Wrexham University Academic Timetables Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 7, wk starting 15/09/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo		Welcome v Induction,	week comme Wk 7	nces on Mor	iday 22nd Se	eptember 20	25 (Week 8)	'					
Tu													
Wednesday 17/09/2025		stude Indu 30AN Wk Staff Rach Cath Kerry Justi Patte Whe Whit	: Byron, nel; Hewins, erine; Jones, y; Mason, ne; erson, Nina; eler, Sharon										
Th													
Fri 19/09/2025													
Sat 20/09/2025													
Su													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 8, wk starting 22/09/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Monday 22/09/2025		Welcome to new students Induction, Wk 8 Staff: Byron, Rachel; Hewins, Catherine; Jones, Kerry; Mason, Justine; Patterson, Nina; Wheeler, Sharon; White, Christophe r; Williams Karen Room: B14	VC Welcome address to UG students Induction, Wk 8 Room: William Aston Hall	Jone Kerry Masc Justii Patte Nina; Whe Share Whit Chris	vay: leg to your bus stion, DAM- DPM, B el; ns, eerine; s, pon, ne; rson, eler, pon; ee, ttophe Iliams, n	Jone Kerry Maso Justi Patte Nina Whe Shar Whit	ersity ney ction, DPM- DPM, 8 : n, nel; ns, erine; s, on, ne; erson, ; eler, on; e, stophe Iliams, n						
Tuesday 23/09/2025								Consent Training Mandatory Training, Wk 8					

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 8, wk starting 22/09/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Tuesday 23/09/2025			Health & Safety/ Library & Study Skills Online Induction, Wk 8 https://wxmuni.short.gy/healthsafetylibrary			Welsh language opportuniti es at Wrexham University/ Cyfleon Cymraeg ym Mhrifysgol Wrecsam Online Induction, Wk 8 https:// wxmuni. short.gy/ welshlang uage	Student & Campus Life Online Induction, Wk 8 https://wxmuni.short.gy/studentcampuslife						

Wrexham University Academic Timetables Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 8, wk starting 22/09/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Wednesday 24/09/2025							Stu dent Uni on talk Onli ne Indu ctio n, 02: 30P M-03: 00P M, W k 8 http s:// wx mun i. shor t.gy/ stud entu nion						
Thu 25/09/2025					estival iversity Even rt Centre (Ha		Nk 8						

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 8, wk starting 22/09/2025)

	08:00AM	09:00AM 10:0	00AM 11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Thursday 25/09/2025		t during your LUnivers prity yourne to y Inducti on, 09: 30AM-10: 15AM, Wk 8 1 Staff: Byron, Rachel; Hewins to y Catheri ne;	Launch pad: getting to grips with studyin		Progdrop Indu 30PI Wk Staff Rack Cath Kerry Justi Patte Where Whire Christ Willing Willing Rack Willing Rack Where Whire Christ Willing Rack Willing Rack White Rack White Rack White Rack White Rack White Rack Willing Rack William Rack Will	ction, 01: M-03:00PM, 8 : Byron, nel; Hewins, lerine; Jones, y; Mason, ne; erson, Nina; leeler, Sharon;						

Wrexham University Academic Timetables Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 8, wk starting 22/09/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Friday 26/09/2025			10:30 Wk Staff Byror Rach Hewi Cath Jone Kerry Maso Justi Patte Nina Whe Shar Whit	ule ne ction, DAM- DAM, 8 n, nel; ins, erine; es, /; on, ne; erson, ; eler, on; ee, stophe illiams,									
Sat 27/09/2025													
Su 28/09/2025													

Wrexham University Academic Timetables Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 9, wk starting 29/09/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 29/09/2025			d Study, Wk 9 Directed Study	,			d Study, Wk 9 Directed Study	,					
Tuesday 30/09/2025			d Study, Wk 9 F Directed Study		requir 30PM Modu <u>Skills</u> <u>Deve</u> Staff:	shop (attendared), 12:30PM 1, Wk 9 le: HLT429 (Sand Personal lopment) Byron, Rache	-02: Study -						
Wednesday 01/10/2025		requi 30AM Modu of the Play) Staff:	kshop (attenda red), 09:30AM- M, Wk 9 ule: <u>HLT425 (He</u> Nation: State : : Patterson, Nin n: <u>B09</u>	11: ealth of									
Thursday 02/10/2025		requi 30AN Modu <u>Wellk</u> Staff:	kshop (attenda red), 09:30AM- M, Wk 9 ule: <u>HLT427 (Hoeing and the E</u> Hewins, Cathon: <u>C112</u>	11: ealth, Body)			d Study, Wk 9 F Directed Study						
Fri 03/10/2025			d Study, Wk 9 Directed Study	,			d Study, Wk 9 Directed Study	1					
Sat 04/10/2025													
Su 05/10/2025													

