

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 7, wk starting 15/09/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 15/09/2025		Welcome week commences on Monday 22nd September 2025 (Week 8) Induction, Wk 7											
Tu 16/09/2025													
We 17/09/2025													
Th 18/09/2025													
Fri 19/09/2025													
Sat 20/09/2025													
Su 21/09/2025													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 8, wk starting 22/09/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 22/09/2025		Welcome to new students Induction, Wk 8 Staff: Byron, Rachel; Hewins, Catherine; Jones, Kerry; Mason, Justine; Patterson, Nina; Wheeler, Sharon; White, Christopher; Williams, Karen Room: B14	VC Welcome address to UG students Induction, Wk 8 Room: William Aston Hall		Finding your way: getting to know your new campus Induction, 11:30AM-12:30PM, Wk 8 Staff: Byron, Rachel; Hewins, Catherine; Jones, Kerry; Mason, Justine; Patterson, Nina; Wheeler, Sharon; White, Christopher; Williams, Karen Room: B14		Starting your University Journey Induction, 01:30PM-02:30PM, Wk 8 Staff: Byron, Rachel; Hewins, Catherine; Jones, Kerry; Mason, Justine; Patterson, Nina; Wheeler, Sharon; White, Christopher; Williams, Karen Room: B14						
Tuesday 23/09/2025								Consent Training Mandatory Training, Wk 8					

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 8, wk starting 22/09/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Tuesday 23/09/2025			Health & Safety/ Library & Study Skills Online Induction, Wk 8 https://wxmuni.short.gy/healthsafetylibrary			Welsh language opportunities at Wrexham University/ Cyfleon Cymraeg ym Mhrifysgol Wrecsam Online Induction, Wk 8 https://wxmuni.short.gy/welshlanguage	Student & Campus Life Online Induction, Wk 8 https://wxmuni.short.gy/studentcampuslife						

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 8, wk starting 22/09/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Wednesday 24/09/2025							Stu dent Uni on talk Onli ne Indu ctio n, 02: 30P M- 03: 00P M, Wk 8 https://wxmuni.short.gy/studentunion						
Thu 25/09/2025				Fresher's Festival General University Event (optional), Wk 8 Room: Sport Centre (Hall)									

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 8, wk starting 22/09/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Thursday 25/09/2025			Support during your University Journey Induction, 09:30AM-10:15AM, Wk 8 Staff: Byron, Rachel; Hewins, Catherine; Jones, Kerry; Mason, Justine; Patterson, Nina; Wheeler, Sharon; White, Christopher; Williams, Karen Room: B14	Learning Launch pad: getting to grips with studying Induction, 10:15AM-11:00AM, Wk 8 Event too large - resources not printed			Any questions? Programme team drop in Induction, 01:30PM-03:00PM, Wk 8 Staff: Byron, Rachel; Hewins, Catherine; Jones, Kerry; Mason, Justine; Patterson, Nina; Wheeler, Sharon; White, Christopher; Williams, Karen Room: B14						

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 8, wk starting 22/09/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Friday 26/09/2025			Induction Module Online Induction, 10:30AM- 11:30AM, Wk 8 Staff: Byron, Rachel; Hewins, Catherine; Jones, Kerry; Mason, Justine; Patterson, Nina; Wheeler, Sharon; White, Christophe r; Williams, Karen										
Sat 27/09/2025													
Su 28/09/2025													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 9, wk starting 29/09/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 29/09/2025		Group 1 Lecture, 09:30AM-11:30AM, Wk 9 Module: FY312 (Study Skills for Success) Staff: Mason, Justine Room: B125			Group 2 Lecture, 12:30PM-02:30PM, Wk 9 Module: FY312 (Study Skills for Success) Staff: Mason, Justine Room: B125		Group 1 Lecture, 12:30PM-02:30PM, Wk 9 Module: FY305 (Resilience During HE and Beyond) Staff: Ayres, Julian Room: B24						
Tuesday 30/09/2025		Group 3 Lecture, 09:30AM-11:30AM, Wk 9 Module: FY312 (Study Skills for Success) Staff: Mason, Justine Room: B125			Group 1 Lecture, 12:30PM-02:30PM, Wk 9 Module: FY306 (A Day In The Life) Staff: Williams, Karen Room: B125								
Wed 01/10/2025		Group 3 Lecture, 09:30AM-11:30AM, Wk 9 Module: FY305 (Resilience During HE and Beyond) Staff: Mason, Justine Room: B125			Drop in Support Session Student Progress Meeting, 12:00PM-02:30PM, Wk 9 Staff: Mason, Justine Room: K07 - Meeting Room								
Thu 02/10/2025		Group 2 Lecture, 09:30AM-11:30AM, Wk 9 Module: FY306 (A Day In The Life) Staff: Williams, Karen Room: B125			Group 2 Lecture, 12:30PM-02:30PM, Wk 9 Module: FY305 (Resilience During HE and Beyond) Staff: Mason, Justine Room: B125								
Fri 03/10/2025		Self-Directed Study, 09:30AM-11:30AM, Wk 9 Module: Self Directed Study			Self-Directed Study, 12:30PM-02:30PM, Wk 9 Module: Self Directed Study								
Sat 04/10/2025													
Su 05/10/2025													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 10, wk starting 06/10/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 06/10/2025		Group 1 Lecture, 09:30AM-11:30AM, Wk 10 Module: FY312 (Study Skills for Success) Staff: Mason, Justine Room: B125			Group 2 Lecture, 12:30PM-02:30PM, Wk 10 Module: FY312 (Study Skills for Success) Staff: Mason, Justine Room: B125 Group 1 Lecture, 12:30PM-02:30PM, Wk 10 Module: FY305 (Resilience During HE and Beyond) Staff: Ayres, Julian Room: B24								
Tuesday 07/10/2025		Group 3 Lecture, 09:30AM-11:30AM, Wk 10 Module: FY312 (Study Skills for Success) Staff: Mason, Justine Room: B125			Group 1 Lecture, 12:30PM-02:30PM, Wk 10 Module: FY306 (A Day In The Life) Staff: Williams, Karen Room: B125								
Wed 08/10/2025		Group 3 Lecture, 09:30AM-11:30AM, Wk 10 Module: FY305 (Resilience During HE and Beyond) Staff: Mason, Justine Room: B125			Drop in Support Session Student Progress Meeting, 12:00PM-02:30PM, Wk 10 Staff: Mason, Justine Room: K07 - Meeting Room								
Thursday 09/10/2025		Group 2 Lecture, 09:30AM-11:30AM, Wk 10 Module: FY306 (A Day In The Life) Staff: Williams, Karen Room: B125			Group 2 Lecture, 12:30PM-02:30PM, Wk 10 Module: FY305 (Resilience During HE and Beyond) Staff: Mason, Justine Room: B125								
Fri 10/10/2025		Self-Directed Study, 09:30AM-11:30AM, Wk 10 Module: Self Directed Study			Self-Directed Study, 12:30PM-02:30PM, Wk 10 Module: Self Directed Study								
Sat 11/10/2025													
Su 12/10/2025													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 11, wk starting 13/10/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 13/10/2025		Group 1 Lecture, 09:30AM-11:30AM, Wk 11 Module: FY312 (Study Skills for Success) Staff: Mason, Justine Room: B125			Group 2 Lecture, 12:30PM-02:30PM, Wk 11 Module: FY312 (Study Skills for Success) Staff: Mason, Justine Room: B125 Group 1 Lecture, 12:30PM-02:30PM, Wk 11 Module: FY305 (Resilience During HE and Beyond) Staff: Ayres, Julian Room: B24								
Tuesday 14/10/2025		Group 3 Lecture, 09:30AM-11:30AM, Wk 11 Module: FY312 (Study Skills for Success) Staff: Mason, Justine Room: B125			Group 1 Lecture, 12:30PM-02:30PM, Wk 11 Module: FY306 (A Day In The Life) Staff: Williams, Karen Room: B125								
Wednesday 15/10/2025		Group 3 Lecture, 09:30AM-11:30AM, Wk 11 Module: FY305 (Resilience During HE and Beyond) Staff: Mason, Justine Room: B125			Drop in Support Session Student Progress Meeting, 12:00PM-02:30PM, Wk 11 Staff: Mason, Justine Room: K07 - Meeting Room								

