

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 8, wk starting 22/09/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 22/09/2025					<p>Welcome Back Induction, 11:30AM-12:30PM, Wk 8</p> <p>Staff: Arczewski, Amadeusz; King, Tom</p> <p>Room: M101 (Sports Lab)</p>	<p>Ethics Information Induction, 12:30PM-01:00PM, Wk 8</p> <p>Staff: Batty, Chelsea; King, Tom</p> <p>Room: K01</p>	<p>Planetary Adventures Induction, Wk 8</p> <p>Staff: Batty, Chelsea; Ferrari, Julian; Harper, Ed; Hilton, Sara; Hughes, Chris; Hughes, Jonathan; King, Tom; Lewis1, Richard</p> <p>Room: Sports Centre (Hockey Pitch)</p>	<p>ID Card Collection/enrolment Induction, 03:00PM-03:30PM, Wk 8</p> <p>Staff: Ferrari, Julian</p> <p>Room: Edward Llwyd Centre</p>					

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 8, wk starting 22/09/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Tuesday 23/09/2025								Consent Training Mandatory Training, Wk 8					
We 24/09/2025													
Thursday 25/09/2025				Fresher's Festival General University Event (optional), Wk 8									
				Room: Sport Centre (Hall)									
					Health Screening Induction, 12:30PM-01:30PM, Wk 8								
					Staff: Arczewski, Amadeusz ; Batty, Chelsea; Lewis1, Richard Room: M101 (Sports Lab)								

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 8, wk starting 22/09/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Thursday 25/09/2025						Lab Indu ctio ns Indu ctio n, 01: 30P M- 02: 00P M, W k 8 Staf f: Arcz ews ki, Am ade usz; Batt y, Che lsea ; Lew is1, Rich ard Roo m: M10 1 (Sp orts Lab)							

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 8, wk starting 22/09/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Fri 26/09/2025													
Sat 27/09/2025													
Su 28/09/2025													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 9, wk starting 29/09/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 29/09/2025			Self-Directed Study, Wk 9 Module: Self Directed Study			Lecture, Wk 9 Module: SPT629 (Independent Discovery) Staff: King, Tom Room: K217							
Tuesday 30/09/2025			Self-Directed Study, Wk 9 Module: Self Directed Study			Lecture, Wk 9 Module: SPT630 (Analysing Performance for Improvement) Staff: Ferrari, Julian Room: K217							
Wednesday 01/10/2025		Lecture, Wk 9 Module: SES601 (Exercise Prescription and Referral for Clinical Population) Staff: Batty, Chelsea Room: K04 - Teams Meeting Room											
Thursday 02/10/2025			Lecture, Wk 9 Module: SPT627 (Applied Sport and Performance Psychology) Staff: King, Tom Room: M303			Self-Directed Study, Wk 9 Module: Self Directed Study							
Friday 03/10/2025			Self-Directed Study, Wk 9 Module: Self Directed Study			Self-Directed Study, Wk 9 Module: Self Directed Study							
Sat 04/10/2025													
Su 05/10/2025													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 10, wk starting 06/10/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 06/10/2025			Self-Directed Study, Wk 10 Module: Self Directed Study			Lecture, Wk 10 Module: SPT629 (Independent Discovery) Staff: King, Tom Room: K217							
Tuesday 07/10/2025			Self-Directed Study, Wk 10 Module: Self Directed Study			Lecture, Wk 10 Module: SPT630 (Analysing Performance for Improvement) Staff: Ferrari, Julian Room: K217							
Wednesday 08/10/2025		Asynchronous Independent Study (engagement monitored), Wk 10 Module: SES601 (Exercise Prescription and Referral for Clinical Population) Staff: Batty, Chelsea											
Thursday 09/10/2025			Lecture, Wk 10 Module: SPT627 (Applied Sport and Performance Psychology) Staff: King, Tom Room: M303			Self-Directed Study, Wk 10 Module: Self Directed Study							
Fri 10/10/2025			Self-Directed Study, Wk 10 Module: Self Directed Study			Self-Directed Study, Wk 10 Module: Self Directed Study							
Sat 11/10/2025													
Su 12/10/2025													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 11, wk starting 13/10/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 13/10/2025			Self-Directed Study, Wk 11 Module: Self Directed Study			Supervisor Meeting Online Tutorials, Wk 11 Module: SPT629 (Independent Discovery) Staff: Ferrari, Julian; Hughes, Jonathan; King, Tom; Lewis1, Richard							