Wrexham University Academic Timetables Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 10, wk starting 06/10/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 06/10/2025			d Study, Wk 10 Directed Study				d Study, Wk 10 Directed Study						
Tuesday 07/10/2025			d Study, Wk 10 Directed Study		requi 30PM Modu <u>Skills</u> <u>Deve</u> Staff	kshop (attenda ired), 12:30PM- M, Wk 10 ule: <u>HLT429 (Sissand Personal</u> elopment) : Byron, Rachel m: <u>L101 (PC Re</u>	02: tudy						
Wednesday 08/10/2025		requir 30AM Modu of the Play) Staff:	shop (attenda red), 09:30AM- 1, Wk 10 lle: <u>HLT425 (Handal)</u> Nation: State Patterson, Nin n: <u>B09</u>	11: ealth of									
Thursday 09/10/2025		requir 30AM Modu <u>Wellb</u> Staff:	shop (attenda red), 09:30AM- 1, Wk 10 lle: <u>HLT427 (Hoeing and the E</u> Hewins, Cathe n: <u>C112</u>	11: ealth, Body)			Study, Wk 10 Directed Study						
Fri 10/10/2025		Room: C112 Self-Directed Study, Wk 10 Module: Self Directed Study					d Study, Wk 10 Directed Study						
Sat 11/10/2025													
Su 12/10/2025													

Wrexham University Academic Timetables

Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 11, wk starting 13/10/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 13/10/2025			Study, Wk 1				d Study, Wk 11 Directed Study						
Tuesday 14/10/2025			Study, Wk 1		requi 30PM Modu Skills Deve Staff:	kshop (attenda red), 12:30PM- M, Wk 11 ule: HLT429 (St and Personal elopment) Byron, Rachel n: B09	tudy						
Wednesday 15/10/2025		requir 30AM Modu of the Play) Staff:	shop (attendared), 09:30AM-1, Wk 11 le: HLT425 (HNation: State Patterson, Nirn: B09	-11: lealth of	30PN Staff: Hewi Maso Patte Shar Chris	Ire, 12:30PM-0 I, Wk 11 Byron, Rachel ns, Catherine; on, Justine; erson, Nina; Wl on; White, stopher n: B18 Lecture tre	; neeler,						
Thursday 16/10/2025		requir 30AM Modu <u>Wellb</u> Staff:	shop (attendared), 09:30AM-1, Wk 11 le: HLT427 (Heing and the Hewins, Cathor: C112	-11: lealth, Body)			Study, Wk 11 Directed Study						
Fri 17/10/2025			Study, Wk 1				d Study, Wk 11 Directed Study						
Sat 18/10/2025													
Su 19/10/2025													

Wrexham University Academic Timetables Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 12, wk starting 20/10/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 20/10/2025			d Study, Wk 12 Directed Study				d Study, Wk 12 Directed Study						
Tuesday 21/10/2025			d Study, Wk 12 Directed Study		requi 30PM Modu <u>Skills</u> <u>Deve</u> Staff:	kshop (attenda red), 12:30PM- M, Wk 12 ule: <u>HLT429 (Sister and Personal</u> elopment) Byron, Rachel Byson, Rachel	tudy						
Wednesday 22/10/2025		requir 30AM Modu of the Play) Staff:	shop (attenda red), 09:30AM- 1, Wk 12 le: <u>HLT425 (Handal)</u> Nation: State Patterson, Nir n: <u>B09</u>	ealth of									
Thursday 23/10/2025		requir 30AM Modu <u>Wellb</u> Staff:	shop (attenda red), 09:30AM- 1, Wk 12 lle: <u>HLT427 (Hameling and the Earth and the Earth and the Earth and the Earth and C112</u>	-11: <u>ealth,</u> Body)			d Study, Wk 12 Directed Study						
Fri 24/10/2025			d Study, Wk 12 Directed Study				d Study, Wk 12 Directed Study						
Sat 25/10/2025													
Su 26/10/2025													

Wrexham University Academic Timetables Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 13, wk starting 27/10/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 27/10/2025			ed Study, Wk If Directed Stu				ed Study, Wk If Directed Stu						
Tue 28/10/2025			·				ed Study, Wk If Directed Stu						
Wed 29/10/2025			-										
Thu 30/10/2025		Self-Directed Study, Wk 13 Module: Self Directed Study Self-Directed Study, Wk 13 Module: Self Directed Study					ed Study, Wk If Directed Stu						
Fri 31/10/2025			· ·				ed Study, Wk						
Sat 01/11/2025													
Su 02/11/2025													