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 11, wk starting 13/10/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Wednesday 15/10/2025					Lecture, 12:30PM-02:30PM, Wk 11 Staff: Byron, Rachel; Hewins, Catherine; Mason, Justine; Patterson, Nina; Wheeler, Sharon; White, Christopher Room: B18 Lecture Theatre								
Thursday 16/10/2025		Group 2 Lecture, 09:30AM-11:30AM, Wk 11 Module: FY306 (A Day In The Life) Staff: Williams, Karen Room: B125			Group 2 Lecture, 12:30PM-02:30PM, Wk 11 Module: FY305 (Resilience During HE and Beyond) Staff: Mason, Justine Room: B125								
Friday 17/10/2025		Self-Directed Study, 09:30AM-11:30AM, Wk 11 Module: Self Directed Study			Self-Directed Study, 12:30PM-02:30PM, Wk 11 Module: Self Directed Study								
Sat 18/10/2025													
Su 19/10/2025													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 12, wk starting 20/10/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 20/10/2025		Group 1 Lecture, 09:30AM-11:30AM, Wk 12 Module: FY312 (Study Skills for Success) Staff: Mason, Justine Room: B125			Group 2 Lecture, 12:30PM-02:30PM, Wk 12 Module: FY312 (Study Skills for Success) Staff: Mason, Justine Room: B125 Group 1 Lecture, 12:30PM-02:30PM, Wk 12 Module: FY305 (Resilience During HE and Beyond) Staff: Ayres, Julian Room: B24								
Tuesday 21/10/2025		Group 3 Lecture, 09:30AM-11:30AM, Wk 12 Module: FY312 (Study Skills for Success) Staff: Mason, Justine Room: B125			Group 1 Lecture, 12:30PM-02:30PM, Wk 12 Module: FY306 (A Day In The Life) Staff: Williams, Karen Room: B125								
Wed 22/10/2025		Group 3 Lecture, 09:30AM-11:30AM, Wk 12 Module: FY305 (Resilience During HE and Beyond) Staff: Mason, Justine Room: B125			Drop in Support Session Student Progress Meeting, 12:00PM-02:30PM, Wk 12 Staff: Mason, Justine Room: K07 - Meeting Room								
Thursday 23/10/2025		Group 2 Lecture, 09:30AM-11:30AM, Wk 12 Module: FY306 (A Day In The Life) Staff: Williams, Karen Room: B125			Group 2 Lecture, 12:30PM-02:30PM, Wk 12 Module: FY305 (Resilience During HE and Beyond) Staff: Mason, Justine Room: B125								
Fri 24/10/2025		Self-Directed Study, 09:30AM-11:30AM, Wk 12 Module: Self Directed Study			Self-Directed Study, 12:30PM-02:30PM, Wk 12 Module: Self Directed Study								
Sat 25/10/2025													
Su 26/10/2025													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 13, wk starting 27/10/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 27/10/2025			Self-Directed Study, 09:30AM-11:30AM, Wk 13 Module: Self Directed Study		Self-Directed Study, 12:30PM-02:30PM, Wk 13 Module: Self Directed Study								
Tuesday 28/10/2025			Self-Directed Study, 09:30AM-11:30AM, Wk 13 Module: Self Directed Study		Self-Directed Study, 12:30PM-02:30PM, Wk 13 Module: Self Directed Study								
Wed 29/10/2025			Self-Directed Study, 09:30AM-11:30AM, Wk 13 Module: Self Directed Study										
Thu 30/10/2025			Self-Directed Study, 09:30AM-11:30AM, Wk 13 Module: Self Directed Study		Self-Directed Study, 12:30PM-02:30PM, Wk 13 Module: Self Directed Study								
Friday 31/10/2025			Self-Directed Study, 09:30AM-11:30AM, Wk 13 Module: Self Directed Study		Self-Directed Study, 12:30PM-02:30PM, Wk 13 Module: Self Directed Study								
Sat 01/11/2025													
Su 02/11/2025													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 14, wk starting 03/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 03/11/2025		Group 1 Lecture, 09:30AM-11:30AM, Wk 14 Module: FY312 (Study Skills for Success) Staff: Mason, Justine Room: B125			Group 2 Lecture, 12:30PM-02:30PM, Wk 14 Module: FY312 (Study Skills for Success) Staff: Mason, Justine Room: B125 Group 1 Lecture, 12:30PM-02:30PM, Wk 14 Module: FY305 (Resilience During HE and Beyond) Staff: Ayres, Julian Room: B24								
Tuesday 04/11/2025		Group 3 Lecture, 09:30AM-11:30AM, Wk 14 Module: FY312 (Study Skills for Success) Staff: Mason, Justine Room: B125			Group 1 Lecture, 12:30PM-02:30PM, Wk 14 Module: FY306 (A Day In The Life) Staff: Williams, Karen Room: B125								
Wednesday 05/11/2025		Group 3 Lecture, 09:30AM-11:30AM, Wk 14 Module: FY305 (Resilience During HE and Beyond) Staff: Mason, Justine Room: B125			Drop in Support Session Student Progress Meeting, 12:00PM-02:30PM, Wk 14 Staff: Mason, Justine Room: K010 - Meeting Room (No AV) Neurodiversity conference Student Conference, Wk 14 Staff: Byron, Rachel; Saunders, Natalie								