Tuesday 14/10/2025			Self-Directed Study, Wk 11 Module: Self Directed Study			Work Based Learning, Wk 11 Module: SES604 (Applied Professional Practice in Fitness and Conditioning) Staff: Hughes, Jonathan							
						Lecture, Wk 11 Module: SPT630 (Analysing Performance for Improvement) Staff: Ferrari, Julian Room: K217							
Wed 15/10/2025		Lecture, Wk 11 Module: SES601 (Exercise Prescription and Referral for Clinical Population) Staff: Batty, Chelsea Room: K04 - Teams Meeting Room											
Thursday 16/10/2025			Lecture, Wk 11 Module: SPT627 (Applied Sport and Performance Psychology) Staff: King, Tom Room: M303			Self-Directed Study, Wk 11 Module: Self Directed Study							
Fri 17/10/2025			Self-Directed Study, Wk 11 Module: Self Directed Study			Self-Directed Study, Wk 11 Module: Self Directed Study							
Sat 18/10/2025													
Su 19/10/2025													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 12, wk starting 20/10/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 20/10/2025			Self-Directed Study, Wk 12 Module: Self Directed Study			Lecture, Wk 12 Module: SPT629 (Independent Discovery) Staff: King, Tom Room: K217							
Tuesday 21/10/2025			Self-Directed Study, Wk 12 Module: Self Directed Study			Practical, Wk 12 Module: SPT630 (Analysing Performance for Improvement) Staff: Arczewski, Amadeusz, Ferrari, Julian Room: K - Biomechanics Lab							
Wednesday 22/10/2025		Lecture, Wk 12 Module: SES601 (Exercise Prescription and Referral for Clinical Population) Staff: Batty, Chelsea Room: K04 - Teams Meeting Room											
Thursday 23/10/2025			Lecture, Wk 12 Module: SPT627 (Applied Sport and Performance Psychology) Staff: King, Tom Room: M303			Self-Directed Study, Wk 12 Module: Self Directed Study							
Fri 24/10/2025			Self-Directed Study, Wk 12 Module: Self Directed Study			Self-Directed Study, Wk 12 Module: Self Directed Study							
Sat 25/10/2025													
Su 26/10/2025													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 13, wk starting 27/10/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 27/10/2025			Self-Directed Study, Wk 13 Module: Self Directed Study			Self-Directed Study, Wk 13 Module: Self Directed Study							
Tuesday 28/10/2025			Self-Directed Study, Wk 13 Module: Self Directed Study			Self-Directed Study, Wk 13 Module: Self Directed Study							
Wed 29/10/2025			Self-Directed Study, Wk 13 Module: Self Directed Study										
Thu 30/10/2025			Self-Directed Study, Wk 13 Module: Self Directed Study			Self-Directed Study, Wk 13 Module: Self Directed Study							
Friday 31/10/2025			Self-Directed Study, Wk 13 Module: Self Directed Study			Self-Directed Study, Wk 13 Module: Self Directed Study							
Sat 01/11/2025													
Su 02/11/2025													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 14, wk starting 03/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 03/11/2025			Self-Directed Study, Wk 14 Module: Self Directed Study			Supervisor Meeting Online Tutorials, Wk 14 Module: SPT629 (Independent Discovery) Staff: Ferrari, Julian; Hughes, Jonathan; King, Tom; Lewis1, Richard							
Tuesday 04/11/2025			Self-Directed Study, Wk 14 Module: Self Directed Study			Accredited learning- Data collection Directed Study, Wk 14 Module: SPT630 (Analysing Performance for Improvement)							
Wednesday 05/11/2025		Lecture, Wk 14 Module: SES601 (Exercise Prescription and Referral for Clinical Population) Staff: Batty, Chelsea Room: K04 - Teams Meeting Room											
Thursday 06/11/2025			Lecture, Wk 14 Module: SPT627 (Applied Sport and Performance Psychology) Staff: King, Tom Room: M303			Self-Directed Study, Wk 14 Module: Self Directed Study							
Fri 07/11/2025			Self-Directed Study, Wk 14 Module: Self Directed Study			Self-Directed Study, Wk 14 Module: Self Directed Study							
Sat 08/11/2025													