Wrexham University Academic Timetables Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 14, wk starting 03/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 03/11/2025			d Study, Wk 14 Directed Study				d Study, Wk 14 Directed Study						
Tuesday 04/11/2025			d Study, Wk 14 Directed Study		requi 30PM Modu <u>Skills</u> <u>Deve</u> Staff	kshop (attenda ired), 12:30PM- M, Wk 14 ule: HLT429 (S and Personal elopment) Byron, Rachel Byron, Rachel	tudy						
Wednesday 05/11/2025		requir 30AM Modu of the Play) Staff:	shop (attenda red), 09:30AM- 1, Wk 14 le: <u>HLT425 (H</u> <u>Nation: State</u> Patterson, Nin n: <u>B09</u>	ealth of	Student Co	sity conference nference, Wk 1 , Rachel; Saund	4						
Thursday 06/11/2025		requir 30AM Modu <u>Wellb</u> Staff:	shop (attenda red), 09:30AM- 1, Wk 14 le: <u>HLT427 (Haeing and the E</u> Hewins, Cathen: <u>C112</u>	ealth,			d Study, Wk 14 Directed Study						
Fri 07/11/2025			d Study, Wk 14 Directed Study				d Study, Wk 14 Directed Study						
Sat 08/11/2025													
Su 09/11/2025													

Wrexham University Academic Timetables Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 15, wk starting 10/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 10/11/2025			d Study, Wk 15 Directed Study				d Study, Wk 15 Directed Study						
Tuesday 11/11/2025			d Study, Wk 15 Directed Study		requi 30PM Modu <u>Skills</u> <u>Deve</u> Staff	kshop (attenda ired), 12:30PM- M, Wk 15 ule: <u>HLT429 (Sissand Personal</u> elopment) : Byron, Rachel m: <u>B09</u>	tudy						
Wednesday 12/11/2025		requir 30AM Modu of the Play) Staff:	shop (attenda red), 09:30AM- 1, Wk 15 lle: <u>HLT425 (Handal)</u> Nation: State Patterson, Nir n: <u>B09</u>	ealth of									
Thursday 13/11/2025		requir 30AM Modu <u>Wellb</u> Staff:	shop (attenda red), 09:30AM- 1, Wk 15 lle: <u>HLT427 (Hameling and the Eattendard</u> Hewins, Cathon: <u>C112</u>	ealth,			d Study, Wk 15 Directed Study						
Fri 14/11/2025			d Study, Wk 15 Directed Study				d Study, Wk 15 Directed Study						
Sat 15/11/2025													
Su 16/11/2025													

Wrexham University Academic Timetables Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 16, wk starting 17/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 17/11/2025			d Study, Wk 16 Directed Study				d Study, Wk 16 Directed Study						
Tuesday 18/11/2025			d Study, Wk 16 Directed Study		requi 30PM Modu <u>Skills</u> <u>Deve</u> Staff	kshop (attenda ired), 12:30PM- M, Wk 16 ule: <u>HLT429 (Sissand Personal</u> elopment) : Byron, Rachel m: <u>B09</u>	tudy						
Wednesday 19/11/2025		requir 30AM Modu of the Play) Staff:	shop (attenda red), 09:30AM- 1, Wk 16 lle: <u>HLT425 (Handal)</u> Nation: State Patterson, Nin n: <u>B09</u>	11: ealth of									
Thursday 20/11/2025		requir 30AM Modu <u>Wellb</u> Staff:	shop (attenda red), 09:30AM- 1, Wk 16 lle: <u>HLT427 (Hoeing and the E</u> Hewins, Cathen: <u>C112</u>	11: ealth, Body)			Study, Wk 16 Directed Study						
Fri 21/11/2025			d Study, Wk 16 Directed Study				d Study, Wk 16 Directed Study						
Sat 22/11/2025													
Su 23/11/2025													

Wrexham University Academic Timetables Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 17, wk starting 24/11/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 24/11/2025			d Study, Wk 17 Directed Study				d Study, Wk 17 Directed Study						
Tuesday 25/11/2025			d Study, Wk 17 Directed Study		requi 30PM Modu <u>Skills</u> <u>Deve</u> Staff	kshop (attenda ired), 12:30PM- M, Wk 17 ule: <u>HLT429 (Sissand Personal</u> elopment) : Byron, Rachel m: <u>B09</u>	tudy						
Wednesday 26/11/2025		requir 30AM Modu of the Play) Staff:	shop (attenda ed), 09:30AM- 1, Wk 17 le: <u>HLT425 (H</u> Nation: State Patterson, Nin 1: <u>B09</u>	11: ealth of									
Thursday 27/11/2025		requir 30AM Modu <u>Wellb</u> Staff:	shop (attenda red), 09:30AM- 1, Wk 17 le: <u>HLT427 (Haring and the Earth</u> Hewins, Cather n: <u>C112</u>	ealth,			d Study, Wk 17 Directed Study						
Fri 28/11/2025			d Study, Wk 17 Directed Study				d Study, Wk 17 Directed Study						
Sat 29/11/2025													
Su 30/11/2025													