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 14, wk starting 03/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Thursday 06/11/2025		Group 2 Lecture, 09:30AM-11:30AM, Wk 14 Module: FY306 (A Day In The Life) Staff: Williams, Karen Room: B125			Group 2 Lecture, 12:30PM-02:30PM, Wk 14 Module: FY305 (Resilience During HE and Beyond) Staff: Mason, Justine Room: B125								
Friday 07/11/2025		Self-Directed Study, 09:30AM-11:30AM, Wk 14 Module: Self Directed Study			Self-Directed Study, 12:30PM-02:30PM, Wk 14 Module: Self Directed Study								
Sat 08/11/2025													
Su 09/11/2025													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 15, wk starting 10/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 10/11/2025		Group 1 Lecture, 09:30AM-11:30AM, Wk 15 Module: FY312 (Study Skills for Success) Staff: Mason, Justine Room: B125			Group 2 Lecture, 12:30PM-02:30PM, Wk 15 Module: FY312 (Study Skills for Success) Staff: Mason, Justine Room: B125 Group 1 Lecture, 12:30PM-02:30PM, Wk 15 Module: FY305 (Resilience During HE and Beyond) Staff: Ayres, Julian Room: B24								
Tuesday 11/11/2025		Group 3 Lecture, 09:30AM-11:30AM, Wk 15 Module: FY312 (Study Skills for Success) Staff: Mason, Justine Room: B125			Group 1 Lecture, 12:30PM-02:30PM, Wk 15 Module: FY306 (A Day In The Life) Staff: Williams, Karen Room: B125								
Wed 12/11/2025		Group 3 Lecture, 09:30AM-11:30AM, Wk 15 Module: FY305 (Resilience During HE and Beyond) Staff: Mason, Justine Room: B125			Drop in Support Session Student Progress Meeting, 12:00PM-02:30PM, Wk 15 Staff: Mason, Justine Room: K07 - Meeting Room								
Thursday 13/11/2025		Group 2 Lecture, 09:30AM-11:30AM, Wk 15 Module: FY306 (A Day In The Life) Staff: Williams, Karen Room: B125			Group 2 Lecture, 12:30PM-02:30PM, Wk 15 Module: FY305 (Resilience During HE and Beyond) Staff: Mason, Justine Room: B125								
Fri 14/11/2025		Self-Directed Study, 09:30AM-11:30AM, Wk 15 Module: Self Directed Study			Self-Directed Study, 12:30PM-02:30PM, Wk 15 Module: Self Directed Study								
Sat 15/11/2025													
Su 16/11/2025													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 16, wk starting 17/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 17/11/2025		Group 1 Lecture, 09:30AM-11:30AM, Wk 16 Module: FY312 (Study Skills for Success) Staff: Mason, Justine Room: B125			Group 2 Lecture, 12:30PM-02:30PM, Wk 16 Module: FY312 (Study Skills for Success) Staff: Mason, Justine Room: B125 Group 1 Lecture, 12:30PM-02:30PM, Wk 16 Module: FY305 (Resilience During HE and Beyond) Staff: Ayres, Julian Room: B24								
Tuesday 18/11/2025		Group 3 Lecture, 09:30AM-11:30AM, Wk 16 Module: FY312 (Study Skills for Success) Staff: Mason, Justine Room: B125			Group 1 Lecture, 12:30PM-02:30PM, Wk 16 Module: FY306 (A Day In The Life) Staff: Williams, Karen Room: B125								
Wed 19/11/2025		Group 3 Lecture, 09:30AM-11:30AM, Wk 16 Module: FY305 (Resilience During HE and Beyond) Staff: Mason, Justine Room: B125			Drop in Support Session Student Progress Meeting, 12:00PM-02:30PM, Wk 16 Staff: Mason, Justine Room: K07 - Meeting Room								
Thursday 20/11/2025		Group 2 Lecture, 09:30AM-11:30AM, Wk 16 Module: FY306 (A Day In The Life) Staff: Williams, Karen Room: B125			Group 2 Lecture, 12:30PM-02:30PM, Wk 16 Module: FY305 (Resilience During HE and Beyond) Staff: Mason, Justine Room: B125								
Fri 21/11/2025		Self-Directed Study, 09:30AM-11:30AM, Wk 16 Module: Self Directed Study			Self-Directed Study, 12:30PM-02:30PM, Wk 16 Module: Self Directed Study								
Sat 22/11/2025													
Su 23/11/2025													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 17, wk starting 24/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 24/11/2025		Group 1 Lecture, 09:30AM-11:30AM, Wk 17 Module: FY312 (Study Skills for Success) Staff: Mason, Justine Room: B125			Group 2 Lecture, 12:30PM-02:30PM, Wk 17 Module: FY312 (Study Skills for Success) Staff: Mason, Justine Room: B125 Group 1 Lecture, 12:30PM-02:30PM, Wk 17 Module: FY305 (Resilience During HE and Beyond) Staff: Ayres, Julian Room: B24								
Tuesday 25/11/2025		Group 3 Lecture, 09:30AM-11:30AM, Wk 17 Module: FY312 (Study Skills for Success) Staff: Mason, Justine Room: B125			Group 1 Lecture, 12:30PM-02:30PM, Wk 17 Module: FY306 (A Day In The Life) Staff: Williams, Karen Room: B125								
Wed 26/11/2025		Group 3 Lecture, 09:30AM-11:30AM, Wk 17 Module: FY305 (Resilience During HE and Beyond) Staff: Mason, Justine Room: B125			Drop in Support Session Student Progress Meeting, 12:00PM-02:30PM, Wk 17 Staff: Mason, Justine Room: K07 - Meeting Room								
Thursday 27/11/2025		Group 2 Lecture, 09:30AM-11:30AM, Wk 17 Module: FY306 (A Day In The Life) Staff: Williams, Karen Room: B125			Group 2 Lecture, 12:30PM-02:30PM, Wk 17 Module: FY305 (Resilience During HE and Beyond) Staff: Mason, Justine Room: B125								
Fri 28/11/2025		Self-Directed Study, 09:30AM-11:30AM, Wk 17 Module: Self Directed Study			Self-Directed Study, 12:30PM-02:30PM, Wk 17 Module: Self Directed Study								
Sat 29/11/2025													
Su 30/11/2025													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 18, wk starting 01/12/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 01/12/2025		Group 1 Lecture, 09:30AM-11:30AM, Wk 18 Module: FY312 (Study Skills for Success) Staff: Mason, Justine Room: B125			Group 2 Lecture, 12:30PM-02:30PM, Wk 18 Module: FY312 (Study Skills for Success) Staff: Mason, Justine Room: B125 Group 1 Lecture, 12:30PM-02:30PM, Wk 18 Module: FY305 (Resilience During HE and Beyond) Staff: Ayres, Julian Room: B24								
Tuesday 02/12/2025		Group 3 Lecture, 09:30AM-11:30AM, Wk 18 Module: FY312 (Study Skills for Success) Staff: Mason, Justine Room: B125			Group 1 Lecture, 12:30PM-02:30PM, Wk 18 Module: FY306 (A Day In The Life) Staff: Williams, Karen Room: B125								
Wed 03/12/2025		Group 3 Lecture, 09:30AM-11:30AM, Wk 18 Module: FY305 (Resilience During HE and Beyond) Staff: Mason, Justine Room: B125			Drop in Support Session Student Progress Meeting, 12:00PM-02:30PM, Wk 18 Staff: Mason, Justine Room: K07 - Meeting Room								
Thursday 04/12/2025		Group 2 Lecture, 09:30AM-11:30AM, Wk 18 Module: FY306 (A Day In The Life) Staff: Williams, Karen Room: B125			Group 2 Lecture, 12:30PM-02:30PM, Wk 18 Module: FY305 (Resilience During HE and Beyond) Staff: Mason, Justine Room: B125								
Fri 05/12/2025		Self-Directed Study, 09:30AM-11:30AM, Wk 18 Module: Self Directed Study			Self-Directed Study, 12:30PM-02:30PM, Wk 18 Module: Self Directed Study								
Sat 06/12/2025													
Su 07/12/2025													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 19, wk starting 08/12/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 08/12/2025		Group 1 Lecture, 09:30AM-11:30AM, Wk 19 Module: FY312 (Study Skills for Success) Staff: Mason, Justine Room: B125			Group 2 Lecture, 12:30PM-02:30PM, Wk 19 Module: FY312 (Study Skills for Success) Staff: Mason, Justine Room: B125		Group 1 Lecture, 12:30PM-02:30PM, Wk 19 Module: FY305 (Resilience During HE and Beyond) Staff: Ayres, Julian Room: B24						
Tuesday 09/12/2025		Group 3 Lecture, 09:30AM-11:30AM, Wk 19 Module: FY312 (Study Skills for Success) Staff: Mason, Justine Room: B125			Group 1 Lecture, 12:30PM-02:30PM, Wk 19 Module: FY306 (A Day In The Life) Staff: Williams, Karen Room: B125								
Wed 10/12/2025		Group 3 Lecture, 09:30AM-11:30AM, Wk 19 Module: FY305 (Resilience During HE and Beyond) Staff: Mason, Justine Room: B125			Drop in Support Session Student Progress Meeting, 12:00PM-02:30PM, Wk 19 Staff: Mason, Justine Room: K07 - Meeting Room								
Thursday 11/12/2025		Group 2 Lecture, 09:30AM-11:30AM, Wk 19 Module: FY306 (A Day In The Life) Staff: Williams, Karen Room: B125			Group 2 Lecture, 12:30PM-02:30PM, Wk 19 Module: FY305 (Resilience During HE and Beyond) Staff: Mason, Justine Room: B125								
Fri 12/12/2025		Self-Directed Study, 09:30AM-11:30AM, Wk 19 Module: Self Directed Study			Self-Directed Study, 12:30PM-02:30PM, Wk 19 Module: Self Directed Study								
Sat 13/12/2025													
Su 14/12/2025													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 21, wk starting 22/12/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 22/12/2025													
Tu 23/12/2025													
We 24/12/2025													
Th 25/12/2025	University is closed, Wk 21												
Fri 26/12/2025	University is closed, Wk 21												
Sat 27/12/2025	University is closed, Wk 21												
Su 28/12/2025	University is closed, Wk 21												