Su 09/11/2025													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 15, wk starting 10/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 10/11/2025			Self-Directed Study, Wk 15 Module: Self Directed Study			Lecture, Wk 15 Module: SPT629 (Independent Discovery) Staff: King, Tom Room: K217							
Tuesday 11/11/2025			Self-Directed Study, Wk 15 Module: Self Directed Study			Work Based Learning, Wk 15 Module: SES604 (Applied Professional Practice in Fitness and Conditioning) Staff: Hughes, Jonathan Accredited learning- Data collection Directed Study, Wk 15 Module: SPT630 (Analysing Performance for Improvement)							
Wed 12/11/2025		Lecture, Wk 15 Module: SES601 (Exercise Prescription and Referral for Clinical Population) Staff: Batty, Chelsea Room: K04 - Teams Meeting Room											
Thursday 13/11/2025			Lecture, Wk 15 Module: SPT627 (Applied Sport and Performance Psychology) Staff: King, Tom Room: M303			Self-Directed Study, Wk 15 Module: Self Directed Study							
Fri 14/11/2025			Self-Directed Study, Wk 15 Module: Self Directed Study			Self-Directed Study, Wk 15 Module: Self Directed Study							
Sat 15/11/2025													
Su 16/11/2025													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 16, wk starting 17/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 17/11/2025			Self-Directed Study, Wk 16 Module: Self Directed Study			Lecture, Wk 16 Module: SPT629 (Independent Discovery) Staff: Lewis1, Richard Room: K217							
Tuesday 18/11/2025			Self-Directed Study, Wk 16 Module: Self Directed Study			Work Based Learning, Wk 16 Module: SES604 (Applied Professional Practice in Fitness and Conditioning) Staff: Hughes, Jonathan Lecture, Wk 16 Module: SPT630 (Analysing Performance for Improvement) Staff: Ferrari, Julian Room: K217							
Wed 19/11/2025		Lecture, Wk 16 Module: SES601 (Exercise Prescription and Referral for Clinical Population) Staff: Batty, Chelsea Room: K04 - Teams Meeting Room											
Thursday 20/11/2025			Lecture, Wk 16 Module: SPT627 (Applied Sport and Performance Psychology) Staff: King, Tom Room: M303			Self-Directed Study, Wk 16 Module: Self Directed Study							
Fri 21/11/2025			Self-Directed Study, Wk 16 Module: Self Directed Study			Self-Directed Study, Wk 16 Module: Self Directed Study							
Sat 22/11/2025													
Su 23/11/2025													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 17, wk starting 24/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 24/11/2025			Self-Directed Study, Wk 17 Module: Self Directed Study			Lecture, Wk 17 Module: SPT629 (Independent Discovery) Staff: Ferrari, Julian Room: K217							
Tuesday 25/11/2025			Self-Directed Study, Wk 17 Module: Self Directed Study			Lecture, Wk 17 Module: SPT630 (Analysing Performance for Improvement) Staff: Ferrari, Julian Room: K217							
Wednesday 26/11/2025		Lecture, Wk 17 Module: SES601 (Exercise Prescription and Referral for Clinical Population) Staff: Batty, Chelsea Room: K04 - Teams Meeting Room											
Thursday 27/11/2025			Lecture, Wk 17 Module: SPT627 (Applied Sport and Performance Psychology) Staff: King, Tom Room: M303			Self-Directed Study, Wk 17 Module: Self Directed Study							
Friday 28/11/2025			Self-Directed Study, Wk 17 Module: Self Directed Study			Self-Directed Study, Wk 17 Module: Self Directed Study							
Sat 29/11/2025													
Su 30/11/2025													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 18, wk starting 01/12/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 01/12/2025			Self-Directed Study, Wk 18 Module: Self Directed Study			Lecture, Wk 18 Module: SPT629 (Independent Discovery) Staff: Lewis1, Richard Room: K217							
Tuesday 02/12/2025			Self-Directed Study, Wk 18 Module: Self Directed Study			Work Based Learning, Wk 18 Module: SES604 (Applied Professional Practice in Fitness and Conditioning) Staff: Hughes, Jonathan Lecture, Wk 18 Module: SPT630 (Analysing Performance for Improvement) Staff: Ferrari, Julian Room: K217							