Wrexham University Academic Timetables Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 18, wk starting 01/12/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 01/12/2025			d Study, Wk 18 Directed Study				d Study, Wk 18 Directed Study						
Tuesday 02/12/2025			d Study, Wk 18 Directed Study		requi 30PM Modu <u>Skills</u> <u>Deve</u> Staff	kshop (attenda ired), 12:30PM- M, Wk 18 ule: <u>HLT429 (Sissand Personal</u> elopment) : Byron, Rachel m: <u>B09</u>	tudy						
Wednesday 03/12/2025		requir 30AM Modu of the Play) Staff:	shop (attenda red), 09:30AM- 1, Wk 18 lle: <u>HLT425 (Handal)</u> Nation: State Patterson, Nin n: <u>B09</u>	11: ealth of									
Thursday 04/12/2025		requir 30AM Modu <u>Wellb</u> Staff:	shop (attenda red), 09:30AM- 1, Wk 18 lle: <u>HLT427 (Hoeing and the E</u> Hewins, Cathen: <u>C112</u>	11: ealth, Body)			Study, Wk 18 Directed Study						
Fri 05/12/2025			d Study, Wk 18 Directed Study				d Study, Wk 18 Directed Study						
Sat 06/12/2025													
Su													

Wrexham University Academic Timetables Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 19, wk starting 08/12/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 08/12/2025			d Study, Wk 19 Directed Study				d Study, Wk 19 Directed Study						
Tuesday 09/12/2025			d Study, Wk 19 Directed Study		requi 30PM Modu <u>Skills</u> <u>Deve</u> Staff	kshop (attenda ired), 12:30PM- M, Wk 19 ule: <u>HLT429 (Sissand Personal</u> elopment) : Byron, Rachel m: <u>B09</u>	tudy						
Wednesday 10/12/2025		requir 30AM Modu of the Play) Staff:	shop (attenda red), 09:30AM- 1, Wk 19 lle: <u>HLT425 (Handal)</u> Nation: State Patterson, Nin n: <u>B09</u>	11: ealth of									
Thursday 11/12/2025		requir 30AM Modu <u>Wellb</u> Staff:	shop (attenda red), 09:30AM- 1, Wk 19 lle: <u>HLT427 (Hoeing and the E</u> Hewins, Cathen: <u>C112</u>	11: ealth, Body)			Study, Wk 19 Directed Study						
Fri 12/12/2025			d Study, Wk 19 Directed Study				d Study, Wk 19 Directed Study						
Sat 13/12/2025													
Su													

Wrexham University Academic Timetables Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 21, wk starting 22/12/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 22/12/2025													
Tu 23/12/2025													
We 24/12/2025													
Th	University is	s closed, Wk	21				1		1	1	1	1	
Fri 26/12/2025 2	University is	s closed, Wk	21				<u> </u>			<u> </u>		<u> </u>	
Sat	University is	s closed, Wk	21										
27/7													
Su	University is	s closed, Wk	21										
28/:													

Wrexham University Academic Timetables Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 22, wk starting 29/12/2025)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 29/12/2025	University is	s closed, Wk	22										
7 59													
Tu	University is	s closed, Wk	22										
We 31/12/2025	University is	s closed, Wk	22										
31/7													
Th	University is	s closed, Wk	22							'	,		
01%													
Fri 02/01/2026													
Sat 03/01/2026													
Su													

Wrexham University Academic Timetables Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 23, wk starting 05/01/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 05/01/2026			ed Study, Wk				ed Study, Wk If Directed Stu						
Tue 06/01/2026			ed Study, Wk				ed Study, Wk If Directed Stu						
Wed 07/01/2026			ed Study, Wk										
Thu 08/01/2026			ed Study, Wk				ed Study, Wk If Directed Stu						
Fri 09/01/2026			ed Study, Wk If Directed Stu				ed Study, Wk						
Sat 10/01/2026													
Su													