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 22, wk starting 29/12/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 29/12/2025	University is closed, Wk 22												
Tu 30/12/2025	University is closed, Wk 22												
We 31/12/2025	University is closed, Wk 22												
Th 01/01/2026	University is closed, Wk 22												
Fri 02/01/2026													
Sat 03/01/2026													
Su 04/01/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 23, wk starting 05/01/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 05/01/2026			Self-Directed Study, 09:30AM-11:30AM, Wk 23 Module: Self Directed Study		Self-Directed Study, 12:30PM-02:30PM, Wk 23 Module: Self Directed Study								
Tuesday 06/01/2026			Self-Directed Study, 09:30AM-11:30AM, Wk 23 Module: Self Directed Study		Self-Directed Study, 12:30PM-02:30PM, Wk 23 Module: Self Directed Study								
Wed 07/01/2026			Self-Directed Study, 09:30AM-11:30AM, Wk 23 Module: Self Directed Study										
Thu 08/01/2026			Self-Directed Study, 09:30AM-11:30AM, Wk 23 Module: Self Directed Study		Self-Directed Study, 12:30PM-02:30PM, Wk 23 Module: Self Directed Study								
Friday 09/01/2026			Self-Directed Study, 09:30AM-11:30AM, Wk 23 Module: Self Directed Study		Self-Directed Study, 12:30PM-02:30PM, Wk 23 Module: Self Directed Study								
Sat 10/01/2026													
Su 11/01/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 24, wk starting 12/01/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 12/01/2026		Self-Directed Study, 09:30AM-11:30AM, Wk 24 Module: Self Directed Study			Self-Directed Study, 12:30PM-02:30PM, Wk 24 Module: Self Directed Study								
Tuesday 13/01/2026		Self-Directed Study, 09:30AM-11:30AM, Wk 24 Module: Self Directed Study			Self-Directed Study, 12:30PM-02:30PM, Wk 24 Module: Self Directed Study								
Wed 14/01/2026		Self-Directed Study, 09:30AM-11:30AM, Wk 24 Module: Self Directed Study											
Thu 15/01/2026		Self-Directed Study, 09:30AM-11:30AM, Wk 24 Module: Self Directed Study			Self-Directed Study, 12:30PM-02:30PM, Wk 24 Module: Self Directed Study								
Friday 16/01/2026		Self-Directed Study, 09:30AM-11:30AM, Wk 24 Module: Self Directed Study			Self-Directed Study, 12:30PM-02:30PM, Wk 24 Module: Self Directed Study								
Sat 17/01/2026													
Su 18/01/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 25, wk starting 19/01/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 19/01/2026			Self-Directed Study, 09:30AM-11:30AM, Wk 25 Module: Self Directed Study		Self-Directed Study, 12:30PM-02:30PM, Wk 25 Module: Self Directed Study								
Tuesday 20/01/2026			Self-Directed Study, 09:30AM-11:30AM, Wk 25 Module: Self Directed Study		Self-Directed Study, 12:30PM-02:30PM, Wk 25 Module: Self Directed Study								
Wed 21/01/2026			Self-Directed Study, 09:30AM-11:30AM, Wk 25 Module: Self Directed Study										
Thu 22/01/2026			Self-Directed Study, 09:30AM-11:30AM, Wk 25 Module: Self Directed Study		Self-Directed Study, 12:30PM-02:30PM, Wk 25 Module: Self Directed Study								
Friday 23/01/2026			Self-Directed Study, 09:30AM-11:30AM, Wk 25 Module: Self Directed Study		Self-Directed Study, 12:30PM-02:30PM, Wk 25 Module: Self Directed Study								
Sat 24/01/2026													
Su 25/01/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 26, wk starting 26/01/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 26/01/2026			Group 1 Seminar, 09:30AM-11:30AM, Wk 26 Module: FY308 (Numeracy) Staff: Jones, Kerry Room: B125		Group 2 Seminar, 12:30PM-02:30PM, Wk 26 Module: FY308 (Numeracy) Staff: Jones, Kerry Room: B125								
Tuesday 27/01/2026			Group 2 Seminar, 09:30AM-11:30AM, Wk 26 Module: FY311 (Professional Communication in the Workplace) Staff: Hewins, Catherine Room: B105 Group 1 Seminar, 09:30AM-11:30AM, Wk 26 Module: FY307 (Life and Work in the Welsh Context) Staff: Mason, Justine Room: B125		Group 2 Seminar, 12:30PM-02:30PM, Wk 26 Module: FY307 (Life and Work in the Welsh Context) Staff: Mason, Justine Room: B125								
Wed 28/01/2026			Self-Directed Study, 09:30AM-11:30AM, Wk 26 Module: Self Directed Study		Drop in Support Session Student Progress Meeting, 12:00PM-02:30PM, Wk 26 Staff: Mason, Justine Room: K07 - Meeting Room								

