>             |                              |                    |         |         |         |         |         |         |         |          |         |         |         |
| <b>We</b> 01/04/2026  |                              |                    |         |         |         |         |         |         |         |          |         |         |         |
| <b>Th</b>             |                              |                    |         |         |         |         |         |         |         |          |         |         |         |
| <b>Fri</b> 03/04/2026 | Bank Holida<br>University is | ly<br>s closed, Wk | 35      |         |         |         | 1       |         |         |          |         |         |         |
| <b>Sat</b> 04/04/2026 | University is                | s closed, Wk       | 35      |         | 1       |         |         |         | '       | <u>'</u> |         | '       |         |
|                       |                              |                    |         |         |         |         |         |         |         |          |         |         |         |
| <b>Su</b>             | University is                | s closed, Wk       | 35      |         |         |         |         |         |         |          |         |         |         |
| 0/90                  |                              |                    |         |         |         |         |         |         |         |          |         |         |         |

## Wrexham University Academic Timetables Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 36, wk starting 06/04/2026)

|                       | 08:00AM                      | 09:00AM            | 10:00AM | 11:00AM | 12:00PM | 01:00PM | 02:00PM | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|-----------------------|------------------------------|--------------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| <b>Mo</b> 06/04/2026  | Bank Holida<br>University is | ly<br>s closed, Wk | 36      | ı       | ı       |         |         |         |         | 1       | T       |         |         |
| <b>Tu</b>             | University is                | s closed, Wk       | 36      | 1       | 1       | 1       |         | 1       | 1       | 1       |         |         |         |
| We 08/04/2026 07      |                              |                    |         |         |         |         |         |         |         |         |         |         |         |
| <b>Th</b>             |                              |                    |         |         |         |         |         |         |         |         |         |         |         |
| <b>Fri</b> 10/04/2026 |                              |                    |         |         |         |         |         |         |         |         |         |         |         |
| <b>Sat</b> 11/04/2026 |                              |                    |         |         |         |         |         |         |         |         |         |         |         |
| <b>Su</b>             |                              |                    |         |         |         |         |         |         |         |         |         |         |         |

#### Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 37, wk starting 13/04/2026)

|                        | 08:00AM | 09:00AM | 10:00AM   | 11:00AM                                       | 12:00PM | 01:00PM   | 02:00PM   | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|------------------------|---------|---------|---|---|---------|---|---|---------|---------|---------|---------|---------|---------|
| Monday<br>13/04/2026   |         |         | Self-Directe<br>37<br>Module: Se<br>Study   | ed Study, Wit                                 |         | Lecture, W Module: SE (Mechanisn Human Mot Staff: Ferra Room: B114                  | <u>S404</u><br>ns to Explair<br>vement)<br>ri, Julian |         |         |         |         |         |         |
| Tuesday<br>14/04/2026  |         |         | Online Tuto<br>Modules: Si<br>(Fitness an<br>Conditioning<br>SPT445 (Fit<br>Conditioning<br>Staff: Hugh<br>Jonathan | d<br>g in Sport)<br>tness and<br>g for Sport) |         | Self-Directe<br>37<br>Module: Se<br>Study   | f Directed  |         |         |         |         |         |         |
| Wed<br>15/04/2026      |         |         | Self-Directe<br>37<br>Module: Se<br>Study   | ed Study, WI:                                 |         |   |   |         |         |         |         |         |         |
| Thursday<br>16/04/2026 |         |         | Lecture, W Module: SP (Human Be Sport) Staff: King, Room: K21   | T418<br>haviour in<br>Tom                     |         | Online Tuto<br>Module: SP<br>(Academic<br>within the S<br>Sciences)<br>Staff: Ferra | <u>Discovery</u><br>port                              |         |         |         |         |         |         |
| Friday<br>17/04/2026   |         |         | Self-Directe<br>37<br>Module: Se<br>Study   | ed Study, Wk                                  |         | Self-Directe<br>37<br>Module: Se<br>Study   | d Study, Wh   |         |         |         |         |         |         |
| <b>Sat</b> 18/04/2026  |         |         |   |   |         |   |   |         |         |         |         |         |         |
| <b>Su</b>              |         |         |   |   |         |   |   |         |         |         |         |         |         |

#### Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 38, wk starting 20/04/2026)

|                        | 08:00AM | 09:00AM | 10:00AM   | 11:00AM                                | 12:00PM | 01:00PM   | 02:00PM  | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|------------------------|---------|---------|---|--|---------|---|--|---------|---------|---------|---------|---------|---------|
| Monday<br>20/04/2026   |         |         | Self-Directe<br>38<br>Module: Sel<br>Study  | ed Study, Wh                           |         | Lecture, W<br>Module: SE<br>(Mechanisr<br>Human Mo<br>Staff: Ferra<br>Room: B11 | <u>S404</u><br>ns to Explair<br>vement)<br>iri, Julian |         |         |         |         |         |         |
| Tuesday<br>21/04/2026  |         |         | Directed St<br>Modules: SI<br>(Fitness and<br>Conditioning<br>SPT445 (Fit<br>Conditioning | ES405<br>d<br>g in Sport)<br>tness and |         | Self-Director<br>38<br>Module: Se<br>Study                                      | ed Study, Wh   |         |         |         |         |         |         |
| Wed<br>22/04/2026      |         |         | Self-Directe<br>38<br>Module: Sel<br>Study  | ed Study, What                         |         |   |  |         |         |         |         |         |         |
| Thursday<br>23/04/2026 |         |         | Lecture, W Module: SP (Human Be) Sport) Staff: King, Room: K214                           | T418<br>haviour in<br>Tom              |         | Self-Director<br>38<br>Module: Se<br>Study                                      | ed Study, Wh   |         |         |         |         |         |         |
| Friday<br>24/04/2026   |         |         | Self-Directe<br>38<br>Module: Sel<br>Study  | ed Study, Wh                           |         | Self-Direct<br>38<br>Module: Se<br>Study  | ed Study, Wh   |         |         |         |         |         |         |
| <b>Sat</b> 25/04/2026  |         |         |   |  |         |   |  |         |         |         |         |         |         |
| <b>Su</b> 26/04/2026   |         |         |   |  |         |   |  |         |         |         |         |         |         |

## Wrexham University Academic Timetables Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 39, wk starting 27/04/2026)

|                        | 08:00AM | 09:00AM | 10:00AM   | 11:00AM                   | 12:00PM | 01:00PM   | 02:00PM  | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|------------------------|---------|---------|---|---------------------------|---------|---|--|---------|---------|---------|---------|---------|---------|
| Monday<br>27/04/2026   |         |         | Self-Directe<br>39<br>Module: Sel<br>Study                      | lf Directed               |         | Lecture, W<br>Module: SE<br>(Mechanist<br>Human Mo<br>Staff: Ferra<br>Room: B11 | <u>ES404</u><br>ms to Explair<br>ovement)<br>ari, Julian |         |         |         |         |         |         |
| Tuesday 28/04/2026     |         |         | Self-Directe<br>39<br>Module: Sel<br>Study                      | ed Study, What            |         | Self-Direct<br>39<br>Module: Se<br>Study  | ed Study, Wh   |         |         |         |         |         |         |
| Wed<br>29/04/2026      |         |         | Self-Directe<br>39<br>Module: Sel<br>Study                      | ed Study, Wi              |         |   |  |         |         |         |         |         |         |
| Thursday<br>30/04/2026 |         |         | Lecture, W Module: SP (Human Be) Sport) Staff: King, Room: K214 | T418<br>haviour in<br>Tom |         | Self-Direct<br>39<br>Module: Se<br>Study  | elf Directed   |         |         |         |         |         |         |
| Friday<br>01/05/2026   |         |         | Self-Directed Study, Wł: 39 Module: Self Directed               |                           |         | Self-Direct<br>39<br>Module: Se<br>Study  | ed Study, Wi   |         |         |         |         |         |         |
| <b>Sat</b> 02/05/2026  |         |         |   |                           |         |   |  |         |         |         |         |         |         |
| <b>Su</b> 03/05/2026   |         |         |   |                           |         |   |  |         |         |         |         |         |         |

#### Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 40, wk starting 04/05/2026)

|                       | 08:00AM                                     | 09:00AM | 10:00AM                        | 11:00AM      | 12:00PM | 01:00PM             | 02:00PM      | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|-----------------------|---|---------|--------------------------------|--------------|---------|---------------------|--------------|---------|---------|---------|---------|---------|---------|
| <b>Mo</b>             | Bank Holiday<br>University is closed, Wk 40 |         |                                |              |         |                     |              |         |         |         |         |         |         |
| Tuesday<br>05/05/2026 | Self-Directed Study, WI                     |         |                                |              |         | Self-Direct<br>40   | ed Study, Wk |         |         |         |         |         |         |
| Tue<br>05/05          |   |         | Module: Self Directed<br>Study |              |         | Module: Se<br>Study | elf Directed |         |         |         |         |         |         |
| Wed<br>06/05/2026     |   |         | Self-Directe<br>40             | ed Study, Wh |         |                     |              |         |         |         |         |         |         |
| W<br>06/05            |   |         | Module: Sel<br>Study           | If Directed  |         |                     |              |         |         |         |         |         |         |
| Thu<br>07/05/2026     |   |         | Self-Directed Study, WI:       |              |         | Self-Direct<br>40   | ed Study, Wk |         |         |         |         |         |         |
|                       |   |         | Module: Sel<br>Study           | If Directed  |         | Module: Se<br>Study | elf Directed |         |         |         |         |         |         |
| Friday<br>08/05/2026  |   |         | Self-Directe<br>40             | ed Study, Wk |         | Self-Direct<br>40   | ed Study, Wk |         |         |         |         |         |         |
| Fric<br>08/05         |   |         | Module: Sel<br>Study           | If Directed  |         | Module: Se<br>Study | elf Directed |         |         |         |         |         |         |
| <b>Sat</b> 09/05/2026 |   |         |                                |              |         |                     |              |         |         |         |         |         |         |
| <b>Su</b>             |   |         |                                |              |         |                     |              |         |         |         |         |         |         |