Wed 03/12/2025		EXERCISE REFERALL VISIT Offsite Activity, Wk 18 Module: SES601 (Exercise Prescription and Referral for Clinical Population) Staff: Batty, Chelsea											
Thursday 04/12/2025			Online Tutorials, Wk 18 Module: SPT627 (Applied Sport and Performance Psychology) Staff: King, Tom			Self-Directed Study, Wk 18 Module: Self Directed Study							
Fri 05/12/2025			Self-Directed Study, Wk 18 Module: Self Directed Study			Self-Directed Study, Wk 18 Module: Self Directed Study							
Sat 06/12/2025													
Su 07/12/2025													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 19, wk starting 08/12/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 08/12/2025			Self-Directed Study, Wk 19 Module: Self Directed Study			Lecture, Wk 19 Module: SPT629 (Independent Discovery) Staff: Ferrari, Julian; Hughes, Jonathan Room: K217							
Tuesday 09/12/2025			Self-Directed Study, Wk 19 Module: Self Directed Study			Online Tutorials, Wk 19 Module: SPT630 (Analysing Performance for Improvement) Staff: Ferrari, Julian							
Wednesday 10/12/2025		Lecture, Wk 19 Module: SES601 (Exercise Prescription and Referral for Clinical Population) Staff: Batty, Chelsea Room: K04 - Teams Meeting Room											
Thursday 11/12/2025			Lecture, Wk 19 Module: SPT627 (Applied Sport and Performance Psychology) Staff: King, Tom Room: M303			Self-Directed Study, Wk 19 Module: Self Directed Study							
Friday 12/12/2025			Self-Directed Study, Wk 19 Module: Self Directed Study			Self-Directed Study, Wk 19 Module: Self Directed Study							
Sat 13/12/2025													
Su 14/12/2025													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 21, wk starting 22/12/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 22/12/2025													
Tu 23/12/2025													
We 24/12/2025													
Th 25/12/2025	University is closed, Wk 21												
Fri 26/12/2025	University is closed, Wk 21												
Sat 27/12/2025	University is closed, Wk 21												
Su 28/12/2025	University is closed, Wk 21												

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 22, wk starting 29/12/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 29/12/2025	University is closed, Wk 22												
Tu 30/12/2025	University is closed, Wk 22												
We 31/12/2025	University is closed, Wk 22												
Th 01/01/2026	University is closed, Wk 22												
Fri 02/01/2026													
Sat 03/01/2026													
Su 04/01/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 23, wk starting 05/01/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 05/01/2026			Self-Directed Study, Wk 23 Module: Self Directed Study			Supervisor Meeting Online Tutorials, Wk 23 Module: <u>SPT629 (Independent Discovery)</u> Staff: Ferrari, Julian; Hughes, Jonathan; King, Tom; Lewis1, Richard							
Tuesday 06/01/2026			Self-Directed Study, Wk 23 Module: Self Directed Study			Self-Directed Study, Wk 23 Module: Self Directed Study							
Wednesday 07/01/2026		Online Session, Wk 23 Module: <u>SES601 (Exercise Prescription and Referral for Clinical Population)</u> Staff: Batty, Chelsea											
Thursday 08/01/2026			Online Tutorials, Wk 23 Module: <u>SPT627 (Applied Sport and Performance Psychology)</u> Staff: King, Tom			Self-Directed Study, Wk 23 Module: Self Directed Study							
Friday 09/01/2026			Self-Directed Study, Wk 23 Module: Self Directed Study			Self-Directed Study, Wk 23 Module: Self Directed Study							
Sat 10/01/2026													
Su 11/01/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 24, wk starting 12/01/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 12/01/2026			Self-Directed Study, Wk 24 Module: Self Directed Study			Lecture, Wk 24 Module: <u>SPT629 (Independent Discovery)</u> Staff: Lewis1, Richard Room: <u>K217</u>							
Tuesday 13/01/2026			Self-Directed Study, Wk 24 Module: Self Directed Study			Self-Directed Study, Wk 24 Module: Self Directed Study							
Wednesday 14/01/2026		Lecture, Wk 24 Module: <u>SES601 (Exercise Prescription and Referral for Clinical Population)</u> Staff: Batty, Chelsea Room: <u>K04 - Teams Meeting Room</u>											