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 26, wk starting 26/01/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Thursday 29/01/2026		Group 1 Seminar, 09:30AM-11:30AM, Wk 26 Module: <u>FY311 (Professional Communication in the Workplace)</u> Staff: Hewins, Catherine Room: <u>B125</u>			Group 3 Seminar, 12:30PM-02:30PM, Wk 26 Module: <u>FY311 (Professional Communication in the Workplace)</u> Staff: Hewins, Catherine Room: <u>B125</u> Seminar, 12:30PM-02:30PM, Wk 26 Module: <u>FY310 (Welsh: For First Time Learners)</u> Staff: Davies, Teresa Room: <u>B123</u>								
Friday 30/01/2026		Lecture, Wk 26 Module: <u>SCI338 (Maths and Experimental Design)</u> Staff: Chaudhry, Amiya Room: <u>C122</u>			Self-Directed Study, 12:30PM-02:30PM, Wk 26 Module: <u>Self Directed Study</u>								
Sat 31/01/2026													
Su 01/02/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 27, wk starting 02/02/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 02/02/2026			Group 1 Seminar, 09:30AM-11:30AM, Wk 27 Module: FY308 (Numeracy) Staff: Jones, Kerry Room: B125		Group 2 Seminar, 12:30PM-02:30PM, Wk 27 Module: FY308 (Numeracy) Staff: Jones, Kerry Room: B125								
Tuesday 03/02/2026			Group 2 Seminar, 09:30AM-11:30AM, Wk 27 Module: FY311 (Professional Communication in the Workplace) Staff: Hewins, Catherine Room: B105		Group 2 Seminar, 12:30PM-02:30PM, Wk 27 Module: FY307 (Life and Work in the Welsh Context) Staff: Mason, Justine Room: B125								
			Group 1 Seminar, 09:30AM-11:30AM, Wk 27 Module: FY307 (Life and Work in the Welsh Context) Staff: Mason, Justine Room: B125										
Wed 04/02/2026			Self-Directed Study, 09:30AM-11:30AM, Wk 27 Module: Self Directed Study		Drop in Support Session Student Progress Meeting, 12:00PM-02:30PM, Wk 27 Staff: Mason, Justine Room: K07 - Meeting Room								

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 27, wk starting 02/02/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Thursday 05/02/2026		Group 1 Seminar, 09:30AM-11:30AM, Wk 27 Module: <u>FY311 (Professional Communication in the Workplace)</u> Staff: Hewins, Catherine Room: <u>B125</u>			Group 3 Seminar, 12:30PM-02:30PM, Wk 27 Module: <u>FY311 (Professional Communication in the Workplace)</u> Staff: Hewins, Catherine Room: <u>B125</u> Seminar, 12:30PM-02:30PM, Wk 27 Module: <u>FY310 (Welsh: For First Time Learners)</u> Staff: Davies, Teresa Room: <u>B123</u>								
Friday 06/02/2026		Lecture, Wk 27 Module: <u>SCI338 (Maths and Experimental Design)</u> Staff: Chaudhry, Amiya Room: <u>C122</u>			Self-Directed Study, 12:30PM-02:30PM, Wk 27 Module: <u>Self Directed Study</u>								
Sat 07/02/2026													
Su 08/02/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 28, wk starting 09/02/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 09/02/2026			Group 1 Seminar, 09:30AM-11:30AM, Wk 28 Module: FY308 (Numeracy) Staff: Jones, Kerry Room: B125		Group 2 Seminar, 12:30PM-02:30PM, Wk 28 Module: FY308 (Numeracy) Staff: Jones, Kerry Room: B125								
Tuesday 10/02/2026			Group 2 Seminar, 09:30AM-11:30AM, Wk 28 Module: FY311 (Professional Communication in the Workplace) Staff: Hewins, Catherine Room: B105		Group 2 Seminar, 12:30PM-02:30PM, Wk 28 Module: FY307 (Life and Work in the Welsh Context) Staff: Mason, Justine Room: B125								
			Group 1 Seminar, 09:30AM-11:30AM, Wk 28 Module: FY307 (Life and Work in the Welsh Context) Staff: Mason, Justine Room: B125										
Wed 11/02/2026			Self-Directed Study, 09:30AM-11:30AM, Wk 28 Module: Self Directed Study		Drop in Support Session Student Progress Meeting, 12:00PM-02:30PM, Wk 28 Staff: Mason, Justine Room: K07 - Meeting Room								