## Wrexham University Academic Timetables Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 41, wk starting 11/05/2026)

|                       | 08:00AM | 09:00AM | 10:00AM                                    | 11:00AM       | 12:00PM | 01:00PM   | 02:00PM   | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|-----------------------|---------|---------|--|---------------|---------|---|---|---------|---------|---------|---------|---------|---------|
| Monday<br>11/05/2026  |         |         | Self-Directe<br>41<br>Module: Sel<br>Study | ed Study, Wk  |         | Lecture, W<br>Module: SE<br>(Mechanism<br>Human Mo<br>Staff: Ferra<br>Room: B11 | <u>S404</u><br>ms to Explair<br>ovement)<br>ari, Julian |         |         |         |         |         |         |
| Tuesday<br>12/05/2026 |         |         | Self-Directe<br>41<br>Module: Sel<br>Study | ed Study, Wit |         | Self-Direct<br>41<br>Module: Se<br>Study  | ed Study, Wi  |         |         |         |         |         |         |
| Wed<br>13/05/2026     |         |         | Self-Directe<br>41<br>Module: Sel<br>Study | ed Study, Wit |         |   |   |         |         |         |         |         |         |
| Thu<br>14/05/2026     |         |         | Self-Directe<br>41<br>Module: Sel<br>Study | ed Study, Wit |         | Self-Direct<br>41<br>Module: Se<br>Study  | ed Study, Wk  |         |         |         |         |         |         |
| Friday<br>15/05/2026  |         |         | Self-Directe<br>41<br>Module: Sel<br>Study | ed Study, Wi  |         | Self-Direct<br>41<br>Module: Se<br>Study  | ed Study, Wk  |         |         |         |         |         |         |
| <b>Sat</b> 16/05/2026 |         |         |  |               |         |   |   |         |         |         |         |         |         |
| <b>Su</b>             |         |         |  |               |         |   |   |         |         |         |         |         |         |

# Wrexham University Academic Timetables Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 43, wk starting 25/05/2026)

|                       | 08:00AM                                     | 09:00AM | 10:00AM | 11:00AM | 12:00PM | 01:00PM | 02:00PM | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|-----------------------|---|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| <b>Mo</b> 25/05/2026  | Bank Holiday<br>University is closed, Wk 43 |         |         |         |         |         |         |         |         |         |         |         |         |
| <b>Tu</b> 26/05/2026  |   |         |         |         |         |         |         |         |         |         |         |         |         |
| We 27/05/2026         |   |         |         |         |         |         |         |         |         |         |         |         |         |
| <b>Th</b> 28/05/2026  |   |         |         |         |         |         |         |         |         |         |         |         |         |
| <b>Fri</b> 29/05/2026 |   |         |         |         |         |         |         |         |         |         |         |         |         |
| <b>Sat</b> 30/05/2026 |   |         |         |         |         |         |         |         |         |         |         |         |         |
| <b>Su</b> 31/05/2026  |   |         |         |         |         |         |         |         |         |         |         |         |         |

## Wrexham University Academic Timetables Group timetable - BSc (Hons) Sports and Exercise Science - Year 1 - Full Time (Wk 5, wk starting 31/08/2026)

|                          | 08:00AM                                    | 09:00AM | 10:00AM | 11:00AM | 12:00PM | 01:00PM | 02:00PM | 03:00PM | 04:00PM | 05:00PM | 06:00PM | 07:00PM | 08:00PM |
|--------------------------|--|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| <b>Mo</b> 31/08/2026     | Bank Holiday<br>University is closed, Wk 5 |         |         |         |         |         |         |         |         |         |         |         |         |
| <b>Tu</b>                |  |         |         |         |         |         |         |         |         |         |         |         |         |
| <b>We</b> 02/09/2026     |  |         |         |         |         |         |         |         |         |         |         |         |         |
| <b>Th</b>                |  |         |         |         |         |         |         |         |         |         |         |         |         |
| <b>Fri</b><br>04/09/2026 |  |         |         |         |         |         |         |         |         |         |         |         |         |
| <b>Sat</b> 05/09/2026    |  |         |         |         |         |         |         |         |         |         |         |         |         |
| <b>Su</b>                |  |         |         |         |         |         |         |         |         |         |         |         |         |