Thu 15/01/2026			Self-Directed Study, Wk 24 Module: Self Directed Study			Self-Directed Study, Wk 24 Module: Self Directed Study							
Friday 16/01/2026			Self-Directed Study, Wk 24 Module: Self Directed Study			Self-Directed Study, Wk 24 Module: Self Directed Study							
Sat 17/01/2026													
Su 18/01/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 25, wk starting 19/01/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 19/01/2026			Self-Directed Study, Wk 25 Module: Self Directed Study			Lecture, Wk 25 Module: <u>SPT629 (Independent Discovery)</u> Staff: Ferrari, Julian; Hughes, Jonathan Room: <u>K217</u>							
Tuesday 20/01/2026			Self-Directed Study, Wk 25 Module: Self Directed Study			Self-Directed Study, Wk 25 Module: Self Directed Study							
Wednesday 21/01/2026		Lecture, Wk 25 Module: <u>SES601 (Exercise Prescription and Referral for Clinical Population)</u> Staff: Batty, Chelsea Room: <u>K04 - Teams Meeting Room</u>											
Thu 22/01/2026			Self-Directed Study, Wk 25 Module: Self Directed Study			Self-Directed Study, Wk 25 Module: Self Directed Study							
Friday 23/01/2026			Self-Directed Study, Wk 25 Module: Self Directed Study			Self-Directed Study, Wk 25 Module: Self Directed Study							
Sat 24/01/2026													
Su 25/01/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 26, wk starting 26/01/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 26/01/2026			Self-Directed Study, Wk 26 Module: Self Directed Study			Supervisor Meeting Online Tutorials, Wk 26 Module: <u>SPT629 (Independent Discovery)</u> Staff: Ferrari, Julian; Hughes, Jonathan; King, Tom; Lewis1, Richard							
Tuesday 27/01/2026			Self-Directed Study, Wk 26 Module: Self Directed Study			Self-Directed Study, Wk 26 Module: Self Directed Study							
Wed 28/01/2026		Practical Assessment, Wk 26 Module: <u>SES601 (Exercise Prescription and Referral for Clinical Population)</u> Staff: Batty, Chelsea Room: Offsite											
Thursday 29/01/2026			Self-Directed Study, Wk 26 Module: Self Directed Study			Practical, Wk 26 Module: <u>SPT628 (Physiology in Extreme Environments)</u> Staff: Arczewski, Amadeusz; Lewis1, Richard Room: <u>M101 (Sports Lab)</u>							
Friday 30/01/2026			Self-Directed Study, Wk 26 Module: Self Directed Study			Self-Directed Study, Wk 26 Module: Self Directed Study							
Sat 31/01/2026													
Su 01/02/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 27, wk starting 02/02/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 02/02/2026			Self-Directed Study, Wk 27 Module: Self Directed Study			Data Collection Directed Study, Wk 27 Module: SPT629 (Independent Discovery)							
Tuesday 03/02/2026			Self-Directed Study, Wk 27 Module: Self Directed Study			Self-Directed Study, Wk 27 Module: Self Directed Study							
Wednesday 04/02/2026		Asynchronous Independent Study (engagement monitored), Wk 27 Module: SES601 (Exercise Prescription and Referral for Clinical Population) Staff: Batty, Chelsea			Cardiac Rehab Visit Offsite Activity, Wk 27 Module: SES601 (Exercise Prescription and Referral for Clinical Population) Staff: Batty, Chelsea Room: Offsite								
Thursday 05/02/2026			Self-Directed Study, Wk 27 Module: Self Directed Study			Practical, Wk 27 Module: SPT628 (Physiology in Extreme Environments) Staff: Arczewski, Amadeusz; Lewis1, Richard Room: M101 (Sports Lab)							
Friday 06/02/2026			Self-Directed Study, Wk 27 Module: Self Directed Study			Self-Directed Study, Wk 27 Module: Self Directed Study							
Sat 07/02/2026													
Su 08/02/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 28, wk starting 09/02/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 09/02/2026			Self-Directed Study, Wk 28 Module: Self Directed Study			Data Collection Directed Study, Wk 28 Module: SPT629 (Independent Discovery)							
Tuesday 10/02/2026			Self-Directed Study, Wk 28 Module: Self Directed Study			Self-Directed Study, Wk 28 Module: Self Directed Study							