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 28, wk starting 09/02/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Thursday 12/02/2026		Group 1 Seminar, 09:30AM-11:30AM, Wk 28 Module: FY311 (Professional Communication in the Workplace) Staff: Hewins, Catherine Room: B125			Group 3 Seminar, 12:30PM-02:30PM, Wk 28 Module: FY311 (Professional Communication in the Workplace) Staff: Hewins, Catherine Room: B125 Seminar, 12:30PM-02:30PM, Wk 28 Module: FY310 (Welsh: For First Time Learners) Staff: Davies, Teresa Room: B123								
Friday 13/02/2026		Lecture, Wk 28 Module: SCI338 (Maths and Experimental Design) Staff: Chaudhry, Amiya Room: C122			Self-Directed Study, 12:30PM-02:30PM, Wk 28 Module: Self Directed Study								
Sat 14/02/2026													
Su 15/02/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 29, wk starting 16/02/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 16/02/2026			Self-Directed Study, 09:30AM-11:30AM, Wk 29 Module: Self Directed Study		Self-Directed Study, 12:30PM-02:30PM, Wk 29 Module: Self Directed Study								
Tuesday 17/02/2026			Self-Directed Study, 09:30AM-11:30AM, Wk 29 Module: Self Directed Study		Self-Directed Study, 12:30PM-02:30PM, Wk 29 Module: Self Directed Study								
Wed 18/02/2026			Self-Directed Study, 09:30AM-11:30AM, Wk 29 Module: Self Directed Study										
Thu 19/02/2026			Self-Directed Study, 09:30AM-11:30AM, Wk 29 Module: Self Directed Study		Self-Directed Study, 12:30PM-02:30PM, Wk 29 Module: Self Directed Study								
Friday 20/02/2026			Self-Directed Study, 09:30AM-11:30AM, Wk 29 Module: Self Directed Study		Self-Directed Study, 12:30PM-02:30PM, Wk 29 Module: Self Directed Study								
Sat 21/02/2026													
Su 22/02/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 30, wk starting 23/02/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 23/02/2026			Group 1 Seminar, 09:30AM-11:30AM, Wk 30 Module: FY308 (Numeracy) Staff: Jones, Kerry Room: B125		Group 2 Seminar, 12:30PM-02:30PM, Wk 30 Module: FY308 (Numeracy) Staff: Jones, Kerry Room: B125								
Tuesday 24/02/2026			Group 2 Seminar, 09:30AM-11:30AM, Wk 30 Module: FY311 (Professional Communication in the Workplace) Staff: Hewins, Catherine Room: B105		Group 2 Seminar, 12:30PM-02:30PM, Wk 30 Module: FY307 (Life and Work in the Welsh Context) Staff: Mason, Justine Room: B125								
			Group 1 Seminar, 09:30AM-11:30AM, Wk 30 Module: FY307 (Life and Work in the Welsh Context) Staff: Mason, Justine Room: B125										
Wed 25/02/2026			Self-Directed Study, 09:30AM-11:30AM, Wk 30 Module: Self Directed Study		Drop in Support Session Student Progress Meeting, 12:00PM-02:30PM, Wk 30 Staff: Mason, Justine Room: K07 - Meeting Room								

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 30, wk starting 23/02/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Thursday 26/02/2026		Group 1 Seminar, 09:30AM-11:30AM, Wk 30 Module: FY311 (Professional Communication in the Workplace) Staff: Hewins, Catherine Room: B125			Group 3 Seminar, 12:30PM-02:30PM, Wk 30 Module: FY311 (Professional Communication in the Workplace) Staff: Hewins, Catherine Room: B125 Seminar, 12:30PM-02:30PM, Wk 30 Module: FY310 (Welsh: For First Time Learners) Staff: Davies, Teresa Room: B123								
Friday 27/02/2026		Lecture, Wk 30 Module: SCI338 (Maths and Experimental Design) Staff: Chaudhry, Amiya Room: C122			Self-Directed Study, 12:30PM-02:30PM, Wk 30 Module: Self Directed Study								
Sat 28/02/2026													
Su 01/03/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 31, wk starting 02/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 02/03/2026			Group 1 Seminar, 09:30AM-11:30AM, Wk 31 Module: FY308 (Numeracy) Staff: Jones, Kerry Room: B125		Group 2 Seminar, 12:30PM-02:30PM, Wk 31 Module: FY308 (Numeracy) Staff: Jones, Kerry Room: B125								
Tuesday 03/03/2026			Group 2 Seminar, 09:30AM-11:30AM, Wk 31 Module: FY311 (Professional Communication in the Workplace) Staff: Hewins, Catherine Room: B105		Group 2 Seminar, 12:30PM-02:30PM, Wk 31 Module: FY307 (Life and Work in the Welsh Context) Staff: Mason, Justine Room: B125								
			Group 1 Seminar, 09:30AM-11:30AM, Wk 31 Module: FY307 (Life and Work in the Welsh Context) Staff: Mason, Justine Room: B125										
Wed 04/03/2026			Self-Directed Study, 09:30AM-11:30AM, Wk 31 Module: Self Directed Study		Drop in Support Session Student Progress Meeting, 12:00PM-02:30PM, Wk 31 Staff: Mason, Justine Room: K07 - Meeting Room								

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 31, wk starting 02/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Wednesday 04/03/2026					Lecture, 12:30PM-02:30PM, Wk 31 Staff: Byron, Rachel; Hewins, Catherine; Mason, Justine; Patterson, Nina; Wheeler, Sharon; White, Christopher Room: B18 Lecture Theatre								
Thursday 05/03/2026		Group 1 Seminar, 09:30AM-11:30AM, Wk 31 Module: FY311 (Professional Communication in the Workplace) Staff: Hewins, Catherine Room: B125			Group 3 Seminar, 12:30PM-02:30PM, Wk 31 Module: FY311 (Professional Communication in the Workplace) Staff: Hewins, Catherine Room: B125								
					Seminar, 12:30PM-02:30PM, Wk 31 Module: FY310 (Welsh: For First Time Learners) Staff: Davies, Teresa Room: B123								
Friday 06/03/2026		Lecture, Wk 31 Module: SCI338 (Maths and Experimental Design) Staff: Chaudhry, Amiya Room: C122			Self-Directed Study, 12:30PM-02:30PM, Wk 31 Module: Self Directed Study								
Sat 07/03/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 31, wk starting 02/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Su 08/03/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 32, wk starting 09/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 09/03/2026			Group 1 Seminar, 09:30AM-11:30AM, Wk 32 Module: FY308 (Numeracy) Staff: Jones, Kerry Room: B125		Group 2 Seminar, 12:30PM-02:30PM, Wk 32 Module: FY308 (Numeracy) Staff: Jones, Kerry Room: B125								
Tuesday 10/03/2026			Group 2 Seminar, 09:30AM-11:30AM, Wk 32 Module: FY311 (Professional Communication in the Workplace) Staff: Hewins, Catherine Room: B105 Group 1 Seminar, 09:30AM-11:30AM, Wk 32 Module: FY307 (Life and Work in the Welsh Context) Staff: Mason, Justine Room: B125		Group 2 Seminar, 12:30PM-02:30PM, Wk 32 Module: FY307 (Life and Work in the Welsh Context) Staff: Mason, Justine Room: B125								
Wed 11/03/2026			Self-Directed Study, 09:30AM-11:30AM, Wk 32 Module: Self Directed Study		Drop in Support Session Student Progress Meeting, 12:00PM-02:30PM, Wk 32 Staff: Mason, Justine Room: K07 - Meeting Room								