Wrexham University Academic Timetables Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 24, wk starting 12/01/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 12/01/2026			ed Study, Wk f Directed Stu				ed Study, Wk						
Tue 13/01/2026		Self-Directed Study, Wk 24 Module: Self Directed Study Self-Directed Study, Wk 24 Module: Self Directed Study Self-Directed Study, Wk 24					ed Study, Wk If Directed Stu						
Wed 14/01/2026													
Thu 15/01/2026			ed Study, Wk				ed Study, Wk If Directed Stu						
Fri 16/01/2026			ed Study, Wk f Directed Stu				ed Study, Wk If Directed Stu						
Sat													
Su 18/01/2026													

Wrexham University Academic Timetables Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 25, wk starting 19/01/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 19/01/2026			ed Study, Wk				ed Study, Wk						
Tue 20/01/2026							ed Study, Wk						
Wednesday 21/01/2026					Online Exar 00PM-01:30 Wk 25 Module: HL (Health, Wellbeing a the Body) Staff: Hewir Catherine	DPM, <u>T427</u> nd							
Thu 22/01/2026			ed Study, Wk				ed Study, Wk						
Fri 23/01/2026			ed Study, Wk				ed Study, Wk						
Sat 24/01/2026													
Su 25/01/2026													

Wrexham University Academic Timetables Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 26, wk starting 26/01/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 26/01/2026			Study, Wk 26 Directed Study				d Study, Wk 26 Directed Study						
Tuesday 27/01/2026			Study, Wk 20 Directed Study		requi 30PM Modu <u>Skills</u> <u>Deve</u> Staff:	kshop (attenda ired), 12:30PM- M, Wk 26 ule: <u>HLT429 (Sand Personal</u> elopment) : Byron, Rache m: <u>B09</u>	-02: <u>tudy</u>						
Wednesday 28/01/2026		requir 30AM Modu <u>Inequ</u> Justic Staff:	shop (attendared), 09:30AM-1, Wk 26 le: HLT426 (Halities and Soce) Wheeler, Shan: B17	-11: lealth cial									
Thursday 29/01/2026		requir 30AM Modu Conc Menta Wellb Staff:	shop (attendared), 09:30AM-1, Wk 26 le: HLT428 (Kepts in Health, al Health and peing) White, Christ	-11: ey			d Study, Wk 26 Directed Study						
Fri 30/01/2026			Study, Wk 20 Directed Study				d Study, Wk 26						
Sat 31/01/2026													
Su													

Wrexham University Academic Timetables Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 27, wk starting 02/02/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 02/02/2026			Study, Wk 27 Directed Study				d Study, Wk 27 Directed Study						
Tuesday 03/02/2026			Study, Wk 27 Directed Study		requi 30PM Modu Skills Deve Staff:	kshop (attenda red), 12:30PM- M, Wk 27 ule: HLT429 (S and Personal elopment) Byron, Rachel n: B09	-02: <u>tudy</u>						
Wednesday 04/02/2026		requir 30AM Modu <u>Inequ</u> Justic Staff:	shop (attenda red), 09:30AM- 1, Wk 27 le: <u>HLT426 (Halities and Soce)</u> Wheeler, Sha 1: <u>B17</u>	ealth									
Thursday 05/02/2026		requir 30AM Modu Conc Menta Wellb Staff:	shop (attenda red), 09:30AM- I, Wk 27 le: <u>HLT428 (Kepts in Health, al Health and peing</u>) White, Christer: <u>B103</u>	.11: <u>ey</u>			d Study, Wk 27 Directed Study						
Fri 06/02/2026			Study, Wk 27 Directed Study				d Study, Wk 27 Directed Study						
Sat 07/02/2026													
Su 08/02/2026													

Wrexham University Academic Timetables Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 28, wk starting 09/02/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 09/02/2026			Study, Wk 28 Directed Study				d Study, Wk 28 Directed Study						
Tuesday 10/02/2026			Study, Wk 28 Directed Study		requi 30PM Modu Skills Deve Staff:	kshop (attenda ired), 12:30PM- M, Wk 28 ule: <u>HLT429 (Sand Personal</u> elopment) : Byron, Rachel m: <u>B09</u>	-02: tudy						
Wednesday 11/02/2026		requir 30AM Modu <u>Inequ</u> Justic Staff:	shop (attenda red), 09:30AM- 1, Wk 28 le: <u>HLT426 (Halities and Soce)</u> Wheeler, Shan: <u>B17</u>	-11: lealth cial									
Thursday 12/02/2026		requir 30AM Modu Conc Menta Wellb Staff:	shop (attendared), 09:30AM-1, Wk 28 le: HLT428 (Kepts in Health, all Health and Deing) White, Christer: B103	-11: ey			d Study, Wk 28 Directed Study						
Fri 13/02/2026			Study, Wk 28 Directed Study				d Study, Wk 28 Directed Study						
Sat 14/02/2026													
Su													