Wednesday 11/02/2026		Lecture, Wk 28 Module: SES601 (Exercise Prescription and Referral for Clinical Population) Staff: Batty, Chelsea Room: K04 - Teams Meeting Room			Cardiac Rehab Visit Offsite Activity, Wk 28 Module: SES601 (Exercise Prescription and Referral for Clinical Population) Staff: Batty, Chelsea Room: Offsite								
Thursday 12/02/2026			Self-Directed Study, Wk 28 Module: Self Directed Study			Practical, Wk 28 Module: SPT628 (Physiology in Extreme Environments) Staff: Arczewski, Amadeusz; Batty, Chelsea; Lewis1, Richard Room: M101 (Sports Lab)							
Friday 13/02/2026			Self-Directed Study, Wk 28 Module: Self Directed Study			Self-Directed Study, Wk 28 Module: Self Directed Study							
Sat 14/02/2026													
Su 15/02/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 29, wk starting 16/02/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 16/02/2026			Self-Directed Study, Wk 29 Module: Self Directed Study			Self-Directed Study, Wk 29 Module: Self Directed Study							
Tuesday 17/02/2026			Self-Directed Study, Wk 29 Module: Self Directed Study			Self-Directed Study, Wk 29 Module: Self Directed Study							
Wednesday 18/02/2026		Presentation practice Directed Study, Wk 29 Module: <u>SES601</u> (Exercise Prescription and Referral for Clinical Population)											
Thu 19/02/2026			Self-Directed Study, Wk 29 Module: Self Directed Study			Self-Directed Study, Wk 29 Module: Self Directed Study							
Friday 20/02/2026			Self-Directed Study, Wk 29 Module: Self Directed Study			Self-Directed Study, Wk 29 Module: Self Directed Study							
Sat 21/02/2026													
Su 22/02/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 30, wk starting 23/02/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 23/02/2026		EXERCISE REFERALL Practical Assessment, Wk 30 Module: SES601 (Exercise Prescription and Referral for Clinical Population) Staff: Batty, Chelsea Room: Offsite											
Tuesday 24/02/2026		EXERCISE REFERALL Practical Assessment, Wk 30 Module: SES601 (Exercise Prescription and Referral for Clinical Population) Staff: Batty, Chelsea Room: Offsite											
Wed 25/02/2026		EXERCISE REFERALL Practical Assessment, Wk 30 Module: SES601 (Exercise Prescription and Referral for Clinical Population) Staff: Batty, Chelsea Room: Offsite											
Thursday 26/02/2026			Self-Directed Study, Wk 30 Module: Self Directed Study			Practical, Wk 30 Module: SPT628 (Physiology in Extreme Environments) Staff: Arczewski, Amadeusz; Lewis1, Richard Room: M101 (Sports Lab)							
Friday 27/02/2026			Self-Directed Study, Wk 30 Module: Self Directed Study			Self-Directed Study, Wk 30 Module: Self Directed Study							
Sat 28/02/2026													
Su 01/03/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 31, wk starting 02/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 02/03/2026			Self-Directed Study, Wk 31 Module: Self Directed Study			Data Collection Directed Study, Wk 31 Module: SPT629 (Independent Discovery)							
Tuesday 03/03/2026			Self-Directed Study, Wk 31 Module: Self Directed Study			Self-Directed Study, Wk 31 Module: Self Directed Study							
Wed 04/03/2026			Self-Directed Study, Wk 31 Module: Self Directed Study										
Thursday 05/03/2026			Self-Directed Study, Wk 31 Module: Self Directed Study			Practical, Wk 31 Module: SPT628 (Physiology in Extreme Environments) Staff: Arczewski, Amadeusz; Lewis1, Richard Room: M101 (Sports Lab)							
Friday 06/03/2026			Self-Directed Study, Wk 31 Module: Self Directed Study			Self-Directed Study, Wk 31 Module: Self Directed Study							
Sat 07/03/2026													
Su 08/03/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 32, wk starting 09/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 09/03/2026			Self-Directed Study, Wk 32 Module: Self Directed Study			Data Collection Directed Study, Wk 32 Module: SPT629 (Independent Discovery)							
Tuesday 10/03/2026		Presentation, 09:00AM-02:30PM, Wk 32 Module: SES601 (Exercise Prescription and Referral for Clinical Population) Staff: Batty, Chelsea Room: K013 - Teams Meeting Room											