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 32, wk starting 09/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Thursday 12/03/2026		Group 1 Seminar, 09:30AM-11:30AM, Wk 32 Module: <u>FY311 (Professional Communication in the Workplace)</u> Staff: Hewins, Catherine Room: <u>B125</u>			Group 3 Seminar, 12:30PM-02:30PM, Wk 32 Module: <u>FY311 (Professional Communication in the Workplace)</u> Staff: Hewins, Catherine Room: <u>B125</u> Seminar, 12:30PM-02:30PM, Wk 32 Module: <u>FY310 (Welsh: For First Time Learners)</u> Staff: Davies, Teresa Room: <u>B123</u>								
Friday 13/03/2026		Lecture, Wk 32 Module: <u>SCI338 (Maths and Experimental Design)</u> Staff: Chaudhry, Amiya Room: <u>C122</u>			Self-Directed Study, 12:30PM-02:30PM, Wk 32 Module: <u>Self Directed Study</u>								
Sat 14/03/2026													
Su 15/03/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 33, wk starting 16/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 16/03/2026			Group 1 Seminar, 09:30AM-11:30AM, Wk 33 Module: FY308 (Numeracy) Staff: Jones, Kerry Room: B125		Group 2 Seminar, 12:30PM-02:30PM, Wk 33 Module: FY308 (Numeracy) Staff: Jones, Kerry Room: B125								
Tuesday 17/03/2026			Group 2 Seminar, 09:30AM-11:30AM, Wk 33 Module: FY311 (Professional Communication in the Workplace) Staff: Hewins, Catherine Room: B105 Group 1 Seminar, 09:30AM-11:30AM, Wk 33 Module: FY307 (Life and Work in the Welsh Context) Staff: Mason, Justine Room: B125		Group 2 Seminar, 12:30PM-02:30PM, Wk 33 Module: FY307 (Life and Work in the Welsh Context) Staff: Mason, Justine Room: B125								
Wed 18/03/2026			Self-Directed Study, 09:30AM-11:30AM, Wk 33 Module: Self Directed Study		Drop in Support Session Student Progress Meeting, 12:00PM-02:30PM, Wk 33 Staff: Mason, Justine Room: K07 - Meeting Room								

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 33, wk starting 16/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Thursday 19/03/2026		Group 1 Seminar, 09:30AM-11:30AM, Wk 33 Module: FY311 (Professional Communication in the Workplace) Staff: Hewins, Catherine Room: B125			Group 3 Seminar, 12:30PM-02:30PM, Wk 33 Module: FY311 (Professional Communication in the Workplace) Staff: Hewins, Catherine Room: B125 Seminar, 12:30PM-02:30PM, Wk 33 Module: FY310 (Welsh: For First Time Learners) Staff: Davies, Teresa Room: B123								
Friday 20/03/2026		Practical, Wk 33 Module: SCI338 (Maths and Experimental Design) Staff: Chaudhry, Amiya; Ransley, Ray Room: C14 Forensic Science Lab											
Sat 21/03/2026													
Su 22/03/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 34, wk starting 23/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 23/03/2026			Group 1 Seminar, 09:30AM-11:30AM, Wk 34 Module: FY308 (Numeracy) Staff: Jones, Kerry Room: B125		Group 2 Seminar, 12:30PM-02:30PM, Wk 34 Module: FY308 (Numeracy) Staff: Jones, Kerry Room: B125								
Tuesday 24/03/2026			Group 2 Seminar, 09:30AM-11:30AM, Wk 34 Module: FY311 (Professional Communication in the Workplace) Staff: Hewins, Catherine Room: B105		Group 2 Seminar, 12:30PM-02:30PM, Wk 34 Module: FY307 (Life and Work in the Welsh Context) Staff: Mason, Justine Room: B125								
			Group 1 Seminar, 09:30AM-11:30AM, Wk 34 Module: FY307 (Life and Work in the Welsh Context) Staff: Mason, Justine Room: B125										
Wed 25/03/2026			Self-Directed Study, 09:30AM-11:30AM, Wk 34 Module: Self Directed Study		Drop in Support Session Student Progress Meeting, 12:00PM-02:30PM, Wk 34 Staff: Mason, Justine Room: K07 - Meeting Room								

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 34, wk starting 23/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Thursday 26/03/2026		Group 1 Seminar, 09:30AM-11:30AM, Wk 34 Module: <u>FY311 (Professional Communication in the Workplace)</u> Staff: Hewins, Catherine Room: <u>B125</u>			Group 3 Seminar, 12:30PM-02:30PM, Wk 34 Module: <u>FY311 (Professional Communication in the Workplace)</u> Staff: Hewins, Catherine Room: <u>B125</u> Seminar, 12:30PM-02:30PM, Wk 34 Module: <u>FY310 (Welsh: For First Time Learners)</u> Staff: Davies, Teresa Room: <u>B123</u>								
Friday 27/03/2026		Practical, Wk 34 Module: <u>SCI338 (Maths and Experimental Design)</u> Staff: Chaudhry, Amiya; Ransley, Ray Room: <u>C14 Forensic Science Lab</u>											
Sat 28/03/2026													
Su 29/03/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 35, wk starting 30/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 30/03/2026													
Tu 31/03/2026													
We 01/04/2026													
Th 02/04/2026													
Fri 03/04/2026	Bank Holiday University is closed, Wk 35												
Sat 04/04/2026	University is closed, Wk 35												
Su 05/04/2026	University is closed, Wk 35												

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 36, wk starting 06/04/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 06/04/2026	Bank Holiday University is closed, Wk 36												
Tu 07/04/2026	University is closed, Wk 36												
We 08/04/2026													
Th 09/04/2026													
Fri 10/04/2026													
Sat 11/04/2026													
Su 12/04/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 37, wk starting 13/04/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 13/04/2026			Group 1 Seminar, 09:30AM-11:30AM, Wk 37 Module: FY308 (Numeracy) Staff: Jones, Kerry Room: B125		Group 2 Seminar, 12:30PM-02:30PM, Wk 37 Module: FY308 (Numeracy) Staff: Jones, Kerry Room: B125								
Tuesday 14/04/2026			Group 2 Seminar, 09:30AM-11:30AM, Wk 37 Module: FY311 (Professional Communication in the Workplace) Staff: Hewins, Catherine Room: B105 Group 1 Seminar, 09:30AM-11:30AM, Wk 37 Module: FY307 (Life and Work in the Welsh Context) Staff: Mason, Justine Room: B125		Group 2 Seminar, 12:30PM-02:30PM, Wk 37 Module: FY307 (Life and Work in the Welsh Context) Staff: Mason, Justine Room: B125								
Wed 15/04/2026			Self-Directed Study, 09:30AM-11:30AM, Wk 37 Module: Self Directed Study		Drop in Support Session Student Progress Meeting, 12:00PM-02:30PM, Wk 37 Staff: Mason, Justine Room: K07 - Meeting Room								