Wrexham University Academic Timetables Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 29, wk starting 16/02/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 16/02/2026			ed Study, Wk				ed Study, Wk						
Tue			ed Study, Wk				ed Study, Wk						
Wed 18/02/2026			ed Study, Wk										
Thu 19/02/2026			ed Study, Wk				ed Study, Wk						
Fri 20/02/2026			ed Study, Wk				ed Study, Wk						
Sat 21/02/2026													
Su 22/02/2026													

Wrexham University Academic Timetables Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 30, wk starting 23/02/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 23/02/2026			d Study, Wk 30 Directed Study				d Study, Wk 30 Directed Study						
Tuesday 24/02/2026			d Study, Wk 30 Directed Study		requii 30PM Modu <u>Skills</u> <u>Deve</u> Staff:	shop (attendared), 12:30PM I, Wk 30 Ile: <u>HLT429 (Sand Personal</u> <u>lopment)</u> Byron, Rache	-02: <u>Study</u>						
Wednesday 25/02/2026		requir 30AM Modu <u>Inequ</u> <u>Justic</u> Staff:	shop (attenda red), 09:30AM- 1, Wk 30 lle: <u>HLT426 (Healities and Soc</u> ce) Wheeler, Sha n: <u>B17</u>	11: ealth ial									
Thursday 26/02/2026		requir 30AM Modu Conc Menta Wellk Staff:	shop (attenda red), 09:30AM- 1, Wk 30 lle: <u>HLT428 (Keepts in Health,</u> al Health and being) White, Christon: <u>B103</u>	11: <u>Py</u>			d Study, Wk 30 f Directed Study						
Fri 27/02/2026			Study, Wk 30 Directed Study				d Study, Wk 30 Directed Study						
Sat 28/02/2026													
Su													

Wrexham University Academic Timetables Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 31, wk starting 02/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 02/03/2026			Study, Wk 31 Directed Study				Study, Wk 31 Directed Study	1					
Tuesday 03/03/2026			d Study, Wk 31 Directed Study		requi 30PM Modu Skills Deve Staff:	ishop (attendanired), 12:30PM-0 I, Wk 31 Ile: HLT429 (Stussian Personal Ilopment) Byron, Rachel In: B09	2:						
Wednesday 04/03/2026		requii 30AN Modu <u>Inequ</u> <u>Justic</u> Staff:	tshop (attendan red), 09:30AM-1 /I, Wk 31 ule: <u>HLT426 (He</u> ualities and Soci ce) t Wheeler, Shar n: <u>B17</u>	l1: <u>alth</u> al	Wk 3 Staff: Hewi Justii Whee	ure, 12:30PM-02 31 Byron, Rachel; ns, Catherine; M ne; Patterson, N eler, Sharon; W ttopher n: B18 Lecture T	lason, lina; hite,						
Thursday 05/03/2026		requii 30AM Modu Conc Healt Staff:	ushop (attendan red), 09:30AM-1 /I, Wk 31 ule: <u>HLT428 (Ke</u> repts in Health, I th and Wellbein the White, Christo n: <u>B103</u>	I1: Y <u>Mental</u> g)			Study, Wk 31 Directed Study						
Fri 06/03/2026			d Study, Wk 31 Directed Study	_			Study, Wk 31 Directed Study	1					
Sat 07/03/2026													
Su													

Wrexham University Academic Timetables Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 32, wk starting 09/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 09/03/2026			d Study, Wk 32 Directed Study				d Study, Wk 32 Directed Study						
Tuesday 10/03/2026			Study, Wk 32 Directed Study		requi 30PM Modu <u>Skills</u> <u>Deve</u> Staff:	kshop (attenda red), 12:30PM- M, Wk 32 ule: HLT429 (S and Personal elopment) Byron, Rachel n: B09	-02: <u>tudy</u>						
Wednesday 11/03/2026		requir 30AM Modu <u>Inequ</u> Justic Staff:	shop (attenda red), 09:30AM- 1, Wk 32 le: <u>HLT426 (Halities and Soce)</u> Wheeler, Shan: <u>B17</u>	ealth									
Thursday 12/03/2026		requir 30AM Modu Conc Menta Wellb Staff:	shop (attendared), 09:30AM-1, Wk 32 le: <u>HLT428 (Kepts in Health, al Health and Deing</u>) White, Christer: <u>B103</u>	.11: <u>ey</u>			d Study, Wk 32 Directed Study						
Fri 13/03/2026			Study, Wk 32 Directed Study				d Study, Wk 32 Directed Study						
Sat 14/03/2026													
Su													