Wed 11/03/2026			Self-Directed Study, Wk 32 Module: Self Directed Study										
Thursday 12/03/2026			Self-Directed Study, Wk 32 Module: Self Directed Study			Practical, Wk 32 Module: SPT628 (Physiology in Extreme Environments) Staff: Arczewski, Amadeusz; Batty, Chelsea; Lewis1, Richard Room: M101 (Sports Lab)							
Friday 13/03/2026			Self-Directed Study, Wk 32 Module: Self Directed Study			Self-Directed Study, Wk 32 Module: Self Directed Study							
Sat 14/03/2026													
Su 15/03/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 33, wk starting 16/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 16/03/2026			Self-Directed Study, Wk 33 Module: Self Directed Study			Data Collection Directed Study, Wk 33 Module: SPT629 (Independent Discovery)							
Tuesday 17/03/2026			Self-Directed Study, Wk 33 Module: Self Directed Study			Self-Directed Study, Wk 33 Module: Self Directed Study							
Wed 18/03/2026			Self-Directed Study, Wk 33 Module: Self Directed Study										
Thursday 19/03/2026			Self-Directed Study, Wk 33 Module: Self Directed Study			Practical, Wk 33 Module: SPT628 (Physiology in Extreme Environments) Staff: Arczewski, Amadeusz; Lewis1, Richard Room: M101 (Sports Lab)							
Friday 20/03/2026			Self-Directed Study, Wk 33 Module: Self Directed Study			Self-Directed Study, Wk 33 Module: Self Directed Study							
Sat 21/03/2026													
Su 22/03/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 34, wk starting 23/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 23/03/2026			Self-Directed Study, Wk 34 Module: Self Directed Study			Data Collection Directed Study, Wk 34 Module: SPT629 (Independent Discovery)							
Tuesday 24/03/2026			Self-Directed Study, Wk 34 Module: Self Directed Study			Self-Directed Study, Wk 34 Module: Self Directed Study							
Wed 25/03/2026			Self-Directed Study, Wk 34 Module: Self Directed Study										
Thursday 26/03/2026			Self-Directed Study, Wk 34 Module: Self Directed Study			Practical, Wk 34 Module: SPT628 (Physiology in Extreme Environments) Staff: Arczewski, Amadeusz; Batty, Chelsea; Lewis1, Richard Room: M101 (Sports Lab)							
Friday 27/03/2026			Self-Directed Study, Wk 34 Module: Self Directed Study			Self-Directed Study, Wk 34 Module: Self Directed Study							
Sat 28/03/2026													
Su 29/03/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 35, wk starting 30/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 30/03/2026													
Tu 31/03/2026													
We 01/04/2026													
Th 02/04/2026													
Fri 03/04/2026	Bank Holiday University is closed, Wk 35												
Sat 04/04/2026	University is closed, Wk 35												
Su 05/04/2026	University is closed, Wk 35												

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 36, wk starting 06/04/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 06/04/2026	Bank Holiday University is closed, Wk 36												
Tu 07/04/2026	University is closed, Wk 36												
We 08/04/2026													
Th 09/04/2026													
Fri 10/04/2026													
Sat 11/04/2026													
Su 12/04/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 37, wk starting 13/04/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 13/04/2026			Self-Directed Study, Wk 37 Module: Self Directed Study			Self-Directed Study, Wk 37 Module: Self Directed Study							
Tuesday 14/04/2026			Self-Directed Study, Wk 37 Module: Self Directed Study			Self-Directed Study, Wk 37 Module: Self Directed Study							
Wed 15/04/2026			Self-Directed Study, Wk 37 Module: Self Directed Study										
Thursday 16/04/2026			Self-Directed Study, Wk 37 Module: Self Directed Study			Practical, Wk 37 Module: <u>SPT628 (Physiology in Extreme Environments)</u> Staff: Arczewski, Amadeusz; Batty, Chelsea; Lewis1, Richard Room: <u>M101 (Sports Lab)</u>							
Friday 17/04/2026			Self-Directed Study, Wk 37 Module: Self Directed Study			Self-Directed Study, Wk 37 Module: Self Directed Study							
Sat 18/04/2026													