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 37, wk starting 13/04/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Thursday 16/04/2026		Group 1 Seminar, 09:30AM-11:30AM, Wk 37 Module: FY311 (Professional Communication in the Workplace) Staff: Hewins, Catherine Room: B125			Group 3 Seminar, 12:30PM-02:30PM, Wk 37 Module: FY311 (Professional Communication in the Workplace) Staff: Hewins, Catherine Room: B125 Seminar, 12:30PM-02:30PM, Wk 37 Module: FY310 (Welsh: For First Time Learners) Staff: Davies, Teresa Room: B123								
Friday 17/04/2026		Practical, Wk 37 Module: SCI338 (Maths and Experimental Design) Staff: Chaudhry, Amiya; Ransley, Ray Room: C14 Forensic Science Lab											
Sat 18/04/2026													
Su 19/04/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 38, wk starting 20/04/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 20/04/2026			Group 1 Seminar, 09:30AM-11:30AM, Wk 38 Module: FY308 (Numeracy) Staff: Jones, Kerry Room: B125		Group 2 Seminar, 12:30PM-02:30PM, Wk 38 Module: FY308 (Numeracy) Staff: Jones, Kerry Room: B125								
Tuesday 21/04/2026			Group 2 Seminar, 09:30AM-11:30AM, Wk 38 Module: FY311 (Professional Communication in the Workplace) Staff: Hewins, Catherine Room: B105		Group 2 Seminar, 12:30PM-02:30PM, Wk 38 Module: FY307 (Life and Work in the Welsh Context) Staff: Mason, Justine Room: B125								
			Group 1 Seminar, 09:30AM-11:30AM, Wk 38 Module: FY307 (Life and Work in the Welsh Context) Staff: Mason, Justine Room: B125										
Wed 22/04/2026			Self-Directed Study, 09:30AM-11:30AM, Wk 38 Module: Self Directed Study		Drop in Support Session Student Progress Meeting, 12:00PM-02:30PM, Wk 38 Staff: Mason, Justine Room: K07 - Meeting Room								

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 38, wk starting 20/04/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Thursday 23/04/2026		Group 1 Seminar, 09:30AM-11:30AM, Wk 38 Module: FY311 (Professional Communication in the Workplace) Staff: Hewins, Catherine Room: B125			Group 3 Seminar, 12:30PM-02:30PM, Wk 38 Module: FY311 (Professional Communication in the Workplace) Staff: Hewins, Catherine Room: B125 Seminar, 12:30PM-02:30PM, Wk 38 Module: FY310 (Welsh: For First Time Learners) Staff: Davies, Teresa Room: B123								
Friday 24/04/2026		Presentation, Wk 38 Module: SCI338 (Maths and Experimental Design) Staff: Chaudhry, Amiya Room: B123											
Sat 25/04/2026													
Su 26/04/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 39, wk starting 27/04/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 27/04/2026		Self-Directed Study, 09:30AM-11:30AM, Wk 39 Module: Self Directed Study			Self-Directed Study, 12:30PM-02:30PM, Wk 39 Module: Self Directed Study								
Tu 28/04/2026													
Wed 29/04/2026		Self-Directed Study, 09:30AM-11:30AM, Wk 39 Module: Self Directed Study											
Thu 30/04/2026		Self-Directed Study, 09:30AM-11:30AM, Wk 39 Module: Self Directed Study			Self-Directed Study, 12:30PM-02:30PM, Wk 39 Module: Self Directed Study								
Friday 01/05/2026		Self-Directed Study, 09:30AM-11:30AM, Wk 39 Module: Self Directed Study			Self-Directed Study, 12:30PM-02:30PM, Wk 39 Module: Self Directed Study								
Sat 02/05/2026													
Su 03/05/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 40, wk starting 04/05/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 04/05/2026	Bank Holiday University is closed, Wk 40												
Tuesday 05/05/2026		Self-Directed Study, 09:30AM-11:30AM, Wk 40 Module: Self Directed Study			Self-Directed Study, 12:30PM-02:30PM, Wk 40 Module: Self Directed Study								
Wed 06/05/2026		Self-Directed Study, 09:30AM-11:30AM, Wk 40 Module: Self Directed Study											
Thu 07/05/2026		Self-Directed Study, 09:30AM-11:30AM, Wk 40 Module: Self Directed Study			Self-Directed Study, 12:30PM-02:30PM, Wk 40 Module: Self Directed Study								
Friday 08/05/2026		Self-Directed Study, 09:30AM-11:30AM, Wk 40 Module: Self Directed Study			Self-Directed Study, 12:30PM-02:30PM, Wk 40 Module: Self Directed Study								
Sat 09/05/2026													
Su 10/05/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 41, wk starting 11/05/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 11/05/2026			Self-Directed Study, 09:30AM-11:30AM, Wk 41 Module: Self Directed Study		Self-Directed Study, 12:30PM-02:30PM, Wk 41 Module: Self Directed Study								
Tuesday 12/05/2026			Self-Directed Study, 09:30AM-11:30AM, Wk 41 Module: Self Directed Study		Self-Directed Study, 12:30PM-02:30PM, Wk 41 Module: Self Directed Study								
Wed 13/05/2026			Self-Directed Study, 09:30AM-11:30AM, Wk 41 Module: Self Directed Study										
Thu 14/05/2026			Self-Directed Study, 09:30AM-11:30AM, Wk 41 Module: Self Directed Study		Self-Directed Study, 12:30PM-02:30PM, Wk 41 Module: Self Directed Study								
Friday 15/05/2026			Self-Directed Study, 09:30AM-11:30AM, Wk 41 Module: Self Directed Study		Self-Directed Study, 12:30PM-02:30PM, Wk 41 Module: Self Directed Study								
Sat 16/05/2026													
Su 17/05/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 43, wk starting 25/05/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 25/05/2026	Bank Holiday University is closed, Wk 43												
Tu 26/05/2026													
We 27/05/2026													
Th 28/05/2026													
Fri 29/05/2026													
Sat 30/05/2026													
Su 31/05/2026													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 0 - Full Time (Wk 5, wk starting 31/08/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 31/08/2026	Bank Holiday University is closed, Wk 5												
Tu 01/09/2026													
We 02/09/2026													
Th 03/09/2026													
Fri 04/09/2026													
Sat 05/09/2026													
Su 06/09/2026													