Wrexham University Academic Timetables Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 33, wk starting 16/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 16/03/2026			d Study, Wk 33 Directed Study				d Study, Wk 33 Directed Study						
Tuesday 17/03/2026			d Study, Wk 33 Directed Study		requin 30PM Modu <u>Skills</u> <u>Deve</u> Staff:	shop (attendared), 12:30PM 1, Wk 33 lle: HLT429 (Sand Personal lopment) Byron, Rache 1: B09	-02: <u>tudy</u>						
Wednesday 18/03/2026		requii 30AM Modu <u>Inequ</u> <u>Justic</u> Staff:	shop (attenda red), 09:30AM- /I, Wk 33 alle: <u>HLT426 (Healities and Soc</u> ce) Wheeler, Shan: <u>B17</u>	11: ealth iial									
Thursday 19/03/2026		requii 30AM Modu Conc Menta Wellt Staff:	shop (attenda red), 09:30AM- I, Wk 33 Ile: <u>HLT428 (Keepts in Health, and Deing)</u> White, Christon: <u>B103</u>	11: ey			d Study, Wk 33						
Fri 20/03/2026			d Study, Wk 33 Directed Study				d Study, Wk 33 Directed Study						
Sat 21/03/2026													
Su 22/03/2026													

Wrexham University Academic Timetables Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 34, wk starting 23/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 23/03/2026			d Study, Wk 34 Directed Study				d Study, Wk 34 Directed Study						
Tuesday 24/03/2026			d Study, Wk 34 Directed Study		requi 30PM Modu <u>Skills</u> <u>Deve</u> Staff:	kshop (attenda ired), 12:30PM- M, Wk 34 ule: <u>HLT429 (Sand Personal</u> elopment) : Byron, Rachel m: <u>B09</u>	-02: tudy						
Wednesday 25/03/2026		requir 30AM Modu <u>Inequ</u> Justic Staff:	shop (attendared), 09:30AM-1, Wk 34 le: HLT426 (Halities and Soce) Wheeler, Shan: B17	-11: lealth cial									
Thursday 26/03/2026		requir 30AM Modu Conc Menta Wellb Staff:	shop (attendared), 09:30AM-1, Wk 34 le: HLT428 (Kepts in Health, al Health and peing) White, Christer: B103	-11: ey -			d Study, Wk 34 Directed Study						
Fri 27/03/2026			Study, Wk 34 Directed Study				d Study, Wk 34 Directed Study						
Sat 28/03/2026													
Su 29/03/2026													

Wrexham University Academic Timetables Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 35, wk starting 30/03/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo													
Tu 31/03/2026													
We 01/04/2026													
Th													
Fri 03/04/2026	Bank Holida University is	ly s closed, Wk	35	1	1			1	1	1	1	1	1
Sat 4/04/2026	University is	s closed, Wk	35		'	'	'						
0													
Su 05/04/2026	University is	s closed, Wk	35										
05/0													

Wrexham University Academic Timetables Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 36, wk starting 06/04/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 06/04/2026	Bank Holida University is	ly s closed, Wk	36	ı	ı					1	T		
Tu	University is	s closed, Wk	36	1	1	1		1	1	1			
We 08/04/2026 07													
Th													
Fri 10/04/2026													
Sat 11/04/2026													
Su													

Wrexham University Academic Timetables Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 37, wk starting 13/04/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 13/04/2026			d Study, Wk 37 Directed Study				d Study, Wk 37 Directed Study						
Tuesday 14/04/2026			d Study, Wk 37 Directed Study		requii 30PM Modu <u>Skills</u> <u>Deve</u> Staff:	ishop (attendared), 12:30PM I, Wk 37 IIIe: HLT429 (Sand Personal Ilopment) Byron, Rachen: B09	-02: <u>tudy</u>						
Wednesday 15/04/2026		requir 30AM Modu <u>Inequ</u> <u>Justic</u> Staff:	shop (attenda red), 09:30AM- 1, Wk 37 lle: <u>HLT426 (Healities and Soc</u> ce) Wheeler, Sha n: <u>B17</u>	11: ealth ial									
Thursday 16/04/2026		requir 30AM Modu Conc Menta Wellb Staff:	shop (attenda red), 09:30AM- I, Wk 37 lle: <u>HLT428 (Keepts in Health,</u> al Health and being) White, Christon: <u>B103</u>	11: ey			d Study, Wk 37						
Fri			d Study, Wk 37 Directed Study				d Study, Wk 37 Directed Study						
Sat 18/04/2026													
Su 19/04/2026													