Su 19/04/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 38, wk starting 20/04/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 20/04/2026			Self-Directed Study, Wk 38 Module: Self Directed Study			Self-Directed Study, Wk 38 Module: Self Directed Study							
Tuesday 21/04/2026			Self-Directed Study, Wk 38 Module: Self Directed Study			Self-Directed Study, Wk 38 Module: Self Directed Study							
Wed 22/04/2026			Self-Directed Study, Wk 38 Module: Self Directed Study										
Thursday 23/04/2026			Self-Directed Study, Wk 38 Module: Self Directed Study			Practical, Wk 38 Module: <u>SPT628 (Physiology in Extreme Environments)</u> Staff: Arczewski, Amadeusz; Lewis1, Richard Room: <u>M101 (Sports Lab)</u>							
Friday 24/04/2026			Self-Directed Study, Wk 38 Module: Self Directed Study			Self-Directed Study, Wk 38 Module: Self Directed Study							
Sat 25/04/2026													
Su 26/04/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 39, wk starting 27/04/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 27/04/2026			Self-Directed Study, Wk 39 Module: Self Directed Study			Self-Directed Study, Wk 39 Module: Self Directed Study							
Tuesday 28/04/2026			Self-Directed Study, Wk 39 Module: Self Directed Study			Self-Directed Study, Wk 39 Module: Self Directed Study							
Wed 29/04/2026			Self-Directed Study, Wk 39 Module: Self Directed Study										
Thursday 30/04/2026			Self-Directed Study, Wk 39 Module: Self Directed Study			Practical Assessment, Wk 39 Module: <u>SPT628 (Physiology in Extreme Environments)</u> Staff: Arczewski, Amadeusz; Lewis1, Richard Room: <u>M101 (Sports Lab)</u>							
Friday 01/05/2026			Self-Directed Study, Wk 39 Module: Self Directed Study			Self-Directed Study, Wk 39 Module: Self Directed Study							
Sat 02/05/2026													
Su 03/05/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 40, wk starting 04/05/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 04/05/2026	Bank Holiday University is closed, Wk 40												
Tuesday 05/05/2026			Self-Directed Study, Wk 40 Module: Self Directed Study			Self-Directed Study, Wk 40 Module: Self Directed Study							
Wed 06/05/2026			Self-Directed Study, Wk 40 Module: Self Directed Study										
Thu 07/05/2026			Self-Directed Study, Wk 40 Module: Self Directed Study			Self-Directed Study, Wk 40 Module: Self Directed Study							
Friday 08/05/2026			Self-Directed Study, Wk 40 Module: Self Directed Study			Self-Directed Study, Wk 40 Module: Self Directed Study							
Sat 09/05/2026													
Su 10/05/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 41, wk starting 11/05/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 11/05/2026			Self-Directed Study, Wk 41 Module: Self Directed Study			Self-Directed Study, Wk 41 Module: Self Directed Study							
Tuesday 12/05/2026			Self-Directed Study, Wk 41 Module: Self Directed Study			Self-Directed Study, Wk 41 Module: Self Directed Study							
Wed 13/05/2026			Self-Directed Study, Wk 41 Module: Self Directed Study										
Thu 14/05/2026			Self-Directed Study, Wk 41 Module: Self Directed Study			Self-Directed Study, Wk 41 Module: Self Directed Study							
Friday 15/05/2026			Self-Directed Study, Wk 41 Module: Self Directed Study			Self-Directed Study, Wk 41 Module: Self Directed Study							
Sat 16/05/2026													
Su 17/05/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 43, wk starting 25/05/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 25/05/2026	Bank Holiday University is closed, Wk 43												
Tu 26/05/2026													
We 27/05/2026													
Th 28/05/2026													
Fri 29/05/2026													
Sat 30/05/2026													
Su 31/05/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Applied Sport and Exercise Sciences - Year 3 - Full Time (Wk 5, wk starting 31/08/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 31/08/2026	Bank Holiday University is closed, Wk 5												
Tu 01/09/2026													
We 02/09/2026													
Th 03/09/2026													
Fri 04/09/2026													
Sat 05/09/2026													
Su 06/09/2026													