Wrexham University Academic Timetables Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 38, wk starting 20/04/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 20/04/2026			d Study, Wk 38 Directed Study				d Study, Wk 38 Directed Study						
Tuesday 21/04/2026			d Study, Wk 38		requii 30PM	shop (attenda red), 12:30PM 1, Wk 38 lle: <u>HLT429 (S</u>	-02:						
Tues 21/04					Skills Deve Staff:	and Personal lopment) Byron, Rache n: <u>B09</u>							
Wednesday 22/04/2026		requii 30AM Modu <u>Inequ</u> <u>Justic</u> Staff:	shop (attenda red), 09:30AM- /I, Wk 38 alle: <u>HLT426 (Healities and Soc</u> ce) Wheeler, Shan: <u>B17</u>	11: ealth ial									
Thursday 23/04/2026		requii 30AM Modu Conc Menta Wellt Staff:	ishop (attenda red), 09:30AM- I, Wk 38 Ile: HLT428 (Ke epts in Health, al Health and being) White, Christon: B103	11: ey			d Study, Wk 38 Directed Study						
Fri 24/04/2026			d Study, Wk 38 Directed Study				d Study, Wk 38 Directed Study						
Sat 25/04/2026													
Su 26/04/2026													

Wrexham University Academic Timetables Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 39, wk starting 27/04/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 27/04/2026			d Study, Wk 39 Directed Study				d Study, Wk 39 Directed Study						
Tuesday 28/04/2026			d Study, Wk 39		requii 30PM Modu <u>Skills</u> <u>Deve</u> Staff:	Ishop (attendared), 12:30PM I, Wk 39 Ile: HLT429 (Sand Personal lopment) Byron, Rache	-02: <u>Study</u>						
Wednesday 29/04/2026		requir 30AM Modu <u>Inequ</u> <u>Justic</u> Staff:	ishop (attenda red), 09:30AM- I, Wk 39 Ile: <u>HLT426 (Houalities and Soc</u> ce) Wheeler, Shann: <u>B17</u>	11: ealth sial									
Thursday 30/04/2026		requir 30AM Modu Conc Menta Wellb Staff:	shop (attenda red), 09:30AM- //, Wk 39 ale: <u>HLT428 (Keepts in Health,</u> al Health and being) White, Christon: <u>B103</u>	11: ey			d Study, Wk 39 f Directed Study						
Fri 01/05/2026			d Study, Wk 39 Directed Study				d Study, Wk 39 Directed Study						
Sat 02/05/2026													
Su													

Wrexham University Academic Timetables Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 40, wk starting 04/05/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM	
Mo		Bank Holiday University is closed, Wk 40												
Tue 05/05/2026			ed Study, Wk If Directed Stu				ed Study, Wk							
Wed 06/05/2026			T426 (Health eler, Sharon	Inequalities	and Social J									
Thu 07/05/2026			ed Study, Wk				ed Study, Wk							
Fri 08/05/2026			ed Study, Wk				ed Study, Wk							
Sat 09/05/2026														
Su														

Wrexham University Academic Timetables Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 41, wk starting 11/05/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mon 11/05/2026		Self-Directed Study, Wk 41 Module: Self Directed Study				Self-Directed Study, Wk 41 Module: Self Directed Study							
Tue 12/05/2026		Self-Directed Study, Wk 41 Module: Self Directed Study				Self-Directed Study, Wk 41 Module: Self Directed Study							
Wed 13/05/2026		Self-Directed Study, Wk 41 Module: Self Directed Study											
Thu 14/05/2026		Self-Directed Study, Wk 41 Module: Self Directed Study					ed Study, Wk						
Fri 15/05/2026		Self-Directed Study, Wk 41 Module: Self Directed Study					ed Study, Wk						
Sat 16/05/2026													
Su													

Wrexham University Academic Timetables Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 43, wk starting 25/05/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 25/05/2026	Bank Holiday University is closed, Wk 43												
Tu 26/05/2026													
We 27/05/2026													
Th 28/05/2026													
Fri 29/05/2026													
Sat 30/05/2026													
Su 31/05/2026													

Wrexham University Academic Timetables Group timetable - BSc (Hons) Mental Health and Wellbeing - Year 1 - Full Time (Wk 5, wk starting 31/08/2026)

	08:00AM	09:00AM	10:00AM	11:00AM	12:00PM	01:00PM	02:00PM	03:00PM	04:00PM	05:00PM	06:00PM	07:00PM	08:00PM
Mo 31/08/2026	Bank Holiday University is closed, Wk 5												
Tu													
We 02/09/2026													
Th 03/09/2026													
Fri 04/09/2026													
Sat 05/09/2026													
Su 06/09/2026													